



Base Bulletin

Vandenberg AFB, CA 93437-0759



18 June 2003

No. 25

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to publishing.management.dci@vandenberg.af.mil or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-6-6614 to arrive at 30SCS/SCSP-DCI by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Vandenberg Enlisted Action Meeting (VEAT): 19 Jun 03, 1100 at the GI Java. We will be discussing the upcoming VEAT elections in Jul 03. Meeting is open to all so please attend and discuss any enlisted issue. POC: 30CES/CED SSgt Weida Jr., 5-1375.

b. Environmental Training: Environmental Compliance Training will be conducted on 17-18 Jun 03, at the Services Center. Training courses to include the following: Storm Water Pollution Prevention, SPCC Training, Environmental Auditing Training, Hazardous Waste Level 1 Training and Universal Waste Mgmt. Training. We will also Asbestos Awareness, Lead-Based Paint Awareness, HAZMAT Storage & Compatibility, and 8-Hour Hazwoper. POC: 30CES/CEVC, Mr. Delgadillo, 6-5725.

c. 2nd SLS Change of Command Ceremony: 1 Jul 03, 1000, Bldg 8401, Vehicle Assembly Building. Lieutenant Colonel Clinton E. Crosier will relinquish command to Lieutenant Colonel David D. Thompson. POC: 2SLS/DOU Maj. Dan Belden, 6-8286.

d. 14th AF Information Warfare Flight Change of Command: 2 Jul 03, 1000 in the Pacific Coast Club's Warrior Room. Colonel Lance L. Schultz, Commander 544th Information Operations Group, cordially invites you to the 14th Information Warfare Flight Change of Command. Major Constance M. Meskill will relinquish command to Major Justin C. Langlois. Please RSVP by 24 Jun 03 to the 14IWF/CSS, 5-5344.

e. Retirement/Luncheon Ceremony: The Men and Women of the 576th Test Squadron would like to cordially invite Team Vandenberg and Tennant Units to the retirement ceremony in honor of MSgt Richard T. Smitley on 2 Jul 03, 1300 at Chapel 1. The Tri Tip luncheon will start at 1100 at Chapel 1 and the cost is \$5.00. RSVP NLT 23 Jun 03 to 576FLTS/CCI, TSgt Curry or SSgt Knowles, 6-8296.

f. Team Vandenberg 2003, 2nd Quarter Awards Suspense: All Company Grade Officer, Enlisted, Civilian, and Volunteer packages are due NLT 1630 Hrs, 9 Jul 03. HAND CARRY packages (except Civilian Category) to Bldg 10577, Room C-104, 30SW/JAE, addressed to 30SW/CGO Board Facilitator, 30SW/Enlisted Board Facilitator, and 30SW Volunteer Board Facilitator. Deliver Civilian nomination packages to 30MSS/DPMP, Bldg 11777, Room C-216. Rules of Engagement/Criteria can be found at the following link: http://www.vandenberg.af.mil/awards_promotions/guidance/index.htm. DO NOT FORGET TO USE THE **New IMT Form 1206**, as we can no longer use the old Form Flow 1206. POC: 30SW/JA, MSgt Smith, 5-6207.

g. Airmen Against Drunk Driving: Call for a safe, free, no questions asked ride home. 605-AADD, 1700-0500, Thursday through Sunday. POC: 30CES/CCS, SSgt Lima, 6-3612.

h. Selective Reenlistment Bonus (SRB) AFSCs Deleted: The following AFSCs were deleted from the Selective Reenlistment Bonus (SRB) list: 2A4X1, 2A4X2, 2S0X1, 2T3X7, 3A0X1, 3C1X2, 3H0X1, 3M0X1, 3N1X1X, 3S0X1, 3U0X1, 4H0X1, 4M0X1, 4T0X2, and 6F0X1. No new AFSCs were added. For members that are in the AFSCs that either decreased or deleted, the member has 30 days until 3 Jul 03 to reenlist in the

higher SRB if reenlistment eligible. For those members that reenlisted before 4 Jun 03, and their multiples are now higher, are not eligible for the higher multiple. The SRB listings can be found out at the following site: <http://www.afpc.randolph.af.mil/enlskills/Reenlistments/reenlistments.htm>. POC: 30MSS/DPMPE, SSgt Brady or A1C Allison, 6-1845 or 6-4821.

