



Base Bulletin

Vandenberg AFB, CA 93437-0759



23 June 2004

No. 25

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Retirement Ceremony: Lt Col Bart H. Hedley, Commander of the 30th Civil Engineering Squadron, cordially invites you to a retirement ceremony honoring CMSgt Richard N. Johnson's 30 years of dedicated service to our nation. The ceremony will be held on 25 Jun 04, at 1100, in the Base Theater. There will be a BBQ immediately following at Cocheo Park. The menu includes tri-tip, beans, salad, and a drink for \$6.00 a plate. Tickets for the BBQ are available at 30CES/CSS, Bldg 11442 or call 6-5603. Please secure your BBQ tickets by COB, 24 Jun 04 (30CES/CEO, 6-6855)

b. Office Closure: The 30th Comptrollers Squadron, Financial Services Office, Customer Service section will be closed on 25 Jun 04 from 1100 to COB, for an official function. We apologize for any inconvenience this may cause. If emergency finance assistance is needed, you can reach us at 588-0701. (30CPTS/FMFC)

c. Retirement Ceremony: Lt Col Lee-Volker Cox, Commander of the 30th Operations Support Squadron, cordially invites you to the retirement ceremony of Major Nathan J. Morgan, honoring his 21 years of distinguished service, on Friday, 25 Jun 04, at 1400 at Bldg 7025, WROCC Theater. (30OSS/OSOD, 5-0239)

d. Retirement Ceremony: The 30th Launch Group will hold a retirement ceremony honoring CMSgt James Lewis' 30 years of dedicated service to our nation. The ceremony will be held on 28 Jun 04, at 1400, in Bldg 8500, RRC conference room. A reception will follow immediately in Rm 210 of Bldg 8500. Please RSVP to Ms Louise Briggs, 30LCG/CCSS, at 6-6771, NLT 18 Jun 04. (30LCG/CCSS)

e. Farewell Dinner: A farewell dinner for Lt Col David D. Thompson, Commander, 2d Space Launch Squadron, will be held on 28 Jun 04 at Bldg 8310, the corner of 8th and New Mexico, starting with social hour at 1730 and dinner at 1830. The catered menu includes BBQ tri-tip and chicken, sides and a beverage. Dress is smart casual. Tickets are \$10.00 each. Please RSVP to: SLC-4/SCC at 5-4465, Bldg 7000—Bobbie Moore at 6-9725 and Bldg 8500—Bonnie Purvis at 6-3863, NLT 24 Jun 04. (2SLS/DOUP, 6-1253)

f. 30th MSG Commander's Call: The 30th Mission Support Group will have a Commander's Call on 29 Jun 04 starting at 1130. The event will take place at Cocheo Park and will include food, provided free of charge to 30MSG Airmen and dependants, as well as games and activities. For questions, please contact Lt Brandon Wengert at 6-8700. (30MSG/CCE)

g. Retirement Ceremony: Colonel Frank Gallegos, Commander, 30th Space Wing cordially invites all interested Vandenberg base members to the retirement ceremony for Colonel David Thompson, Vice Commander, 30th Space Wing. The event will be held at 1500 in the Pacific Coast Club ballroom on 30 June 04. Contact TSgt Stephen McMillan at 6-4885 if you have any questions. (30SW/SEGP)

h. Retirement Ceremony: Major Douglas S. Smellie, 595th Space Group, Chief Test Engineering Division, cordially invites you to the retirement ceremony of SMSgt David H. Marston, honoring his 29 years

TEAM VANDENBERG

of distinguished service, on 1 Jul 04, at 1000, Bldg 8500 in the RRC room. If you have any questions please contact MSgt Hott at 5-6331. (595SG/TEA)

i. Change of Command: Lieutenant Colonel David D. Thompson will relinquish command of the 2d Space Launch Squadron to Lieutenant Colonel Regis J. Baldauff on Thursday, the first of July, at ten o'clock in the morning, at the Titan Vehicle Assembly Building, 8401, located at the corner of 8th and Utah Avenue. Contact 1st Lt Dwayne Florence at 5-1909 for more information. (2SLS/MAO)

j. Retirement Ceremony: Maj Karen L. Taylor, Commander of the 30th Mission Support Squadron formally invites you to a retirement ceremony honoring TSgt Diane Almodovar on 1 Jul 04 at 1430 at the Western Range Operations Control Center (WROCC) auditorium, Bldg 7025. A reception will immediately follow the ceremony at the same location. For more details contact MSgt DeGraff at 5-8481. (30MSS/DPMA)

k. Change of Command: Lieutenant Colonel Arthur T. Beisner II will relinquish command of the 533d Training Squadron to Lieutenant Colonel Catherine M. Perro on Tuesday, the sixth of July at ten o'clock in the morning at the Pacific Coast Club. Contact SSgt A. Langhorne 6-1541 x3505. (533TRS/DOA)

l. Change of Command: Lieutenant Colonel Marc DiCocco will relinquish command of the 1st Air and Space Test Squadron to Lieutenant Colonel Gary N. Henry on Thursday, the eighth of July at ten o'clock in the morning at the Pacific Coast Club. Contact Capt. Hernandez at 5-0555 (1ASTS/DOO)

