



Base Bulletin

Vandenberg AFB, CA 93437-0759



16 April 2003

No. 16

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to publishing.management.dci@vandenberg.af.mil or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-6-6614 to arrive at 30SCS/SCSP-DCI by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. 30th Operations Group proudly recognizes their quarterly award winners!

Rank	Name	Category	Unit
Capt	Michael A. Horowitz	CGO	30 OSS
MSgt	Thomas E. Seward	SNCO	30 OG
SSgt	Jason Porter	NCO	2 SLS
A1C	Charles N. Beran	Amn	30 WS
Mr.	Wayne E. Davis	Civilian (Cat II)	30 RANS
2Lt	Isaac A. Wright	Volunteer	2 SLS

Good luck at the wing competition!

b. 614 SOPS Assumption of Command Ceremony/Road Closure: 22 Apr 03, 1330-1530 the road adjacent Bldg. 10577 will be closed in support of this function. POC: 614SOPS/DOIA, MSgt Brown, 5-4880.

c. 30 LRS Vehicle Maintenance Section Closure: 23 Apr 03, will be closed for training. Only priority and safety related maintenance problems will be accepted. POC: MSgt Benesh, 30LRS/LGRVM, at 6-8696.

d. Community Antiterrorism Night: Colonel Robert M. Worley II will host a community antiterrorism night at the Main Chapel Annex on 23 Apr 03 at 1900 hours. Topics will include installation security, individual and family protective measures, Weapons of Mass Destruction (WMD) detection capabilities, food security and safety, disease surveillance, table displays and will be followed by a question and answer session. All Team Vandenberg, Tennant units and family members are encouraged to attend. POC: 30MDG/SGGM, TSgt Randy Martinez, Military Public Health, at 6-0648.

e. Fish and Wildlife Section Operational: As directed by the 30 MSG/CC the Fish and Wildlife Office has been ordered to close Area 4 to all outdoor recreational activities from 20 through 25 Apr 03 due to military operations. POC: 30SFS/SFOW, Doug Lemp, 6-6804.

f. Family Liaison Training (FLO): 1 May 03, 1000-1200 and 1400-1600 at the Vandenberg Center's Auditorium. All personnel appointed as a FLO for their squadron must attend one of these sessions. IAW AFI 34-1101, it is recommended every unit provide a minimum of two FLO representatives (one officer and one senior enlisted). Units must have a current letter on file not to exceed 6 months. If units do not have current letter on file please accomplish and forward to Mr. Tucker. 30SVS/SVMX, Mr. Tucker at 6-3653.

g. JPASO Scheduling Conference: 1 May 03 at 1000 in the Bldg. 7025 WROCC Auditorium. There will be a special Delta IV EELV program presentation during this meeting. In addition several range scheduling briefings are planned with presentations by representatives from JPASO Pacific area ranges including PMRF Barking Sands Hi, Naval Air Pt. Mugu CA, 22 Space Operations Squadron, U.S. Army Kwajelejn Atoll and others discussing range instrumentation, maintenance and operations schedules and issues.

h. Retirement Ceremony: Colonel Samuel W. Fancher, Chief of Logistics, Fourteenth Air Force cordially invites you to attend a retirement ceremony in honor of Senior Master Sergeant Linda M. Delgado on 2 May 03, 1000 at the 381st Training Auditorium, Building 8290 Vandenberg Air Force Base, California. POC: SPACEAF/A14, TSgt Ramos at 6-8206.

i. 9th SOPS Change of Command Ceremony: 2 May 03 at 100 at the Pacific Coast Club with reception to follow. Major Lois Diggs will be relinquishing command and Major Patrick Assayag will be assuming command. All Team Vandenberg and Tennant units welcome to attend. POC: 9SOPS/CCA, MSgt Taft at 5-4484.