2. 30th Space Communications Squadron:

Need EMSEC training? Look out for a global e-mail announcement called: "PC, Security & ADPE Classes" by Ms. Lexi Schwartz, from our MCA Contractor. In addition to EMSEC, you will find other security training opportunities for: Unit Computer Security Manager, Computer Certification and Accreditation, and IAAP (SATE) training courses. To register, or for additional information, contact Ms. Lexi Schwartz (Lexi.Schwartz@vandenberg.af.mil). For questions only, not reservations, call MCA at extension 6-3771. POC: 30SCS/SCBI, TSgt Jimenez, 52352.

3. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: 30LRS/LGRT, SSgt Papa, 6-0904.

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. POC: 30LRS/LGRT, Maureen Burt, 6-6932/33.

4. Civilian Personnel:

a. Voluntary Leave Transfer Program: Annual Leave Donations are needed for Carl A. Boettger, 30 LRS/LGRVMF here at Vandenberg. He is in need of approximately 165 hours of donated leave. Civilian employees who would like to donate a portion of their annual leave must complete an Optional Form 630-A. You can go by Building 11777, Room B-103 to pick-up and/or turn in your form. You can also access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf. POC: 30 MSS/DPCE, Mr. Paul Wiant, 6-5847.

b. Weingarten Right: Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met:

- a. The meeting between the employee and management official(s) must be an examination;
- b. The examination must be in connection with an investigation;
- c. The employee must reasonably believe that disciplinary action may result from the meeting; and
- d. The employee must request representation.

POC: 30 MSS/DPCE, Mr. Paul Wiant, 6-5847.

5. 30CES:

a. Family Housing Residents: If you have change of station, separation or retirement orders, please visit the Housing Office as soon as you receive your orders. We will schedule your pre-final termination and final termination appointments for you. We try to schedule these 30 to 45 days in advance of your projected departure. This is very important to you, because not only will it allow you opportune time to schedule the appointments at your convenience, but you will also find out far enough in advance what your actual clearance responsibilities will be so you will not be caught by any surprises at the last minute. You will have the necessary lead-time to properly prepare your assigned unit for the final clearance appointment thus alleviating unnecessary stress for you and your family. Remember summer is the peak season for military moves. We are short one inspector so inspection slots are at a premium so it is critical that you contact the Housing Office as soon as you know you will be departing the area. We will accept a letter in lieu of orders to schedule your appointments. If you have any questions contact the Housing Office at 6-3434. POC: 30CES/CEH, Ms. Edlund, 6-3434.

b. Attention Military Family Housing Residents Bulk Trash Pickup: Just a friendly reminder regarding bulk trash (not recyclable, i.e. cardboard boxes, green waste) items that don't fit into your black refuse can: All items should be broken down to their lowest form. Please don't place your bulk items in cardboard boxes; use plastic garbage bags. Scheduled pick-ups are the 2nd and 4th Monday of each month (or Tuesday if the 2nd or 4th Monday is a Federal holiday). Simply place the bulk trash items at the curb before 0700 on pick-up days. Please insure nothing is blocking the curbside pick-up area (i.e., parked cars,

basketball hoops, bicycles, etc.). If you are PCSing or service separating and have a copy of your orders you may take your bulk trash items directly to the landfill. For more information read your Housing Brochure or contact Service Contracts. POC: 30 CES/CEOEC, Mr. Kevin Hall, 6-2808.

