



Base Bulletin

Vandenberg AFB, CA 93437-0759



7 January 2004

No. 1

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. MPF Retirements and Separations Briefing: The next briefing is 7 Jan 04, at 1400, in Bldg 11777 Rm C211. Briefings are held every other Wednesday. Please contact TSgt Almodovar at 6-4948 for additional information. (30MSS/DPMAR)

b. Team Vandenberg 2003, Annual Awards Suspense: All Company Grade Officer, Enlisted, Civilian, and Volunteer packages are due NLT 1630, Tuesday, 21 Jan 04. **Hand Carry** all packages to MSgt Smith, Rm C-104 of Bldg 10577 (Wing Legal Office). Address packages to 30SW/CGO Board Facilitator, 30 SW/Enlisted Board Facilitator, 30SW Volunteer Board Facilitator, or 30SW Civilian Board Facilitator. Rules of Engagement/Criteria are found in the attachments below. **Do Not Forget To Use The New IMT FORM 1206, As We Can No Longer Accept The FormFlow Version.** (30SW/JAE, 5-6207)

c. Commander's Quarterly AFOSH Council: The Commander's Quarterly AFOSH Council will be held on Wednesday, 21 Jan 04 from 1430—1600 at the WROCC Theater. All Team Vandenberg Commanders are required to attend. USRs and interested persons are highly encouraged to attend, as well. Purpose of the AFOSH Council is to address all safety, health and fire protection issues. Col David "DT" Thompson, 30SW/CV, will preside as Chairman of the Council, and will present the Annual Team Vandenberg Safety Awards at this quarter's forum. (30SW/SEB, 6-8804)

d. Volunteer Tour Guides Needed: Public Affairs is in need of NCO and CGO tour guides for groups visiting and touring the base. Tour guides would be responsible for "cradle to grave" tour itineraries preparation for their assigned groups to include: coordination and approval of facilities to tour; all logistics support (transportation requests, entry authorization lists, occasional dining arrangements); meeting and clearing groups at the Main Gate Visitor Control Center; briefing script presentation; and escorting group for their entire stay on Vandenberg AFB. Tours are conducted Monday through Thursday between 0800 and 1530 only. PA would be the initial point of contact for the groups, receive pertinent information, then provide tour guides with necessary materials and briefings by PA and take over the tours from that point. If interested, please contact Public Affairs at 6-3595. (30SW/PA)

e. Airman Against Drunk Driving (AADD): Call us and we will come get you. 605-AADD/606-AADD. We care, do you? (30CES/CCS, 6-3612)

2. 30th Space Communications Squadron: (30SCS)

a. Email Authentication: The email display name is the text shown in your Microsoft Outlook "From" column when you receive an email. You use it as a way to quickly identify the person or office sending an email. However, it is not a proper method of authentication of the sender. You should always verify receipt of a proper digital signature for important emails, and for all emails starting 1 Apr 04 per DoD guidance. The digital signature is created by use of your Common Access Card (CAC). Display name standardization aids in

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a quick method for gaining pertinent information about the sender, such as office, rank, organization, and active duty affiliation, contractor or civil servant position grade (or optional civ). If your display name is not current, or you have not received a CAC card, please contact your Workgroup Manager (WM) or the Military Personnel Flight (MPF) respectively. (30SCS/SCB, 6-3078)

b. Attention Telephone Control Officers (TCOs): The December 2003 Lompoc and Santa Maria/5 Cities Commercial Verizon Telephone Directories have arrived and are ready for distribution to **government organizations** only. For any organizations in need of Santa Maria/5 Cities Directories in addition to Lompoc, do not delay in picking these up as we have a limited supply. You may pick these up at 867 Washington Ave, Bldg 12000, Rm 202, Monday – Friday between 0900—1100 & 1330—1430. Any questions may be directed to Cheryl Jones, 6-5678. (WROCI/InDyne)

3. Traffic Management Office: (30LRS)

a. Shipping/Receiving Packages Via Federal Express: Attention all base organizations that ship and/or receive packages via Federal Express: Under the DOD approved GSA contract, FedEx is authorized to transport unmarked classified packages up to a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through **Cargo Movement, Bldg 5500 Bay B**, unless other arrangements have been made. **Cargo Movement** must be advised on the classification level. Any questions may be directed to TSgt Scott, 6-3381. (30LRS/LGRDC)

b. Attention TMO Customers: If you have recently arrived PCS and have household goods in storage awaiting quarters, schedule delivery of your personal as soon as you have a firm address and move in date. Local agents may not be able to provide prompt delivery services if they are not provided sufficient lead-time. Contact SSgt Agcaoili, 6-0906. (30LRS/LGRT)