j. Electronic Records Keeping: It is important that we begin to promote and manage our records through active electronic records management. Additional official records are being maintained electronically and it is vital records management personnel review, AFSPC Interim Electronic Records Management System Policy Letter 98-002. Contact your Unit Functional Area Records Manager to review AFSPC Policy Letter 98-002 or contact the Base Records Management Office. (OPR: 30 SCS/SCBRI-DCI, 6-4212)

k. Web Enabled Records Information Management System (RIMS) version 3.0 will be implemented at Vandenberg and the purpose of this program is to provide assistance with RM. This is a mandatory Air Force-wide Information Management Standard Automated System and supersedes version 2.1. Base Records Management will be soliciting units to assist with the implementation of this program. Our goal is to have all office records operational with RIMS V3.0. For questions or concerns call the Base Records Management Office at 6-4212 or e-mail: joseph.jiles@vandenberg.af.mil. OPR: 30 SCS/SCBR-DCI)

l. Preservation of Historical Records Pertaining to Iraq: The Secretary of Defense has directed that we identify, collect, organize and preserve records, including paper, electronic media, imagery and recorded information pertinent to activities in connection with the current and projected Iraq operation. Records should be maintained using AFMAN 37-139, Table 10-6, Rule 3. (30SCS/SCBRI-DCI, 6-4221)

m. Airmen Against Drunk Driving: Looking for a free, safe ride home with no questions asked? Call us and we will come get you! 605-AADD is the number. We care, do you?

n. Dorm Manager Position Openings: Attention all Senior Airmen, Staff Sergeants, and Technical Sergeants: The 30th Mission Support Group has two immediate openings for Dorm Managers. These positions are a 2-year controlled Special Duty tour with the award of the 9D000 Special Duty Identifier (no SKT testing required for duration of tour). Come join a dynamic dorm management team that makes an everyday difference in the quality of life for dorm and unaccompanied housing residents! Highly motivated Senior Airmen, Staff Sergeants, and Technical Sergeants are encouraged to apply by sending a letter of recommendation from their commander, and copies of their last three EPRs to 30 MSG/CD. POC: 30MSG/CCH, SMSgt Brian Joseph at 6-2990.

o. Stop Loss: Affected by Stop Loss? Want to apply for a waiver? Information regarding Stop Loss and waiver requests are now available on the Base intranet on the Military Personnel Flight Web Page. POC: 30MSS/DPMPS. 2Lt Miller at 6-4948.

2. 30th Space Communications Squadron:

EMSEC, COMPUSEC, IAAP, COMSEC, Network Security? Find out more on the AFSPC Information Assurance web page at <https://midway.spacecom.af.mil/infoprotect/index.htm>

3. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: SSgt Papa, ext 6-0904 (30LRS/LGRT)

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. POC: Maureen Burt, 6-6932/33 (30LRS/LGRT)

4. Civilian Personnel: (30MSS/DPCE, 6-5847)

Voluntary Leave Transfer Program: Doris Vogel and Jeannette H. Parker - Vandenberg AFB, Anonymous (employee does not wish to be identified) - Tyndall AFB, Janet Brown, Ethel Carter, and Sue Sommers - Scott AFB, Denise Christopher - Luke AFB, Debra Bucheck, Kevin Hanson, Anthony Karas, and Gail Knitter - General Mitchell IAP WI, Lora Hudson - Kirtland AFB, Jane Kelsey - Eglin AFB, Jeff Moody - Patrick AFB, Jacquelyn Schmidt - AF Academy, Mary Shepherd - Robins AFB, Yvonne Williams - Dobbins ARB, and Michael Zarbo - Ramstein AB are all in need of leave donations. Civilian employees who would like

to donate a portion of their annual leave must complete an Optional Form 630-A. You can go by Building 11777, Room B-105 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf.