c. Attention Military Family Housing Residents Electronic Waste Disposal: Did you know your unwanted TVs, computers monitors, microwave ovens, stereo's are considered electronic waste and cannot be disposed of in your trash or the landfill. If you live in MFH and are looking to dispose of these e-waste items, bring them to the Collection Accumulation Point, Building 6830, for recycling. Office hours are Mon-Fri, 0800-1600. POC: 30CES/CEV, Mr. Kevin Hall, 6-2808.

d. Attention Military Family Housing Occupants and Base Facility Managers. A new Vandenberg Tree Trimming Contract has been implemented. This contract is primarily for tree maintenance in Military Family Housing (MFH). MFH occupants are no longer required to submit a work request to have routine tree work completed. The contractor has a regular maintenance schedule and all trees in the MFH area will be assessed and required maintenance will be performed. Service Contracts will no longer accept requests from MFH occupants requesting routine tree trimming work. MFH occupants may call the Service Contracts Office to report a tree-related emergency or a safety-related tree issue. Service Contracts will have the contractor assess the request and schedule the work based on priority/urgency. Base facility managers may continue to submit tree work requests directly to Service Contracts. POC: 30CES/CEOEC, Domingo Zavala, 6-2330 or 6-1928.

OFFICIAL

**Frank Gallegos
Colonel, USAF
Commander**

**Mary E. Meyer
Chief, Publishing Management**

SECTION III — UNOFFICIAL

General Information:

a. Vandenberg Bass Club Meeting: 18 Jun 03, 1700 at the Base Library. Our next tournament will be 22 Jun 03, 0600 start at Pine Canyon Lakes. If interested please contact Mr. Cal Long at 6-3013 or mail: calvin.long@vandenberg.af.mil <<mailto:calvin.long@vandenberg.af.mil>>. (30MDG/SGOM)

b. Free Concert: 19 Jun 03, 1500 at the Parade Ground. George Thorogood and the Destroyers in concert. This is an ATWIND event. (30SVS/SVK, 6-0276)

c. All-Terrain Safety Rider's Course: 23 Jun 03, 0800 the Base Fish & Wildlife Office will be conducting an all Terrain Safety Rider's Course. There are three slots available and they will be given on a first come, first serve basis. This course was developed by the ATV Safety Institute and provides hands-on training that includes pre-ride inspection, starting and stopping, quick turns, hill riding, emergency stopping and swerving, and riding over obstacles. The course also covers protective gear, finding places to ride, and environmental concerns and students receive the ATV Rider's Handbook. For the majority of new ATV purchasers, this program is provided free of charge. If interested please contact Doug Lemp at 6-6804 to register. Depending on the interest another course may be held at a later date. (30SFS/SFOW)

d. Blood Drive and Bone Marrow Registration Drive: 25 Jun 03 from 0900-1300, 381st Group Auditorium, Bldg 8290. People registering for Bone Marrow Registration are only donating a small vial of blood for the national database; they will not have to actually donate marrow unless they are matched with a recipient and they still choose to be a donor. Also, even people who cannot donate blood (tattoos, certain diseases, etc) can still register to be a marrow donor. Please emphasize that by being a marrow donor you could save the life of a person with certain blood diseases. Both are open to any military member, dependent, or civilian associated with VAFB. Sponsored by the 381st TRG CGOC, POC 1st Lt Ericka Brewington, 6-4985.

e. Big Brother Big Sisters Program Volunteer Orientation: 2 Jul 03, 1500-1630 at the Family Support Center which is located at 723 Nebraska Ave., Bldg. 10525. This program matches kids with adult volunteers who share friendship, fun and a positive role model. As a child, each of us had someone other than our

parents who broadened our horizons and brought a little magic into our lives. By becoming a Big Brother or Big Sister, you can do the same for a child and both of you will be changed by the experience. POC: Charlie Guzman at 735-4376 ext. 26. (BBBS/Lompoc)

f. Annual Airmen Appreciation Barbecue: 18 Jul 03 from 1100-1500 at Cocheo Park. The Lompoc Valley Chamber of Commerce Military Affairs Committee, VAFB Credit Union, Santa Ynez Band of the Chumash Indians and Vandenberg NCOA Chapter 62 sponsor this. The USAF Rock Band, "Galaxy", will provide music. POC: (30SW/PA, 6-3595).

