



# Base Bulletin

Vandenberg AFB, CA 93437-0759



25 June 2003

No. 26

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to [publishing.management.dci@vandenberg.af.mil](mailto:publishing.management.dci@vandenberg.af.mil) or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP-DCI by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

## SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

## SECTION II — OFFICIAL

### 1. Team Vandenberg:

**a. California Air Force Association Top Annual Awards:** 27-29 Jun 03, March AF Reserve Base, CA.

#### **Awards going to the VAFB community include the following:**

- USAF Person of the Year - CMSgt Norman A. Marous, USAF (WRCT)
- Chapter of the Year - Robert H. Goddard Chapter, Vandenberg AFB
- Senior Noncommissioned Officer of the Year - SMSgt Robert Poluffe, USAF (Det 9)
- Presidents Award - Lt Col Denny Laws, USAF, Ret
- Sustained Superior Service Award - MSgt Dana Castro, USAF, Ret (30SW Guardian Programs Office)
- Sustained Outstanding Performance Award - Maj John Ransome, USAF, Ret
- Exceptional Service Award - SSgt Chuck Spice, USAF (2SLS)
- Exceptional Service Award - Dian Smith
- Exceptional Service Award - Alison Vinson
- Meritorious Service Award - Capt Charity Hartley, USAF (576FLTS)
- Meritorious Service Award - Kristi Stavoil
- Meritorious Service Award - Paulette Taylor (381TRG) Distinguished Achievement-Community Partner Development - R. H. Goddard Chapter
- Chapter Past President - Lt Col Denny Laws, USAF, Ret

POC: 4AF/CAT Col. Nancy Driscoll, at March AFRB [[Nancy.Driscoll@March.AF.Mil](mailto:Nancy.Driscoll@March.AF.Mil)] or Telephone DSN: 447-7156/Comm: (909) 655-7156 or Pager 1-888-261-2771].

**b. Retirement Ceremony:** Lt Col Michael Fortney, 576 FLTS/CC, cordially invites you to the Retirement Ceremony of MSgt Ray Brown, honoring his 24 years of distinguished service, 27 Jun 2003, 1000 at Building 8500 in the RRC conference room. POC: 576FLTS/TMRM TSgt Ray Tarr, 6-9122.

**c. 2<sup>nd</sup> SLS Change of Command Ceremony:** 1 Jul 03, 1000, Bldg 8401, Vehicle Assembly Building. Lieutenant Colonel Clinton E. Crosier will relinquish command to Lieutenant Colonel David D. Thompson. POC: 2SLS/DOU Maj. Dan Belden, 6-8286.

**d. 2<sup>nd</sup> Quarter Unit Security Manager's Meeting:** 1 Jul 03, 1000, in the Western Range Operations Control Center (WROCC) Theater, Bldg. 7025. Attendance is mandatory IAW AFI 31-401, paragraph 1.3.6.4 for primary and alternate representatives. POC: 30SFS/SFAI, Mr. Scott Vincent, 5-0755.

**e. 14<sup>th</sup> AF Information Warfare Flight Change of Command:** 2 Jul 03, 1000 in the Pacific Coast Club's Warrior Room. Colonel Lance L. Schultz, Commander 544th Information Operations Group, cordially invites you to the 14AF Information Warfare Flight Change of Command. Major Constance M. Meskill will relinquish command to Major Justin C. Langlois. Please RSVP by 24 Jun 03 to the 14AF/IWF/CSS, 5-5344.

**TEAM VANDENBERG**

**f. Retirement/Luncheon Ceremony:** The Men and Women of the 576<sup>th</sup> Flight Test Squadron cordially invite Team Vandenberg and Tennant Units to the retirement ceremony in honor of MSgt Richard T. Smitley on 2 Jul 03, 1300 at Chapel 1. The Tri Tip luncheon will start at 1100 and the cost is \$5.00. RSVP NLT 23 Jun 03 to 576FLTS/CCI, TSgt Curry or SSgt Knowles, 6-8296.

**g. Farewell Dinner for 30G/CC:** A farewell dinner honoring Colonel and Mrs. Edward L. Bolton, Jr. will be held in the Western Range Operations Control Center (WROCC), Building 7025 on 7 Jul 03. Social hour begins at 1800; Santa Maria Barbeque will be served at 1900. Tickets are \$5.00 for enlisted and \$10.00 for officers and civilians. 30RANS/DOO-B, 2Lt Kelly Kakert, 6-7646 or SrA Emily Peel, 6-8873.

**h. 30<sup>th</sup> Operations Change of Command Ceremony:** 8 Jul 03, 1400 in the 76<sup>th</sup> Helicopter Flight Hangar Bay, Bldg. 1735. Colonel Edward L. Bolton, Jr. will relinquish command to Colonel Stephen M. Tanuos. POC: 2SLS/DOA, Capt Ares, 5-4567.