4. Civilian Personnel: (30MSS/DPCE, 6-5847)

a. Voluntary Leave Transfer Program: Johnna DeSimone - Schriever AFB, Sandra Jernigan, Betty O'Herlihy, Howard Brown, and Tim Jones - Luke AFB, Michael Baca - HQ ARPC/MSC, Glenda Bennet - Peterson AFB, Lynda Debiccari, Tamara Jones, and Herlene Thurman - Los Angeles AFB, Carolyn DeLaGarza - Langley AFB, Contine Francis and Janice Shinkle - Macdill AFB, Delores Green - Dobbins ARB, Wilson Holloway and Frank Valentik - Avon Park AFR, Jane Kelsey and Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, and Lisa Wiggs - Patrick AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, Sue Sommers - Scott AFB, Jeneke Lacy, Jacquelyn Schmidt and Carol Vilcek - AF Academy, Mike Weatherly - Homestead ARB, and Michael Zarbo - Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf

5. 30th Medical Group: (30MDG)

a. 30th Medical Group Services 5-9 Jan 04 and 12-13 Jan 04: In order to prepare for the Wing's upcoming Operational Readiness Inspection, the 30MDG will have limited manning during the Wing Deployment Exercise 5-9 Jan 04 and Foggy Shores Exercise 12-13 Jan 04. **On 12-13 Jan 04, the Family Practice Clinic** will provide **same day urgent care services only**. For active duty care needs, the appointment line opens at 0645. Call 606-CARE (2273). All other beneficiaries may access the appointment line at 0730. Urgent appointments will be booked as required. The Flight Medicine Clinic will offer sick call as usual from 0730—0800 for **Flight Medicine enrolled Active Duty**. All other enrolled beneficiaries may call 606-5560 for urgent care needs. Please plan ahead for your routine care needs (medication refills or follow-up appointments) in order to avoid unnecessary delays. Please direct any questions to the MDG patient advocate, Capt Starks at 6-3308. (30MDG/SGO)

b. New Flight/Missile Medicine Sick Call Hours: Beginning 1 Jan 04, Flight/Missile Medicine's new Active Duty sick call times will be from 0730—0800. Friendly reminder: sick call is designed for patients who are unable to wait for an appointment. Examples would be vomiting, diarrhea, severe pain, etc. For more routine ailments, such as, soreness, medication refills, and waiver renewal appointments, please continue to make scheduled appointments by calling Flight/Missile Medicine at 606-5560. When using Flight/Missile Medicine sick call, we ask that patients arrive between 0715 and 0730 to ensure that we can see you in a timely manner. Dependents needing a sick call appointment should call Flight/Missile Medicine at 606-5560 for further instructions. (30MDG/SGSB)

c. Operation Baby Launch: The 30th Medical Group invites anyone anticipating starting a family and expectant parents to attend Operation Baby Launch on 12 Jan 04 at 1700 to gather information on health

care options and benefits. Representatives for each of the contracted hospitals will be in attendance. No registration is necessary. Spouses and partners are welcome. For more information please call Nancy Silas, 6-8217, Eileen Fox, 6-5338 or Pam Coggins at 5-8254. (30MDG/SGOMH)

d. Clinic Closure: The Vandenberg Clinic will be closed 22 Jan 04 for Mandatory Medical Readiness Training. Urgent needs: 606-CARE or 1-888-252-3299. Please plan ahead for appointments and pharmacy refills. Capt Starks 6-3308. (30MDG/SGO)

6. 30th Security Forces Squadron: (30SFS)

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If interested in starting this program in your area call 5-0792. (30SFS/SFOS)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792. (30SFS/SFOS)

c. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1, states all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Rm C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30SFS/SFOSP)

7. Air Force Reserves: (30MSS/ISR)

Briefing: 13 Jan 04, 1300, Bldg 11777, Rm C-206. If you are interested in applying for this program, you must contact MSgt Brenda Kartheiser to schedule a briefing. (AF Reserve Recruiter, 6-2704)

