



Base Bulletin

Vandenberg AFB, CA 93437-0759



26 March 2003

No. 13

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to publishing.management.dci@vandenberg.af.mil or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP-DCI by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Explosive Proficiency Operations: 26 Mar 03, 0900-1600 at the Explosive Ordinance Disposal (EOD) Range. There will be approximately five detonations. POC: SSgt Weida, 30CES, EOD, 5-1375.

b. 30LRS Closure: 26 Mar 03 the Vehicle Maintenance Section will be closed for training. Only priority and safety related maintenance problems will be accepted. POC: 30LR, MSgt Benesh, 6-8696.

c. Women's History Month: "Women Pioneering the Future": Women's History Month Committee weekly meetings are held in the PCC quiet room on the enlisted side, from 1200-1300 every Wednesday. Join us to remind our community of the history of Women's struggle for advancement and explore our female leaders of the future. POC: 2Lt Korinne Houston, 30SFS/SFS, 6-3284.

★ **WHM are looking for Female DOD or Military** members to be shadow chaperons! 26 Mar 03. Please volunteer a day to introduce female high school seniors to the world of women in the military environment. March is Women's History Month; be a role model for your community! For more information call 6-3284.

★ **Women's History Luncheon:** 26 Mar 03, 1130-1300 in the PCC Ballroom. Guest Speaker: Lt. Col Angela Thompson. Tickets are \$10 for members/\$12 for non-members. Luncheon includes Women's History Month memorabilia, choice of Chicken Cordon Bleu or Beef Taco Salad and desserts. RSVP and order tickets now, call 6-3284.

d. 30MDG Closure: 27 Mar 03 will be closed for training. For emergencies (threat to life, limb eyesight), please call 911 or go to the nearest Emergency Room. For Urgent Care only, call 1-888-252-3299 or 6-CARE. POC: 30MDG/CCE, 1Lt Menza, 6-1409.

e. SLC3 Tanker Servicing: 1 Apr 03, Phoenix Management will provide tanker service for Government Vehicles (GOV) at the SLC3 fallback area on Tuesdays and Thursdays from 1300-1500. This is in response to the Solvang Gate closure. POC: 30LRS/LGRDMF, Mr. Anderson, 6-9743.

g. Team Vandenberg Promotion Ceremony: 2 Apr 03, 1500 hrs at the PCC. All Inductees/Promotees must be in place at 1400 hrs. SSgt inductees will wear Service dress, all others, uniform of the day. POC: 30OG/CCF, MSgt Wingett 6-9600.

h. AFOSI Semi-Annual Officer Cross Flow Board: 7 Apr 03 is the deadline to have the applications to your local AFOSI Detachment. Board will convene 1 and 2 May 03. All Air Force officers are eligible to cross flow into AFOSI, provided they have no more than 6 years commissioned service time and 12 years total military service time. Before contacting your local Detachment, interested officers must contact their assignment team at AFPC to ensure they will be released to AFOSI should they be selected by the board. Please contact SA Casey L. Fitzpatrick or SA Andrew D. Schad at 6-1852 for any questions concerning the requirements for the package. (AFOSI Det 804)

i. Model Launch Vehicle Competition: 8 Apr 03, 1100 at the VAFB Parade Ground. Launch Team entry fee is \$50.00. Includes kit and engine. Prizes awarded for most accurate launch and best looking. POC: 30RANS/DOOC Capt DeWerth, 5-8550.