**i. Team Vandenberg 2003, 2nd Quarter Awards Suspense:** All Company Grade Officer, Enlisted, Civilian, and Volunteer packages are due NLT 1630 Hrs, 9 Jul 03. HAND CARRY packages (except Civilian Category) to Bldg 10577, Room C-104, 30SW/JAE, addressed to 30SW/CGO Board Facilitator, 30SW/Enlisted Board Facilitator, and 30SW Volunteer Board Facilitator. Deliver Civilian nomination packages to 30MSS/DPMP, Bldg 11777, Room C-216. Rules of Engagement/Criteria can be found at the following link: [http://www.vandenberg.af.mil/awards\\_promotions/guidance/index.htm](http://www.vandenberg.af.mil/awards_promotions/guidance/index.htm). DO NOT FORGET TO USE THE **New IMT Form 1206**, as we can no longer use the old Form Flow 1206. POC: 30SW/JA, MSgt Smith, 5-6207.

**j. 30MDG Change of Command Ceremony:** Lt Col Kelly Wing relinquishes command of the 30th Medical Support Squadron to Lt Col DeAnda, 15 Jul 03, 1100 in the 30th Medical Group Auditorium. POC: 30MDG/SGAH, Capt Teresa Starks, 6-3308 to RSVP by 8 Jul 03.

**k. Airmen Against Drunk Driving:** Call for a safe, free, no questions asked ride home. 605-AADD, 1700-0500, Thursday through Sunday. POC: 30CES/CCS, SSgt Lima, 6-3612.

**l. 30MDG Closure:** In order to continue providing "World-Class Healthcare", the 30th Medical Group will close one day each month for training on the 4<sup>th</sup> Thursday of each month. This training time will enable the 30th Medical Group to improve its "War-Ready" posture, while at the same time, enhancing the outstanding customer service they already provide to Vandenberg AFB and the surrounding communities. For emergencies (threat to life, limb or eyesight), please call 911 or go to the nearest Emergency room. For urgent care only, please call (800) 252-3299 or 606-CARE. POC: 30MDG/SGAH, Capt Teresa Starks 6-3308.

## 2. 30<sup>th</sup> Space Communications Squadron:

**EMSEC, COMPUSEC, IAAP, COMSEC, Network Security?** Find out more on the AFSPC Information Assurance web page at <https://midway.spacecom.af.mil/infoprotect/index.htm>. POC: 30SCS/SCBI, TSgt Jimenez, 5-2352.

## 3. Traffic Management Office:

**a. Separating, Retiring or PCSing?** PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: 30LRS/LGRT, SSgt Papa, 6-0904.

**b. It's Your Move:** If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. POC: 30LRS/LGRT, Maureen Burt, 6-6932/33.

## 4. Civilian Personnel:

**a. Voluntary Leave Transfer Program:** Carl A. Boettger and Jeannette H. Parker - Vandenberg AFB, Anonymous (employee does not wish to be identified) - Tyndall AFB, Jennifer Biller - NAS Keflavik, Janet Brown, Ethel Carter, Richard Porterfield, and Sue Sommers - Scott AFB, Denise Christopher - Luke AFB, Kaye Ferguson - Los Angeles AFB, Debra Bucheck, Kevin Hanson, Anthony Karas, and Gail Knitter - General Mitchell IAP WI, Lora Hudson - Kirtland AFB, Jane Kelsey - Eglin AFB, Lester Mirabel and Jeff Moody - Patrick AFB, Robert Doom and Jacquelyn Schmidt - AF Academy, Frederick Shamonsky - Pittsburgh IAP-ARS, Mary Shepherd - Robins AFB, Yvonne Williams - Dobbins ARB, and Michael Zarbo - Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an Optional Form 630-A. You can go by Building 11777, Room B-103 to pick-up and/or turn in your form. You can access this form on the web at: [http://www.opm.gov/FORMS/PDF\\_FILL/opm630A.pdf](http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf).

**b. Weingarten Right:** Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met:

- a. The meeting between the employee and management official(s) must be an examination;
- b. The examination must be in connection with an investigation;
- c. The employee must reasonably believe that disciplinary action may result from the meeting; and
- d. The employee must request representation. POC: 30 MSS/DPCE, Mr. Paul Wiant, 6-5847.

