



# Base Bulletin

Vandenberg AFB, CA 93437-0759



5 May 2004

No. 18

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to [publishing.vafb@vandenberg.af.mil](mailto:publishing.vafb@vandenberg.af.mil) or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

## SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

## SECTION II — OFFICIAL

### 1. Team Vandenberg:

**a. Vandenberg AFB Technology Exposition:** The Vandenberg AFB Technology Expo will be held on Wednesday, 5 May 04, in the Bldg 14002, Wyoming Ave, Student Lounge, from 1000—1400. All personnel are invited to attend at no fee. Exhibitors will be on-hand demonstrating the latest computer hardware, software and services. Complimentary refreshments will be served. Free giveaways will be available while supplies last. This event is hosted by 30th Space Communications Squadron. For more information contact Becky Young, (301) 596-8899 ext. 252, or [young@ncsievents.com](mailto:young@ncsievents.com). (30SCS/SCB, 6-4019)

**b. MyPay Pin Drive:** Effective 22 May 04, Accounting and Finance offices will no longer issue paper Leave and Earning Statements (LES) to military members. This document may be viewed and/or printed when accessing myPay from your computer or at any of the Kiosks located throughout the base. Kiosks are currently located in the BX area, 381TRG Dorm Lobby and at the Base Hospital. In order to assist you with this transition, the 30th Comptroller Squadron will host a myPay PIN drive in the BX area on Tuesday through Thursday, 4—6 May 04, 11—13 May 04, and 18—20 May 04. Hours of the drive will be 1030—1330. If you are not able to make it to the drive, feel free to stop in the Customer Service office during regular business hours, Monday through Friday. (30CPTS/FMFC, 6-4630)

**c. Attention Military Service Station Customers:** The military service station will be closed on the following dates for leak testing: 6 May 04, 1700—1900, and 10 May 04, 1000—1200. In addition, the service station will be closed on 11 May 04, at 0900, for leak testing by Santa Barbara County. The service station will reopen when county complete the testing. Contact Mr. B.K. Ficklin. (30LRS/LGRMF, 6-8710)

**d. Retirement Ceremony:** A retirement ceremony honoring MSgt Dana Sikes from 30th Civil Engineering Squadron will be held on 7 May 04, at 1000, in the AETC Auditorium, Bldg 8290. (30CES/CEO, 6-6855)

**e. Retirement Ceremony:** Lt Col Richard Wright, Commander for the 30th Security Forces Squadron, would like to invite all interested Vandenberg Base members to the retirement ceremony for MSgt Eugene Moody Jr. The event will be held at 1400 in the 381st Training Group Auditorium, Bldg 8290, on the 7th of May 2004. Please contact MSgt Dusenberry at 5-0569 for any questions. (30SFS/SFTT)

**f. Air Force Assistance Fund (AFAF):** The 2004 Vandenberg AFB AFAF campaign runs through 7 May 04. The AFAF is composed of four affiliates: the Air Force Aid Society, the Air Force Village, the Air Force Enlisted Fund and the LeMay Foundation. Contributions to these affiliates provide much needed financial assistance through numerous programs to active duty, reserve, guard, retirees and their families. Unit project officers and key workers will canvass their units for contributions during the campaign period. Only active duty personnel will be directly solicited. However, unsolicited contributions from civilians and private organizations are welcome. The installation project officer is Capt Mark Shoemaker, 5-4040. (2SLS/DOB)

**TEAM VANDENBERG**

**g. Retirement Ceremony:** Lt Col Sam Epperson, Commander of the 381st Training Support Squadron, would like to invite all interested Vandenberg Base members to the retirement ceremony for MSgt James Bakos. The event will be held at 0900 in the 381st Training Group Auditorium on the 11th of May 2004. Please contact Capt Haney at 5-2116 for any questions. (381TRG/TSR)

**h. Joint Pacific Area Scheduling Office (JPASO) Scheduling Conference:** The next JPASO Scheduling Conference will be held 12 May 04 at 1000 in Bldg 7025, WROCC auditorium. There will be a special Lockheed Martin Airborne Sensor presentation during the meeting. In addition several range scheduling briefings are planned with presentations by JPASO Pacific area range representatives including PMRF Barking Sands Hi, Naval Air Pt. Mugu CA, 22 Space Operations Squadron, Peterson AFB CO, Reagan Test Site U.S. Army Kwajalein Atoll, and others discussing range instrumentation, maintenance, operations schedules, and related topics. Contact is Russ Johnson at 6-8985. (30RANS/DOUS)

**i. Change of Command:** Lt Col Steven R. DeAnda will relinquish command of the 30th Medical Support Squadron to Lt Col Thomas A. Steinbrunner on Thursday, the thirteenth of May at ten o'clock in the morning at the Pacific Coast Club, Vandenberg AFB, CA. Contact Capt Patricia Fowler, 6-3012. (30MDOS/SGO)

**j. Office Closure:** The 30th Comptrollers Squadron will close at 1100 on Friday, 21 May 04, for an official function. The offices will re-open Monday, 24 May 04 at 0800. If you have a financial emergency, please contact 1Lt Armstrong at 588-0701. (30CPTS/FMFC)

**k. Safety Briefing:** The 101 Critical Days of Summer Campaign will kick off with mass briefings at the Base Theater on Tuesday, 25 May 04. Attendance is mandatory for 30SW personnel; attendance will be taken. Personnel must attend one of three sessions scheduled: 0800, 1000 or 1300. (30SW/SEGB, 6-8804)