5. Security Forces Squadron: (30SFS/SFTC, 5-5025)

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If you are interested in starting this program in your area, call 5-0792. (30SFS/SFOSP)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Security Forces Dispatch Bldg. 13730. For more information, call 6-3911 or 5-0792 (30SFS/SFOR)

OFFICIAL

Robert M. Worley II
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. 30CES Activities Council Cuisine Luncheon: 16 Apr 03, 1100-1300 at the Bowling Alley Parking Lot. Menu: Beef & Broccoli, Teriyaki Chicken, Fried Rice also includes soda or water. Cost is \$6. POC: 30CES/CEOEI, Sony Apilado at 6-1936, SSgt Karon Williams 5-3544 or TSgt Lisa Mitchell 6-8057.

b. Vandenberg Bass Club Meeting: 16 Apr 03, 1700 at the Base Library. Next tournament will be 20 Apr 03, 0600 at Pine Canyon Lakes. If you are interested in joining the Club contact the President, Mr. Cal Long at 6-3013 or E-mail: calvin.long@vandenberg.af.mil <mailto:calvin.long@vandenberg.af.mil>.

c. Commissary Photo Contest: 17 Apr 03. Enter your favorite baby picture for your chance to win a \$25 shopping spree. Entries will be accepted up to and including the day of the contest at our Customer Service Office. POC: Paige Zuniga, DECA, 734-3354, ext. 235.

d. Scuba Diving Class: 17 Apr 03. Total cost is \$175. All books, materials, certification and most of the equipment will be provided. This is a full-certified PADI Open Water Course. POC: Bob Johnson at 452-6218.

e. Commissary Children's Appreciation Day: 18 Apr 03, 1700. There will be fun, food and games for the whole family. POC: Paige Zuniga, DECA, 734-3354, ext. 235.

f. Second Annual Earth Day Event: 22 Apr 03, 1000-1400 at the Base Exchange. Visit the exhibits and displays sponsored by the Environmental Flight. Free BBQ, giveaways, and lots of information. POC: Mr. Pat Maloy, 30 CES/CEV, ext. 5-0544.

g. Free admission Circus Chimera: Scheduled to visit the greater Santa Ynez, Lompoc and Santa Maria Valleys and wish to show their appreciation by inviting all current cardholding active duty military dependents to be their guests free admission on the below listed dates and times at the following locations: Solvang, Santa Ynez Mission Grounds: 28 Apr 03, 1930 and 29 Apr 03 at 1630 and 1930. Lompoc at Central and O Street on 30 Apr 03, 1 May 03, 1630 and 1930. Santa Maria, Santa Maria Fairpark on 2 May 03, 1930, 3 May 03, 1330, 1630, 1930 and 4 May 03, 1230, 1530, 1830. POC: 30SW/PA, Jack Hokanson at 6-3595.

h. Military Family Housing Occupants and Base Facility Managers. Effective immediately, a new Vandenberg AFB Tree Trimming Contract was implemented. This is primarily a maintenance tree contract for the Military Family Housing area and occupants are no longer required to submit a work request to have routine tree work accomplished. If a tree emergency exists, occupants may submit a work request to the Base Housing Office. Facility Managers may continue to submit tree work requests to Service Contracts. POC: Domingo Zavala, 30CES/CEOEC/6-2330/1928.

- i. The Vandenberg Thrift Shop:** Thursdays, 1600 through 1800 is bag night in the Bargain Area. Anything that can be stuffed in a paper sack is \$4.00 per sackful. Global Heart Members show their Global Hearts card and/or spouse's Orders and receive their first bag free! Thrift Shop Hours: Tuesday: 0930-1400, Consignments: 0930 through 12:30, Thursday: 1100 through 1800, Consignments from 1100 through 1700. During the summer months we will only be open once a week on Tuesdays, hours to be determined. Bldg 11180, phone 6-3128. POC: SSgt Keen, 30 SW/MO, 5-6456.
- j. VAFB Chess Club:** Is affiliated with the United States Chess Federation, USCF, and meets every Thursday at 1630 in the Services Building. All ages and ability are welcome. POC: Joel Parney at 734-3345.
- k. Medical Group Closure:** As a reminder, the 30th Medical Group is closed the 4th Thursday of each month for training. Routine service resumes the following Friday. During our training, we conduct various activities ranging from team specific to wartime medical readiness. We truly appreciate your cooperation as our training allows us to better serve Team Vandenberg. POC: 30MDG/SG, Captain Swinton, 6-9076.
- l. Volunteers Wanted - Global Hearts Group Lawn Mowing Volunteers:** Request volunteers to assist deployed and remote families by volunteering to mow their lawn. This is a great way to make a difference in someone's life. If interested please call the Chapel 6-5773 or MSgt Lefebvre 6-0039 for more information.