g. Excess Furniture: Material Management (formerly known as Base Supply) has approximately 170 pieces of dorm/dayroom type furniture, i.e., chairs, tables, nightstands, etc., available for "free issue" to authorized supply customers. The furniture is located in Bldg 5500, Bay A (2010 New Mexico Ave). Interested customers are invited to inspect the furniture Mon through Fri, from 0800-1500 hours and make their selection. POC: (30 LRS/LGRDMS, ext. 6-4745).

h. The Child Development Center: The Center offers hourly care for children ages 6 weeks to 4 years of age. Please call the Center at 6-1555 if you have the need for childcare. The staff will be happy to assist you with any questions you may have! (30SVS/SVYC, 6-1555)

i. Attention Government Service Station Customers: Please do not throw trash in either the red or white step cans located on the pump island at the Government Service Station. The white can contains a supply of virgin fuel absorbing pads for clean up of minor fuel spills. The red can contains the contaminated clean up pads destined for hazardous waste disposal. Again, nothing should be placed in the white can, and only contaminated pads placed in the red can. We appreciate everyone's consideration. POC: 30LRS/LGRDMP, 6-9064/65.

j. All Terrain Vehicle (ATV) Statistics: According to the Consumer Product Safety Commission: ATV drivers have increased by 36%, from 12 to 16.3 million. The number of driving hours rose by 50%, from 1,575 to 2,364 million. The number of ATVs increased by 40%, from 4 to 5.6 million. ATV injuries have doubled in the last 5 years, and deaths continue to climb. Emergency room visits increased by 104%, from 54,700 in 1997 to 111,700 in 2001 and 357 people died of ATV related mishaps in 1999. This was the last year for which death records analysis were complete. Groups with greater risk for injury are as follows: drivers under 16 yrs of age; drivers with less than one year of driving experience; and recreational drivers. To access the press release: <http://www.cpsc.gov/cpsc/pub/prerel/prhtml03/03136.html>. (30SW/SEGB, 6-8804)

k. Track and Field: This is new at VAFB. POC: 576FLTS/CCIM, 6-9347.

Health and Wellness Center: (30MDG/SGGZ to Pre-Register for classes call 6-2221)

- a. Tobacco Cessation Classes, 6-week program that includes medication.
- b. Sensible Weigh, 4-week weight/fitness class. Call for schedule and to sign up.
- c. Risk Reduction Classes: Weekly classes meeting at the MDG that address Cholesterol, Diabetes, Hypertension and Weight. Topic varies; call for schedule and to sign up.
- d. Prenatal Exercise Class, quarterly class. Next class in August, date to be determined.
- e. Breastfeeding and Infant Care Education Class, a quarterly class. Next class in August.
- f. Show Me the Weigh, a 16-week weight loss program.

Chapel: (30SW/HC, 6-5773)

a. Picnic, Ice Cream Social Welcome: 6 Jul 03, 1400-1600 in the new patio facility behind the Annex. We will welcome our new Wing Chaplain, Lt Col David Morrow, his wife Vickie and their children, David and Joanna. (ATWIND Event)

b. Chapel Job Vacancies: The following positions are vacant and need to be filled immediately: Catholic Religious Educator Coordinator and Parish Coordinator. If interested please contact Fr. Mitch at 6-5773.

c. Daily Prayer: Every morning from 0715-0725 at Chapel I. All Vandenberg is invited to pray for our Nation, Troops & Families.

d. Worship Schedule: **Catholic Mass** Sat, 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II -- **Protestant** - Praise & Worship 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.