**l. A Base-wide Blood Drive:** A base-wide blood drive will be held on Tuesday, 25 May 04 from 0900-1400 at the Services Center. This event is open to everyone. Tri-Counties Blood Bank will be on hand to conduct the drive. All donors will receive donuts, cookies and coffee or juice as long as supplies last. Please take the time out of your busy schedules to donate and Give The Gift Of Life! (576FLTS/TMOE, 6-6044)

**m. Office Closure:** The 30th Comptrollers Squadron, Financial Services Flight, (Customer Service, Customer Support, Disbursing and Accounting Liaison Office) will close at 1300 on Friday, 28 May 04, for an official function. The offices will re-open Tuesday, 1 Jun 04 at 0800. If you have a financial emergency, please contact 1Lt Armstrong at 588-0701. (30CPTS/FMFC)

**n. Military Equal Opportunity (MEO):** The primary objective of the Equal Opportunity and Treatment (EOT) program is to improve mission effectiveness by promoting an environment free from personal, social, or institutional barriers that prevent Air Force members from rising to the highest level of responsibility possible based on their individual merit, fitness, and capability. The EOT program encourages members to use the chain of command to identify and correct unlawful discriminatory practices. This includes processing and resolving complaints of unlawful discrimination and sexual harassment. For more detailed information contact the 30th Space Wing MEO office at 6-0370. (30SW/ME)

**o. Reinstatement of the Career Job Reservation (CJR) Program:** The CJR program will be reinstated effective 1 May 04 as outlined in AFI 36-2606, Reenlistment In the United States Air Force (paragraphs 1.14 through 1.20). The program will now include a list of overmanned AFSCs being constrained, a CJR rank order/waiting list process (UIF, top 3 EPRs, grade, projected grade, DOR, TAFMSD, DOS) and establishes CJR application windows. First Term Airmen (FTA) in all AFSCs must apply for and receive an approved CJR to reenlist. This program change is one of many tools being implemented under Force Shaping on 1 May 04. The CJR program will include constrained AFSCs with CJR quota(s) and a CJR rank order/waiting list process. This process will limit FTA reenlistments in AFSCs placed on the constrained list. This effort will help balance manning between overage and shortage career fields by prompting individuals to consider retraining should they not readily obtain a CJR in their current AFSC. Members who do not receive a CJR, or are not approved for retraining, will separate from service. All currently affected members will be notified by MPF through CSS. Contact your CSS or Ricke Gillison at 6-4821, e-mail [Ricke.Gillison@vandenberg.af.mil](mailto:Ricke.Gillison@vandenberg.af.mil). (30MSS/DPMPE)

**p. Are You A Dangerous Driver?** Have you ever been a victim of road rage? At least half of motorists who were polled admitted making obscene or rude gestures/comments to other drivers, particularly those who cut them off on the highway. Aggressive driving is one thing; road rage is criminal. Here are some tips to survive road rage: 1. Don't engage. 2. Ensure your seat belts are firmly in place, just in case you have to take evasive action to avoid the perpetrator's aggressive moves. 3. Stay calm, and control the urge to retaliate. 4. Avoid eye contact with the perpetrator. Stay vigilant on the perpetrator's moves. 5. Drop back, pull over to another lane, or anything else to avoid the driver. Under no circumstances should you pull off the road-this will just give the perpetrator reason to cause you and your passengers harm. 6. Don't honk your horn, use your high beams, or show rude gestures, this will just inflame the perpetrator's temper even

more out of control. The Bottom Line: Drive defensively at all times, and be as courteous as possible to your fellow road travelers. It may save your life. (30SW/SEGB, 6-8804)

**q. Airmen Against Drunk Driving (AADD):** Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

## 2. 30th Space Communications Squadron: (30SCS)

**a. Network Security Reminder:** Please remember that securing the network is everyone's responsibility. Incidents are still occurring on the network that could damage and even bring down the entire network. Please remember the following concerning network security: 1. Do not attach any system to the network that has not been updated with all current security updates (patches). 2. Make sure the Norton Antivirus (NAV) Signature Files are up-to-date. The following is an example of what not to do and the correct action to take: Example: connecting a laptop to the network that has been sitting in a closet for the last 3 weeks. Correct action: take the laptop to your WM/ISSO to ensure all patches and current NAV signature updates are installed before use. (30SCS/SCBC, 6-9500)

**b. New Supplement:** A new supplement, AFSPCI36-2202\_30SWSUP1, Mission Ready Training, Evaluation and Standardization Program is now available on the [VEPDL](#). Please review this new publication. (30SCS/SCSP, 6-7892)

**c. New Index:** The new index, 30SWIND2, Numerical Index of 14<sup>th</sup> Air Force and 30<sup>th</sup> Space Wing Publications is now available on the [VEPDL](#). Please review this new index. (30SCS/SCSP, 6-7892)

**d. Cell Phone Emergency Number:** Many people on the base don't know there is a number for cell phone users to reach all of the base emergency services. The 30th Civil Engineering Squadron has dedicated the use of the number 734-4117, dialed from your cell phone to reach all VAFB Emergency Services, and as the Anonymous Call Line. If 911 is called from a cell phone on base the off base 911 will be reached. Be sure to program the number 734-4117 into your cell phone memory and remember you can use it to access VAFB Emergency Services. For further information contact the Base Telephone Directory Administrator at 6-5678. (InDyne)

## 3. Traffic Management Office: (30LRS)

**Shipping/Receiving Packages Via Federal Express:** Attention all base organizations that ship and/or receive packages via Federal Express: Under the DOD approved GSA contract, FedEx is authorized to transport unmarked classified packages up to a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through Cargo Movement, Bldg 5500 Bay B, unless other arrangements have been made. Cargo Movement must be advised on the classification level. Any questions may be directed to SSgt White, 6-6015. (30LRS/LGRTC)