m. Retirement Ceremony: Lt Col Daniel G. Knox, Commander of the 30th Security Forces Squadron, cordially invites you to attend the retirement ceremony of MSgt James D. Peters honoring his 22 years of dedicated service to the United States Air Force on Friday, 9 Jul 04 at 1400, at the Base Theater, Vandenberg AFB, CA. Attire is duty uniform for military and daily attire for civilians. Please RSVP by 2 Jul 04 to TSgt Vince Cerda at 5-0791, DSN 275-0791 or e-mail vince.cerda@vandenberg.af.mil. (30SFS/SFOXM)

n. Retirement Ceremony: Chief Master Sergeant Archie Mitchell, 9th Space Operations, retires at 1030, Saturday, 10 Jul 04, in the Vandenberg Center. All base members are invited. Contact TSgt Tom Baker at 5-4484 for more information. (9SOPS/DOI)

o. Quarterly Awards Announcement: The deadline for all Quarterly Awards Package submissions will be 14 Jul 04 at 1630. Packages requirements & drop locations are as follows:

Awards Category	Package Length	Drop Location
CGO/Enlisted/Volunteer packages	15 lines ONLY	Public Affairs (PA) Office, Bldg 10577
Civilian (Cat I & II) packages	One full page (front only)	MPF Awds & Decs, Bldg 11777, Rm C-212

All packages MUST include the following: 1) Original Copy of the Nomination Letter (normally signed by Sq/CC). 2) One copy of the Short Bio (NMT 5-7 lines) 3) Ten copies of the Awards package. 4) Floppy Disk with electronic copies of all of the above (Nomination Letter, Short Bio, Awards Package). Please contact SMSgt Brian Robertson at 6-9815 for additional information. (30SW/JA, 5-5228)

p. Military Equal Opportunity (MEO): The Equal Opportunity and Treatment (EOT) complaint process is a means for military members, their families, and military retirees to present allegations of unlawful discrimination and sexual harassment to the offending party, someone in a position of authority, or both. When appropriate, complainants should be encouraged to resolve complaints informally before filing formal complaints within supervisory and chain of command channels. For more detailed information contact the 30th Space Wing MEO office at 6-0370. (30SW/ME)

q. Attention Dorm Residents: You can now easily and conveniently recycle your expired batteries right in your own dormitory. The Environmental Flight has expanded the household battery-recycling program at the BX and Commissary and placed battery-recycling stations in 3 dormitory day rooms. Bring all your expired AAA to D size alkaline or carbon-zinc, as well as, NiCad and lithium batteries to the recycling stations and place them in the container. A technician will pick up the batteries and transport them to the CAP for processing where they will then go to a recycling facility. Your participation is important and appreciated! Thanks for not throwing expired batteries in the trash-but for recycling them instead! (Tetra Tech, Inc)

r. Motorcycle Safety Day: This event is scheduled for Wednesday, 23 Jun 04 from 0900—1500 at the Base Parade Grounds. Speakers, vendors, food booth, Poker Run, motorcycle/rider checks, etc. are some of the activities. Who should attend: All USAF and Dept of the Air Force civilian motorcycle riders. For more info, contact Mr. Doug Harmon at 6-8806. (30SW/SEGB)

s. Airmen Against Drunk Driving (AADD): Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

a. IMT/Forms Product Expected Delivery Date: The following physical products will be available in the Air Force Publishing Distribution Center on 23 Jun 04, AF623B, Individual Training Record, 24 Jun 04,

AF623, Individual Training Record and 25 Jun 04, AF2248, Distinguished Flying Cross (Achievement). (30SCS/SCSP, 6-7892)

b. Holiday Deadline: In anticipation of the 04 Jul 04 holiday schedule please have your submissions for the Base Bulletin to us at publishing.vafb@vandenberg.af.mil NLT 1200, on Friday 2 Jul 04 to make the 7 Jul 04 edition of the Base Bulletin. Thank you in advance for your continued support. (30SCS/SCSP, 6-7892/4)

c. EMSEC, COMPUSEC, IAAP, COMSEC, Network Security? Find out more on the Air Force Space Command (AFSPC) Information Assurance web page at <https://halfway.peterson.af.mil/infoassurance/>. (30SCS/SCBI, 5-2352)

3. Traffic Management Office: (30LRS)

a. Separating, Retiring or PCSing? Plan Ahead! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances are of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on you upcoming move can be e-mailed to your computer. (30LRS/LGRT, 6-6932/33)

4. Military Personnel Flight: (30MSS/DPMP)

a. Military Personnel Flight (MPF) Customer Walk-in Hours: The MPF Customer Service (ID Cards & Records), located in Bldg 11777/C-114, walk-in hours are: Monday, Tuesday & Thursday from 0800—1500, Wednesday from 1000—1600, and Friday from 0800—1600. All other MPF Office hours are from 0900—1500. Appointments may be made outside the times listed, by contacting the appropriate office. The MPF has mandatory Warfit Monday, Tuesday & Thursday afternoons and will stop taking new customers at 1500. For further information call SMSgt Walker at 6-1085. (30MSS/DPM1)

b. Interested In Going TDY? The MPF's Personnel Readiness Function is looking for volunteers, in the rank of E-5 and below, to go TDY for approx 90 days working as a Third Country National (TCN) Escort. We are currently looking to fill 30 tasking for the AEF 3, AEF 5 and AEF 7 cycles. The benefits include traveling to another country and receiving a tax-free reenlistment bonus if you are eligible for reenlistment during that time. All TDY tasking are on a first come, first serve basis. Eligibility criteria as follows: Must not be obligated to fulfill an AEF requirement for your current AFSC and must remain eligible to support this tasking for the entire AEF cycle. Must have a Secret or Interim Secret Clearance. Must be an E-5 or below. Must have your commander's approval in writing to be eligible to volunteer for the TCN Escort deployments. For more information, please contact TSgt Leduc at 6-7574. (30MSS/DPMDX)

