



Base Bulletin

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28 January 2004

No. 4

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. E-mail Display: Government civilians have the option to use the abbreviation "Civ" on their e-mail display instead of a pay grade. Civilians requesting the change should contact their unit Workgroup Manager (WM). (30SCS/SCB, 6-3078)

b. 2004 Internal ECAMP Audit: The Environmental Compliance Assessment and Management Program (ECAMP) audit will be conducted 26—30 Jan 04. This audit will cover the environmental protocols as found in AFI 32-7045. ECAMP team members will be visiting Wing, Tennant, and Contractor organizations during the audit. The Team Guides will be posted on the [30CES/CEV](#) web page. Please contact Ileana Speer at 6-3919 for additional information. (30CES/CEVV)

c. Promotion Ceremony: Lt Colonel David Thompson, Commander, 2d Space Launch Squadron, invites you to a promotion ceremony honoring Major Thomas M. Steele as he is promoted to the rank of Lt Colonel on Thursday, 29 Jan 04, at 1300 in the WROCC Theater. UOD for military, daily, attire for civilians. Refreshments served immediately following ceremony. (2SLS/DOB, 5-3044)

d. NCO Retraining Program: Air Force officials have announced the start of the FY04 NCO retraining program. The FY04 NCORP will target approximately 1,100 NCOs (SSgt, TSgt, MSgt) to retrain from AFSCs with NCO overages to AFSCs with NCO shortages. The voluntary phase of the program runs from 5 Jan 04 through 23 Feb 04. Some restrictions apply, depending on your grade and AFSC, if necessary, an involuntary phase will run from 8 Mar 04 through 26 Apr 04. Contact SSgt Camacho at 6-7585 or SSgt Gardner at 6-8671 for complete details. (30MSS/DPMAE)

e. JPASO Scheduling Conference: The next quarterly JPASO Scheduling Conference will meet on Thursday, 05 Feb 04 at 1000 in the Bldg 7025 WROCC Auditorium. There will be a special presentation by Mr. Kurt Dulka from Naval Air Warfare Center, Point Mugu on aeronautical programs Hyper-X and Hypersonic Flight planned for the West Coast Offshore Operating Areas. In addition several range scheduling briefings are planned with presentations by JPASO Pacific area range representatives including PMRF Barking Sands Hi, Naval Air Pt. Mugu CA, 22 Space Operations Squadron, Peterson AFB CO, Reagan Test Site U.S. Army Kwajelein Atoll and others discussing range instrumentation, maintenance, operations schedules and related topics. Contact Bob Corser at 6-8987. (2ROPS/DOUS)

f. Interested In Deploying? The Military Personnel Flight's (MPF) Personnel Readiness Function is looking for Active Duty Air Force, Guard and Reserve volunteers, in the rank of Master Sergeant (E-7), to go TDY July 2004 for approx 179 days as a Bilateral Affairs Officer (BAO) and Office of Defense Cooperation (ODC) in Ukraine. The following AF requirements apply: secret security clearance, meet service height and weight standards, passed appropriate service PT test within the last 90 days. Specific requirements for the BAO position include: must possess a high level of interpersonal skills, exceptional maturity, flexibility, and self-discipline. An official volunteer package will need to be submitted NLT 20 February 2004. For more

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information regarding this TDY and Volunteer package criteria, please contact TSgt Leduc at 6-7574. (30 MSS/DPMDX)

g. Promotion Ceremony: Lt Colonel Lee-Volker Cox, Commander Operations Support Squadron, invites you to a promotion ceremony honoring Captain Milo Quesinberry Jr., as he is promoted to the rank of Major on Friday, 27 Feb 04, at 1530 in the Warrior Room at the Pacific Coast Club. Military: Duty Uniform.

Civilian: Daily attire. RSVP no later than 25 Feb 2004: by email david.najera@vandenberg.af.mil or by phone 6-2104 or DSN: 276-2104. (30OSS/OSOC)

h. Attention All Staff Sergeants: The 30th Mission Support Group has two immediate openings for Dorm Managers. These positions are a 2-year controlled Special Duty tour with the award of the 9D000 Special Duty Identifier (no SKT testing required for duration of tour). Come join a dynamic dorm management team that makes an everyday difference in the quality of life for dorm and unaccompanied housing residents! Highly motivated Staff Sergeants are encouraged to apply by sending a letter of recommendation from their commander, and copies of their last three EPRs to 30MSG/CD. For further information, please contact SSgt Raul Molina at 6-3933. (30MSG/CCH)

i. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct assigned Primary and/or Alternate Facility Manager assigned to your building. Call Mr. Alverson at 6-5810 or CE Customer Service at 6-0010 to verify that correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing [Pamphlet 32-3](#) Attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. (30CES/CEOFP, 6-0010)