## 5. 30CES:

**a. Family Housing Residents:** If you have change of station, separation or retirement orders, please visit the Housing Office as soon as you receive your orders. We will schedule your pre-final termination and final termination appointments for you. We try to schedule these 30 to 45 days in advance of your projected departure. This is very important to you, because not only will it allow you opportune time to schedule the appointments at your convenience, but you will also find out far enough in advance what your actual clearance responsibilities will be so you will not be caught by any surprises at the last minute. You will have the necessary lead-time to properly prepare your assigned unit for the final clearance appointment thus alleviating unnecessary stress for you and your family. Remember summer is the peak season for military moves. We are short one inspector so inspection slots are at a premium so it is critical that you contact the Housing Office as soon as you know you will be departing the area. We will accept a letter in lieu of orders to schedule your appointments. If you have any questions contact the Housing Office at 6-3434. POC: 30CES/CEH, Ms. Edlund, 6-3434.

**b. Attention Military Family Housing Residents Bulk Trash Pickup:** Just a friendly reminder regarding bulk trash (not recyclable, i.e. cardboard boxes, green waste) items that don't fit into your black refuse can: All items should be broken down to their lowest form. Please don't place your bulk items in cardboard boxes; use plastic garbage bags. Scheduled pick-ups are the 2<sup>nd</sup> and 4<sup>th</sup> Monday of each month (or Tuesday if the 2<sup>nd</sup> or 4<sup>th</sup> Monday is a Federal holiday). Simply place the bulk trash items at the curb before 0700 on pick-up days. Please insure nothing is blocking the curbside pick-up area (i.e., parked cars, basketball hoops, bicycles, etc.). If you are PCSing or service separating and have a copy of your orders you may take your bulk trash items directly to the landfill. For more information read your Housing Brochure or contact Service Contracts. POC: 30 CES/CEOEC, Mr. Kevin Hall, 6-2808.

**c. Attention Military Family Housing Residents Electronic Waste Disposal:** Did you know your unwanted TVs, computers monitors, microwave ovens, stereo's are considered electronic waste and cannot be disposed of in your trash or the landfill. If you live in MFH and are looking to dispose of these e-waste items, bring them to the Collection Accumulation Point, Building 6830, for recycling. Office hours are Mon-Fri, 0800-1600. POC: 30CES/CEV, Mr. Kevin Hall, 6-2808.

**d. Attention Military Family Housing Occupants and Base Facility Managers.** A new Vandenberg Tree Trimming Contract has been implemented. This contract is primarily for tree maintenance in Military Family Housing (MFH). MFH occupants are no longer required to submit a work request to have routine tree work completed. The contractor has a regular maintenance schedule and all trees in the MFH area will be assessed and required maintenance will be performed. Service Contracts will no longer accept requests from MFH occupants requesting routine tree trimming work. MFH occupants may call the Service Contracts Office to report a tree-related emergency or a safety-related tree issue. Service Contracts will have the contractor assess the request and schedule the work based on priority/urgency. Base facility managers may continue to submit tree work requests directly to Service Contracts. POC: 30CES/CEOEC, Domingo Zavala, 6-2330 or 6-1928.

## 6. Air Force Reserves: (30MSS/ISR)

**Briefing:** 8 Jul 03, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend the **Palace Chase** briefing. For more information, call MSgt Kartheiser (AF Reserve Recruiter, 6-2704).