5. Civilian Personnel Flight: (30MSS/DPCE)

a. Voluntary Leave Transfer Program: Timothy L. Lovelace - 30CES/CEOF2 Vandenberg AFB, Tony Wright - Mildenhall AB, Starlene Holley - Clear AFS, Ronald Mosley - Selfridge ANGB, Michael Baca - HQ ARPC/MS, Sandra Jernigan, Betty O'Herlihy, Howard Brown, & Tim Jones - Luke AFB, Glenda Bennet & Lori J. Anderson - Peterson AFB, Herlene Thurman & Cheryl Scott - Los Angeles AFB, Carolyn DeLaGarza - Langley AFB, Johnna DeSimone - Schriever AFB, Dionisio Esteban - Onizuka AFS, Contine Francis & Janice Shinkle - MacDill AFB, Delores Green - Dobbins ARB, Wilson Holloway & Frank Valentik - Avon Park AFR, Charles Howard - Vance AFB, Jane Kelsey & Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, Mary Maurer, & Lisa Wiggs - Patrick AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, D'Sitra Scott - Willow Grove ARS, PA, Sue Sommers - Scott AFB, Jeneke Lacy, Jacquelyn Schmidt, Carol Vilcek, Linda Solomon, & Rebecca Barner - USAF Academy, & Mike Weatherly - Homestead ARB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. Go to Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf

b. Civilian Personnel Data System (DCPDS) Upgrades: Upgrades to the DCPDS will be made from 18—26 Jun 04. As a result, several systems applications used by personnel specialists, and the main application used by employees and candidates to view announcements and self-nominate for vacancies will be unavailable during this time period. No new vacancies will be posted to the AFPC web site, but announcements already posted with closing dates between 18 and 26 Jun 04 will be extended until the system comes back on-line. Employees will still be able to use IVRS (Interactive Voice Recognition System -

for Benefits and Entitlements), EMDS (Emergency Data System) and EBIS (Employee Benefits Information System). (30MSS/DPCS, 6-9087)

6. 30th Medical Group: (30MDG)

a. Clinic Closure: The Vandenberg Clinic will be closed Thursday, 24 Jun 04 for Mandatory Medical Readiness Training. For urgent needs please call 606-CARE or 888-252-3299. Please plan ahead for appointments and pharmacy refills. For more details contact Capt Starks at 6-3308. (30MDG/SGO, 6-3308)

b. Operation Baby Launch: Pregnant??? Planning a family? You are invited to attend Operation Baby Launch sponsored by the 30th Medical Group. A great opportunity to learn valuable information on resources available from civilian representatives from our two local hospitals, TRIWEST financial concerns, Vandenberg AFB Family Practice Clinic and much more. Receive a free gifts and a free raffle from representatives. Spouses and partners are welcome no registration is necessary. 12 July 04 at 1700 at the Vandenberg AFB Clinic Auditorium located at 338 South Dakota St. Contact is Nancy Sias, at 6-8217. (30MDG/SGO, 6-3308)

c. Annual School/Sports Physicals: Annual mass school/sports physicals will be offered at the Family Practice Clinic by appointment only on 01 July 04 and 16 July 04 from 1600 to 1800. Children must be enrolled in TRICARE Prime at Vandenberg AFB in order to make an appointment. Appointments may be scheduled by calling 606-2273 Monday through Friday from 0730 to 1600. Please bring the school's physical examination requirements (if any) along with your child's immunization record to the appointment. It is highly recommended that children be taken to the immunization clinic prior to their appointment date to have their immunization record reviewed and receive any necessary immunizations. No TB tests will be placed during physical. Students should be dressed in T-shirts and gym shorts or sweats; students not dressed appropriately may have to be rescheduled. A parent or legal guardian must accompany any child under 18 years of age and children 10 years or older must have their ID card with them. For any questions, please contact SSgt Nora Lerner at 6-5695. (30MDG/SGO, 6-3308)

7. 30th Security Forces Squadron: (30SFS)

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If interested in starting this program in your area call 5-0792. (30SFS/SFOS)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792. (30SFS/SFOS)

8. 30th Civil Engineering Squadron: (30CES)

a. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call A1C Rodriguez at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3 attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOFP, 6-0010).

b. Base Civil Engineer Work Request: The New 30SW Form 35, Base Civil Engineer Work Request, dated 1 Nov 03 is available on the [VEPDL](#). Previous 30SW Form 35's are obsolete. (30CES/CEOFP, 6-0010).