j. Government Travel Card (GTC) Information: Split Disbursement for the GTC is now mandatory for all civilian personnel. Starting 17 Feb 04, travel vouchers will be rejected if split disbursement is not used on all TDY travel vouchers unless the TDY orders exempt personnel from using the GTC. For questions or concerns, please contact 1Lt Sarah Armstrong at 6-7082. (30CPTS/FMF)

k. Airmen Against Drunk Driving (AADD): Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

a. Revised Publication: AFSPCI10-1202_30SWSUP1 Crew Force Management is now available on the VEPDL. (30SCS/SCSP, 6-7892)

b. Reviewing Publications: If your office is revising publications in preparation for the Operational Readiness Inspection (ORI) in 2004, the Publishing Management Office can provide some assistance. First, review the OPR Help Pages on the VEPDL. Then e-mail [Publishing VAFB](#) to request the Word version of the document so the prior edition can be edited. Be sure to use the AFSPC Overprint versions of AF Form 673 or DD Form 67 for coordination. Finally, document that your publication is in the review process by submitting AF Form 1382 to Publishing Management. (30SCS/SCSP, 6-7892)

c. Office of Primary Responsibility (OPR) Publishing Help: The [OPR Help Pages](#) on the Vandenberg Electronic Publishing Distribution Library (VEPDL) has been updated to incorporate answers to many of the questions OPRs have been asking over the last year or two. Please refer to this document as you begin the process of developing any publication. (30SCS/SCSP, 6-7892)

d. You've Got The Power—Use It! Functional Area Records Managers (FARMs) are authorized to add, edit, and delete user accounts in Web Enabled Records Information Management System (RIMS) Version 3.0. Records Custodians should not contact the Base Records Management Office but their respective FARMs instead to start a Web RIMS account. Training for Web RIMS is provided to all FARMs. Call 6-4212 or 6-0682 for training or review Web RIMS Training Guide. (30SCS/SCBR-WROCI, 6-4212)

3. Traffic Management Office: (30LRS)

a. Shipping/Receiving Packages Via Federal Express: Attention all base organizations that ship and/or receive packages via Federal Express: Under the DOD approved GSA contract, FedEx is authorized to transport unmarked classified packages up to a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through Cargo Movement, Bldg 5500 Bay B, unless other arrangements have been made. Cargo Movement must be advised on the classification level. Any questions may be directed to TSgt Scott, 6-3381. (30LRS/LGRDC)

b. Attention TMO Customers: If you have recently arrived PCS and have household goods in storage awaiting quarters, schedule delivery of your personal as soon as you have a firm address and move in date.

Local agents may not be able to provide prompt delivery services if they are not provided sufficient lead-time. Contact SSgt Agcaoili, 6-0906. (30LRS/LGRT)

4. Civilian Personnel: (30MSS/DPCE, 6-5847)

a. Voluntary Leave Transfer Program: Johnna DeSimone - Schriever AFB, Sandra Jernigan, Betty O'Herlihy, Howard Brown, and Tim Jones - Luke AFB, Michael Baca - HQ ARPC/MS, Glenda Bennet - Peterson AFB, Herlene Thurman and Cheryl Scott - Los Angeles AFB, Carolyn DeLaGarza - Langley AFB, Contine Francis and Janice Shinkle - MacDill AFB, Delores Green - Dobbins ARB, Wilson Holloway and Frank Valentik - Avon Park AFR, Charles Howard - Vance AFB, Jane Kelsey and Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, Mary Maurer, and Lisa Wiggs - Patrick AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, Sue Sommers - Scott AFB, Jeneke Lacy, Jacquelyn Schmidt and Carol Vilcek - AF Academy, and Mike Weatherly - Homestead ARB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf

b. Weingarten Right: Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten Right is mandatory when the following four (4) conditions are met: a. The meeting between the employee and management official(s) must be an examination. b. The examination must be in connection with an investigation. c. The employee must reasonably believe that disciplinary action may result from the meeting. d. The employee must request representation. (30MSS/DPCE, 6-5847)

c. Voluntary Separation Incentive Pay (VSIP)/Voluntary Early Retirement Authority (VERA): This office has been receiving numerous inquiries and calls from civilian employees as a result of a recent article in the "Government Executive" that states that DoD plans to offer buyouts to up to 25,000 civilian employees in FY04. This article is relates to the provision in the recently passed legislation on the National Security Personnel System that provides the authority to offer buyouts for two different reasons--one to avoid involuntary separation during a reduction in force and the other to provide a tool for use during restructuring. Locally, we are not anticipating a widespread use of the authority for either reason. While we do have a small reduction in force cycle in process, the opportunity for VSIP or VERA is limited to only those career fields where we might anticipate an adverse action. We have surveyed the employees involved and the number of employees surveyed was 20. We will be reviewing the use of VSIP/VERA for restructuring, but because of a significant vacancy rate and difficulty in recruitment, we do not expect that we will offer a large number of employees a separation incentive or the authority to retire early. The authority does not provide for all employees who want to volunteer for an incentive the opportunity to get one. It has to be tied to either RIF or specific restructuring goals. The Air Force has received an allocation of 5,873 under this authority and this has not been re-allocated to the MAJCOMs at this time. Please remember that incentives and early retirements are not a personal entitlement, but geared to organizational requirements. (30MSS/DPC, 6-5846)