**OFFICIAL**

**Frank Gallegos  
Colonel, USAF  
Commander**

**Mary E. Meyer**  
**Chief, Publishing Management**

### **SECTION III — UNOFFICIAL**

#### **General Information:**

- a. Blood Drive and Bone Marrow Registration Drive:** 25 Jun 03 from 0900-1300, 381st Group Auditorium, Bldg 8290. People registering for Bone Marrow Registration are only donating a small vial of blood for the national database; they will not have to actually donate marrow unless they are matched with a recipient and they still choose to be a donor. Also, even people who cannot donate blood (tattoos, certain diseases, etc) can still register to be a marrow donor. Please emphasize that by being a marrow donor you could save the life of a person with certain blood diseases. Both are open to any military member, dependent, or civilian associated with VAFB. Sponsored by the 381st TRG CGOC, POC 1st Lt Ericka Brewington, 6-4985.
- b. Amateur Radio Field Day:** The Satellite Amateur Radio Club (SARC) will participate in the annual ARRL "Field Day" exercise this weekend, 28-29 Jun 03 at the SARC compound on Bishop Road, 3/4 mile southeast of the Vandenberg Tracking Station. This event demonstrates the ability of Amateur Radio operators to set up a field communications site using only generator power and makeshift antennas. Hams throughout North and South America will try to make as many contacts as possible between 1100 Saturday to 1100 Sunday. In the event of a natural or man-made disaster, Amateur Radio is frequently the only reliable means for communication among government agencies and relief organizations. The public is invited to visit during the event, to see Amateur Radio in action. To learn more about the Field Day exercise or about the SARC, contact Eric Lemmon at 733-4416. (SARC)
- c. Amateur Radio License Testing:** The Satellite Amateur Radio Club will conduct a Volunteer Examiner test session for all classes of Ham Radio licenses at 1000 on Saturday, 28 Jun 03. Testing will be at the SARC Clubhouse, Building 23100, at the southeast end of Bishop Road. Advance registration is necessary, and certain materials must be brought to the session by the testee. Contact Dick Davidson 349-8155 or Bob Finn 736-4608 for more information. (SARC)
- d. Operation Kids Christmas BBQ:** 30 Jun 03, 100-1300, BX Parking Lot. Menu: Chicken or Tri-Tip, Beans, Salad and Bread. Cost is \$6 per plate. Ticket Contacts are Tina at 5-1400 or Capt Dupree at 6-8107/2184. (30LRS/392TRS/MCA Engineers Inc.)
- e. Aqualliers Dive Club Meeting:** 2 Jul 03, 1800-2000, Bldg. 6436, 13th & Nevada. Our Club website is: <http://members.tripod.com/aqualliers/aqualliers.html>. Contact Roy Wurzbach, 733-5026. (Det 3)
- f. Big Brother Big Sisters Program Volunteer Orientation:** 2 Jul 03, 1500-1630 at the Family Support Center which is located at 723 Nebraska Ave., Bldg. 10525. This program matches kids with adult volunteers who share friendship, fun and a positive role model. As a child, each of us had someone other than our parents who broadened our horizons and brought a little magic into our lives. By becoming a Big Brother or Big Sister, you can do the same for a child and both of you will be changed by the experience. POC: Charlie Guzman at 735-4376 ext. 26. (BBBS/Lompoc)
- g. African American Association Membership Meeting:** 10 Jul 03, 1145 in the Services Center, Bldg. 10122. The meeting is open to all DoD employees, retirees and their dependents. Please come join us and make things happen. (30CES/CEOEA, 5-3544.)
- h. Annual Airmen Appreciation Barbecue:** 18 Jul 03 from 1100-1500 at Cocheo Park. The Lompoc Valley Chamber of Commerce Military Affairs Committee, VAFB Credit Union, Santa Ynez Band of the Chumash Indians and Vandenberg NCOA Chapter 62 sponsor this. The USAF Rock Band, "Galaxy", will provide music. POC: (30SW/PA, 6-3595).
- i. Attention Government Service Station Customers:** Please do not throw trash in either the red or white step cans located on the pump island at the Government Service Station. The white can contains a supply of virgin fuel absorbing pads for clean up of minor fuel spills. The red can contains the contaminated clean up pads destined for hazardous waste disposal. Again, nothing should be placed in the white can, and only contaminated pads placed in the red can. We appreciate everyone's consideration. POC: 30LRS/LGRDMP, 6-9064/65.
- j. All Terrain Vehicle (ATV) Statistics:** According to the Consumer Product Safety Commission: ATV drivers have increased by 36%, from 12 to 16.3 million. The number of driving hours rose by 50%, from 1,575 to 2,364 million. The number of ATVs increased by 40%, from 4 to 5.6 million. ATV injuries have doubled in the last 5 years, and deaths continue to climb. Emergency room visits increased by 104%, from

54,700 in 1997 to 111,700 in 2001 and 357 people died of ATV related mishaps in 1999. This was the last year for which death records analysis were complete. Groups with greater risk for injury are as follows: drivers under 16 yrs of age; drivers with less than one year of driving experience; and recreational drivers. To access the press release: <http://www.cpsc.gov/cpsc/pub/prerel/prhtml03/03136.html>. (30SW/SEGB, 6-8804)

**k. Track and Field:** This is new at VAFB. POC: 576FLTS/CCIM, 6-9347.

**l. Commissary Service Update:** Commissary Service will improve on 31 Jul 03 when the Mini-Com will close for the last time and the main Commissary changes to an extended seven day a week operation. The change represents an added fifteen and one half hours of full service shopping each week. The main store will open on Mondays from 0930-1900 and will stay open an extra hour each day. DECA, Paige Zuniga, 734-3354, ext. 225.

**Health and Wellness Center:** (30MDG/SGGZ to Pre-Register for classes call 6-2221)

- a. Tobacco Cessation Classes, 6-week program that includes medication.
- b. Sensible Weigh, 4-week weight/fitness class. Call for schedule and to sign up.
- c. Risk Reduction Classes: Weekly classes meeting at the MDG that address Cholesterol, Diabetes, Hypertension and Weight. Topic varies; call for schedule and to sign up.
- d. Prenatal Exercise Class, quarterly class. Next class in August, date to be determined.
- e. Breastfeeding and Infant Care Education Class, a quarterly class. Next class in August.
- f. Show Me the Weigh, a 16-week weight loss program.