c. Vandenberg Fire Prevention: A friendly reminder from the Vandenberg Fire Prevention office on fireworks. Fireworks of any type are prohibited on Vandenberg AFB. Lompoc, Pismo and other local cities have firework shows. Please leave the fireworks up to the experts, enjoy their shows. (30CES/CEF, 6-4680)

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

a. Leave Donation Acknowledgement: My most heartfelt and sincere thanks to everyone who was so generously donated leave on my behalf. There are no words to adequately express my gratitude to you all for your generosity and caring. I know how hard everyone works to earn their leave and that makes your donations even more selfless. You all greatly helped to ease the emotional and financial burden associated with my recent illness. You are all in my prayers of thanks. Thank you all so very much. Alana Davenport (30CES/CEOEC, 6-2330)

b. Field Day Events: The Satellite Amateur Radio Club, one of the Base's oldest recreation organizations, will participate in a nationwide Field Day exercise at Building 23100 on 26-27 Jun 04. Once each year, Ham Radio clubs throughout the Nation are encouraged to demonstrate their readiness to provide emergency communications support to State and local government agencies. All stations are set up in field locations, and must use temporary antennas. Each station must operate on generator power, with bonus points earned for operation on solar, wind, or water as the energy source. Setup begins on Friday, with the exercise commencing at 1100 on Saturday and continuing non-stop for 24 hours. The SARC compound is located 3/4 mile southeast of the Vandenberg Tracking Station, at the end of Bishop Road. Visitors are welcome. For more information about this event or about the [Satellite Amateur Radio Club](#), contact Bob Harrison at 735-6774 or Dennis Daniel at 937-7804. (30SVS/SARC)

c. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750 25—27 Jun 04. Call 6-5565 for movie information only. E-mail Vanessa Probert at ProbertV@aafes.com. (AAFES)

Day	Date	Movie	Rating	Opens	Starts
Friday	25 Jun 04	“ Van Helsing ”	PG-13	1830	1900
Saturday	26 Jun 04	“Mean Girls”	PG-13	1830	1900
Sunday	27 Jun 04	“New York Minute”	PG	1330	1400

d. Food Service Events: Upcoming Food Service Events are as follows. For more details contact SSGT Bethany Lopez at 6-5496. (30SVS/SVMX)

Day	Date	Event	Start Time	Location
Friday	2 Jul 04	Independence Day Meal	1100 only	Beachcomber
Wednesday	7 Jul 04	National Strawberry Sundae Day	1100/1630	Beachcomber
Friday	23 Jul 04	National Hot Dog Day	1100/1630	Beachcomber

e. Lompoc Concert Association: The 57th Annual Lompoc Concert Association Subscription Drive begins 24 Jun 04. There are five concerts: Richard Glazier - pianist, The Jacques Thibaud String Trio, Westwind Brass, Karin Schaupp - guitar, & Wood's Tea Co - bluegrass & folk. For the best in family entertainment, call: 805 733-4006 or 805 736-8713 for details. A family plan is available. (LCA)

f. Vandenberg Bass Club: Interested in fishing, having fun with fellow anglers, friendly competition, and sharing tips/techniques? The Vandenberg Bass Club is for you. If you are interested in joining the club contact Mr. Cal Long at 6-3013 or e-mail: calvin.long@vandenberg.af.mil (30MDG/SGOM)

g. Disaster Training Classes: The Santa Barbara County Chapter of the American Red Cross is offering courses to train volunteers to assist in a disaster. To register for all classes call the local office, or e-mail to disaster@sbaco-redcross.org. All of the courses are free of charge. The last class in the series is DAT Team Workshop/Communications in Disaster on Thursday, 24 Jun 04 at 1800—2200 at the Santa Maria Office, 222 W. Carmen Lane, 928-0778. Additional classes available are: Working with Total Diversity, Saturday 26 Jun 04 and Shelter Management Workshop on Saturday, 10 Jul 04. Both classes are taking place in Buellton at the Buellton Senior Center 164 West Hwy 246, Buellton. (ARC)

h. Flying Tigers Golf Tourney: The Flying Tigers Booster Club golf tournament, scheduled for 1 Jul 04 at 1230, has been cancelled due to lack of entries. This tournament will be rescheduled at a later date. We apologize for any inconveniences. Contact is MSgt Bill Sante. (14 AF/A33C, 6-5386)

i. Joint Forces Day: USC Trojans are hosting Joint Forces Day honoring the men and women of the Air Force by having 2-for-1 ticket pricing available at their Colorado State vs. USC game on 11 Sep 04. Normal price of the tickets is \$40.00; Joint Forces Day pricing is \$20.00 per ticket. For more details call Craig Kelly at (213) 740-4160 and mention code: "JFD". (30SW/PA)

Health And Wellness Center: (30MDG/HAWC, 6-2221)

a. Quarterly Classes: The following classes are offered on a quarterly basis at the Health And Wellness Center, Breastfeeding and Infant Care Class - Learn how to properly breastfeed and take care of your

newborn. Exercise During Pregnancy - Learn what exercises are appropriate during your pregnancy. For information regarding any of these classes, please call the HAWC at 6-2221.