## 4. Civilian Personnel: (30MSS/DPCE, 6-5847)

**a. Voluntary Leave Transfer Program:** Alana M. Davenport - 30 CES/CEOEC Vandenberg AFB, Ronald Mosley - Selfridge ANGB, Michael Baca - HQ ARPC/MSC, Sandra Jernigan, Betty O'Herlihy, Howard Brown, and Tim Jones - Luke AFB, Glenda Bennet - Peterson AFB, Herlene Thurman and Cheryl Scott - Los Angeles AFB, Carolyn DeLaGarza - Langley AFB, Johnna DeSimone - Schriever AFB, Dionisio Esteban - Onizuka AFS, Contine Francis and Janice Shinkle - MacDill AFB, Delores Green - Dobbins ARB, Wilson Holloway and Frank Valentik - Avon Park AFR, Charles Howard - Vance AFB, Jane Kelsey and Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, Mary Maurer, and Lisa Wiggs - Patrick AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, Sue Sommers - Scott AFB, Jeneke Lacy, Jacquelyn Schmidt and Carol Vilcek - AF Academy, and Mike Weatherly - Homestead ARB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: [http://www.opm.gov/FORMS/PDF\\_FILL/opm630A.pdf](http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf). (30MSS/DPCE, 6-5847)

**b. Weingarten Right:** Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met: a. The meeting between the employee and management official(s) must be an examination, b. The examination must be in connection with an investigation, c. The employee must reasonably believe that disciplinary action may result from the meeting, and d. The employee must request representation. (30MSS/DPCE, 6-5847)

**5. 30th Medical Group: (30MDG)**

**a. Celebrating National Nurses Week:** Is there a nurse you want to thank for caring for yourself or a loved one? Beginning 6 May 04, the 30th Medical Group will begin celebrating National Nurses Week, an annual event. With the goal of raising public awareness of the value of nursing, the 30th Medical Group seeks to pay tribute to their colleagues. The 30th Medical Group is currently soliciting stories that pay tribute to their registered nurses who provide highly skilled care and encounter increased challenges to their professional and ethical commitment to deliver essential health care. All stories can be e-mailed to [Yvette.Calhoun@vandenberg.af.mil](mailto:Yvette.Calhoun@vandenberg.af.mil) or mailed to Yvette Calhoun, 338 So Dakota Ave, Bldg 13850, Vandenberg AFB CA 93437-6307. (30MDG/SGO, 6-3308)

**b. Healthcare Consumer Advisory Counsel Meeting:** The Healthcare Consumer's Advisory Committee will convene on Monday, 10 May 04, at 1030, in the 30th Medical Group's Commander's Conference room. Please share all concerns with your Unit Health Monitor. (30MDOS/SGO, 6-3308)

**c. Evaluation of TRICARE Standard Healthcare Option:** Beginning the week of 26 Apr 04, the TRICARE Management Activity (TMA), Health Program Analysis and Evaluation Directorate (HPA&E), under authority of the Office of the Assistant Secretary of Defense (Health Affairs)/TMA Office of the Deputy Assistant Secretary of Defense, will undertake an evaluation of the Department of Defense's TRICARE Standard health care option, focusing on the issues identified in Section 723 of the National Defense authorization Act for FY2004. These issues address the interests of Congress in determining the number of civilian providers who accept TRICARE rates as payment in full for the healthcare services they provide. Telephone surveys of civilian healthcare providers (MDs and DOs) will be conducted in TRICARE market areas to determine how many healthcare providers are accepting new patients under TRICARE Standard in each market area. Telephone surveys will be conducted in at least 20 TRICARE market areas each fiscal year starting in FY 2004 until all market areas have been surveyed. We solicit your support. Your contact for more information is Mary Uyeda, Ph.D., Project Director, 800-388-4264, 0800—1700 CST. (30MDOS, SGO)

**6. 30th Security Forces Squadron: (30SFS)**

**Firearms Registration:** IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1, states all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Rm C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30SFS/SFOSP)

**7. 30th Civil Engineering Squadron: (30 CES)**

**a. Attention All Facility Managers:** Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call A1C Campos at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3, attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager Training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOF, 6-0010)

**b. Recreational Vehicles, Boats And Trailers:** A recreational vehicle (RV) is defined as that which could reasonably be judged to be one or more of the following: boat, camper, cargo truck, motor home, or pickup camper if the camper or camper shell is wider or longer than the pickup bed or trailer. Store recreational vehicles and pickup trucks with campers not used as daily transportation in the RV storage area, located in the northeast corner or 13th Street and New Mexico Ave. The Outdoor Recreational Center controls the storage lot. Recreational vehicles may be parked in the housing area for a period not to exceed 72 hours for loading, unloading, or cleaning purposes. (30CES/CEH 6-3795)

**c. Lawn/Garage/Carport Sales:** Lawn/garage/carport sales are permitted twice a year and just prior to termination of your home. Limit sales to daylight hours only and no more than three consecutive days. You may display no more than 2 signs each up to four-foot square on your property to advertise the sale. Display the signs only during the hours of the sale. Signs must be removed at the end of each day of the sale. Refrain from posting any signs on telephone or power poles, street light poles, street signs, trees, mailboxes, or fire hydrants, etc. You may place an article in the Space and Missile Times, the Base Bulletin or by calling the Lompoc Record. Do not leave unsold items outside in front of your home after the sale. (30CES/CEH 6-3795)