j. Team Vandenberg 2003, 1st Quarter Awards Suspense: All Company Grade Officer, Enlisted, Civilian, and Volunteer packages are due NLT 9 Apr 03, 1630. Hand carry packages (except Civilian Category) to Bldg 10577, Room C-104, 30 SW/JAE, addressed to 30 SW/CGO Board Facilitator, 30 SW/Enlisted Board Facilitator, and 30 SW Volunteer Board Facilitator. Deliver Civilian nomination packages to 30 MSS/DPMP, Bldg 11777, Room C-216. Rules of Engagement/Criteria can be found at the following link: http://www.vandenberg.af.mil/awards_promotions/guidance/index.htm POC: MSgt Chuck Smith, 5-6207. (30SW/CCC, 6-9900)

k. Free Family Portraits for Deploying Members: 9 Apr 03, 1500-1830 by appointment at the Base Services Center, corner of Washington and California. Rollins Photography, a Lompoc professional photography studio offers free family portraits to all Vandenberg active duty who are scheduled for deployment. To schedule an appointment please call 6-7976. POC: 30SW/PA, 6-3595.

l. Tax Office Appointments: The Tax Office is open and available for your tax preparation appointment. Volunteers for all Base organizations are trained and ready to assist. Contact your unit tax representative. If you need further assistance, please call the tax office at 5-3668 or 6-3650, 30SW/JA.

2. 30th Space Communications Squadron:

a. For Emission Security (EMSEC) information: Check the AFCA Information Assurance web site at https://www.afca.scott.af.mil/ip/infoserv_menu.cfm. You will find and review updated information in the form of Emission Security Information Messages (ESIM) at <https://www.afca.scott.af.mil/ip/ipnewstand/gcimessagesSub.cfm?messageCatID=4>. POC: 30SCS/SCBI, 5-2352)

b. Format For Submitting Items To The Base Bulletin: Please use the following format when requesting advertisement ads to be inserted into the Base Bulletin; 10 pitch Bookman Old Style font, bold heading of your advertisement, the body of the ad, followed by your name, office symbol, and phone number at the end. Please provide us with your advertisement in time to run for no more than two weeks prior to the event transpiring. Requests for volunteers, award packages, and scholarships needing more lead time can be sent sooner. Please write your text as a paragraph rather than a list when sending us your ad. Your cooperation in this matter would be greatly appreciated. POC: Publishing Management, 30SCS/SCSP-DCI, 6-7894.

3. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: SSgt Papa, ext 6-0904 (30LRS/LGRT)

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. POC: Maureen Burt, 6-6932/33 (30LRS/LGRT)

4. Civilian Personnel: (30MSS/DPCE, 6-5847)

a. Instructions for Civilian Employees viewing their EOPF: If you do not have the PureEdge IMT/ICS viewer, go to http://www.afpc.randolph.af.mil/eopf/eopf_setup.htm and download from the viewer. You must have admin rights to download this software or see your Workgroup Manager. You may already have this application on your PC. Check with your Workgroup Manager to see if you have access to this application. If you already have the PureEdge IMT/ICS viewer, use the following instructions once you have arrived at the Civilian EOPF website: <https://www.afpc.randolph.af.mil/eopf/Default.htm>. There is an 'Install Forms' button which you will have to click in order to install all of the applicable OPF forms. After you click the button, a page reflecting the forms will momentarily appear and then disappear. That's all it takes. From there you are ready to view your documents. You only need to complete this process once unless a new OPF form is created. POC: Andrea West, 30MSS/DPCE, 6-3644.

b. Voluntary Leave Transfer Program: Annual Leave Donations are needed for Jeannette H. Parker, Secretary, assigned to 30 SW/SE, Vandenberg AFB. Civilian employees who would like to donate a portion of their annual leave must complete an Optional Form 630-A. You can go by Building 11777, Room B-105 to pick-up and/or turn in your form. You can also access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf.

c. Weingarten Right: Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met:

- ★ The meeting between the employee and management official(s) must be an examination;
- ★ The examination must be in connection with an investigation;
- ★ The employee must reasonably believe that disciplinary action may result from the meeting; and
- ★ The employee must request representation (30MSS/DPCE, 6-5847)