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. Parents Advisory Committee Meeting: The Youth Center's Parents Advisory Committee meets the first Wednesday of each month. Lunch is provided by the Youth Center Staff. If you are a parent of a child that attends the Youth Center, please make time to attend this meeting. Our next meeting is scheduled for Wednesday, 7 Jan 04 at 1130 at the Youth Center, Bldg 16165. For more information, contact TSgt Wheeler at 6-5403. (30SCS/SCBH)

b. African-American Association Meeting: The African-American Association will meet on Thursday, 8 Jan 04 at 1130 at the Services Center, B/10122. (30 CES/CEOEA, 5-3544)

c. Aqualliers Dive Club Bar B Q and Elections: 11 Jan 04, 1300, at, Bldg. 6436, 13th & Nevada. Prizes for Largest Fish, Lobster. For more information contact Roy Wurzbach at 733-5026 or browse our club web site: <http://members.tripod.com/aqualliers/aqualliers.html>. (OL Det 3, WR-ALC/AFTLE, 6-2149)

d. Soccer Team Recruitment: The Vandenberg Women's Arena Soccer team is recruiting. Active duty and dependents are welcome to try out. You must be at least 17years old. This is a base sponsored team so if you have played soccer, like playing soccer or would like to start playing soccer the season starts on 12 Jan 04. Please contact SSgt Crystal Shaffer at 6-1250 or e-mail crystal.shaffer@vandenberg.af.mil. (30OSS/CCA)

e. Dining Facility Advisory Board Meeting: The next Dining Facility Advisory Board meeting will be 14 Jan 04, 1000, at Breakers Dining Facility. (30SVS/SVMX, 6-3219)

f. Quarterly Birthday Meal: The Quarterly Birthday Meal will be held at the Breakers Dining Facility on 15 Jan 04. Members with birthdays in the months of October, November and December are invited. The doors will open at 1700 and Team Vandenberg Commanders, Chiefs and First Sergeants will serve the meal at 1730. (30SVS/SVMX, 6-5496)

g. CPR Instructor Course: The Santa Barbara County Red Cross will be holding a series of classes leading to certification as a CPR Instructor. Teaching this class is a great way to keep your skills fresh, and provide a life saving skill to other members of the community. Classes will be held at the Santa Maria Office, 222 W. Carmen Lane, Suite 222. Prerequisites: Must be at least 17 years old, and must attend all sessions. There is a total of 22 hours of instruction for the two required courses, "Fundamentals of Instructor Training", and "Instructor Course in the First Aid/CPR/AED Program." Classes begin Monday, 12 Jan 04 and conclude Thursday 23 Jan 04. Classes are Monday, Wednesday, and Thursday evening from 1800—2100 or 1800—2200. Candidates completing the course will be authorized to teach American Red Cross First Aid, Adult, Infant, Child CPR, and AED. Cost of the entire course is \$120.00. If you teach two or more volunteer Community Classes in Santa Barbara County in the next 12-months you will receive a refund of \$50.00. For more information or to register call 928-0778. (30SCS/SCSP, 6-7892)

h. Free Throw Championship: All boys and girls ages 10 to 14 are invited to participate in the local level of competition for the Knights of Columbus Free Throw Championship. The local competition will be held Sunday, 25 Jan 04 at 1300 at the base gymnasium. Contact Jeff Greenwood for questions or registration at 734-1700. (392TRS/DOC. 5-8344)

Health and Wellness Center: (30MDG/HAWC, 6-2221)

a. Tobacco Cessation Class: This is a six-week class held on Tuesday, from 1200—1300 geared toward helping individuals quit tobacco for good. For class dates and more information contact the HAWC at 6-2221.

b. Get Fit in 2004 Contest: The Health and Wellness Center & Fitness Center are having a before and after contest called "Get Fit for 2004". The Contest will start on 26 Jan 04. Initial assessments on these individuals will be performed at the Fitness Center on 21 Jan 04 from 0800-1000, 22 Jan 04 from 0800-1000 and 23 Jan 04 from 1200-1400. For more information or to sign-up, please call the HAWC at 6-2221

c. Breastfeeding and Infant Care: This class is offered to help new Moms with the proper tips and techniques of breastfeeding as well as Infant Care (Dads are highly encouraged to attend). Class is offered quarterly for more information please call the HAWC at 6-2221.