b. HAWC On-line Class Sign-ups: Please go to www.php-ids.com to register as a new student and sign up: Fitness Improvement Program (FIP), Healthy Living Workshop (HLW), and Body Composition Improvement Program (BCIP). For information regarding any of these classes, please call the HAWC at 6-2221.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule:

Catholic Mass:	Saturday	1700	Chapel 2	Protestant Services:			
Confessions	Saturday	1615-1645	Chapel 2	Praise & Worship	Sunday	0830	Chapel 2
Mass	Sunday	1000	Chapel 1	Gospel	Sunday	1130	Chapel 2
Daily Mass	Mon-Fri	1130	Chapel 2	Traditional	Sunday	1130	Chapel 1

b. The Vandenberg Jewish Community: Hebrew and Bar Mitzvah classes are ongoing here on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

c. Vacation Bible School: VBS is here! This year's Chapel Vacation Bible School is themed: "Lava Lava Island - Where Jesus' Love Flows!" It is open to all children ages 3- to 12-years-old. The dates for VBS are 21-25 Jun 04, from 1300—1600, at the Religious Education Complex. To register your child or for more information, please contact the Chapel at 6-5773.

Family Support Center: (30MSS/DPF, 6-0039) To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit www.php-ids.com.

a. Office Hours: Family Support Center's customer service hours are from 0800—1600 except on Monday when the center will be closed for staff training from 0730—0930. Personnel requiring *emergency* Air Force Aid will be assisted. Call 6-0039.

b. Computer Resource Room: The Family Support Center's Computer Resource Room is now open to customers needing to access the Internet for job searches, relocation assistance, or to stay in touch with the family if separated because of military obligations. Walk-ins are accepted from 0800—1530.

c. Heart Link: Monday, 28 Jun 04, 0830—1200, at the Pacific Coast Club. Heart Link is offered monthly in conjunction with Newcomer's Orientation. Personnel and spouses attend together for the formal briefings that address the 30SW mission and base services. After the Community Fair, spouses break off to continue the Heart Link agenda. This is an ideal way for spouses new to the Air Force or just new to Vandenberg to learn about the Air Force way of life and the Central Coast of California. Schedule to attend at www.php-ids.com.

d. The Mechanics of Resume Writing: Wednesday, 30 Jun 04, 0900—1100 at the Family Support Center. Prepare or update your resume for your job search, separation, or retirement! Learn about different types of resumes, resume do's and don'ts, and tips on building a powerful resume that will get you an interview. Participants will compile a rough draft of their selected format. Workshop is open to all active duty personnel, family members, retirees, and DoD civilians. Schedule yourself for this briefing at www.php-ids.com.

e. BabyMeet: If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. This group meets every Wednesday, 0900—1000 at the Base Library. For more details call Katie at 734-6758 or Anna at 734-6606.

f. Playtime for Tots: They meet Friday mornings at 1000—1100 at the Religious Education Center. This playgroup is for parents and the children ages 2 to 5. For more information call Jill at 757-9044.

g. Palace Chase (Force Shaping) Separatees: Are you separating under the newest Palace Chase (Force Shaping) program? If so, you need to get to the Family Support Center (FSC) NOW! You must accomplish your mandatory Pre-Separation Briefing at least 90 days prior to separation. You can schedule yourself for this briefing by accessing www.php-ids.com. Do not wait until you have your out-processing checklist to get this briefing. If you need assistance please call the FSC at 6-0039.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Used Car Lot:** Try selling your used vehicle through the Auto Hobby Shop. Place your vehicle on the used car lot for \$6 per two weeks. You also have the option of listing your vehicle on the Services Squadron web site.

b. Surf Lanes Bowling Center: (30SVS/SVBB, 6-3209/734-1310)

- **Senior PBA Tournament:** 23—25 July 04.
- **New Summer Hours of Operation:** Mon—Wed, 0630—1900; Thu, 0630—2100; Fri, 0630—2400;

Sat, 0800—2400; Sun & Holiday, 1200—1900.

- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
 - **Thunder Alley:** Friday, 2200—0100, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!
- c. Breakers / Beachcomber Dining:** (30SVS/SVMF, 6-7540/734-1901)
- **Breakers Renovations:** The Breakers dining facility is currently closed for renovations to the heating, ventilation and air conditioning system. Consolidated dining will be available at the Beachcomber (Bldg 9190) on Nevada St in the 381st Training Group area.
- d. Child Development Center:** (30SVS/SVYC, 6-1555)
- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
 - **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.
- e. Family Child Care:** (30SVS/SVYD, 6-3255)
- **Provider Training:** The need for Child-care Providers has never been greater! Help make a difference and become a licensed child-care provider. Call Gwendolyn Jones at 6-4639 or 6-3255.
- f. Fitness Center:** (30SVS/SVMP, 6-3832)
- **Fun Run:** 25 Jun 04, 1200. Take part in the June Bug Fun Run and will be held at the Fitness Center at 1200. Come out and enjoy the day and get your exercise too!
 - **Lazy Man Biathlon:** Self-paced fitness program for June. Track your progress as you try to run 26 miles and bike 100 miles for the month of June. Sign up at the Fitness Center.
 - **Pick-up Basketball:** Monday-Friday from 1100—1300, and Tuesday-Thursday from 1600—1700 at the Fitness Center.
- g. Library:** (30SVS/SVMG, 6-6414)
- **Patch Club Meeting:** 25 Jun 04, 1700, at the Library. The Patch Club is a book club for students from grades 2 to 5. Each month we pick a theme and participants read a book relating to that theme. Call the library for more information on how you can be involved.
 - **Pre-School Storytime:** Thursday at 1000. It is appreciated if you can sign up if you are attending to help plan for supplies, but walk-ins are welcome.
 - **Dial-a-Story:** The phone number is 606-4300 for this free story-telling service. Available 24/7, story changes Friday afternoons.
 - **Summer Reading Program:** This program for kids ages 3 to 12 will kick-off 26 Jun 04. This year's program will have an ocean theme, 'Explore New Worlds — Read!' Participants will bring in their reading logs weekly for prizes and their name on the Reading Wall.
- h. Marshallia Ranch Golf Course:** (30SVS/SVBG, 6-6262)
- **Organizational Tournaments:** 26 Jun 04, 1130—1328 and 1330—1400.
 - **Nike Demo Day:** 26 Jun 04, 1000—1500. The Marshallia Ranch Golf Course will host a Nike Demo Day on the driving range. All golfers are invited to test drive the latest Nike Golf Equipment.
 - **Red, White & Blue Tournament:** 4 Jul 04, shotgun start at 0730. Cost is \$13 per person, which includes BBQ sandwich and soda after play. Tournament is 18 holes, medal play, with full handicap. Sign up with your own group and select a starting hole. Open play tee times will start at 1230.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
- **Rock Wall Training:** 25 Jun 04, 0900, at Equipment Checkout (Bldg 10250). Outdoor Recreation will hold mandatory training for any squadron wishing to use the rock-climbing wall for on-base squadron functions. Please send two representatives from each squadron to take part.
 - **Whitewater Rafting:** 26 Jun 04, 10 July 04. Hit the rapids of Kern River with Outdoor Rec. Rafting trips will run through the summer. Cost is \$60 for one-day trip including transportation, lunch, and a full day of rafting with our own guides.
 - **Hiking at Gaviota Peak:** 3 Jul 04, 0900—1300. Come hit the trail and enjoy an ocean view! The Gaviota Peak Hike is a strenuous 6-mile trail that ascends along a mountain ridge. Cost is \$5 per person. Sign up at Outdoor Rec by 1 Jul 04. Bring a lunch, hat, sunscreen and lots of water.
- j. Pacific Coast Club:** (30SVS/SVBO, 734-4375 or 734-4376)
- Entertainment/Events:**
- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
 - **Over the Hump Night:** Wednesday in the E-Lounge. Free wings and things starting at 1700 until

gone. DJ and drink specials from 2000—2400.

- **Mongolian BBQ:** 23 Jun 04, 1800—2000.
- **DJ w/Variety Music:** 25 Jun 04, 2100—0200, in the E-Lounge.
- **Karaoke Night:** 25 Jun 04, 1900—2300, in the Officers' Lounge.
- **18 & Over Night:** 26 Jun 04, 2100—0300.
- **Kids Night Out:** 28 Jun 04, 1700—2000. Specials kids buffet and entertainment.

Menu:

- **Weekly Lunch Buffets:** Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly), Wednesday - Santa Maria BBQ Buffet, Thursday - Chicken and Ribs Buffet, Friday - Seafood Buffet.
 - **Monday Madness:** Monday evenings. All-you-can-eat pizza buffet with drink. Regular - \$7.00, Members - \$5.00, children under 12-years of age - \$3.00. (No coupons)
 - **Fried Chicken Buffet:** Tuesday evenings, Pacific Fried Chicken Buffet with dessert. Regular - \$8.95, Members - \$6.95, children under 12-years - half-price, children 4-years and under - free.
 - **Kid's Night:** Wednesday evenings. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)
 - **Pasta Mania Buffet:** Thursday evenings. Regular - \$8.95, members - \$6.95, children under 12-years of age - half-price, children 4-years and under - free.
- k. Rod & Gun:** (30SVS/SVBR, 6-4560)
- **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
- l. Services Center:** (30SVS/SVYR, 6-7976)
- **Natural Knead Massage Relocation:** As of Monday, 21 Jun 04, Natural Knead massage will reopen in its new temporary location at the Health & Wellness Center (HAWC), Bldg 8505.
 - **Information, Tickets & Travel (ITT) Relocation:** As of 24 Jun 04, the ITT office and Leisure Travel will be located at Outdoor Rec (Bldg 10250).
 - **Discovery Dining Books:** Now available at the Services Center for just \$15.00.
- m. Skills Development:** (30SVS/SVRS, 6-6438)
- **Stained-Glass Workshop:** 23 Jun 04, 1800—2000. \$2.50 per hour + cost of materials.
 - **Scrapbooking Workshop:** 24 Jun 04, 1800—2000. \$2.50 per hour + cost of materials.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
- **Pool is Currently Closed:** Due to repairs, the pool is closed until further notice.
- o. Veterinary Clinic:** (30SVS/SVBV, 6-3019)
- **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
 - **Pet Protection:** Protect your pets against fleas, ticks and heartworms with Frontline Plus and Heartgard, both available at the Vet clinic.
- p. Youth Center:** (30SVS/SVYY, 6-2152)
- **Super Fun Fitness Club:** Now through 18 Aug 04. The Fitness Club runs Wednesday from 1400—1600 and is for youth ages 10 to 13. Sign up at the Youth Center.
 - **Colossal Cookie Challenge:** 30 Jun 04, 1130—1330, at the Youth Center Gym. Don't miss this recipe competition for cookies 4" or larger, any shape or design. Sign up at Youth Center, age categories: 12 and under or 13 to 18 years old. Contest features five categories of cookies: Holiday & Special Occasion, No-Bake, Healthy, Cookie Makers Special, and the most unique "Space Cookie."
 - **Art Smart Workshop:** 12—16 Jul 04. Registration ends 30 Jun 04. Explore the use of color in art masterpieces and discover the painting techniques of artists like Paul Gauguin, Vincent Van Gogh and George Seurat. Sessions meet from 0930—1045 for ages 6 to 9, and 1100—1215 for ages 10 and up. Cost is \$30 (\$25 for Youth Center members) plus \$10 for supplies.