5. Security Forces Squadron: (30SFS/SFTC, 5-5025)

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If you are interested in starting this program in your area, call 5-0792. (30SFS/SFOSP)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Security Forces Dispatch Bldg. 13730. For more information, call 6-3911 or 5-0792 (30SFS/SFOR)

c. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1. All base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Room C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30SFS/SFOSP)

6. Air Force Reserve:

Briefing: 8 Apr 03, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend the **Palace Chase** briefing. For more information, call MSgt Kartheiser. (AF Reserve Recruiter, 30MSS/ISR, 6-2704)

OFFICIAL

Robert M. Worley II
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. Teachers turned Waitresses: 26 Mar 03, 1700-2100 Crestview Elementary teachers will be acting as waitresses for tips at the Lompoc Jetty Restaurant. This fundraiser is among others sponsored by Crestview in support of the American Cancer Society's RELAY FOR LIFE Campaign. POC: MSgt Quinn Johnson, 30MXG/CCA, 6-9232.

b. First Time Home Buying Seminar: 27 Mar 03, 1800-2000 the Military Housing is sponsoring this seminar at Vandenberg Center Bldg 11008 from 1800-2000. POC is 30CES/CEH, Maria C. Rasay at 6-1840.

c. Movie Schedule: 28 Mar 03: How To Lose a Guy In 10 Days, Rated PG-13. Showtime at 1930 with doors opening at 1910. 29 Mar 03: Dark Blue, Rated R. Showtime is 1930 with doors opening at 1910. 30 Mar 03: No Showing. Please note: The 15-person minimum attendance requirement has been waived. POC: Vanessa Probert.

d. Vandenberg Bass Club Tournament: 30 March 2003, 0630 at the Pine Canyon Lakes. Pre-Tournament meeting will be at 1700, 26 March 03 at the Base Library. You must attend the pre-tournament meeting to participate in the tournament. Contact Mr. Calvin Long at ext. 6-3013 for more information.

e. Appointment Based Care: It is the 30th Medical Group's desire to treat each patient with compassion and quality care on an appointment basis. Our goal is to provide you with an ACUTE appointment within 24 hours, a Routine Appointment with 7 days, and a Wellness Appointment within 28 days of your request. This system allows us to treat you within the appropriate level of care each patient deserves. Based on this

service, we are unable to provide walk-in service. For urgent medical attention, please consult your TRICARE Prime card and dial 6-2273. 30MDG/SG, Captain Swinton at 6-9076.

f. Vandenberg Thrift Shop: Thursdays 1600-1800 is bag night in the Bargain Area. A fully stuffed sack of Bargain items is only \$4.00! Global Heart Members show their Global Hearts card and or spouse's orders will receive their first bag free! Thrift Shop hours are as follows: Tuesday, 0930-1400. Consignments 0930-1230, Thursday 11:00-1800. Consignments from 1100-1700. We are located in Bldg 11180 and may be contacted at 6-3128. POC: SSgt Keen, 30SW/MO, 5-6456.

g. Girl Scouts: Space and Sea Girl Scouts are looking for adult volunteers to lead, co-lead and assist with the Base Girl Scouts. POC: 30CPTS/FMA Cheryl D. Willard, 6-1119 or 736-9129.

h. Discounted Petroleum Products: With the rising prices of petroleum-based products on the local economy HAZMART still maintains many petroleum products at discounted rates. POC: 30LRS/LGDMH, Ed Conway, 6-8621 or 6-3400.

i. Volunteers Needed: Public Affairs is seeking two AF Academy graduates (one male, one female) to participate in the Judkins School Pismo Beach Career Program. POC: 30SW/PA, Jack Hokanson, 6-3595 or 6-5814.

Health and Wellness Center: (To Pre-Register for classes call 6-2221)

a. Tobacco Cessation Classes: 6-week program that includes medication.

b. Sensible Weigh: 4-week weight/fitness class. Call for schedule and to sign up.

c. Risk Reduction Classes: Weekly classes meeting at the MDG, which address Cholesterol, Diabetes, Hypertension and Weight. Topic varies call for schedule and to sign up.

d. Prenatal Exercise Class: Quarterly class. Next class 22 May 03, 1400.

e. Breastfeeding and Infant Care Education Class: Quarterly class. Next class 28 Feb 03, 1400-1600.