5. 30th Medical Group: (30MDG)

a. TRICARE Survey: The TRICARE Management Activity has contracted with Westat Incorporated, a survey research firm in the Washington, D.C. area, to conduct a telephone survey of TRICARE beneficiaries on behalf of the Communications and Customer Service Directorate. The survey will gather information about beneficiary information needs, preferred sources, and information-seeking strategies. Results will be used to develop a new national suite of beneficiary education products and services. We expect pilot testing to begin on 13 Jan 04 and full survey operations to be conducted between 19 Jan 04 and 18 Feb 04. The study design calls for 10-minute phone interviews with representatives from five groups: 1) active duty, 2) active duty family members, 3) retirees and their family members under age 65, 4) retirees and their family members 65 and over, and 5) spouses of activated Reserve Component members. The goal is 3,400 completed interviews, which we expect might require calling approximately 10,000 beneficiaries. Contact Ms Bonnie Robles, 30MDG/SGSB, 6-7483 (30MDOS/SGO, 6-3308)

b. Vandenberg Air Force Base Pharmacy Information: Due to an increase in prescriptions received in the late afternoon the pharmacy will stop taking in **new** prescriptions at 1600. We hope this will help to alleviate some of the late afternoon congestion. Refills called in prior to 1500 will be ready the next duty day. Refills called in after 1500 will be ready in **two** duty days. Please keep this and our closed dates in mind when you are calling in your refills. Closed Monday, 16 Feb 04 for President's Day, Thursday, 26 Feb 04 and Thursday, 25 Mar 04 for training. Please plan ahead for the days we are closed. Contact SSgt Heather Agnew, 6-7440. (30MDOS/SGO, 6-3308)

6. 30th Security Forces Squadron: (30SFS)

a. Installation Entry Gate Hours: The Santa Maria Gate and Timber Lane Gate are both open 24 hours a day. The Utah Gate is open from 0600—2200, Monday thru Sunday. The Lompoc Gate is open from 0600—1900, Monday thru Friday. The Solvang Gate is closed until mid-March 04. The Titan is closed as well. (30SFS/SFOC, 6-3911)

b. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1, states all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Rm C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30SFS/SFOSP)

7. Air Force Reserves: (30MSS/ISR)

a. Individual Mobilization Augmentee: The Air Force Reserve is actively seeking qualified individuals who are interested in transitioning from Active Duty to civilian life but want to continue using their AF technical skills and benefits by serving as an Individual Mobilization Augmentee (IMA) in the Air Force Reserve. We are particularly interested in Space Operators, both 13SX and 1C6X1 who have a high degree of proficiency in their respective fields as well as some experience as an evaluator at the base or higher headquarters level, though not a mandatory requirement. All positions will be assigned to 14AF/OV, however, member will be attached to a base/unit in their respective home area that correlates to their skill being hired into. If being a part of a premier group of professionals intrigues you, contact SMSgt David Fuentes at 6-4820 or MSgt Brenda Kartheiser at 6-2704. Resume and last 3 EPRs are requested and may be faxed to 6-9803. (30MSS/ISR)

b. Briefing: The next Air Force Reserve briefing is 10 Feb 04, at 1300, in Bldg 11777, Rm C-206. If you are interested in applying for this program, you must contact MSgt Brenda Kartheiser to schedule a briefing. (AF Reserve Recruiter, 6-2704)

OFFICIAL**FRANK GALLEGOS
Colonel, USAF
Commander****Mary E. Meyer
Chief, Publishing Management****SECTION III — UNOFFICIAL****General Information:**

a. Air Force Sergeants Association (AFSA) Annual Election: The annual election for AFSA positions is scheduled to take place in February. If you are interested in running for the position of President, Vice-President, Plans and Programs Chair or Legislation Chair, please send your nomination via email to: debra.wheeler@vandenberg.af.mil by COB Friday, 6 Feb 04. If you plan to nominate an AFSA member for any of the positions, please ensure they are aware of their nomination. For questions, contact MSgt (sel) Scott Astrosky, 6-9308. (30 SCS/SCBH)

b. 2-Drawer Safe Needed: The Radio Frequency Spectrum Management Office needs a working (not locked out) security container. You call - we'll haul. (30SCS/SCMI, 6-6695)

c. Interested In Swordplay? The Association of Renaissance Martial Arts (ARMA) is an educational non-profit organization dedicated to the study and practice of historical fencing and the exploration and promotion of Western martial heritage. The ARMA focuses on the interpretation and legitimate reconstruction of Medieval and Renaissance combat systems as a modern discipline. The ARMA's efforts are directed toward resurrecting and reconstructing a legitimate craft of European fighting skills in a manner that is historically valid and martially sound. See the ARMA website at www.theARMA.org and if you are interested in being part of a start-up group call Tim at 805-440-9519 or 6-3732. (30CES/CECE)