d. Exercising During Pregnancy: This class gives expectant Moms the guidelines for staying fit while pregnant and is offered quarterly. For more information please call the HAWC at 6-2221.

e. Risk Reduction Series: A series of 3 classes offered on Thursday at the HAWC from 1400—1600. The first Thursday covers Diabetes, the second Thursday covers Cholesterol/Heart Disease and the third Thursday covers High Blood Pressure. For more information or to sign-up please call the HAWC at 6-2221.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule: Catholic Mass: Saturday, 1615—1645 confessions; 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II. **Protestant:** Praise & Worship 0830 Sunday, Chapel II; Gospel 1130 Sunday, Chapel II; Traditional 1130 Sunday, Chapel I.

b. The Vandenberg Jewish Community: Hebrew and Bar Mitzvah classes are ongoing on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

c. Vandenberg Officer Christian Fellowship: Vandenberg Officer Christian Fellowship (OCF) is a non-denominational bible study meeting Thursday nights, 1900, at the home of Maj Keith and Christy Keana, 612 Cherry St. Come join us for a time of study, fellowship and prayer. Please contact Maj Keana or Christy at 734-0696 (home) or 6-6461 for more information. Keith.keana@vandenberg.af.mil

d. Monthly Prayer Breakfast: Come and join us for our monthly prayer breakfast Thursday, 15 Jan 04 at 0630 at the Chapel I annex. Col Wayne Louis, former Vice Commander of the 30th Space Wing will be our guest speaker.

Family Support Center: (To pre-register for all classes, workshops, and seminars, call the designated point of contact, 30MSS/DPF, 6-0039).

a. Office Closure: The Family Support Center is closed for staff training every Monday from 0730—0930. Personnel requiring **emergency** Air Force Aid will be assisted. Call 6-0039.

b. Deployed Spouse Luncheon: 13 Jan 04, 1130—1230, at the Family Services area. Come and meet and eat with other spouses that are currently separated from their active duty spouse. Reservations are required and on-site child is also available. Call 6-9958.

c. CBS-REDUX/Career Status Briefing: 16 Jan 04, 1100—1200 at the Family Support Center. Did you know that the new Career Status Bonus (CBS) offers a one time \$30,000 payment in exchange for a lifetime of reduced retirement benefits? Get the help you need now to make your decision and better understand your payment options. Call 6-0039 to sign up for this briefing.

d. 7 Habits of Highly Effective Air Force Families: This workshop will meet for 3 Friday evenings, 1700—2100, beginning 16 Jan 04 at the Family Support Center. The workshop is tailored made to the Air Force by addressing issues around family relations, financial, relocation and separation issues. Call 6-0039 to register for this class.

e. 2004/2005 General Henry H Arnold Education Grant Program: Last year the Air Force Aid Society awarded \$5.25 million in college education grants to Air Force dependents. Your son, daughter, or spouse could be an eligible candidate. Visit your Family Support Center or the Society's web site www.afas.org for information and application for this grant. Don't automatically think you won't qualify. What have you got to lose? A \$1500 college grant!

f. BabyMeet: Meets Tuesday and Thursday at 0900 at the Religious Education Center, Bldg 16140. If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. Contact Lora at 734-1461.

g. Playtime for Tots: Meets Wednesday mornings at 1000. This playgroup is for parents and children ages 2 to 5. Contact Sully at 734-2089.

h. VAFB Mothers of Twins Group: If you would like to get together with other parents of multiples to discuss everything from bed rest and triple strollers to potty training and separate classrooms, please join us. We are forming a new support group for families. For further information contact Karen Duncan at 734-1654 or KSdsm@aol.com

30th Services Squadron: (30SVS/SVK, 6-276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Early Bird Shop:** Tuesday - Thursday, shop opens at 1000.
- **Upcoming Class:** 19 Jan 04, 1100—1300. Basic tune-up and maintenance. Cost is \$10.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Dollar Days:** Thursdays, 1800-2100. \$1 per person per game.
- **Thunder Alley:** Thursday, 1800—2100; Friday, 2200—0100; Saturday, 2100—2400. Catch the ultimate glow bowl experience 3 nights a week!