Health and Wellness Center: (To Pre-Register for classes call 6-2221)

- a. Tobacco Cessation Classes:** 6-week program that includes medication.
- b. Sensible Weigh:** 4-week weight/fitness class. Call for schedule and to sign up.
- c. Risk Reduction Classes:** Weekly classes meeting at the MDG, which address Cholesterol, Diabetes, Hypertension and Weight. Topic varies call for schedule and to sign up.
- d. Prenatal Exercise Class:** Quarterly class. Next class 22 May 03, 1400.

Chapel: (30SW/HC, 65773)

- a. New Chapel Hours:** The Chapel is open from 0700-2100 seven days a week with a Chaplain available during this time. Any questions, please call 6-5773.
- b. Daily Prayer:** Every morning from 0715-0725 and evenings 2000-2010 at Chapel I. Team Vandenberg is invited to pray for our Nation, Troops and Families.
- c. Worship Schedule: Catholic Mass:** Sat, 1700 Chapel II; Sun, 1000, Chapel I; Daily Mass 1130 Mon through Fri, Chapel II -- **Protestant:** Praise & Worship 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.
- d. Vandenberg-Lompoc Jewish Community:** Everyone is invited to participate in the Passover Seder Service and meal on 16 Apr 03, 1800 at the Pacific Coast Club. This event will also transpire on 17 Apr 03, at Temple Beth El. Call Thomas Geiger at 925-0398 for more information
- e. Protestant Holy Week Schedule:** 17 Apr 03, 1900, Monday through Thursday SVC at Chapel 2. 18 Apr 03, 1530, Ecumenical Good Friday SVC, at Chapel 1. 20 Apr 03, 0630, Sun Easter Sunrise SVC at Chapel 1. All other services are at regular times.
- f. Catholic Holy Week:** 17 Apr 03, 1900 Holy Thursday Last Supper at Chapel 1, 18 Apr 03, 1900 Good Friday Liturgy 1 at Chapel 1, 19 Apr 03, 1900 Sat Easter Vigil at Chapel 1, 20 Apr 03, 1000 Easter Sun at Chapel 1. Mon through Wed 1130 Mass Chapel 2.
- g. Stations of the Cross:** Will be held at Chapel 1 from 1700-1900. Please come and join us for soup and bread at the Chapel 1 Annex followed by the stations. Stations will be held on 11 and 17 Apr 03.
- h. G.I Java:** Need a shot of Caffeine? All dorm and Billeting residents are invited to come and enjoy FREE lattes, frappicinos, sodas, chips, and fellowship at a world-class CYBERNET CAFÉ! Open 7 days a week, 1700-2100. G.I Java is located in the Delta Dayroom across the street from Breakers Dinning Facility. For further information, contact SSgt Jennifer Wilkins or Chaplain Mike Martin at 6-5773.

Family Support Center: (To pre-register for all classes, workshops, and seminars, call the designated point of contact.)

- a. Office Closure:** The Family Support Center will be closed for staff training every Monday from 0730-0930. Personnel requiring emergency Air Force Aid will be assisted. POC: Sally Galligan, 30 MSS/DPF, 6-0801.
- b. Pre-Separation Briefing:** Required 90-120 days prior to leaving the service for military members scheduled to retire or separate. This mandatory counseling session consists of service member benefits. Spouses are welcome and encouraged to attend. This session is offered every Tuesday morning, 0800-0900 (except TAP seminar week). Call 5-0134 for more information.
- c. Single Parents Support Group:** Meets the second and fourth Tuesday every month, 1130 to 1300 at the Services Center. This is an opportunity for single parents to meet other single parents as well as discuss any

stressors with their responsibilities at home or at work. Contact Linda Bastine at 6-9958. No registration is required.