Chapel: (30SW/HC, 65773)

a. New Chapel Hours: The Chapel is open from 0700-2100 seven days a week with an availability of Chaplain. Any questions, please call 6-5773.

b. Worship Schedule: **Catholic** Mass Sat, 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II -- **Protestant** - Praise & Worship 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.

c. Upcoming Lent Devotions: 26 Mar 03 and 2, 9 Apr 03. Protestant Lent Devotions will be held on these Wednesday's at 1130 Chapel 1. Catholic will hold Mass at 1130 at Chapel 2. Then both groups will meet at PCC at 1200 for soup and bread.

d. Stations of the Cross: 21, 28 Mar 03 and 4,11,17 Apr 03, 1700-190 at Chapel 1 from 1700-1900. Please come and join us for soup and bread at the Chapel 1 Annex followed by the stations.

e. G.I Java: All dorm residents are invited to come and enjoy FREE lattes, frappicinos, sodas, chips, and fellowship at a world-class CYBERNET CAFÉ!! Open 7 days a week, 1700-2100. Located in the Delta Dayroom across the street from Breakers Dining Facility. For further information, contact SSgt Jennifer Wilkins or Chaplain Mike Martin at 6-5773.

f. Easter Egg Hunt Time: It's that time again! 2nd Annual Chapel Easter egg Hunt! Please donate some of the needed supplies including plastic eggs galore, Polaroid film and lots and lots of wrapped candy! Please make sure the candy is in bags because we can't give it out if it's not. The donation box is in the foyer of Chapel 1.

g. Prayer & Devotion: Each morning Monday through Friday from 0715-0725, Chapel I. Please come and join us as we pray for our Nation and the world we live in.

Family Support Center: (To pre-register for all classes, workshops, and seminars, call the designated point of contact.)

a. Office Closure: The Family Support Center will be closed for staff training every Monday from 0730-0930. Personnel requiring emergency Air Force Aid will be assisted. POC: Sally Galligan, 30MSS/DPF, 6-0801.

b. Pre-Separation Briefing: Required 90-120 days prior to leaving the service for military members scheduled to retire or separate. This mandatory counseling session consists of service member benefits. Spouses are welcome and encouraged to attend. This session is offered every Tuesday morning, 0800-0900 (except TAP seminar week). Call 6-0801 for more information.

c. Women, Infants, & Children (WIC): 27 Mar 03. A satellite office is at the Family Support Center from 0800-1630 for Vandenberg personnel who meet program requirements. WIC is a nutrition education program, which provides supplemental food, which promotes good health for pregnant, breastfeeding, and

postpartum women, infants and children up to age five. Contact Teresa Orozco at 5-8557 for more information or the Lompoc WIC office at 737-6470 to make an appointment.

d. Kids on the Move Workshop: 28 Mar 03, 1500-1630 at the Family Support Center. A video, "Let's Get a Move On," forms the core for discussion and activities for children ages 6 through 11 just arriving or departing VAFB. Offers an opportunity for relocating youth to share ideas on how to make new friends, staying in touch with old friends and adjusting to a new home. Each child will receive an individual relocation package. Space is limited so call 6-0801 to sign up.

e. Separations and Retirements (Stop Loss Effect): Now that Stop Loss is in full swing and you are wondering about your future, we are here to help. The Family Support Center, Bldg. 10525 is still conducting the mandatory Pre-separation Briefing and the Transition Assistance Program (TAP) Seminar. Don't let Stop Loss hold you up from continuing your future plans. We are here to help and want you to be ready when Stop Loss is lifted. Don't wait until the last minute, visit your FSC or call Mr. Larry Davis at 5-0134.

f. Volunteers Needed: If you are looking for a rewarding way to help our military community, meet other people, and learn about the Base and local area, then consider volunteering at Family Services. Just a few hours a week can make a real difference in the lives of our military families. Free childcare for up to 15 hours/month is available for our volunteers. Call 6-5484 or 6-0039 for more information.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Pacific Coast Club: (For information on any Club functions, please call 734-4375 or 734-4376).