Education Center: (30MSS/DPHE, 5-5904)

a. Education Records: Did you know you could access all your education records online? Go to <https://afvec.langley.af.mil/afvec> to view all college classes you have taken with tuition assistance, see your CCAF credits, and check your grades. For more information call the Education Center at 5-5904. (30MSS/DPH)

b. Mid-Career Seminar: A Mid-Career Seminar is being offered for civilian employees who are from 10 to 6 years of retirement. The class will be held 27 Jul 04, from 0800 to 1600. The course will cover the following topics: Introduction to Personal Planning, CSRS/FERS Retirement Benefits, Federal Employees Health Benefits, Federal Employees Group Life Insurance Program, Thrift Savings Plan, Social Security, Financial Planning, and Estate Planning. Slots are available on a first-come, first-served basis. Spouses are welcome to attend. If you are interested, please contact the Civilian Training Office at 5-5913. (30MSS/DPHE)

c. Excess Equipment: The Education Center has several computer monitors they are no longer using. The monitors will be available until 2 Jul 04 at which time they will be turned in. For more information contact Fred Williams at 5-5905 or stop by Bldg 14001. (30MSS/DPHE)

d. Civilian Tuition Assistance: TA is open to all civil service grades and individuals pursuing bachelor or graduate degrees. You may receive TA for up to three courses per term. Tuition Assistance will pay for 75% of tuition up to \$187.50 per credit hour and up to a maximum of \$3500.00 per fiscal year. Space Command Units only. For more information contact Base Education in Bldg 14001 or call 5-5904. (30MSS/DPHE)

e. Civilian Competitive Development Program (CCDP): The call is out for the Civilian Competitive Development Program (CCDP). The board will convene to identify and select high-potential civilian employees to participate in key leadership development programs. Some of the programs include Air Command and Staff and Air War College in residence, RAND Fellowship Program, Harvard JFK School of Government, MIT Sloan School of Management, and the Sandia Nuclear Weapons Fellowship Program, to name a few. The purpose is to meet long-term leadership needs of the Air Force and prepare high potential employees for increased responsibility and shared leadership with military. Civilians in the grades of GS-12 through GS-15 may apply. Nomination procedures, program guidance, and tools to assist managers in identifying potential candidates may be found on the CCDP homepage located at www.afpc.randolph.af.mil/cp/ccdp/default.htm AFSPC suspense for packages to be to them is 16 Jul 04. The AF Form 4059 must be signed by the first General Officer in the applicants chain, therefore all packages must be submitted to the Civilian Training Office by COB 2 Jul 04 so they can be staffed for proper endorsement. Any questions can be directed the Civilian Training Office at 5-5913. (30MSS/DPHE)

f. Embry Riddle Aeronautical University ERAU offers associate and bachelor degree programs in Professional Aeronautics (ASPA/BSPA) and Technical Management (ASTM/BSTM). We also offer three graduate programs: Master of Science in Management (MSM), Masters of Business Administration in Aviation (MBA/A) and Master of Aeronautical Science (MAS). The MAS has eight specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. For the month of **June 2004**, Embry Riddle will waive all application fees. This is a limited time offer, so get your application in before July 1st to save \$50.00! Our fall term begins 2 Aug 04 and registration begins 19 Jul 04. The term schedule will be available on our website at www.erau.edu/vandenberg by 19 Jul 04. For current information regarding registration, admissions and our programs call the office at 805-734-4076 or 606-6557. We have an extensive online catalog and over 150 locations worldwide. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday - Thursday 0830—1730 and Friday 0900—1200. Our e-mail is Vandenberg.Center@erau.edu.