d. Separation, Retirements and Stop Loss Effect: Now that Stop Loss is in full swing and you are wondering about your future, we are here to help. The Family Support Center, Bldg. 10525 is still conducting the mandatory Pre-separation Briefing and the Transition Assistance Program (TAP) Seminar. Don't let Stop Loss hold you up from continuing your future plans. We are here to help and want you to be ready when Stop Loss is lifted. Don't wait until the last minute, visit your FSC or call Mr. Larry Davis at 5-0134.

e. Volunteers Needed: If you are looking for a rewarding way to help our military community, meet other people, and learn about the Base and local area, then consider volunteering at Family Services. Just a few hours a week can make a real difference in the lives of our military families. Free childcare for up to 15 hours/month is available for our volunteers. Call 6-5484 or 6-0039 for more information.

f. Office Closure: The Family Support Center will be closed for an official function on Fri, 18 Apr 03, 1100-1330. Call 605-8553.

g. Retirement: Mr. Bob Brown, Family Support Center Relocation Specialist, will retire on Fri, 18 Apr 03. His ceremony will be held at the Marshallia Golf Course beginning at 1130. Call 606-0039.

h. Manage Your Move: This workshop will be held on Wed, 16 April, 0845-1100 at the Family Support Center. For adults on the move, includes briefings from Housing, TMO, Finance, Legal Office, and tips form TRICARE. An overseas cultural adaptation segment follows at 1100-1130. Have your questions ready and plan to attend within 90-120 days prior to departure. Spouses are encouraged to attend. Call 606-0801 for more information.

i. Job Search 101 for Teens: Thurs, 17 April, 0900-1130 at the Family Support Center. This workshop targets 14-19 year olds who are beginning their search for a summer job. Participants will learn where to look for jobs, how to build a resume, fill out applications, interviewing tips, learn what employers are looking for in teen employees, expectations, dress, appearance, and manners. Call Teresa Orozco at 605-8557 to sign up today!

j. CAL-VET Home Loan Class: Fri, 18 April, 1330 - 1530 at the Family Support Center. One of the major Veterans' benefits is the Veteran's Home Loan Guaranty. It is made to Active duty members, retirees, and Veterans for the purchase of homes, townhouses and condominiums. Learn the application procedures & understand the basic CAL-VET Home Loan process and be cognitive of potential pitfalls. Contact Larry Davis at 605-0134.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6013)

- **Auto Skills Classes:** By appointment. Tune-up and maintenance class for non-mechanics and equipment safety classes.

b. Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **Airmen's Night:** 17 Apr 03, 1700-2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Deployed Spouses Day:** Tuesdays, 0900-1200. Deployed spouses can play for just \$1 per game. All pre-school age children bowl for free with a paying parent.

c. Breakers Dining: (30SVS/SVMF, 6-7540)

- **Extended Dining:** Breakers has extended the Saturday dinner hours to 1600-1900 on a trial basis. These hours will run through 31 May 03.
- **Deployed Spouses:** Thursdays, starting at 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.
- **Take Your Son or Daughter to Work:** 24 Apr 03. We would like to invite eligible patrons to bring one child to the Breakers for breakfast or lunch in recognition of Take Your Son or Daughter to Work Day.
- **Turbo Chef Food Demo:** 28 Apr 03.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out if you qualify.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Providers:** The need for childcare providers has never been greater!

f. Fitness Center: (30SVS/SVMP, 6-3832)

- **1-Pitch Softball Tournament:** 17 Apr 03, 1800.
- **Body Composition Testing:** 23 Apr 03, 1100.