c. Breakers Dining: (30SVS/SVMF, 6-7540)

- **Birthday Meal:** 15 Jan 04. Doors open at 1700, meal served at 1730. For birthdays in the months of October, November and December 03.
- **Dial-a-Menu:** Call our telephone menu service and find out what's being served in your dining facility. The number is 6-8234.
- **Deployed Spouses:** Thursday, 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of child-care per month for parents who need a break. Give us a call and find out how you can qualify.
- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Provider Training:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.

f. Fitness Center: (30SVS/SVMP, 6-3832)

- **New Year's Fun Run:** 9 Jan 04, 1200.
- **Family 1.5 Mile Walk:** 14 Jan 04, 1200.
- **Tennis Tournament:** 18 Jan 04, 1200.
- **Martin Luther King Fellowship Run:** 20 Jan 04, 1200.
- **Pre-Season Basketball Tournament:** 24 Jan 04, starting at 1000.
- **Fitness Improvement Programs (FIP):** These classes are designed for those who do not meet Air Force fitness standards. Step-n-Strength Interval - Tuesday from 0900—1000. Total Body Conditioning - Wednesday from 1730—1830. Indoor Cycling - Saturday from 0800—0845.
- **Get Fit For 2004:** 26 Jan 04. Sign up today for this eight-week program run through the Fitness Center and the HAWC. Participants will receive an initial fitness assessment which will decide their

fitness "prescription". After eight weeks with that prescription, each person will take another fitness assessment to determine their progress.

g. Library: (30SVS/SVMG, 6-6414)

- **Pre-School Storytime:** 8 Jan 04, 1000.
- **Dial-a-Story:** The phone number is 6-4300. Available 24/7, story changes each Sunday.

h. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)

- **Team Play - Glen Annie:** 10 Jan 04, 0900.
- **Santa Maria BBQ:** 15 Jan 04, 1100-1330.
- **Youth Golf Lessons:** Saturday, 1330. Lessons are available for youth ages 8 years and up. Cost is \$5 each session including use of rental club set and range balls.

i. Outdoor Recreation/Equipment Checkout: (30SVS/SVRO, 6-5908)

j. Pacific Coast Club: (30SVS/SVRMC, 734-4375 or 734-4376)

Entertainment/Events:

- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
- **Country Night:** 9 Jan 04, 2100-0200, in the Enlisted Lounge.
- **Karaoke Night:** 9 Jan 04, 1900-2300, in the Officers' Lounge.
- **18 & Over Night:** 10 Jan 04, 2200-0300, in the Enlisted Lounge. The best of R&B, Hip-Hop and old school with "Danny G & Company" featuring Davey D and DJ Cyber Kid. Drink specials and giveaways. Free to Club members, all others \$3.
- **Boss & Buddy Night:** 21 Jan 04, 1700, in the Enlisted Lounge.

Menu:

- **Weekly Lunch Buffets:** Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly); Wednesday - Santa Maria BBQ Buffet; Thursday - Chicken and Ribs Buffet; Friday - Seafood Buffet.
- **Kids Night:** 7 Jan 04. Children under 12 years old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)
- **Pasta Mania Buffet:** 8 Jan 04. Members \$6.95. Children 4 years and under are free.
- **Monday Night Pizza Special:** 12 Jan 04. Club Members get \$5 of any large pizza, non-members \$3, during Foggio's evening hours. (no coupons)
- **Fried Chicken Buffet:** 13 Jan 04. Now enjoy Pacific Fried Chicken in a buffet! Chicken entrees, mashed potatoes and gravy, corn-on-the-cob and rolls. Members \$6.95.
- **Mongolian BBQ:** 14 Jan 04, 1800-2000.

k. Rod & Gun: (30SVS/SVRR, 6-4560)

- **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.

l. Services Center: (30SVS/SVYR, 6-7976)

- **Indoor Cycling:** Saturday from 0800—0845 at the Services Center. (FIP Class)
- **UPS Shipping:** Stop by the Services Center for your UPS shipping. Available Monday through Friday from 0800—1700.

m. Skills Development: (30SVS/SVRS, 6-6438)