**Chapel:** (30SW/HC, 6-5773)

**a. Picnic, Ice Cream Social Welcome:** 6 Jul 03, 1400-1600 in the new patio facility behind the Annex. We will welcome our new Wing Chaplain, Lt Col David Morrow, his wife Vickie and their children, David and Joanna. (ATWIND Event)

**b. Chapel Job Vacancies:** The following positions are vacant and need to be filled immediately: Catholic Religious Educator Coordinator and Parish Coordinator. If interested please contact Fr. Mitch at 6-5773.

**c. Daily Prayer:** Every morning from 0715-0725 at Chapel I. All Vandenberg is invited to pray for our Nation, Troops & Families.

**d. Worship Schedule:** **Catholic Mass** Sat, 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II -- **Protestant** - Praise & Worship 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.

**e. G.I Java:** Time for a Break! All dorm and Billeting residents are invited to come and enjoy FREE lattes, frappicinos, sodas, chips, and fellowship at a world-class CYBERNET CAFÉ!! Open 7 days a week, 1700-2100. Located in the Delta Dayroom across the street from Breakers Dining Facility. For further information, contact SSgt Jennifer Wilkins or Chaplain Mike Martin at 6-5773.

**f. 381 Training Group Chapel Events:** Come and join us for the following weekly events: Bible Study & Prayer on Wednesday's from 1130-1230 Group Conference Room (Bldg 8290). Praise & Worship Service, Fridays from 1730-1830 at the Group Auditorium (Bldg 8290). Pizza and Game Social in the Group Foyer from 1830-2000. (Bldg 8290). For more information call Chaplain Beeman at 6-8963.

**Family Support Center:** 30MSS/DPF (Call the listed contact)

**a. The Mechanics of Resume Writing:** Prepare your resume for the upcoming Job Fair, summer job search, separation, or retirement! Attend on 25 Jun 03, 0900-1130 at the Family Support Center. Participants will learn about different types of resumes, resume do's and don'ts, and tips on building a powerful resume that will get you an interview. Participants will compile a rough draft of their selected format. The workshop is open to all active duty personnel, family members, retirees, and DoD civilians. Contact Teresa Orozco at 5-8557 to register for this informative workshop.

**b. How to Start Your Own Business Seminars:** 25 Jun 03, 1330-1530 at the Family Support Center. Have you always wanted to own your own business but really don't know how to get things going? These free seminars include How to Develop a Sound Business Plan, How to Get Financing for your Start Up Business, How to Market Your Business, and How to Buy Advertising. This is an on-going presentation offered once a month. This month, we will have "How to Get Financing for your Start Up Business," which will cover how to understand the necessary criteria to successfully obtain funding from a bank or lending institution. We will also cover various programs available to the borrower, SBA loans, local funding programs, Government grants. Call Larry Davis at 5-0134 to sign up. This is an ATWIND event!

**c. Women, Infants, & Children (WIC):** 26 Jun 03. A satellite office is at the Family Support Center from 0800-1630 for Vandenberg personnel who meet program requirements. WIC is a nutrition education

program that provides supplemental food that promotes good health for pregnant, breastfeeding, and postpartum women, infants and children up to age five. For more information call 6-0039 or the Lompoc WIC office at 737-6470 for an appointment.

**d. CAL-VET Home Loan:** 27 Jun 03, 1330 - 1530 at the Family Support Center. One of the major Veterans' benefits is the Veteran's Home Loan Guaranty. It is made to Active duty members, retirees, and Veterans for the purchase of homes, townhouses and condominiums. Learn the application procedures & understand the basic CAL-VET Home Loan process and be cognitive of potential pitfalls. Contact Larry Davis at 5-0134 to sign up. This is an ATWIND Event!

**e. Kids On the Move:** This workshop has been moved from 27 Jun to 11 Jul 03, 1500-1615. A video, "Let's Get a Move On" forms the core for discussion and activities for children ages 6-11 just arriving or departing VAFB. Youth share ideas on how to make new friends, staying in touch with old friends, and adjusting to a new school and home. Each child receives an individual relocation package. Contact Sally Galligan at 6-0801 to sign up. This is an ATWIND event!

**f. Big Brothers Big Sisters:** Come learn how to broaden a child's horizon and bring some magic into both of your lives. Our New Volunteer Orientation will be on 2 July from 1500-1630 at the Family Support Center. Call Charlie Guzman at 735-4376 ext. 26 to learn more about becoming a Big Brother or Big Sister.

**g. Office Closure:** The Family Support Center will be closed for staff training every Monday from 0730-0930. Personnel requiring emergency Air Force Aid will be assisted. POC: Sally Galligan, 6-0801.