**8. Air Force Reserves:** (30MSS/ISR)

**Briefing:** The next Air Force Reserve briefing is 11 May 04, at 1300, in Bldg 11777, Rm C-206. If you are interested in applying for this program, you must contact MSgt Brenda Kartheiser to schedule at briefing. (AF Reserve Recruiter, 6-2704)

**OFFICIAL**

**FRANK GALLEGOS**  
Colonel, USAF  
Commander

**Mary E. Meyer**  
Chief, Publishing Management

**SECTION III — UNOFFICIAL****General Information:**

**a. Youth Center Parent's Advisory Council:** The Youth Center Parent's Advisory Council will meet Wednesday, 5 May 04, 1130 at the Youth Center. Lunch is provided by the Youth Center Staff. If you are a parent of a child that attends the Youth Center, please make time to attend this meeting. For more information, contact Ms. Huggins at 6-0345. (30SCS/SCBH)

**b. African-American Association:** The Vandenberg African-American Association will hold it's monthly meeting to discuss the May Scholarship Fundraisers and future summer events Thursday, 6 May 04, at 1130, in the Services Center Large Conference Rm. Contact Lt Ike Wright, 5-4910. (2 SLS/MAFB)

**c. Scuba Diving Class:** A new Scuba Diving Class is starting 6 May 04. News Flash- the warmer days are here at last. Come and take a class with us so you can cool off in that beautiful underwater world of fun and adventure. The cost is \$185.00. All books, equipment, materials and certification will be provided. For more information call Bob Johnson at 737-6201 or cell 452-6218.

**d. Base Theater Marquee:** The following movies will be shown at the Base Theater, Bldg 13750 the weekend of 7-9 May 04. Call 6-5565 for recorded movie information only.

Day	Date	Movie	Rating	Opens	Starts
Friday	7 May 04	"Passion of The Christ"	R	1830	1900
Saturday	8 May 04	"Passion of The Christ"	R	1730	1800
Sunday	9 May 04	"Scooby Doo 2" Double Stamp Day	PG	1330	1400

E-mail Vanessa Probert at [ProbertV@aafes.com](mailto:ProbertV@aafes.com). (AAFES)

**e. Asian-Pacific American Heritage Month:** 10 May 04, at 1100—1300, is our Kick-Off Celebration! It's the opening ceremony food tasting to start everything off, located at the Services Center. On 14 May 04, at 1100—1300, is the APAA Fund Raiser. Enjoy a delicious Asian Cuisine during lunch \$5.50. Our menu includes: Lumpia, pancit, chicken adobo, and steamed rice w/drinks. Located at the Base Library parking lot. On 4 Jun 04, from 1800—2115 is the Asian-Pacific American Heritage Banquet with ethnic dances from different Asian countries at the Pacific Coast Club for \$17.50. Ticket contacts for both the Fund Raiser and Banquet are: Capt Mun Lee, 6-6368, Ms. Arlene Lepper, 6-9360, Ms Sonny Apilado, 6-1936, Capt Richard Domingo, 6-3737, and Ms. Sherry Raymundo, 6-5214. (576FLTS/TMO)

**f. Air Force Sergeant's Association (AFSA) Chapter 1356:** AFSA is conducting a general membership meeting at 1530, 11 May 04, in the Quiet Room of the Pacific Coast Club. AFSA membership is open to all active duty and retired enlisted military. AFSA lobbyists continue to inform members of Congress of the sacrifices those who wear and have worn the uniform, (and their families) make on a daily basis for the protection of the American way-of-life. From fighting for full pay raises for those still wearing the uniform, to full on-time cost of living allowances (COLA) for retirees, AFSA continues to lead the way to preserve and improve the quality-of-life for its members. AFSA Chapter 1356 needs Team Vandenberg's support. For additional information, please contact the AFSA President, MSgt Norstebon, 5-2774. (30SCS/SCBH)

**g. Tuskegee Airmen Inc.:** The Vandenberg AFB/Central Coast Chapter of Tuskegee Airmen Inc. will host it's monthly meeting to discuss the Chapter's 2004 Scholarships on Thursday, 13 May 04, at 1000, in the Services Center Small Conference Room. Contact Lt Ike Wright, 5-4910. (2 SLS/MAFA)

**h. May Food Service Events:** For more details contact SSgt Bethany Lopez at 6-5496. (30SVS/SVMX)

Date	Event	Start Time	Location(s)
5 May 04	Cinco de Mayo Meal	1100	All Dining Facilities
14 May 04	Armed Forces Meal	1100	All Dining Facilities
19 May 04	Dining Facility Advisory Board Meeting	1000	Breakers
19 May 04	Asian Pacific Heritage Month Meal	1100	All Dining Facilities
20 May 04	2nd Quarter Birthday Meal	1700	Breakers
30 May 04	Memorial Day Meal	1030	Breakers & Beachcomber

**i. Santa Barbara Area Special Olympic Games:** The Santa Barbara Area Special Olympic games will be held at Vandenberg AFB on Saturday, 15 May 04. Volunteers are needed to setup and tear down equipment, escort athletes and work individual events. If you would like to volunteer or have any questions please contact Capt Mike Mench at 5-6279 or Capt Jeremy Olson at 5-6345. (576FLTS/TEO)

**j. Non-Commissioned Officers Association (NCOA):** The NCOA will be meeting on 21 May 04, in the Quiet room of the Enlisted Lounge. All members and interested personnel are encouraged to attend. Come and see what we're up to. (30OSS/OSOC, 6-2104)