Health and Wellness Center: (30MDG/HAWC, 6-2221)

- a. Tobacco Cessation Class:** This is a six-week class held on Tuesday, from 1200—1300 geared toward helping individuals quit tobacco for good. For class dates and more information contact the HAWC at 6-2221.
- b. Get Fit in 2004 Contest:** The Health and Wellness Center & Fitness Center are having a before and after contest called "Get Fit for 2004". The Contest will start on 26 Jan 04. For more information or to sign-up, please call the HAWC at 6-2221
- c. Breastfeeding and Infant Care:** Starting 13 Feb 04 from 1400—1600, this class is offered to help new Moms with the proper tips and techniques of breastfeeding as well as Infant Care (Dads are highly encouraged to attend). For more information please call the HAWC at 6-2221.
- d. Exercising During Pregnancy:** Starting 13 Feb 04 from 1100—1200, this class gives expectant Moms the guidelines for staying fit while pregnant. For more information please call the HAWC at 6-2221.
- e. Risk Reduction Series:** A series of 3 classes offered on Thursday at the HAWC from 1400—1600. The first Thursday covers Diabetes, the second Thursday covers Cholesterol/Heart Disease and the third Thursday covers High Blood Pressure. For more information or to sign-up please call the HAWC at 6-2221.

Chapel: (30SW/HC, 6-5773)

- a. Worship Schedule: Catholic Mass:** Saturday, 1615—1645 confessions; 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II. **Protestant:** Praise & Worship 0830 Sunday, Chapel II; Gospel 1130 Sunday, Chapel II; Traditional 1130 Sunday, Chapel I.
- b. The Vandenberg Jewish Community:** Hebrew and Bar Mitzvah classes are ongoing on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.
- c. Vandenberg Officer Christian Fellowship:** Vandenberg Officer Christian Fellowship (OCF) is a non-denominational bible study meeting Thursday nights, 1900, at the home of Maj Keith and Christy Keana, 612 Cherry St. Come join us for a time of study, fellowship and prayer. Please contact Maj Keana or Christy at 734-0696 (home) or 6-6461 for more information. Keith.keana@vandenberg.af.mil

Family Support Center: (To pre-register for all classes, workshops, and seminars, call the designated point of contact, 30MSS/DPF, 6-0039).

- a. Office Closure:** The Family Support Center is closed for staff training every Monday from 0730—0930. Personnel requiring *emergency* Air Force Aid will be assisted. Call 6-0039.
- b. The Mechanics of Resume Writing:** 28 Jan 04, 0900—1100 at the Family Support Center. Learn about the dos and don'ts, resources, tips on building a powerful resume that will get you an interview. Participants are asked to bring pertinent information needed for building a resume (i.e., job history experience, education, training, skills, position descriptions). Call 6-0039 to register or go to www.php-ids.com to register on line.
- c. Stress Management Class:** This 6 week class will begin 3 Feb 04, and meets every Tuesday 1400—1600 at the HAWC. This class will teach individuals various tools to manage stress, such as cognitive/behavioral, relaxation and conflict management. To register for this class call 6-0039 or register on line at www.php-ids.com
- d. 2004/2005 General Henry H Arnold Education Grant Program:** Last year the Air Force Aid Society awarded \$5.25 million in college education grants to Air Force dependents. Your son, daughter, or spouse could be an eligible candidate. Visit your Family Support Center or the Society's web site www.afas.org for information and application for this grant. Don't automatically think you won't qualify. What have you got to lose? A \$1500 college grant!
- e. BabyMeet:** Meets Tuesday and Thursday at 0900 at the Religious Education Center, Bldg 16140. If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. Contact Lora at 734-1461.
- f. Playtime for Tots:** Meets Wednesday mornings at 1000. This playgroup is for parents and children ages 2 to 5. Contact Sully at 734-2089.
- g. VAFB Mothers of Twins Group:** If you would like to get together with other parents of multiples to discuss everything from bed rest and triple strollers to potty training and separate classrooms, please join us. We are meeting the 2nd Tuesday of every month, 1830—1930 at the Base Library. For further information contact Karen Duncan at 734-1654 or KSDSM@aol.com

30th Services Squadron: (30SVS/SVK, 6-276)

- a. Auto Hobby Shop:** (30SVS/SVRA, 6-6014)
- **Early Bird Shop:** Tuesday - Thursday, shop opens at 1000.
- b. Surf Lanes Bowling Center:** (30SVS/SVRB, 6-3209/734-1310)
- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and

under bowl for just \$1 per game.