- **Stained-Glass Workshop:** 7 Jan 04, 1700. \$2.50 per hour + cost of materials.
- **Scrapbooking Workshop:** 8 Jan 04, 1800—2000. \$2.50 per hour + cost of materials.
- **Basic Framing:** 13 Jan 04, 1800-2030. Cost is \$20. Work on an 8" by 10" project.
- **Ceramics Course:** Sign up for the three-part ceramics course in February 04. Cost is \$35. Classes meet the first three Wednesdays in February from 1730—2030.

n. Swimming Pool: (30SVS/SVRO, 6-3581)

- **Town Hall Meeting:** 8 Jan 04, 1800, at the Pacific Coast Club Officers' Lounge. Main topic of discussion will be the development of a youth swim program at Vandenberg.
- **Lap Swimming:** Monday-Friday, 1000—1300.
- **Water Aerobics:** Monday, Wednesday, Friday, 1300—1345.

o. Veterinary Clinic: (30SVS/SVRV, 6-3019)

- **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.

p. Youth Center: (30SVS/SVYY, 6-2152)

- **Membership:** Find out what great things the Youth Center has to offer for the upcoming year. Youth Center Membership for 2004 is available.
- **Youth Baseball/Softball:** Registration for the upcoming 2004 season begins 15 Jan 04 at the Youth Center, Monday through Friday, from 0700 to 1700. Baseball - boys and girls age 5 to 13. Softball - girls age 8 to 13. Teen Softball - boys and girls age 14 to 16.

- **Passport To Manhood:** Starting 21 Jan 04. This program for boys age 11-14 is designed to promote responsibility and provide mentoring to young males making the transition from adolescence to manhood. Cost is free to Youth Center Club members and \$10 for nonmembers. This program has 14 sessions of 60-90 minutes with participants 'graduating' at the end. Informational brochures are available at the Youth Center.
- **Bowl By Mail:** 19 Jan 04, 1200-1500. Ages 5 to 8 - cost is \$2.25 for a three game series. Ages 9 to 18 - cost is \$3 for a three game series. Sign up at the Youth Center or at Surf Lanes.

Education Center: (30MSS/DPHE, 5-5904)

- Spouse Scholarship Available:** Please stop by the Education Services Center to pick up information on the Spouse Scholarship Program funded by the Aerospace Education Foundation. Applications can be found at Bldg 14001, 144 Wyoming Avenue, Education Office (across the street from the Commissary). Applications are accepted now until 30 Jan 04. The 30, \$1,000 scholarships will be awarded in March. Applicants will receive a notification of their application status by the Aerospace Education Foundation. For more information, please call Ms. Jacquie Estrada at 5-5903. (30MSS/DPHE)
- Attention - Schedule Change:** The Education Flight will be closing our doors every Friday until 31 Jan 04. Please make adjustments to stop by our offices prior to Friday. Thanks for your understanding during this time. (30MSS/DPHE, 5-5903)
- Attention Team Vandenberg Members:** Due to the advancement of the Computer Age and the goal of a "Paper-less Air Force" the Education Center will be releasing hard copies of Education Records to all members. Please stop by and pick up your education records. The suspense of complete disbursement is 30 Jan 04. Note: Remaining Education Records will be shredded after Suspense date. Any questions or concerns can be directed to the Education Office at Bldg 14001 (across the street from the Commissary) or contact A1C Starks at 5-5904. (30MSS/DPHE)
- Who Needs Money?!?** The Military Officers Association of America (MOAA) is again giving away scholarship money. The scholarship is for all students who are dependent children of Active duty personnel. This Scholarship is a MOAA program to honor 50 college-bound or current undergraduate students with individual \$1000 Scholarship grants for the 2004-2005 school year. Students will be selected by random drawing among applicants. Membership in MOAA is not required and there are no need-based criteria, no GPA minimum, no essays and no fees. Interested students can easily apply by completing the on-line application located on the MOAA website: <http://www.moaa.org> Applications must be received by **noon, 1 Mar 04 (No Exceptions)** (30MSS/DPHE)

Computer Training: (InDyne, 6-3771)