e. G.I Java: Time for a Break! All dorm and Billeting residents are invited to come and enjoy FREE lattes, frappicinos, sodas, chips, and fellowship at a world-class CYBERNET CAFÉ!! Open 7 days a week, 1700-2100. Located in the Delta Dayroom across the street from Breakers Dining Facility. For further information, contact SSgt Jennifer Wilkins or Chaplain Mike Martin at 6-5773.

f. 381 Training Group Chapel Events: Come and join us for the following weekly events: Bible Study & Prayer on Wednesday's from 1130-1230 Group Conference Room (Bldg 8290). Praise & Worship Service,

Fridays from 1730-1830 at the Group Auditorium (Bldg 8290). Pizza and Game Social in the Group Foyer from 1830-2000. (Bldg 8290). For more information call Chaplain Beeman at 6-8963.

Family Support Center: 30MSS/DPF (Call the listed contact)

a. Manage Your Move: This workshop will be held on 18 Jun 03, 0845-1100 at the Family Support Center. For adults on the move, includes briefings from Housing, TMO, Finance, Legal Office, and tips form TRICARE. An overseas cultural adaptation segment follows at 1100-1130. Have your questions ready and plan to attend within 90-120 days prior to departure. Spouses are encouraged to attend. Call Sally Galligan at 6-0801 for more information. This is an ATWIND Event!

b. Single Parents Support Group: Meets the fourth Tuesday every month, 1130 to 1300 at the Services Center. This is an opportunity for single parents to meet other single parents as well as discuss any stressors with their responsibilities at home or at work. Contact Linda Bastine at 6-9958. Registration is not required. This is an ATWIND Event!

c. Sponsorship Training Date Change: The program has been changed from 24 Jun 03 to 1 Jul 03, 1500-1600 at the Family Support Center. Learn sponsor responsibilities, relocation resources, and tips to assist your newcomer call Sally Galligan at 6-0801 for more information. This is an ATWIND Event!

d. Heart Link Date Change: The program has been moved from the previously published date of 24 Jun 03 to 31 Jul 03, 0830-1400 at the Family Support Center. Designed for the spouse new to the military, 5 years or less, to learn about the military lifestyle--mission, customs, traditions, protocols, services and resources. This is an opportunity to have fun and meet other spouses with breakfast and lunch included. Reservations are required. Ask about free childcare. Contact Teresa Orozco at 5-8557 for information or to register. This is an ATWIND event!

e. The Mechanics of Resume Writing: Prepare your resume for the upcoming Job Fair, summer job search, separation, or retirement! Attend on 25 Jun 03, 1300-1530 at the Family Support Center. Participants will learn about different types of resumes, resume do's and don'ts, and tips on building a powerful resume that will get you an interview. Participants will compile a rough draft of their selected format. The workshop is open to all active duty personnel, family members, retirees, and DoD civilians. Contact Teresa Orozco at 5-8557 to register for this informative workshop.

f. How to Start Your Own Business Seminars: 25 Jun 03, 1330-1530 at the Family Support Center. Have you always wanted to own your own business but really don't know how to get things going? These free seminars include How to Develop a Sound Business Plan, How to Get Financing for your Start Up Business, How to Market Your Business, and How to Buy Advertising. This is an on-going presentation offered once a month. This month, we will have "How to Get Financing for your Start Up Business," which will cover how to understand the necessary criteria to successfully obtain funding from a bank or lending institution. We will also cover various programs available to the borrower, SBA loans, local funding programs, Government grants. Call Larry Davis at 5-0134 to sign up. This is an ATWIND event!

g. Family Support Office Closure: Will be closed on 20 Jun 03 at 1400 due to an official function. Personnel requiring emergency Air Force Aid will receive assistance. The FSC will re-open on 23 Jun 03 at 0930. For information call MSgt Lopez at 6-0039.