- **Dollar Days:** Thursday, 1800—2100. \$1 per person per game.
 - **Thunder Alley:** Friday, 2200—0100; Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!
- c. Breakers Dining:** (30SVS/SVMF, 6-7540)
- **Dial-a-Menu:** Call our telephone menu service and find out what's being served in your dining facility. The number is 6-8234.
 - **Deployed Spouses:** Thursday, 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.
- d. Child Development Center:** (30SVS/SVYC, 6-1555)
- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
 - **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.
- e. Family Child Care:** (30SVS/SVYD, 6-3255)
- **Provider Training:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.
- f. Fitness Center:** (30SVS/SVMP, 6-3832)
- **Fitness Improvement Programs (FIP):** These classes are designed for those who do not meet Air Force fitness standards. Step-n-Strength Interval - Tuesday from 0900—1000. Total Body Conditioning - Wednesday from 1730—1830. Indoor Cycling - Saturday from 0800—0845.
 - **Intro to Full Circle:** 31 Jan 04, 1000, at the Services Center.
 - **Air Force Sports Program:** Do you excel in boxing, bowling, cross-country, golf, fencing, rugby, shooting, tae kwon do, track & field, triathlon, wrestling, marathon, basketball, soccer, softball or volleyball? Then the Air Force Sports Program is for you! Go to www.usafsports.com, or contact Rod or Darren at the Fitness Center (6-3832) for more information.
 - **Skate Park Competition:** 7 Feb 04, 1000. Best trick and Open run categories. Open to all ages. Contact the Fitness Center for more details.
- g. Library:** (30SVS/SVMG, 6-6414)
- **Pre-School Storytime:** 29 Jan 04, 1000.
 - **Dial-a-Story:** The phone number is 6-4300. Available 24/7, story changes each Sunday.
- h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
- **Youth Golf Lessons:** Saturday, 1330. Lessons are available for youth ages 8-years and up. Cost is \$5 each session including use of rental club set and range balls.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
- j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)

Entertainment/Events:

- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
- **Oldies Night:** 30 Jan 04, 2000—0200, in the Enlisted Lounge.
- **Karaoke Night:** 30 Jan 04, 1900—2300, in the Officers' Lounge.
- **18 & Over Night:** 31 Jan 04, 2200—0300, in the Enlisted Lounge. The best of R&B, Hip-Hop and old school with "Danny G & Company" featuring Davey D and DJ Cyber Kid. Drink specials and give-a-ways. Club members - Free, Others - \$3.
- **Super Bowl Party:** 1 Feb 04, two hours before game time. Club members free - all other \$5. All-you-can-eat taco bar, hot wings and hot dogs before the game. Football toss, giveaways, drink specials and a raffle for special prizes!

Menu:

- **Weekly Lunch Buffets:** Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly); Wednesday - Santa Maria BBQ Buffet; Thursday - Chicken and Ribs Buffet; Friday - Seafood Buffet.
- **Monday Madness:** Monday evening. Get \$3 off any large pizza at Foggio's. Members - \$5 off.
- **Fried Chicken Buffet:** Tuesday evenings. Members - \$6.95, children under 12 years - half-price, children 4 years and under - free.
- **Kids Night:** Wednesday evenings. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)

- **Pasta Mania Buffet:** Thursday evenings. Members - \$6.95, children under 12 years - half-price, children 4 years and under - free.
 - **Mongolian BBQ:** 28 Jan 04, 1800-2000.
 - **Valentine's Dinner:** 14 Feb 04, 1800-2100. \$36 per couple (Members - \$32). Call 734-4375 to make your reservation.
- k. Rod & Gun:** (30SVS/SVRR, 6-4560)
- **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
- l. Services Center:** (30SVS/SVYR, 6-7976)
- **UPS Shipping:** Stop by the Services Center for your UPS shipping. Available Monday through Friday from 0800—700.
- m. Skills Development:** (30SVS/SVRS, 6-6438)
- **Stained-Glass Workshop:** 28 Jan 04, 1700. \$2.50 per hour + cost of materials.
 - **Scrapbooking Workshop:** 29 Jan 04, 1800—2000. \$2.50 per hour + cost of materials.
 - **Ceramics Course:** 4, 11, 18 Feb 04. Sign up for the three-part ceramics course in February. Cost is \$35. Classes meet the first three Wednesday evenings in February from 1730—2030. Topics include hand forming slab clay, cleaning and painting hand formed items, and finish painting & glazing.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
- **Pool is Currently Closed:** Due to repairs, the pool is closed until further notice.
- o. Veterinary Clinic:** (30SVS/SVRV, 6-3019)
- **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
- p. Youth Center:** (30SVS/SVYY, 6-2152)
- **Youth Baseball/Softball:** Registration for the upcoming 2004 season continues through 13 Feb 04 at the Youth Center, Monday through Friday, from 0700 to 1700. Baseball - boys and girls age 5 to 13. Softball - girls age 8 to 13. Coed Teen Slow-Pitch Softball - boys and girls age 14 to 16.
 - **Skate Park Competition:** 7 Feb 04, 1000. Best trick and open run categories.
 - **Valentine's Dance:** 13 Feb 04, 1800.
 - **Teen Job Search 101:** 17 Feb 04, 1300-1600 at the Youth Center. Register by 6 Feb 04, limited space is available.