**k. Calling All Grads:** The next US Air Force Academy Association of Graduates (USAFA AOG), Central Coast Chapter event will take place Saturday, 22 May 04, at the Marshallia Ranch Golf Course starting at 1700 for social and 1730 for dinner. Brig General David A. Wagie, Dean of Faculty, is the guest speaker. The menu is Santa Maria BBQ. Le Cuvier Winery will also be part of the social hour entertainment and enjoyment. Cost is \$20 a person. Contact Capt Ericka Brewington at 5-0761 or e-mail [ericka.brewington@vandenberg.af.mil](mailto:ericka.brewington@vandenberg.af.mil) to purchase your tickets. (14AF/CCP)

**l. Career Days Volunteers:** Volunteers are needed for Orcutt Junior High School, 27-28 May 04 from 0900 to 1230. Volunteers are also needed for the Lakeview Junior High School on 3-4 Jun 04 from 0900 to 1230. To sign up please contact Public Affairs at 6-3595. Volunteers will be asked to conduct formal job interviews for students. Volunteers may sign up for one, two, three or all four days. (30 SW/PA, 6-3595)

**m. Space Country Cruzers:** Corvette, Mustang, Camaro, Subaru STI, Mitsubishi Evo...just some of the cars in VAFB's premier car club, the Space Country Cruzers. If you have a great car or just an interest in cars, we're the club for you. We participate in local parades, car shows, racing events and cruises and we're open to all makes & models including trucks. For more info, visit [www.spacecountrycruzers.com](http://www.spacecountrycruzers.com), email [daniel.triplett@vandenberg.af.mil](mailto:daniel.triplett@vandenberg.af.mil), or call Capt Dan Triplett at 6-7939. (30SCS/SCM)

**Health and Wellness Center:** (30MDG/HAWC, 6-2221)

**a. Tobacco Cessation Classes:** The HAWC now offers evening Tobacco Cessation classes from 1600—1700 at the HAWC, the class dates are as follows: 17 Jun 04—2 Jul 04, 12 Aug 04—6 Sep 04, 7 Oct 04—8 Nov 04. For those individuals unable to attend the day or evening classes, a take home CD-Rom version of the class is also available. For more information please contact the HAWC at 6-2221.

**b. HAWC On-line Class Sign-ups:** Please go to [www.php-ids.com](http://www.php-ids.com) to register as a new student and sign up: Fitness Improvement Program (FIP), Healthy Living Workshop (HLW), and Body Composition Improvement Program (BCIP). For information regarding any of these classes, please call the HAWC at 6-2221.

**c. HAWC Announcement:** Effective 1 May 04, the Health and Wellness Center will no longer provide towels. Be sure to bring your own towel if you plan to utilize our facility. For more info, call the HAWC at 6-2221.

**Chapel:** (30SW/HC, 6-5773)

**a. Worship Schedule: Catholic Mass:** Saturday, 1615—1645 confessions; 1700 Chapel 2; Sunday, 1000, Chapel 1, Daily Mass 1130 M-F, Chapel 2. **Protestant:** Praise & Worship 0830 Sunday, Chapel 2; Gospel 1130 Sunday, Chapel 2; Traditional 1130 Sunday, Chapel 1.

**b. The Vandenberg Jewish Community:** Hebrew and Bar Mitzvah classes are ongoing here on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

**c. Vandenberg Officer Christian Fellowship:** Vandenberg Officer Christian Fellowship (OCF) is a non-denominational bible study meeting Thursday nights, 1900, at the home of Maj Keith and Christy Keana, 612 Cherry St. Come join us for a time of study, fellowship and prayer. Please contact Maj Keana or Christy at 734-0696 (home) or 6-6461 for more information or e-mail [Keith.Keana@vandenberg.af.mil](mailto:Keith.Keana@vandenberg.af.mil)

**Family Support Center:** (To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit [www.php-ids.com](http://www.php-ids.com) (30MSS/DPF, 6-0039).

**a. Office Hours:** Beginning, 17 May 04, the Family Support Center's customer service hours will be from 0800—1600 except on Monday when the center will be closed for staff training from 0730—0930. Personnel requiring *emergency* Air Force Aid will be assisted. Call 6-0039.

- a. Computer Resource Room:** The Family Support Center's Computer Resource Room is now open to customers needing to access the Internet for job searches, relocation assistance, or to stay in touch with the family if separated because of military obligations. Walk-ins are accepted from 0800—1600.
- b. Military Spouse Appreciation Day:** Friday, 7 May 04 the Family Support Center will be in the BX Mall area from 1100—1300, with free items such as gift wrap, stationary, gifts, books, and much more. Cake too!
- c. Spring Craft Workshop for Deployed Families:** Saturday, 8 May 04, 1000—1300 at the Family Support Center. From 1000—1200 the children of deployed members will have craft and game activities while the parents get a 2-hour break. Then at 1200 parents are invited to join their children for lunch. To register call Cathy at 737-4814 or by e-mail at [Catherine.Braxton@Vandenberg.af.mil](mailto:Catherine.Braxton@Vandenberg.af.mil).
- d. Deployed Spouse Support Group:** Tuesday, 11 May 04, 1130-1300 in the Family Services area of Bldg 10525. Enjoy lunch, meet other spouses, free on-site childcare provided. Registration required, call 6-0039.
- e. CSB/Redux/Career Status Briefing:** Thursday, 13 May 04, 1100—1200 at the Family Support Center. Get the help you need now to make your decision and better understand your options. To register call 606-0039 or go to [www.php-ids.com](http://www.php-ids.com) to register on line.
- f. Vandenberg AFB Job Fair 2004:** Wednesday, 26 May 04, 1000—1400 at the Pacific Coast Club. Come and meet recruiters from a variety of employers. Bring plenty of resumes and prepare for career opportunity discussions. Stop by the Family Support Center for your Free Job Fair checklist.
- g. BabyMeet:** If you are pregnant or the parent of a baby between the age of newborn to 2-years, this is an opportunity to get together with other families for discussions and socialization. This group meets every Wednesday, 0900-1000 at the Base Library. For more info call Katie at 734-6758 or Anna at 734-6606.
- h. Playtime for Tots:** This group is need of a volunteer to coordinate this fun activity. They meet Wednesday mornings at 1000. This playgroup is for parents and the children ages 2 to 5. If you are interested in helping contact Linda Bastine at 6-0039.