- **Everything you want to know about a cardio bike:** 24 Apr 03, 1200.
- **30-Mile Road Bike Race:** 26 Apr 03, 0900.
- g. Library:** (30SVS/SVMG, 6-4202)
 - **Pre-School Story Time:** Every Thursday at 1000.
 - **Dial-a-Story:** The phone number is 6-4300 (Available 24/7, changes each Sunday). Current story is '5 Peas in a Pod'.
 - **Women's Reading Group:** 24 Apr 03, 1200. Meets the last Thursday of each month in the Library Conference Room. Bring a brown-bag lunch.
- h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
 - **Two-Person Scramble:** 10 May 03. Cost is \$10, entry deadline is 8 May 03 at 1500.
 - **Youth Golf Lessons:** Saturdays at 1330. For youths ages 8 years and up. Cost is \$5 each session, includes use of rental club set and range balls.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
 - **Horseback Trail Ride:** 19 Apr 03, 1300-1445. Ride the Pacific Dunes at the Oceano preserve. Cost is \$32, sign up by 11 Apr 03.
 - **Day in Santa Barbara:** 26 Apr 03, 1000-1600. Cost is \$10 each.
- j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)

Entertainment/Events:

 - **Club Card Drawing:** The drawing is every Friday between 1700 and 2000. \$50 giveaway in each lounge each week. Must be present to win.
 - **Country Night:** 18 Apr 03, 2100-0200, in the Enlisted Lounge. Country music time with Jay Turner from Sunny Country 102.5. Contests, Giveaways, prizes and more!
 - **Karaoke & DJ:** 18 Apr 03, 1800-2200, in the Officers' Lounge.
 - **Mug Night:** 19 Apr 03, 2100-0200, in the Enlisted Lounge.
 - **All Nighter:** 26 Apr 03, 2100-0400. All Nighter with Mug Night in the Enlisted Lounge

Menu:

 - **April Special:** Get a dozen hot wings for just \$3.95 with purchase of 1 large pizza of your choice.
 - **Mongolian BBQ:** 16 Apr 03, 1800 through 2000.
 - **Easter Brunch:** 20 Apr 03, 1000 through 1400. Reservations are required.
 - **Secretary's Day:** 23 Apr 03. Free dessert with lunch for secretaries.
 - **Pasta Mania Buffet:** Thursday Nights, 1700 through 2000.
 - **Weekly Lunch Schedule:** Tuesday-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesday-Santa Maria BBQ Buffet, Thursday-Chicken and Ribs Buffet, and Friday-Seafood Buffet.
- k. Rod & Gun:** (30SVS/SVRR, 6-4560)
 - **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.
 - **Intramurals:** Season is underway. See your sports unit rep for details.
 - **Sporting Clays:** 2nd and 4th Sundays each month.
- l. Services Center:** (30SVS/SVYR, 6-7976)
 - **Free Dance Lessons:** Wednesdays, 1830 through 2100. Free country-western line dancing lessons.
 - **Natural Knead Massage:** Special gift baskets and gift certificates are available for Easter.
- m. Skills Development:** (30SVS/SVRS, 6-6438)
 - **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
 - **Beginner's Green ware:** 17 Apr 03, 1800 through 2100. 4-week class for adults. Learn to prepare raw ceramic material (green ware) and glazing techniques for a unique art piece.
 - **Creative Mat Decorating:** 19 Apr 03, 1100 through 1300. Kids can learn to creatively decorate pre-cut mat board. Bring in a 4" by 6" or 5" by 7" photograph. Register by 17 Apr 03.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
 - **Lap Swim:** Mon-Fri, 1000-1300.
- o. Youth Center:** (30SVS/SVYY, 6-2152)
 - **Vandenberg Flyers:** Cheerleading/Dance Team program for ages 4 and up. Sign up at the Youth Center.
 - **Music Lessons:** Lessons from the Coehlo Academy of Music. Learn guitar, flute, keyboard and voice. Group and individual lessons. Sign up at the Youth Center.
 - **Kempo Karate:** Openings are available in its family class. For youth 6 years and older with their parents.
 - **Flashlight Egg Hunt:** 19 Apr 03, 1930. Teen/Pre-teen egg hunt at the Youth Center. Bring a basket and flashlight!