30th Services Squadron: (30SVS/SVK, 6-0276)

Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Auto Skills Classes:** By appointment. Tune-up and maintenance class for non-mechanics and equipment safety classes.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **Deployed Spouses Day:** Tuesdays, 0900-1200. Deployed spouses can play for just \$1 per game. All pre-school age children bowl for free with a paying parent.
- **Airmen's Night:** Thursdays, 1700-2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Thursdays, 1800-2100, Fridays, 2200-0100 and Saturdays, 2100-2400.
- **Peak Performer:** Come into Surf Lanes with your report card or peak performer certificate and receive a free game (with shoes) with one paid game.

c. Breakers Dining: (30SVS/SVMF, 6-7540)

- **Dial-a-Menu:** Call our telephone menu service at 6-8234 and find out what's being served in your Dining Facility.
- **Deployed Spouses:** Thursdays, starting at 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

- **Birthday Meal:** 25 Jun 03 1700 for Apr, May and Jun 03 Birthdays. Sign up by 20 Jun 03, call SSgt Miller at 6-3219.
- d. Child Development Center:** (30SVS/SVYC, 6-1555)
 - **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out if you qualify.
- e. Family Child Care:** (30SVS/SVYD, 6-3255)
 - **Providers:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Call Gwendolyn Jones at 6-4639 or 6-3255.
- f. Fitness Center:** (30SVS/SVMP, 6-3832)
 - **Family Bike Race:** 20 Jun 03, 1200.
 - **Body Composition Testing:** 25 Jun 03, 1100-1300. Testing in both locker rooms.
 - **Horseshoe Tournament:** 26 Jun 03, 1200.
- g. Library:** (30SVS/SVMG, 6-4202)
 - **Pre-School Story Time:** Every Thursday at 1000.
 - **Dial-a-Story:** The phone number is 6-4300 (Available 24/7, changes each Sunday).
- h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
 - **Youth Golf Lessons:** Saturdays at 1330. For youths ages 8 years and up. Cost is \$5 each session, includes use of rental club set and range balls.
 - **Marshallia Scramble:** 20-22 Jun 03. Sign up at the Pro Shop.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
 - **Whitewater Rafting Trips:** 21 Jun 03. Cost is \$65 per person. Departs at 0600 and returns at 2100 same day. Includes transportation and lunch. Future trip dates are 12, 19 and 26 Jul 03.
 - **Horseback Riding:** 28 Jun 03, 1330-1445. Enjoy a horseback ride at the Pacific Dunes Ranch in the Oceano preserve. Sign up at Outdoor Rec by 20 Jun 03. Cost is \$35.
 - **Sailing at Santa Barbara:** 12 Jul 03, 1030-1730. Cost is \$45. Sign up by 3 Jul 03.
- j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)
 - Entertainment/Events:**
 - **80's Night:** 20 Jun 03, 2100-0200, in the Enlisted Lounge. Featuring Layton Crittendon from 106.7 FM.
 - **Karaoke & DJ:** 20 Jun 03, 1900-2300, in the Officers' Lounge.
 - **Mug Night:** 21 Jun 03, 2100-0200, in the Enlisted Lounge.
 - Menu:**
 - **Pacific Fried Chicken Night:** Tuesdays, 1700-2000.
 - **Pasta Mania Buffet:** Thursday Nights, 1700-2000. Children 4 years and younger are free, children age 5-11 are half price.
 - **Mongolian BBQ:** 18 Jun 03, 1800-2000.
 - **Weekly Lunch Schedule:** Mondays-Lunch Special, Tuesdays-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesdays-Santa Maria BBQ Buffet, Thursdays-Chicken and Ribs Buffet, and Fridays-Seafood Buffet.
- k. Rod & Gun:** (30SVS/SVRR, 6-4560)
 - **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.
 - **Intramurals:** Season is underway. See your sports unit rep for details.
 - **Sporting Clays:** 2nd and 4th Sundays each month.
- l. Services Center:** (30SVS/SVYR, 6-7976)
 - **Free Dance Lessons:** Wednesdays, 1830-2100. Free country-western line dancing lessons.
 - **Natural Knead Massage:** Custom gift baskets and gift certificates are available.
 - **1-Day Disney Trip:** 28 Jun 03, 0600-2400. Cost is \$15 for bus transportation (40 available seats). Active duty military free entry at the gate, dependents \$38, children ages 3-9 are \$31.50.
- m. Skills Development:** (30SVS/SVRS, 6-6438)
 - **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
 - **Advanced Framing & Matting:** Thursdays, by appointment.
 - **Children's Mat Decorating:** 21 Jun 03, 1100-1400.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
 - **Lap Swimming:** Mon-Fri 0630-0800, 1045-1245, 1745-1900; Sat-Sun 0800-0945.
 - **Open Swim:** Mon-Fri, 1300-1600; Sat-Sun, 1300-1700.
- o. Youth Center:** (30SVS/SVYY, 6-2152)