Education Center: (30MSS/DPHE, 5-5904)

a. Spouse Scholarship Available: Please stop by the Education Services Center to pick up information on the Spouse Scholarship Program funded by the Aerospace Education Foundation. Applications can be found at Bldg 14001, 144 Wyoming Avenue, Education Office (across the street from the Commissary). Applications are accepted now until 30 Jan 04. The 30, \$1,000 scholarships will be awarded in March. Applicants will receive a notification of their application status by the Aerospace Education Foundation. For more information, please call Ms. Jacquie Estrada at 5-5903. (30MSS/DPHE)

b. Attention - Schedule Change: The Education Flight will be closing our doors every Friday until 31 Jan 04. Please make adjustments to stop by our offices prior to Friday. Thanks for your understanding during this time. (30MSS/DPHE, 5-5903)

c. Attention Team Vandenberg Members: Due to the advancement of the Computer Age and the goal of a "Paper-less Air Force" the Education Center will be releasing hard copies of Education Records to all members. Please stop by and pick up your education records. The suspense of complete disbursement is 30 Jan 04. Note: Remaining Education Records will be shredded after suspense date. Any questions or concerns can be directed to the Education Office at Bldg 14001 (across the street from the Commissary) or contact A1C Starks at 5-5904. (30MSS/DPHE)

d. Pre-Retirement Seminar for Civil Service Employees: If you are a civil service employee and are 5 years or less from retirement, you should attend the Pre-Retirement Seminar. The Base Civilian Training Office will be hosting the seminar on 3-4 Feb 04 from 0800-1600, on both days. The subject matter will include both CSRS and FERS retirement plans, estate planning, Social Security, financial planning, applying for retirement, Medicare, as well as other topics. There is no cost for the course. It will be held at the Education Center, across from the Commissary, in Bldg 14007, Rm D-4. To reserve a seat please contact Ms. Barbara LeFebvre at 5-5913 or e-mail Barbara.Lefebvre@vandenberg.af.mil

e. Scholastic Aptitude Test (S.A.T.) Information: Are you wondering where you can take the S.A.T.? For active duty military only, 1 free S.A.T. per lifetime is offered. The next scheduled date is 6 Feb 04 at 0800. Must have a three-person minimum. Other tentative dates will be set in April, June, Oct, and Dec 04. To schedule an appointment or further questions call the Base Education office at 5-5904. (30MSS/DPHE, 5-5904)

f. Who Needs Money?!? The Military Officers Association of America (MOAA) is again giving away scholarship money. The scholarship is for all students who are dependent children of Active duty personnel. This Scholarship is a MOAA program to honor 50 college-bound or current undergraduate students with individual \$1000 Scholarship grants for the 2004-2005 school year. Students will be selected by random drawing among applicants. Membership in MOAA is not required and there are no need-based criteria, no GPA minimum, no essays and no fees. Interested students can easily apply by completing the on-line application located on the MOAA website: <http://www.moaa.org>. Applications must be received by noon, 1 Mar 04 (No Exceptions) (30MSS/DPHE)

g. Community College of the Air Force Information: CCAF graduates from the fall 2003 graduation class may pick up their graduation photos at the Base Education Office. If you were in the graduation class but were unable to attend the graduation you may pick up your diplomas at Base Education. CCAF will only accept civilian transcripts directly from civilian institutions. This should help eliminate lost transcripts and give students more control over the process. Students can then check the Web site to ensure transcripts were received and follow up with their education counselors. Students can already order CCAF transcripts; view their progress report, CCAF transcript ordering history and CCAF receipt of civilian transcripts at <https://afvec.langley.af.mil/afvec>. Please call Kathy Moran, CCAF Advisor, 5-5905, to set up an appointment. (30MSS/DPHE)