\$ Club Card Drawing: The drawing is every Friday between 1700 and 2000. \$50 giveaway in each lounge each week. Must be present to win.

Entertainment/Events:

♫ **Latino Night:** 28 Mar 03, 2100-0200, in the Enlisted Lounge.

♫ **Karaoke & DJ:** 28 Mar 03, 1800-2200, in the Officers' Lounge.

♫ **Mug Night:** 29 Mar 03, 2100-0200, in the Enlisted Lounge.

Menu:

✂ **Mongolian BBQ:** 26 Mar 03, 1800-2000.

✂ **Sunday Brunch:** 30 Mar 03, 1000-1400.

✂ **Pizza Party:** Planning a party? Get 15% off any order of five or more pizzas, plus Members First discount.

✂ **Pasta Mania Buffet:** Thursday Nights, 1700-2000.

✂ **Weekly Lunch Schedule:** Tuesdays-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesdays-Santa Maria BBQ Buffet, Thursdays-Chicken and Ribs Buffet, and Fridays-Seafood Buffet.

b. Fitness Center: (30SVS/SVMP, 6-3832)

🥊 **Boxing Training:** Mon-Fri, 1800-2000. Free Boxing training is available at the Boxing Annex (Bldg 14019).

🏀 **Slam Dunk Contest/Basketball All-Stars:** 26 Mar 03, 1700. Slam Dunk Contest has been moved back to 26 Mar 03 and will run right before the Basketball All-Star game at 1800.

🏀 **Basketball Camp Volunteers:** Women volunteers and basketball players are needed to form teams to scrimmage against the Air Force Women's Basketball Camp players. Camp runs from 28 Mar 03 through 10 Apr 03.

c. Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

🎳 **Airmen's Night:** 27 Mar 03, 1700-2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.

🎳 **Deployed Spouses Day:** Starting 1 Apr 03. Deployed spouses can play for just \$1 per game every Tuesday from 0900-1200. All pre-school age children bowl for free with a paying parent.

d. Youth Center: (30SVS/SVYY, 6-2152)

🏈 **Youth Softball:** Vandenberg Youth softball is currently looking for young ladies age 11-14 to fill the league teams. Registration will continue until teams are full.

🏆 **Cheerleading:** The Cheerleading/Dance Team program kicks off 26 Mar 03. For ages 4 and up. Sign up at the Youth Center. First class is FREE!

e. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)

🏌️ **Course Aerification:** 24 through 28 Mar 03. Marshallia Ranch will be aerifying the greens, tees and fairways. Please plan your golf accordingly.

🏌️ **Spring Open:** 12-13 Apr 03. Cost is \$20, sign up at the Pro Shop by 10 Apr 03.

f. Services Center: (30SVS/SVYR, 6-7976)

🕺 **Free Dance Lessons:** Wednesdays, 1830-2100. Free country western line dancing lessons.