- **Vandenberg Flyers:** Cheerleading/Dance Team program for ages 4 and up. Sign up at the Youth Center.

Education Center: (30MSS/DPHE, 5-5904)

a. Strong Interest Inventory and Skills Confidence Inventory: Is currently being offered here at Vandenberg. The Skills Confidence Inventory measures your perceived level of confidence in performing skills related to the six General Occupational Themes (GOTs). Your confidence levels are also compared with your levels of interest in the GOTs. This new measure of skills confidence is available with the Strong, which allows the measurement of both interests and perceived skills to assist in the career-planning process. It opens discussion of your confidence level in skill areas, a factor that could be preventing you from considering high-interest careers. The report shows whether you have very little, little, moderate, high, or very high confidence in skills related to the six GOTs. The report allows the comparison of interests and skills while organizing results into four categories for prioritizing exploration: 1) High Priority: High Confidence, High Interest, 2) Possible Option if Interests Develop: High Confidence, Little Interest, 3) Good Option if Confidence Increases: Little Confidence, High Interest, 4) Low Priority: Little Confidence, Little Interest. It takes less than one hour to complete. To schedule a testing appointment, contact the Base Education Center at 5-5904 and for further questions please call Jacquie Estrada at 5-5903.

b. Civilian Competitive Development Program (CCDP): The Civilian Competitive Development Program is an Air Force program open to civilians who are in the permanent grades of GS-12 through GS-15. Purpose is to identify high-potential civilian employees to participate in this high-level development program. CCDP is designed to invest in promising employees and then realize a return on that investment through improved performance. It offers a wide variety of opportunities. The four areas for which a candidate may be nominated are: a.) Intermediate Service School (ISS): Air Command and Staff College and Air Force Legislative Fellows Program; b.) Senior Service School (SSS): Air War College, National War College, Industrial College of the Armed Forces, ICAF Senior Acquisition Course (ISAC), and RAND Fellowship Program (RAND); c.) Academic Programs: Graduate-level programs at Harvard, Massachusetts Institute of Technology, Princeton, Stanford, and Air Force Institute of Technology. d.) Experiential Programs: DoD Executive Leadership Development Course (ELDP), Excellence in Government Fellows, and E-Government Fellows Program. Nomination procedures, program guidance, and tools to assist managers in identifying potential candidates may be found on the CCDP homepage located at <http://www.afpc.randolph.af.mil/cp/ccdp/default.htm>. All packages must be submitted to the Civilian Training Office NLT 27 Jun 03. For information call Ms. Barb LeFebvre, 5-5913.

c. Base Education Office Closure: Will be closed for an official function on 26 Jun 03 starting at 1430. The Education Center will reopen on 27 Jun 03 for normal walk-in hours of 0900-1500. For details call 5-5913.

Computer Training: (MCA, 6-3771)

a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771 for more information, or e-mail: lexi.schwartz@vandenberg.af.mil.

b. Computer Tip: PRINT A BLANK MONTHLY CALENDAR - Say you're heading to a meeting to map out your plans for the next quarter. Why not go prepared with blank monthly calendars to take notes? Select File, New, Folder. Type a name for the folder, maybe "Blank Calendar." In the "Folder Contains" drop-down list, choose "Appointment Items". Click "Calendar" in the "Select where to place the folder" list. Click **OK**. Click the new folder, which is called Blank Calendar, in the folder list. Click File, Page Setup, and choose the Monthly Print Style. Then, click Print. POC Lexi Schwartz 6-3771.

c. Available Classes: The following classes currently have room and are available on a "first come-first serve" basis. Email us to register for classes you would like to attend.