- Personal Computer Systems Training:** Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: lexi.schwartz@vandenberg.af.mil
- Computer Tips: First Tip:** Apply an animation effect to several PowerPoint objects at once - There's an easy way to apply the same animation effect to several objects simultaneously so you don't need to select each object and apply the effect individually. To do this, first open an existing presentation with several unanimated objects on one of the slides. Then, choose Slide Show | Custom Animation, click on the Order & Timing tab in the resulting Custom Animation dialog box, and select the check box next to each object you want to animate. Now, in the Check To Animate Slide Objects list, [Ctrl]-click on all of the objects you want to apply the same animation effect to. Once the objects appear highlighted, you can choose a Start Animation setting for all the selected objects at once. After you choose to initiate the animation effects by a mouse click or automatically, you can apply the same animation effect to each object. To do this, first click on the Effects tab. You'll notice that all the objects remain selected in the Check To Animate Slide Objects list. With the objects selected, choose an animation effect and sound effect from the Entry Animation And Sound Dropdown list. Both effects are applied to all the selected objects. When you've finished, click OK to apply the animation effects. **Second Tip:** See More In Outlook - Do you find yourself constantly flipping back and forth between your Outlook

Calendar, Contacts, and Inbox? Save yourself time by opening each in its own window! For example, instead of clicking Calendar in the Outlook Shortcut Bar, right-click it and choose "Open In New Window" from the pop-up menu. Your calendar will appear in a new window. You can then either tile it (right-click the clock (or in the blank grey area) in the Taskbar and choose "Tile Windows Vertically") so you can see your email and calendar at the same time, or press Alt+Tab to cycle between the two windows. You can use the same technique with Contacts, Tasks, Notes, the Journal and any e-mail folder, opening as many windows as works for you.

c. Available Classes: Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
Intro to Computers	6 Jan 04	0800—1100
Excel - Filtering, Sorting, and Subtotals	7 Jan 04	1130—1230
Word 2000	7-9 Jan 04	0800—1100
ISSO Training	7 Jan 04	0800—1130
Photo - Special Effects II	9 Jan 04	1130—1230
PowerPoint 2000	12-16 Jan 04	1300—1600
Workgroup Managers Course	12-16 Jan 04	0800—1600
Office - Object Linking & Embedding	12 Jan 04	1130—1230
Photo - Selecting What You Want	14 Jan 04	1130—1230
Office - Customizing Toolbars	16 Jan 04	1130—1230
Outlook Email Only	20 Jan 04	0800—1100
Project 2000	20-23 Jan 04	1300—1600
Information Technology EC Training	21 Jan 04	0900—1100
Certification & Accreditation	21 Jan 04	0800—1130

Note: Walk-ins are always welcomed!

Items For Sale:

For Sale: 1998 Infiniti QX4, leather, heated seats, 4-wheel drive, tow package, 6-disc changer, sunroof, 67,000 miles. All maintenance stamped in owners manual and logged by dealer, Kelley blue book \$17,165 asking \$15,900 OBO 734-1289.

For Sale: 1997 Dodge Dakota, Red Club Cab SLT, V6, Auto, 116k miles, PS, PB, PW, AC, CD w/ XM satellite radio & subwoofer/upgraded speakers, tow package, matching shell, \$7,000 OBO, call Wayne at 215-9984.

For Sale: 1998 Cadillac Sedan Deville 52,000 original miles, pearl white, power everything, tinted windows, excellent condition \$12,800 OBO. Home Phone 734-1412. Cell Phone 588-0486.

For Sale: 1995 BMW 325i convertible, new tires and brakes, trip computer, steptronic transmission, Kelley blue book \$16,585, asking \$10,900 OBO, 734-1289.

For Sale: 1993 Cadillac Sedan Deville 120,000 miles, white and gray, power everything, new transmission from AAMCO at 112,000, the car is in excellent condition \$3500 OBO. Home Phone 734-1412. Cell Phone 588-0486.

For Sale: 1983 Saab, PW, sunroof, automatic. Great car for base. \$900 OBO. 734-0379

For Sale: 1996 Honda Shadow VLX 600 8,800 miles, red and black, comes with windshield, saddlebags, custom pipes and new tires excellent condition \$3300 OBO. Home Phone 734-1412. Cell Phone 588-0486.

For Sale: 1994 Honda Magna 750, 4,500 miles, red, comes with windshield and cover. Always garaged, in excellent condition \$4,000 OBO. Call 734-1700.

For Sale: Two-piece oak hutch, plus a claw foot type oak dining table with leaf, all for \$350 OBO. Please Call 937-1889