**30<sup>th</sup> Services Squadron:** (30SVS/SVK, 6-0276)

**a. Auto Hobby Shop:** (30SVS/SVRA, 6-6014)

- **Auto Skills Classes:** By appointment. Tune-up and maintenance class for non-mechanics and equipment safety classes.

**b. Surf Lanes Bowling Center:** (30SVS/SVRB, 6-3209/734-1310)

- **Deployed Spouses Day:** Tuesdays, 0900-1200. Deployed spouses can play for just \$1 per game. All pre-school age children bowl for free with a paying parent.
- **Airmen's Night:** Thursdays, 1700-2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Thursdays, 1800-2100, Fridays, 2200-0100 and Saturdays, 2100-2400.
- **Peak Performer:** Come into Surf Lanes with your report card or peak performer certificate and receive a free game with shoes with one paid game.

**c. Breakers Dining:** (30SVS/SVMF, 6-7540)

- **Dial-a-Menu:** Call our telephone menu service at 6-8234 and find out what's being served in your dining facility.
- **Deployed Spouses:** Thursdays, starting at 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

**d. Child Development Center:** (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out if you qualify.

**e. Family Child Care:** (30SVS/SVYD, 6-3255)

- **Providers:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Call Gwendolyn Jones at 6-4639 or 6-3255.

**f. Fitness Center:** (30SVS/SVMP, 6-3832)

- **Body Composition Testing:** 25 Jun 03, 1100-1300. Testing in both locker rooms.
- **Horseshoe Tournament:** 26 Jun 03, 1200.

**g. Library:** (30SVS/SVMG, 6-4202)

- **Pre-School Story Time:** Every Thursday at 1000.
- **Dial-a-Story:** The phone number is 6-4300 (Available 24/7, changes each Sunday).
- **Summer Reading Program:** 30 Jun 03. First day to pick up your starter packets for this year's reading program. For children 3 through 13 years old.

**h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)

- **Youth Golf Lessons:** Saturdays at 1330. For youths ages 8 years and up. Cost is \$5 each session, includes use of rental club set and range balls.
- **Scotch Foursome Tournament:** 29 Jun 03, 1000.
- **Red, White & Blue:** 4 Jul 03. Entry fee is \$13, includes BBQ lunch. Sign up at the Pro Shop by 3 Jul 03.

**i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)

- **Horseback Riding:** 28 Jun 03, 1330-1445. Enjoy a horseback ride at the Pacific Dunes Ranch in the Oceano preserve. Sign up at Outdoor Rec by 20 Jun 03. Cost is \$35.
- **Whitewater Rafting Trips:** 12 Jul 03. Cost is \$65 per person. Departs at 0600 and returns at 2100 same day. Includes transportation and lunch. Future trip dates are 19 and 26 Jul 03.
- **Sailing at Santa Barbara:** 12 Jul 03, 1030-1730. Cost is \$45. Sign up by 3 Jul 03.

**j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)**Entertainment/Events:**

- **Latin Sounds w/DJ:** 27 Jun 03, 2100-0200, in the Enlisted Lounge.
- **Karaoke & DJ:** 27 Jun 03, 1900-2300, in the Officers' Lounge.
- **Mug Night:** 28 Jun 03, 2100-0200, in the Enlisted Lounge.

**Menu:**

- **Pacific Fried Chicken Night:** 24 Jun 03, 1700-2000.
- **Foggio's Pizza Night Special:** 25 Jun 03, 1700-2000. All you can eat pizza buffet. Children 4 years and younger are free, children age 5-11 are half price.
- **Pasta Mania Buffet:** 26 Jun 03, 1700-2000. Children 4 years and younger are free, children age 5-11 are half price.
- **Weekly Lunch Schedule:** Monday-Lunch Special, Tuesday-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesday-Santa Maria BBQ Buffet, Thursday-Chicken and Ribs Buffet, and Friday-Seafood Buffet.

**k. Rod & Gun:** (30SVS/SVRR, 6-4560)

- **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.
- **Intramurals:** Season is underway. See your sports unit rep for details.
- **Sporting Clays:** 2nd and 4th Sundays each month.

**l. Services Center:** (30SVS/SVYR, 6-7976)

- **Free Dance Lessons:** Wednesdays, 1830-2100. Free country-western line dancing lessons.
- **Natural Knead Massage:** Custom gift baskets and gift certificates are available.
- **1-Day Disney Trip:** 28 Jun 03, 0600-2400. Cost is \$15 for bus transportation (40 available seats). Active duty military are free entry at the gate, dependent tickets are \$38, children ages 3-9 are \$31.50.

**m. Skills Development:** (30SVS/SVRS, 6-6438)

- **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
- **Advanced Framing & Matting:** Thursdays, by appointment.
- **Ukrainian Egg Painting:** 28 Jun 03, 1830-2100. Cost is \$30.