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Call for info and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000/Advanced; Excel 2000/Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: lexi.schwartz@vandenberg.af.mil **Note:** Walk-ins are always welcomed!

b. First Tip: Check the Membership of a Distribution List in Outlook 2000 - Have you ever needed to know who is included in a Distribution List *before* sending a message? It's easy to find out. Open a message form and click the To button. Select the address list that contains the Distribution List you're interested in. Now, select the Distribution List name and click the Properties button (or, simply double-click on the Distribution List name). The names of the people included in that list are listed in the Members box. (You can also edit the list at this point, too!) **Second Tip:** Presenting Statistics in a PowerPoint Presentation- When you make a presentation that consists largely of statistical information, try to present the numbers in a way that prevents massive audience headache. Unless you're presenting to an audience of scientists and engineers, go a little easy on exact numbers. For example, if you need to discuss the number 3,425.2768, just say "about 3400." If you are talking percentages, use "almost 50 percent" in place of 48.9994 percent. When you need to discuss a correlation with a non-technical audience, just show the chart and say that the data was a good fit. Don't talk about percent confidence limits and extraneous points. On the other hand, if you

are talking to an audience of techies, let fly with the exact numbers. If you don't, they'll wonder what's wrong with your data!

c. Available Classes: Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
Intro to Computers	24 Jun 04	1300-1600
LAN Access Training	25 Jun 04	1300—1600
Office - Customizing Toolbars	25 Jun 04	1130—1230
PWRR	28 Jun 04	0800—1100
Front Page 2000	28-30 Jun 04	1300—1630
Photo - Selecting What You Want	28 Jun 04	1130—1230
Excel 2000	29-1 Jul 04	0800—1100
PowerPoint - Custom Animation	30 Jun 04	1130—1230
Pocket PC	1 Jul 04	1300—1630
LAN Access Training	2 Jul 04	1300—1630
Excel Advanced	2 Jul 04	0800—1100
Photo - Image Correction	2 Jul 04	1130—1230
Project 2000	6-9 Jul 04	0800—1100
Word 2000	6-8 Jul 04	1300—1600

Items For Sale:

For Sale: 2000 Honda Civic EX sedan, AT, moon roof, keyless, loaded, only 45k miles, can be seen at resale lot. Kelly Blue Book over \$11k, yours for \$8,850, 734-2299

For Sale: 1995 Jeep Wrangler 4WD, runs extremely well, only 49,900 miles, 4.0L V6 Engine. New rims and tires, hard top, in immaculate condition. A rare catch. Asking \$10,400. Call Charlie at 734-0901/260-1953.

For Sale: 1995 Jeep Wrangler 4WD, Black, 59,000 miles. New Bestop Sailcloth tinted top, custom painted dash. Runs outstanding with a very clean 4-Cyl engine. Asking \$6,000/obo. Call Doug at 268-0446.

For Sale: 1990 Toyota Corolla, 4-door sedan, asking \$1,200 firm. Please call Steve at 734-0379.

For Sale: 1988 Toyota Pickup, blue, 5-speed manual transmission, clutch less than 3-yrs-old, runs great. Contact 734-7019/291-1718.

For Sale: 21-speed Gary Fisher 16" Wahoo mountain bike. Mid-1990's bike virtually new. Ridden less than 50 miles, still has nipples on tires. All Shimano components, rigid frame & fork. If you're looking for an upgrade, but don't want to spend a fortune, this is your bike! Paid \$400, yours for \$150. Call 734-1265.

For Sale: (3) Super single waterbeds. Nice condition, hardwood construction, medium oak color finish. Asking \$75 ea/obo. Call 734-1445/588-9158.

For Sale: Nice three-piece black and silver entertainment center, only 3 mos old. It will hold a 60" TV. Call Marco at 734-1344 for a price.

For Sale: Numarck turntables-full system incl some records, \$200/obo. Nike PSA MP3 player- 64 MB, Software incl. Hardly used, \$100/obo. Smaller-sized papason chair with brand new cushion from Pier 1, \$50/obo. New dark wood media bookshelf, \$35/obo. Call 784-9446/459-1658. Please leave a message.

For Sale: Whirlpool washer and electric dryer, less than 2 yrs old, \$375/pair, available 8 Jul 04. Chest freezer, less than 1 yr old, \$90, available now. All in great condition. Call 588-6444/734-0358.

For Sale: Outstanding carpet bargain: Quality room-sized rugs, cut to fit older type base housing (floor plan 8), w/non-slip padding. Great condition. Sizes from 9'x9' thru 12'x14'. Must sell or remove - 4 bedrooms, living room, entry way & halls. \$1000 value, \$250/obo. All except one of the rugs are beige and one is blue green. Call Chief or Gerry Marous at 734-6980/452-9025.

For Sale: Great mini & vertical blinds bargain: Will fit older base housing units (Floor Plan 8). Mint condition. Must sell or remove - 4 bedrooms, living room, sliding door, bathrooms & laundry room. \$800 value, \$225/obo. All of the mini blinds are white and the vertical blinds are textured off-white. Call Chief or Gerry Marous at 734-6980/452-9025, anytime (24/7).

For Sale: Shih-Tzu puppies, AKC/CKC with papers, adorable females-\$600, males-\$550. Taking deposits, they will be 6 weeks old on 29 Jun 04. Hurry, they will be gone quickly. Call 734-0507.

Free: Free to a very good home, a housebroken 4-year-old, female Jack Russell Terrier. She's very affectionate, playful & spoiled. Not socially trained to mix w/own kind. If seriously interested call 734-6865.

Wanted: Single mom looking for a reliable, responsible adult to occasionally watch 1-year-old twin boys. Please call 734-2418, M-F after 1800 or anytime on the weekends.