**30th Services Squadron:** (30SVS/SVK, 6-0276)

- a. Auto Hobby Shop:** (30SVS/SVRA, 6-6014)
- **Used Car Lot:** Try selling your used vehicle through the Auto Hobby Shop. Place your vehicle on the used car lot for \$6 per two weeks. You also have the option of listing your vehicle on the Services Squadron web site.
- b. Surf Lanes Bowling Center:** (30SVS/SVRB, 6-3209/734-1310)
- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
  - **Mother's Day Special: 9 May 04.** Moms bowl free when accompanied by youth bowlers.
  - **Thunder Alley:** Friday, 2200—0100, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!
- c. Breakers Dining:** (30SVS/SVMF, 6-7540)
- **Dial-a-Menu:** Call our menu service at 6-8234 and find out what's being served in your dining facility.
  - **Cinco de Mayo Meal:** 5 May 04, 1100—1330.
  - **Armed Forces Meal:** 14 May 04, 1100—1330.
  - **Asian Pacific Heritage Month Meal:** 19 May 04, 1100—1330.
  - **Dining Advisory Board Meeting:** 19 May 04, 1000, at the Breakers.
  - **Quarterly Birthday Meal:** 20 May 04. Doors open at 1700, meal served at 1730.
  - **Deployed Spouses:** Thursday, 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.
- d. Child Development Center:** (30SVS/SVYC, 6-1555)
- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
  - **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.
- e. Family Child Care:** (30SVS/SVYD, 6-3255)
- **Provider Training:** The need for Childcare Providers has never been greater! Help make a difference, find out how you can be a licensed childcare provider. Call Gwendolyn Jones at 6-4639 or 6-3255.
- f. Fitness Center:** (30SVS/SVMP, 6-3832)
- **All-Night Softball Tournament:** 7 May 04, 1800.
  - **3-On-3 Volleyball:** 7 May 04, 1800.

- **5-On-5 Football Tournament:** 8 May 04, 1000.
  - **Pick-up Basketball:** Monday-Friday from 1100—1300, and Tuesday-Thursday from 1600—1700 at the Fitness Center.
- g. Library:** (30SVS/SVMG, 6-6414)
- **Patch Club Meeting:** 28 May 04, 1700 at the Library. The Patch Club is a book club for students from grades 2 to 5. Each month we pick a theme and participants read a book relating to that theme. Call the library for more information on how you can be involved.
  - **Pre-School Storytime:** Thursday at 1000. It is appreciated if you can sign up if you are attending to help plan for supplies, but walk-ins are welcome.
  - **Dial-a-Story:** The phone number is 606-4300 for this free story-telling service. Available 24/7, story changes Friday afternoons.
  - **Book Clubs:** Interested in a Book Club? The library is seeking facilitators for new reading groups in women's literature, kid's reading patch clubs, mystery and adventure.
- h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
- **Two-Person Scramble:** 8 May 04. Sign up at the Pro Shop by 6 May 04. Cost is \$10 per player.
  - **BBQ Lunch Special:** 20 May 04, 1100—1330.
  - **Youth Golf Lessons:** Saturday, 1330. Lessons are available for youth ages 8-years and up. Cost is \$5 each session including use of rental club set and range balls.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
- **Rafting Guides:** Volunteers are needed to become whitewater guides. No experience is necessary, however training is physically demanding. For more information, please call Outdoor Rec at 6-5908.
- j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)
- Entertainment/Events:**
- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
  - **Over the Hump Night:** Wednesday in the E-Lounge. Free wings and things starting at 1700 until gone. DJ and drink specials from 2000—2400.
  - **DJ with Variety Music:** 7 May 04, 2100—0200, in the E-Lounge.
  - **Karaoke Night:** 7 May 04, 1900—2300, in the Officers' Lounge.
  - **18 & Under Night:** 8 May 04, 2200—0300, in the Enlisted Lounge. The best of R&B, Hip-Hop and old school with DJ Scorpio. Drink specials and giveaways. Club members - Free, Others - \$3.
  - **Mother's Day Brunch:** 9 May 04, 1000—1400.
  - **Mongolian BBQ:** 12 May 04, 1800—2000.
  - **Latino Night:** 14 May 04, 2100—0200, in the E-Lounge.
- Menu:**
- **Weekly Lunch Buffets:** Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly), Wednesday - Santa Maria BBQ Buffet, Thursday - Chicken and Ribs Buffet, Friday - Seafood Buffet.
  - **Monday Madness:** Monday evenings. All-you-can-eat pizza buffet with drink. Regular - \$7.00, Members - \$5.00, children under 12-years of age - \$3.00. (No coupons)
  - **Fried Chicken Buffet:** Tuesday evenings, Pacific Fried Chicken Buffet with dessert. Regular - \$8.95, Members - \$6.95, children under 12-years - half-price, children 4-years and under - free.
  - **Kids Night:** Wednesday evenings. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)
  - **Pasta Mania Buffet:** Thursday evenings. Regular - \$8.95, members - \$6.95, children under 12-years of age - half-price, children 4-years and under - free.
- k. Rod & Gun:** (30SVS/SVRR, 6-4560)
- **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
- l. Services Center:** (30SVS/SVYR, 6-7976)
- **Mother's Day Special:** Natural Knead massage and day spa has special gift certificates available for this Mother's Day.
  - **Six Flags Marine World:** Tickets are now on sale at the Services Center.
  - **Universal Front of the Line Pass:** Enjoy priority access to the attractions, reserved seating at the most popular shows, plus behind-the-scenes privileges. Tickets on sale at the Services Center for \$65.
  - **Sierra Summit Lift Tickets:** Sierra Summit ski lift tickets are available at the Information, Ticket and Travel (ITT) office. Cost is \$38.50 per person.
  - **Discovery Dining Books:** Now available at the Services Center for just \$15.00.
- m. Skills Development:** (30SVS/SVRS, 6-6438)