**n. Swimming Pool:** (30SVS/SVRO, 6-3581)

- **Lap Swimming:** Mon-Fri 0630-0800, 1045-1245, 1745-1900; Sat-Sun 0800-0945.
- **Open Swim:** Mon-Fri, 1300-1600; Sat-Sun, 1300-1700.

**o. Youth Center:** (30SVS/SVYY, 6-2152)

- **Vandenberg Flyers:** Cheerleading/Dance Team program for ages 4 and up. Sign up at the Youth Center.

**Education Center:** (30MSS/DPHE, 5-5904)

**a. Civilian Competitive Development Program (CCDP):** The Civilian Competitive Development Program is an Air Force program open to civilians who are in the permanent grades of GS-12 through GS-15. Purpose is to identify high-potential civilian employees to participate in this high-level development program. CCDP is designed to invest in promising employees and then realize a return on that investment through improved performance. It offers a wide variety of opportunities. The four areas for which a candidate may be nominated are: a.) Intermediate Service School (ISS): Air Command and Staff College and Air Force Legislative Fellows Program; b.) Senior Service School (SSS): Air War College, National War College, Industrial College of the Armed Forces, ICAF Senior Acquisition Course (ISAC), and RAND Fellowship Program (RAND); c.) Academic Programs: Graduate-level programs at Harvard, Massachusetts Institute of Technology, Princeton, Stanford, and Air Force Institute of Technology. d.) Experiential Programs: DoD Executive Leadership Development Course (ELDP), Excellence in Government Fellows, and E-Government Fellows Program. Nomination procedures, program guidance, and tools to assist managers in identifying potential candidates may be found on the CCDP homepage located at <http://www.afpc.randolph.af.mil/cp/ccdp/default.htm>. All packages must be submitted to the Civilian Training Office NLT 27 Jun 03. For information call Ms. Barb LeFebvre, 5-5913.

**b. Air Command and Staff Course (ACSC):** The Education Services Office is currently recruiting civilian and military personnel for Air Command And Staff Course (ACSC). To be eligible to enroll in ACSC, you must be O-4 or O-4 Selectee of all service components or a GS-11 and above. Captains (O-3) are not eligible to audit the course. Please have all eligible personnel come by the Education Services Office and complete the proper enrollment paperwork. The deadline date for enrollment is NLT 18 Jul 2003. This date will ensure timely arrival of course materials. The actual course start date has not yet been selected. After enrollment is complete, a seminar leader will be identified. For more information contact Jacquie Estrada at 5-5903.

**c. Basic Officer Training:** The Line Officer Accessions Board Schedule has been modified for FY04. Four Boards (quarterly) will be held for the Rated, Technical Degree Sponsorship Program (TDSP), and Critical Tech Sub Programs. Two boards (bi-annually) will be held for the Technical and Non-technical sub-programs. Special panels will be conducted as directed to meet specific needs of the Air Force. The application cutoff for the first two boards are: 2 Sep 03 for the Critical Board and 7 Oct 03 for the Non Critical Board. For more information contact the Education Center at 5-5904.

**d. Tuition Assistance for Civilians Registered in a Career Program:** To apply for Tuition Assistance through your Career Program, you must submit a DD Form 1556, Request for Training, to the immediate supervisor for signature in Block 32 and then submit it to your Career Program point of contact. A DD Form 1556 accompanied by the course description and cost is required for each course. For specific instructions on how to complete a DD Form 1556, refer to section 1, paragraph D, of the DPK Training Guide. Refer to section 3 for Tuition Assistance information. The guide can be found at <http://www.afpc.randolph.af.mil/cp/DPKD/guide/default.htm>. Questions can be referred to Ms. Barbara LeFebvre at 5-5913.

**e. Base Education Office Closure:** Will be closed for an official function on 26 Jun 03 starting at 1430. The Education Center will reopen on 27 Jun 03 for normal walk-in hours of 0900-1500. For details call 5-5913.

#### **Computer Training:** (MCA, 6-3771)

**a. Personal Computer Systems Training:** Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771 for more information, or e-mail: [lexi.schwartz@vandenbergh.af.mil](mailto:lexi.schwartz@vandenbergh.af.mil).

**b. Computer Tip:** A KEYSTROKE TO REMEMBER - We all know that pressing the Delete key deletes the CONTENTS of the selected cell(s). But what do you press if you want to delete the cell itself? Use **Ctrl** + - (the hyphen, or "minus sign"). How you use this shortcut depends on what you're doing. For example, to delete a cell: 1. Select the cell. 2. Press **Ctrl** + -. 3. In the Delete Cells dialog box, specify how you want the other cells to move in response to the deletion; then click **OK**. To delete a row or a column: 1. Select the row or column, (by clicking the row or column heading). 2. Press **Ctrl** + -. (The row or column disappears. You don't have to mess with a dialog box.)