h. Community College of the Air Force Spring Graduation: The cutoff date for the Community College of the Air Force spring graduation class is 20 Feb 04. To be considered in the spring graduation class, CCAF at Maxwell AFB must receive all documentation (transcripts, etc.) for degree requirements on or before this date. Once CCAF has received all of your documentation and your requirements have been met, you need to contact Base Education so you can be submitted for degree candidacy. Base Education needs to submit you for degree candidacy by 26 Feb 04. For more information contact Kathy Moran. (30MSS/DPHE, 5-5905)

i. Embry Riddle Aeronautical University: ERAU offers two undergraduate degree programs in Professional Aeronautics (BSPA) and Technical Management (BSTM). We also offer two graduate programs: Master of Science in Management (MSM) and Master of Aeronautical Science (MAS). The MAS has seven specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. Our March term schedule is available on our website at www.erau.edu/vandenberg. For current information regarding admissions and our programs call the office at (805) 734-4076 or 606-6557. We have an extensive online catalog and have 150 locations worldwide. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday — Thursday 0830 to 1730 and Friday 0900 to 1200. Our phone numbers are 606-6557/734-4076. Our email is Vandenberg.Center@erau.edu. (ERAU)

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: lexi.schwartz@vandenberg.af.mil

b. First Tip: Four-Digit Year Dates - Access 2000 takes the guesswork out of displaying four-digit years in your date fields. Now, you can force all your controls and fields to display four-digit years with just a few clicks. By displaying all four digits, you can ensure that a date's century is the right one with just a quick glance. To enforce this behavior, you'll need to access the Options command from the Tools menu and then click the General tab. In the Use Four-Digit Year Formatting section, you'll find two options: 1) * This Database: Sets the four-digit formatting option for the current database. 2) * All Databases: Sets the four-digit formatting option at the application level and affects all databases and Access projects. Both options will override any Format property settings you've defined for individual fields and controls. **Second Tip: Another Excel Autofill Tip** - In Excel, suppose you want to create a list of the next 20 Mondays? 1. Type the date of a Monday you know, such as 03Mar2004, in any cell. 2. In the cell below, or to the right, type the date of the NEXT Sunday, in our example, 10Mar2004. 3. Select both cells. 4. Using the AutoFill handle, drag down, or to the right, until you've generated all the Sundays you need.

c. Available Classes: Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
PWRR	28 Jan 04	0800—1100
PowerPoint - Custom Animation	28 Jan 04	1130—1230
Excel 2000 Advanced	29 Jan 04	0800—1100
Word - Forms & Tables	30 Jan 04	1130—1230
LAN Access Training	30 Jan 04	0800—1100
Front Page 2000	2-4 Feb 04	0800—1100
Word 2000	2-4 Feb 04	1300—1600
Windows - Tips and Tricks	2 Feb 04	1130—1230
Photo - Panorama	4 Feb 04	1130—1230
Access Lab	5 Feb 04	0800—1100
LAN Access Training	5 Feb 04	1300—1600
Word Advanced	6 Feb 04	0800—1100
Palm PDA - Beginning	6 Feb 04	1300—1600
Excel - Conditional Formatting	6 Feb 04	1130—1230
Access 2000 Basic	9-13 Feb 04	0800—1100
PowerPoint 2000	9-13 Feb 04	1300—1600
Workgroup Managers Course	9-13 Feb 04	0800—1600
Photo - Image Correction	9 Feb 04	1130—1230
Excel - Formatting Worksheets	11 Feb 04	1130—1230
Photo - Restoration and Red Eye	13 Feb 04	1130—1230

Note: Walk-ins are always welcomed!

American Red Cross: (SBARC)

The American Red Cross Lompoc Valley District Office is located at 132 North H Street, Lompoc CA. All of the courses below are free of charge. They are designed to prepare individuals and groups to participate in American Red Cross disaster relief operations. Be a part of the solution! Give the office a call to reserve your spot and class materials call us in Lompoc at 736-5110 or Santa Maria at 928-0778 or e-mail us: disaster@sbaco-redcross.org

Class Information	Date	Time
Intro to Disaster Services & Orientation to Red Cross #3066	3 Feb 04	1800—2200
Mass Care Overview #3068-1	5 Feb 04	1800—2200
Damage Assessment #3067	10 Feb 04	1800—2200
Shelter Operations #3068-11	12 Feb 04	1800—2200
Providing Emergency Assistance to Families	14 Feb 04	0900—1700
Shelter Simulation #3068-12	17 Feb 04	1800—2200
Disaster Action Team (DAT) Workshop #4001	19 Feb 04	1800—2000
Communications For Disaster Workers #3058-A	19 Feb 04	2000—2200
Disaster Action Team Pot Luck Meeting	25 Feb 04	1800—2000

Items For Sale:

For Sale: 2002 Ford Explorer XLT, 26000 miles, 4x4, leather, third row seat, tow package, running boards, all options inc. Beautiful SUV in excellent condition. Asking \$19,900. Call Mike at 736-4098.