- **Frame & Mat Sale:** 1-22 May 04. 10% off selected frames & mats at the Skills Development Center.
  - **Stained-Glass Workshop:** 5 May 04, 1800—2000. \$2.50 per hour + cost of materials.
  - **Scrapbooking Workshop:** 6 May 04, 1800—2000. \$2.50 per hour + cost of materials.
  - **Basic Framing & Matting:** 11 May 04, 1800—2030. Basic framing and matting with an 8" by 10" project. Cost is \$20 + materials.
  - **Spring Arts Festival:** Vendor registration is open at the Skills Development through 8 May 04. Cost is \$25 for a single space or \$35 for two spaces. Event date is 15 May 04.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
- **Pool is Currently Closed:** Due to repairs, the pool is closed until further notice.
- o. Veterinary Clinic:** (30SVS/SVRV, 6-3019)
- **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
- p. Youth Center:** (30SVS/SVYY, 6-2152)
- **Summer Camp Registration:** It's time for Summer Camp registration at the Youth Center. Summer Camp starts 14 June 04 and runs through 20 Aug 04. We offer all kinds of fun activities to include swimming, bowling, field trips, theater and fine arts, science, cooking, gardening and fitness clubs. To reserve your slot you must return your registration package with a \$20.00 non-refundable registration fee that will be applied to your first week of camp. Open enrollment is still available on a first come first serve basis until slots are filled.
  - **Youth Soccer Registration:** Soccer registration is underway for youths from kindergarten through the 8th grade. Sign up Monday through Friday from 0700—1700 at the Youth Center. Cost is \$55 (\$50 for Youth Center members). Just a reminder, all participants will need to turn in a copy of their shot records at the time of registration, and a copy of their annual physical by 20 Aug 04.

**Education Center:** (30MSS/DPHE, 5-5904)

**a. Embry Riddle Aeronautical University:** ERAU offers associate and bachelor degree programs in Professional Aeronautics (ASPA/BSPA) and Technical Management (ASTM/BSTM). We also offer three graduate programs: Master of Science in Management (MSM) Masters of Business Administration in Aviation (MBA/A) and Master of Aeronautical Science (MAS). The MAS has eight specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. Our summer term begins 24 May 04 and registration begins 10 May 04. The term schedule will be available on our website at [www.erau.edu/vandenberg](http://www.erau.edu/vandenberg) on 10 May 04. For current information regarding admissions and our programs call the office at 734-4076 or 6-6557. We have an extensive online catalog and have 150 locations worldwide. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday - Thursday 0830—1730 and Friday 0900—1200. Our e-mail is [Vandenberg.Center@erau.edu](mailto:Vandenberg.Center@erau.edu). (ERAU)

**b. Air and Space Basic Course (ASBC) and Squadron Officer School (SOS) In-Residence Programs for Civilians:** The call for nomination packages for civilians to attend ASBC and SOS in residence is out. Nomination packages must be submitted to the Careers Program Office at AFPC by 31 May 04. All packages must be routed through the Civilian Training Office for review. SOS packages must also be staffed Wing/CC endorsement. In-residence ASBC is a six and a half week program. For ASBC, applicants must be a PALACE Acquire, COPPER CAP, or Base Level Intern with at least six months of service by the beginning of FY05. In-residence SOS is a five-week program. Air Force civilian employees in the grade of GS-09 through GS-12, with at least three years of continuous civilian service by the beginning of FY05 are eligible to attend. Possession of a bachelor's degree and a secret clearance is highly desired. Procedures, the nomination form (AF Form 4059) and physical requirements can be found at: <http://www.afpc.randolph.af.mil/cp/guide/sec-4.htm>. Further questions can be directed to Ms. Barbara LeFebvre, Civilian Training Manager at 5-5913. (30MSS/DPHE)

**Computer Training:** (InDyne, 6-3771)

**a. Personal Computer Systems Training:** Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware.

This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: [lexi.schwartz@vandenberg.af.mil](mailto:lexi.schwartz@vandenberg.af.mil)