- ☛ **Discovery Dining:** Discovery Dining Books are now available for just \$15 at the Services Center.
 - ☛ **Natural Knead Massage:** Gift baskets and gift certificates are available.
 - ☛ **NAFTA Training:** National Aerobic & Fitness Trainers Association (NAFTA) is looking for interested individuals to participate in a power cycling training and certification. Call 736-1572 for details.
 - ☛ **Performing Arts Club:** The Services Center is looking for people interested in starting up a performing arts club. This Club will involve theater production, acting, singing, dancing and will also put on shows at the Services Center.
- g. Child Development Center:** (30SVS/SVYC, 6-1555)
- h. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
- 🛶 **Rafting Guide Training:** Outdoor Rec is looking for volunteer guides for the upcoming rafting season. A training course will be available 12 through 16 May 03. Cost is \$100. Must be 18 or older and in good physical condition. Call Curtis at 6-5908 for details.
 - 🛶 **Deep Sea Fishing:** 12 Apr 03. Port Hueneme Sport fishing. Leave VAFB at 0100, return at 1900. Cost is \$65.
- i. Library:** (30SVS/SVMG, 6-4202)
- 📖 **Pre-School Story Time:** Every Thursday at 1000.
 - 📖 **Women's Reading Group:** 27 Mar 03, 1200. Discussion on "The Poisonwood Bible" by Barbara Kingsolver. Bring a lunch.
- j. Skills Development:** (30SVS/SVRS, 6-6438)
- 📦 **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
 - 📦 **Egg Painting Class:** 29 Mar 03, 1100-1600. Cost is \$30, materials are provided.
- k. Information, Tickets & Travel:** (30SVS/SVYR, 6-7976)
- 🏠 **Spring Travel Faire:** 28 Mar 03, 1130-1530. Need some help planning your next vacation. Free to everyone. Snacks, drinks and door prizes. Have a chance to win a 5-night stay at the Aston Waikiki Beach Hotel in Hawaii.
 - 🏠 **Monterey For a Day:** 13 Apr 03. Cost is \$35 per person. Visit the Aquarium (we have discounted tickets), shop at the Cannery Outlet Mall or just enjoy the ambiance of this beautiful city.
 - 🏠 **Getty Museum:** 26 Apr 03. Cost is \$35, transportation and reserved entrance time.
 - 🏠 **Yosemite:** 28 through 30 Apr 03. Cost is \$225 per person sharing, single, \$345. Two nights at the Yosemite Lodge, located at the valley floor. Free shuttles are available all day to all the sightseeing and hiking areas in the valley.
- l. Breakers Dining:** (30SVS/SVMF, 6-7540)
- ☛ **Birthday Meal:** 26 Mar 03, 1700. For all enlisted personnel on BAS or SIK (meal card) and a guest. This meal covers Birthdays in Jan, Feb and Mar 03. Contact SSgt Lopez or SSgt Miller for more details at 6-3219.
- m. Rod & Gun:** (30SVS/SVRR, 6-4560)
- 🎯 **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.
 - 🎯 **Trap & Skeet Tournament:** 28 Mar 03, 1300.
 - 🎯 **Intramurals:** Starting in April. See your sports unit rep for details.
 - 🎯 **Sporting Clays:** 2nd and 4th Sundays each month.

Education Center: (30MSS/DPHE, 5-5904).

Civilian Management Training Committee (MTC): The next Civilian Management Training Committee will meet on 27 Mar 03. If you wish to have a civilian training request considered for funding at the next meeting please have your packages submitted to 30 MSS/DPHE, Civilian Training, Bdg 14002 (across from the Commissary), by COB Mar 21 03. All packages must include an original DDFM 1556, course information, and a letter of justification and registration information. If you have any questions please contact Ms. Barbara LeFebvre, Civilian Training Office, at 5-5913.

Computer Training: (MCA, 6-3771)

a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic classes for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access Lab, Palm PDA Beginning, and Project 2000; Publisher 2000, Front Page 2000, Outlook, and Outlook Email Only. In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing

Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBT's at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frame. Call 6-3771 for more information, or e-mail: lexi.schwartz@vandenberga.af.mil.

b. Computer Tip: Easily Reveal -or- Bypass the New Slide Dialog Box When Inserting Slides in PowerPoint - If you have the New Slide dialog box ("Slide Layout" task pane in PowerPoint 2002) enabled and you want to temporarily bypass it, hold down the **SHIFT** key while you click on the "New Slide" button on the Standard toolbar. Alternately, if you have the New Slide dialog box (Slide Layout task pane in PowerPoint 2002) disabled, you can temporarily view it by pressing **SHIFT** as you click the "New Slide" button. POC Lexi Schwartz 6-3771

c. Available Classes: The following classes currently have room and are available on a "first come-first serve" basis. Email us to register for classes you would like to attend.