- **Summer Camp:** 1 through 18 Apr 03. Summer camp priority registration for those currently enrolled in the school age program. Registration for all others starts 21 Apr 03 and ends 16 May 03. Please contact the youth center for more information.
- **Salute to Youth:** 26 Apr 03, 1200 through 1600. Don't miss this free informational fair. Tri-tip sandwiches, Bake Sale, Youth Center snack bar will be open. Demonstrations include Kempo Karate, Vandenberg Jets gymnastics, Vandenberg Flyers Cheer/Dance squad, Lompoc Surf Connection Skate Team and the Vandenberg K-9 Unit.

Education Center: (30MSS/DPHE, 5-5904)

a. Civilian Management Training Committee (MTC): 24 Apr 03. If you wish to have a civilian training request considered for funding at the next meeting please have your packages submitted to 30 MSS/DPHE, Civilian Training, bldg 14002 (across from the Commissary), by COB 18 Apr 03. All packages must include an original DDFM 1556, course information, and a letter of justification and registration information. POC: Ms. Barbara LeFebvre, Civilian Training Office, at 5-5913.

b. Air & Space Basic Course (ASBC) and Squadron Officer School (SOS) For Civilians: The call for nomination packages for civilians to attend ASBC and SOS in residence is out. Nomination packages must be submitted to the Careers Program Office at AFPC by 28 May 03. Packages must be routed through the Civilian Training Office for Wing/CC endorsement. ASBC is open to all PAQ, Copper Cap, and Base Level Interns who have at least six months continuous federal service. SOS is open to GS-9 to 12. Both courses require that the attendee meet the same physical standards as the military. Information on both courses and nomination procedures can be found at <http://www.afpc.randolph.af.mil/cp/guide/sec-4.htm>. Point of contact is Ms. Barbara LeFebvre at 5-5913.

c. Career Enhancement Plans (CEP): The FY04 Career Enhancement Plans will be distributed to supervisors of Career Program Registrants by the Civilian Training Office by 4 April 03. The CEP is primarily designed to document required training and development needs for registrants in Air Force Civilian Career Programs. It replaces the individual development plan (IDP) and provides an in-system interface between individual training requirements and the career program training budget process. The CEP is also a mentoring tool. In preparing the CEP, the supervisor and employee tailor enhancement activities to individual needs. The supervisor may also use the CEP to help evaluate an employee's short and long-term training requirements that will help the employee reach a certain goal. The Civilian Training Office is required to have all CEP training inputs updated by 27 Jun 03. Therefore, the suspense for CEPs to be returned to the Civilian Training Office is 13 Jun 03. Point of contact is Ms. Barbara LeFebvre at 5-5913.

Computer Training: (MCA, 6-3771)

a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic classes for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access Lab, Palm PDA Beginning, and Project 2000; Publisher 2000, Front Page 2000, Outlook, and Outlook Email Only. In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBT's at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frame. Call 6-3771 for more information, or e-mail: lexi.schwartz@vandenberg.af.mil.

b. Computer Tip: Changing the Case of a Word. If you're like most people, you find yourself putting the wrong case on words all the time. Probably the most frequent mistake is forgetting to place initial caps onto names or titles. Fortunately, Word 2000, with its Change Case command (on the Format menu), comes to the rescue. But rather than picking up that mouse, there's an even quicker way to access this function. Simply click inside a word and press Shift-F3, and Word 2000 automatically changes the case of the word; press Shift-F3 again to move through upper case, lower case, and title case. POC Lexi Schwartz 6-3771

c. Available Classes: The following classes currently have room and are available on a "first come-first serve" basis. Email us to register for classes you would like to attend.