**b. First Tip: Customize Toolbars** - To help you work more efficiently, Office enables you to customize toolbars by creating new toolbar buttons, removing toolbar buttons you don't use, and moving existing toolbar buttons to more convenient locations. When you need to move or remove a toolbar button, you can open the Customize dialog box by selecting Tools menu\Customize or View\Toolbars\Customize, or by right clicking on a toolbar and choosing Customize from the resulting popup menu. Then, while the Customize dialog box is open, you can move a toolbar button by dragging it to a new location on a toolbar, or you can remove it by dragging it to the document area. This method is rather meticulous, and fortunately there's a much quicker method! -Simply press and hold down the **Alt** key, then drag the toolbar button to the new toolbar location. (To quickly remove a button you never use, hold down the **Alt** key and drag the button off of the toolbar until a small, black "X" appears next to the mouse pointer. Let go of the mouse button and the toolbar button will be gone!) **Second Tip: Access Combo And List Box Performance** - Most of us use combo and list boxes frequently, so it's important to make them as efficient as possible. Here are a few tips for creating the most efficient combo and list boxes: 1) Include only those fields that you really need. Extraneous fields use resources unnecessarily. 2) Set the Auto Expand setting to 'No' if it doesn't matter what item Access displays in the text box portion of your combo box. 3) Don't hide columns using the Column Widths property of '0' unless it's absolutely necessary. 3) Treat list items as text whenever possible, because numerical data can slow things down. If you follow these few rules, your combo and list boxes should perform exceptionally well.

**c. Available Classes:** Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
Pocket PC	6 May 04	1300—1600
Windows - Tips and Tricks	7 May 04	1130—1230
LAN Access Training	7 May 04	1300—1600
Word - Forms & Tables	10 May 04	1130—1230
Publisher 2000	10-13 May 04	1300—1600
Acrobat Writer Basics	10-11 May 04	0800—1100
Office - Customizing Toolbars	12 May 04	1130—1230
Front Page 2000	12-14 May 04	0800—1100
Photo - Panorama	14 May 04	1130—1230
LAN Access Training	14 May 04	1300—1600
Excel - Formatting Worksheets	17 May 04	1130—1230
Access 2000 Basic	17-21 May 04	1300—1600
Intro to Computers	17 May 04	0800—1100

**Note:** Walk-ins are always welcomed!

#### Items For Sale:

**For Sale:** 2002 Lexus IS 300! 2-years-old, 21,000 miles. Original owners, 4 new tires, always garaged, non-smoker! Xlnt condition. Serious inquiries only. Call 805-588-8878 all day/or 734-0068 after 1700.

**For Sale:** 1999 Mazda Miata, 10th Anniv Edition. Enjoy the summer in a sharp convertible, blue w/alloy wheels, Xlnt condition--low 24K miles, new tires, cover, alarm, 6-spd, loaded, \$15,000/obo, call 478-7282.

**For Sale:** 1998 Isuzu Trooper. Blue, 4x4, 5-speed, 85,000 miles, \$6,800/obo. Call 734-0721 or 245-0122

**For Sale:** 1998 GMC ext. cab 4x4, 7-inch lift, new tires 35x12.50, sprayed in bed liner, color matched camper shell, power everything, tons of engine upgrades, must see, great condition, \$12,500/obo. Call 757-7890.

**For Sale:** 1997 Pontiac Bonneville SE. Xlnt cond inside & out. Lthr interior w/all extras, inc. premium sound, keyless entry, moon roof, new tires and battery. 110,000 miles. \$5500/obo. Call 740-1373 after 1700.

**For Sale:** 1996 Dodge Grand Caravan ES, fully loaded, premium sound, leather, front/rear air/heat, captains chairs, rack, privacy glass, etc. Great condition. \$7000. Call 934-0832 after 1500.

**For Sale:** 1993 Dodge Caravan LE Minivan, 3.3 Liter, Automatic, 7 pass, AC, PS, PW, PDL, Cruise, AM/FM Stereo, Cassette, ABS. New tires. Passed Smog. Mileage: 180,000. Well-maintained w/very clean interior. Asking \$2,700. Please call Joe at 739-0880/264-3103.

**For Sale:** 1992 Pontiac Bonneville SE. Very reliable and well maintained. Runs good, in good condition with all the power extras. \$1700/obo. Call 740-1373 after 1700.

**For Sale:** 1986 Camaro; Brown Coffee table; Kenmore Washer/Dryer, for more info call 734-0472 after 1730.

**For Sale:** 2000 Honda Shadow A.C.E. 750cc motorcycle. Black and silver deluxe model, 3,900 miles, always garaged and like new condition. \$4,600/obo. Call 734-2050.

**For Sale:** Queen-size sofa bed with Oakwood-finish armrests, earth tone, multicolor, in very good condition; asking \$180, paid \$770 new. Call 349-7568 day, or 934-4239 eves, or leave message.

**For Sale:** Moving sale. Broyhill pine entertainment armoire, \$200; denim couch & chair, \$200/set; GE washer & dryer: \$125/set; glass-top table & 2 end tables, \$100/set; plantation blinds for guest bedroom window, \$35, Roman shade living room window officer housing, \$25; wicker rocker w/pillow: \$25. 734-0018.

**For Sale:** Queen-size Basset sofa bed with partial Oakwood-finish armrests, earth tone, multi-color, in very good condition; paid \$770 new, asking \$180. Call 349-7568 days, or 934-4239 eves/or leave message.

**For Sale:** Beautiful med-finish solid oak dining room set, 48" round table w/2- 12" leaves & custom-made heat pad. Includes 4 pressed-back chairs & a large buffet w/glass-front china hutch. \$395. Call 934-1466.

**For Sale:** 2 AKC standard poodles, 10-mos-old, neutered males, littermates, 1 black, and 1 white. Wonderful with kids. \$1,500 for the pair. Will take payments. Call 734-9663 for more info or to see.