Class	Date(s)	Time
Word 2000	6/17-19	08:00-11:00

Word - Columns	6/18	11:30-12:30
Palm PDA - Beginning	6/20	08:00-11:00
Photoshop Elements	6/23-27	08:00-11:00
Photo - Panorama	6/23	11:30-12:30
Defense Message System 3.0	6/23	13:00-16:00
Excel 2000	6/24-26	13:00-16:00
IAAP Managers	6/25	08:00-11:30
Excel - Formatting Worksheets	6/25	11:30-12:30
Photo - Restoration and Red Eye	6/27	11:30-12:30
Outlook Email Only	6/27	13:00-16:00

Note: Walk-ins are always welcomed!

Items For Sale/Wanted Items

For Sale: 2002 Dodge Neon SXT, 4-cylinder, 2.0 liter with 5100 miles, AC, AM/FM, cassette, multi compact disc, power windows, power steering, power door locks, sliding sun roof, tilt wheel, cruise control, dual front air bags, rear spoiler, premium wheels and under warranty. This car is in pristine condition and has no problems what so ever. Must Sell! Moving overseas and cannot take this car with us. Paid over \$19,000 for this car and we are only asking what we owe. Great looking car and fun to drive. VIN 1B3AS56C92D628763, asking \$14,900, call Doug at 734-3060.

For Sale: 2002 Kawasaki ZG1000 Concours 2100 miles. The Kawasaki Concours sport-touring bike comes with the following: Full fairing - w/lockable bins on either side, Quick detach lockable hard luggage, Liquid/Oil Cooled 1000cc ZX1000 Eliminator Engine, Six-speed transmission, 7.5-gallon fuel tank for long-distance touring, The remainder of a transferable factory 36 month - unlimited mileage - warranty Tank Bra & Factory Backrest. Excellent Condition, Low Miles, Paid \$8,200 a year ago. Asking \$6,335 (Loan value). If interested call Mike at 717-6399.

For Sale: 1993 Mercury Villager LS van V-6, 139,000 miles, all power, sliding sun roof, tow package, privacy glass, captain chairs, CD, ABS, roof rack, temperature gauge, cruise, mpg computer, over \$2,200 invested in recent months--full tune-up, new brakes, timing belt, fuel pump and many other items, runs great! \$4,990, call Brian for details 734-3403.

For Sale: 1992 Pontiac Bonneville SE--170, 000 miles. Many features; PS, PB, ABS, Tilt, PW, Remote PDL, A/C, Power Driver Seat, AM/FM Cassette, CC and P. Mirrors. (New brakes, front struts, and A/C) PCSing to Europe, must sell, \$2,500 or best offer. If interested call 928-6889.

For Sale: Mitsubishi Montero Sport XLS, 3.0 liter, V-6, automatic with 41000 miles, AC, power steering, power windows, power door locks, tilt wheel, cruise control, AM/FM stereo, single compact disc, dual front airbags, ABS (4-wheel), leather interior, sliding sun roof, roof rack, privacy glass (tinted windows), running boards, two-tone paint, alloy wheels, compass and temperature gauges in rear view mirror. One owner, have all routine maintenance records, garaged and in excellent condition. Comes with bug deflector, two piece bra, and top mounted luggage container. Must Sell! Moving overseas and cannot take SUV. Paid over \$32,000 for the SUV and only asking what we owe. This is a great SUV! VIN JA4LS31H2YP014363, asking \$17,900, call Doug at 734-3060.

Wanted: Tandem axle car trailer. Please contact William Meskill at 734-6987.