**c. Available Classes:** The following classes currently have room and are available on a "first come-first serve" basis. Email us to register for classes you would like to attend.

<b>Class</b>	<b>Date(s)</b>	<b>Time</b>
Excel 2000	6/24-26	13:00-16:00
IAAP Managers	6/25	08:00-11:30
Publisher 2000	6/30-3	13:00-16:00
Project 2000	6/30-3	08:00-11:00
Photo - Selecting What You Want	7/2	11:30-12:30

**Note:** Walk-ins are always welcomed

#### **Items For Sale/Wanted Items**

**For Sale:** 2000 Mitsubishi Montero Sport XLS, 3.0 liter, V-6, automatic with 41000 miles, AC, power steering, power windows, power door locks, tilt wheel, cruise control, AM/FM stereo, single compact disc, dual front airbags, ABS (4-wheel), leather interior, sliding sun roof, roof rack, privacy glass (tinted windows),

running boards, two-tone paint, alloy wheels, compass and temperature gauges in rear view mirror. One owner, have all routine maintenance records, garaged and in excellent condition. Comes with bug deflector, two piece bra, and top mounted luggage container. This is a great SUV! VIN JA4LS31H2YP014363. Asking \$16,90. Call Doug at 734-3060 if interested.

**For Sale:** 2002 Kawasaki ZG1000 Concours 2100 miles. The Kawasaki Concours sport-touring bike comes with the following: Full fairing - w/lockable bins on either side, Quick detach lockable hard luggage, Liquid/Oil Cooled 1000cc ZX1000 Eliminator Engine, Six-speed transmission, 7.5-gallon fuel tank for long-distance touring, The remainder of a transferable factory 36 month - unlimited mileage - warranty Tank Bra & Factory Backrest. Excellent Condition, Low Miles, Paid \$8,200 a year ago. Asking \$6,335 (Loan value). If interested call Mike at 717-6399.

**For Sale:** 1993 Mercury Villager LS van V-6, 139,000 miles, all power, sliding sun roof, tow package, privacy glass, captain chairs, CD, ABS, roof rack, temperature gauge, cruise, mpg computer, over \$2,200 invested in recent months--full tune-up, new brakes, timing belt, fuel pump and many other items, runs great! Asking \$4,990. Call Brian for details 734-3403.

**For Sale:** 1992 Pontiac Bonneville SE--170, 000 miles. Many features; PS, PB, ABS, Tilt, PW, Remote PDL, A/C, Power Driver Seat, AM/FM Cassette, CC and P. Mirrors. (New brakes, front struts, and A/C) PCSing to Europe, must sell, \$2,500 or best offer. If interested call 928-6889.

**For Sale:** Camper shell and carpet kit for 1992 Ranger short bed. Shell is teal green and needs paint, carpet kit is gray and in excellent condition. \$150 each, \$250 for both. Call 734-8164 if interested.

**For Sale:** 1991 Yamaha Waverunner 650 LX Jet Ski, 2 seater, adult owned, low hours, runs great w/ steel rolling cart, custom seat & mats, very clean. Asking \$850 OBO. Call 733-3231 if interested.

**For Sale:** Bearded Dragon Lizard, 49-gallon aquarium, UVA/UVB light bulb w/holder, 10-gallon cricket aquarium and other accessories. Asking \$300. FMI, call Dan or Teresa at 734-1364.

**For Sale:** Exercise Equipment. Gold's Gym, new condition, \$400. Space-Saver Treadmill, new condition, \$300. Portable basketball hoop, nearly new condition, \$200 OBO on all items. Call Shauna at 717-3549.

**For Sale:** New Olympic weight set, includes 2 each-45, 35, 25, 10, 5, 2 1/2 lbs plates, a 45lb straight bar, 25lb curl bar (bars are at \$50 each), collars, one large used bench, one small used bench. A steal for only \$200. Pick up or delivery available. Serious inquiries only. Call 740-1882 if interested.

**For Sale:** Epson Stylus Photo Printer, \$65. Brand new, never out of box. Call 733-0505, if interested.

**Free Horse Lease/Sale:** Shire (draft) horse for sale (\$3,600) or free lease. You pay for her upkeep and she is yours for a year (or so). She is located in the on-base stables; you can keep her there or move her. You can even borrow all of her tack and a saddle. Rides well with attention, but can get spoiled if left alone too long. No bad vices; very loving. Could be good for a (moderately experienced) determined teenager or adult. She has gone through some Reining training and may drive. I have too many horses and not enough time/money. Call 440-7624, if interested.

**Wanted:** Tandem axle car trailer. Please contact William Meskill at 734-6987.