For Sale: 2000 Nissan Xterra, Red, V6, A/C, CD Player, PW, PD, Cruise, 59k miles, \$12,900. Please call 734-0601.

For Sale: 1999 Chevy Silverado Extended Cab Z71 4x4 V8, Automatic, PS, PB, PW, AC, AM/FM/, Cassette/, Single CD, amp & subwoofer, tow package, Sliding Rear Window, 74K miles, exterior and interior excellent condition, asking \$16,700 OBO. Please call 734-1453.

For Sale: 1999 Dodge Grand Caravan, V6, 3.3L, timing belt (1,600 miles of use)/transmission (54,000 miles of use)/brakes (1,600 miles of use) warranted, AC, PS, tilt, CC, AM/FM, CD, Roof Rack. \$6,800. Call Home Phone, 938-9830 or Cell Phone, 478-3694, please leave message.

For Sale: 1999 Green Jeep Wrangler soft-top, 43,000 miles, XLNT condition, \$10,000 OBO. Call Eddy 734-1809.

For Sale: 1990 Toyota Corolla, Good condition, \$1,200 OBO. Call Eddy 734-1809.

For Sale or Trade: 1995 Chevrolet Astro Van 75K miles (Low for year). Strong 4.3L V-6, California Package, Aluminum Mags, Teal Blue, Custom Trailer Hitch, AC, Electric front windows, cassette stereo and CD

Adapter, luggage rack, well maintained. New tires. Will trade for a late model Toyota Pick-up 6 or 8 cylinders. Must see to appreciate, \$7,500 OBO. Call 934-1051 after 1700.

For Sale: 1987 Mazda Pick Up; X Cab, CD player; 130K; 5 speed. \$1,400. Call 736-8857.

For Sale: 2000 Kawasaki 1500cc Vulcan Nomad, 19,200 mi., EFI, shaft drive, silver on red with gold trim, beautiful bike. Easy to open hard bags, smooth as glass with brand new tires. Most comfortable, least expensive big twin cruiser to own and operate. Tune-up-\$8, oil change-\$16; clean air filter-\$0, always covered in garage. \$8,995 OBO, call 937-9026 after 1630.

For Sale: 1994 Honda Magna 750, 4,500 miles, red, comes with windshield and cover. Always garaged, in excellent condition \$4,000 OBO. Call 734-1700.

For Sale: Selling books much cheaper than Allen Hancock College: Art Appreciation-Art 101, \$40; Biology-100, \$60; Spanish-120/121 \$60. Call 734-1809.

For Sale: Sears Kenmore 18 CF Refrigerator/Freezer, auto-defrost, icemaker. Top mounted freezer. Purchased Feb 1999-like new. \$200. Call 714-1080 (cell) after 1700, Monday—Friday, all day Saturday and Sunday.

For Sale: Vibrating Recliner. Tan/Beige color. \$100 OBO. Call 714-1080 (cell) after 1700, Monday—Friday, all day Saturday and Sunday.

For Sale: Yakima fiberglass Space Case w/lock (vehicle roof top), dimension 90" x 36" x 12", \$150. GT tandem bicycle, 20" front/18" back frame, Shimano DX group, Excellant condition, \$500 OBO. Call Joe at 739-0880.

For Sale: Woman's engagement ring, size 7, jeweler evaluation value of \$850. Will sell for \$750. Call 937-8016.

For Sale: Bellsaw Inc. automatic handsaw-blade sharpener and Bellsaw circular saw-blade sharpener \$350 for both. Call 934-1051 after 1700.

For Sale: Rims & Tires, 15", set of 4 for 1999 Cougar, original from factory, \$50 OBO. Please call 734-4910.

For Sale: Adjustable coil lowering kit for a 1999 Cougar. Brand new, never been used. \$100 OBO. Please call 734-4910.

For Sale: 12-Volt Power Wheels Jeep Wrangler and Kawasaki Quad. 1-year-old. Great shape. Batteries and chargers included. \$75.00 each. Call Paul at 349-7274.

For Sale: Women's uniform items in sizes 12—20. Includes mess dress, blues, BDUs, coats, boots, and accessories. Make offer on any item. Please call Nicole at 734-1700 or e-mail jnggreenwood@earthlink.net.

Wanted: A dependable adult or older teenager to baby-sit twin boys for "taking a break" trips that parents desperately require. Normally 2 to 3 day trips. If you can offer your assistance please call 734-1137.

Free: Extra capacity washing machine. Runs great. It's yours if you'll come get it in Santa Maria. Call Paul at 349-7274.

Free To A Good Home: 4-year-old male Mini Lop Rabbit and cage. Has been the family pet for the last 4-years. If interested please call MSgt Michael Fox at 734-2625.

Free To A Good Home: 2 cockatiels, one white, one gray, must be kept together, w/cage, not tame, call 736-0067.