Course Name	Date(s)	Time
Photo-Restoration and Red Eye	4/16	11:30-12:30
ADPE	4/16	09:00-11:00
Excel Advanced	4/17	13:00-16:00
Outlook Email Only	4-18	13:00-10:00

Outlook-Tasks: Making, Assigning and Tracking	4-18	11:30-12:30
Project 2000	4-21-24	08:00-11:00
Photo- Image Correction	4-21	11:30-12:30
Outlook Email Only	4-21	13:00-16:00
Outlook	4-22-24	13:00-16:00
Excel-Conditioning	4-23	11:30-12:30
Photo-Special Effects II	4-25	11:30-12:30
Defense Message System	4-25	13:00-16:00
Access Lab	4-25	08:00-11:00

Note: Walk-ins are always welcomed!

American Red Cross:

Lompoc Valley District Office, 312 H Street, Lompoc (805) 736-5110, Email us: disaster@sbaco-redcross.org.

Training Courses

	Date	Time
Introduction to Disaster Services #3066 & Orientation to Red Cross	6 May 03	1800-2100
Introduces participants to the American Red Cross and Disaster Services. Provides basic information about disasters & their effects and how the Red Cross assists.		
Mass Care Overview #3068-1	8May 03	1800-2100
Overview of immediate Mass Care services on chapter administered disaster relief operations, as well as <i>on</i> larger relief operations.		
Damage Assessment # 3067	13 May 03	1800-2100
Prepares participants to conduct the damage assessment that is used as the basis for Red Cross family assistance. Covers the kinds of damage to be assessed, how to document damage & submit reports.		
ERV Ready, Set, Roll! #4002	17 May 03	0900-1500
Prepares participants to drive the Emergency Response Vehicle and its function during a disaster.		

Items For Sale or Free To A Good Home:

Free to good home: Gray and brownish speckled white lop eared bunny-rabbits w/ brown eyes. Two males (age 1 & 2 yrs.) and one female (age 2 yrs.) available. If interested please call 736-0813 and leave a message.

For Sale: Boy's 15-Speed Bike, \$20; Girl's 10-Speed Bike, \$25; Barbie Doll House, \$15. If interested please call 734-1044.

For Sale: 2000 Mitsubishi Montero Sport XLS, 3.0 liter V-6, automatic, 2-wheel drive, 39,000 miles, AC, power steering, power windows, power door locks, tilt wheel, cruise control, AM/FM stereo, single compact disc, dual front airbags, ABS (4-wheel), leather interior, sliding sun roof, roof rack, privacy glass, running boards, two-tone paint, alloy wheels. One owner, have all routine maintenance records, garaged and in excellent condition. Asking \$17,900, call Doug at 734-3060.

For Sale: (Motorcycle) 1999 Yamaha V-Star 1100, 12,000 miles, very good condition, NADA retail \$5,900. Asking \$5,600 O.B.O. Please contact Juan Cruz, home at 734-1897.

For Sale: 2002 Chevy Avalanche 4WD, leather interior, on-star, loaded, 20,000 miles. Asking \$28,500. If interested please call 734-1927.

For Sale: Glass Top Dining Table with Metal Base and 4 chairs. Items are in excellent condition! Asking \$75.00. If interested please call 588-1039.

For Sale: Peacekeeper deactivation coins will be on sale in Bldg 1800. Cost is \$6.50 prepay and \$7.00 cash on delivery. POC: MSgt Church, 6-0285 or SSgt Gentry, 5-7615.

For Sale: Classic 1987 Pontiac Fiero GT sports car, black with silver ground effects & trim; auto, sunroof, A/C, power windows & mirrors, tilt steering wheel, power locks, cruise control, rear window defroster, 4 wheel disc brakes, rear spoiler, new tires, custom factory wheels w/locking lugs. This car handles like its on rails (mid-engine design) and looks like a mini-Ferrari; reliable transportation, adult owned. This can be seen at Base auto sales lot. Asking \$3900 or make me an offer. Call Gary at 734-7198.

For Sale: 2000 Suzuki Hayabusa GSX-1300R: Garage kept, never been down, only 4500 miles, 40 pounds lighter than stock. Purchased for \$10,700 in Aug 02 plus \$5,000 worth of trick parts. Asking \$11,000. Call Donovan at 734-0132.