Course Name	Date(s)	Time
Windows Explorer Tips and Tricks	3/26	11:30-12:30
Words-Styles	3/28	11:30-12:30
Outlook Email Only	3/31	08:00-11:00
Office- Drawing Toolbar	3/31	11:30-12:30
Front Page 2000	3/31-2	13:00-16:00
Outlook	4/1-3	08:00-11:00
Photo-Special Effects	4-2	11:30-12:30
Acrobat Writer Basics	4/3-4	13:00-16:00
FormFlow	4/4	08:00-11:00
Excel-Macros	4/4	11:30-12:30

Note: Walk-ins are always welcomed!

American Red Cross:

Red Cross Month: 26 through 28 Mar 03 the Red Cross will have a display at the following locations: **Santa Barbara** at the Paseo Nuevo Mall, **Lompoc Museum** on South H and Cypress Streets, **Santa Maria**, at the Town Center Mall. Our Emergency Responses Vehicle will point the way to our visitors upstairs where we will have a large interactive display in the Community Room across from the Police Department. We plan to have First Aid & CPR Demonstrations! [Lunch time each day], Disaster Safety Tips, History of the Red Cross, Interactive Computer Games, Earthquake Simulation and a Mudslide and Flood. For more information please contact Jerry at the Santa Maria Office 928-0778 or Julie at the Lompoc Office 736-5110.

Items For Sale or Free To A Good Home:

Free To A Good Home: 4 yr old black lab mix, spayed female. Housebroken, does not chew, very friendly and good with children. Shots up to date. PCSing and need to find her a good home. If interested please call 734-2124.

For Sale: 2000 Ford Explorer Sport 31,000 miles, great condition, asking \$11,000. Call 734-4971.

For Sale: 2000 Dodge Grand Caravan SPORT, Silver/smoke gray interior, 50,000 miles, everything but leather, outstanding condition, new tires. Kelly Blue Book: \$16,800.00, asking: \$13,800.00. You will not find a better deal. All fair offers will be considered. If interested please call MSgt Tim Hawley at 714-5647.

For Sale: Silver '99 Ford Escort ZX2--two door, only 34,000 miles, auto, AM/FM/Compact six Disk changer, brand new tires only three months old. Extended Warranty expires 05 or 75,000 miles, which ever comes first. Keyless entry, all windows tinted, excellent condition, asking \$9,300 or take over payments. Need to sell due to a PCS move to Korea. If interested please call Rachel Faulkner at 734-6611.

For Sale: '95 Ford Windstar LX, 7 passenger, loaded, 7,000 on rebuilt engine, must sell asking \$4500 or best offer. Can be seen on Base car lot. Call Steve at 734-0777, leave message.

For Sale: '95 Chrysler Cirrus, 90,000 miles, New Tires and Rotors. Last serviced 14 Mar-03. Asking \$5,000 or best offer. If interested please call 734-7601.

For Sale: '81 Honda CB 400T Motorcycle 30-40 MPG, runs great, asking \$800.00 or best offer. If interested please Craig Kopel at 6-1846 or 734-3737.

PCS Sale: Carpet, white 12' x 20' \$50, table & 4 chairs \$30 for all, assorted blinds. Call 734-4971

For Sale: Boy's 15-Speed Bike, \$20, Girl's 10-Speed Bike, \$10, Barbie Doll House, \$15. If interested please call 734-1044.

For Sale: Brand new GE built-in dishwasher, white, retails for \$300, asking \$150. All manuals and paperwork included. Call Steve at 734-0777, leave message.