



Base Bulletin

Vandenberg AFB, CA 93437-0759



9 Jul 2003

No. 28

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to publishing.management.dci@vandenberg.af.mil or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP-DCI by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Team Vandenberg 2003, 2nd Quarter Awards Suspense: All Company Grade Officer, Enlisted, Civilian, and Volunteer packages are due NLT 1630 Hrs, 9 Jul 03. HAND CARRY packages (except Civilian Category) to Bldg 10577, Room C-104, 30SW/JAE, addressed to 30SW/CGO Board Facilitator, 30SW Enlisted Board Facilitator, and 30SW Volunteer Board Facilitator. Deliver Civilian nomination packages to 30MSS/DPMP, Bldg 11777, Room C-216. Rules of Engagement/Criteria can be found at the following link: http://www.vandenberg.af.mil/awards_promotions/guidance/index.htm. DO NOT FORGET TO USE THE New IMT Form 1206, as we can no longer use the old Form Flow 1206. POC: 30SW/JA, MSgt Smith, 5-6207.

b. 30SFS Key Audit: The Installation Security Section is performing an audit to identify those organizations and individuals who will be impacted by retooling of locks for our installations gates. To facilitate this process and to ensure those who require continued access are identified we are asking for all key holders to e-mail TSgt Derek Rabey, 5-0792 at Derek.rabey@vandenberg.af.mil. Please reply by 10 Jul 03. POC: 30SFS/SFOXI, SMSgt Gutierrez, 5-2585.

c. 381TRSS Change of Command: 14 Jul 03, 1000 in the 381TRG Auditorium. Lt Col Paula Flavell will relinquish command to Lt Col Sam Epperson. The event is open to all. POC: 381TRSS/TSR, Capt Dieter, 5-2116.

d. AFPC Acquisitions Officers Mass Briefing: 14 Jul 03, 0830-1000, Bldg 8500 in the Readiness Review Conference Room (RRC) for counseling of Base Acquisitions Officers. This will be followed by an individual counseling session until 1400. POC: Det 9/CWVI, Lt Baird, 6-1957 and Lt Lozada, 6-8044.

e. 30MDG Change of Command Ceremony: Lt Col Kelly Wing relinquishes command of the 30th Medical Support Squadron to Lt Col Steven DeAnda, 15 Jul 03, 1100 in the 30th Medical Group Auditorium. POC: 30MDG/SGAH, Capt Teresa Starks, 6-3308 to RSVP by 8 Jul 03.

f. Retirement Ceremony: Major Peter Bako, 30 Civil Engineer Operations Commander cordially invites you to the retirement ceremony of Chief Master Sergeant James H. Fisher, honoring 30 years of distinguished service. The ceremony will be held on 17 Jul 03, 1030 in Bldg 8500, in the Readiness Review Conference Room (RRC). A BBQ will be held at Cocheo Park following the reception. POC: 30CES/CEOEA, TSgt Lisa Mitchell, 6-8057 or SSgt Karon Williams, 5-3544.

g. Retirement Ceremony: Lt Col Lee-Volker Cox, 30 OSS/CC, cordially invites you to the Retirement Ceremony of MSgt Richard Czap, honoring his 20 years of distinguished service, 18 Jul 03, 1400 at Building 7025 in the Western Range Operations Control Center (WROCC) Auditorium. POC: 30OSS/OSOC, MSgt Richard Chavez-Hatton, 6-2940.

h. Annual School Sports Physical: 1 Aug 03, 1600-1800 by appointment only. Please bring the school's physical examination requirements (if any) along with your children (s) immunization record to the appointment. It is recommended that children are brought to the Immunization Clinic prior to 1 Aug 03 to

TEAM VANDENBERG

have their immunization record reviewed in order to receive required immunizations. No TB tests will be placed or immunizations administered on 1 Aug 03. The appropriate attire for the students are as follows: T-shirts, gym shorts or sweat pants. Students that are not dressed in the attire mentioned may have to be rescheduled. Children must be enrolled in TRICARE Prime at Vandenberg AFB in order to make an appointment. A parent or legal guardian must accompany any child under 18 years of age. Appointments may be scheduled by calling 6-7707 Monday through Friday from 0730 to 1600. POC: 30MDG/SGAH, Capt Stacy Rosales.

i. Airmen Against Drunk Driving: Call for a safe, free, no questions asked ride home. 605-AADD, 1700-0500, Thursday through Sunday. POC: 30CES/CCS, SSgt Lima, 6-3612.

2. 30th Space Communications Squadron:

a. Emission Security: EMSEC is a base-level program requiring compliance with equipment and system installation standards as outlined in AFMAN 33-214V2, Emission Security Countermeasures Reviews. This applies only to classified computers, systems, or facilities. For information on what the VAFB EMSEC program has to offer, check out our website at the following address: <https://milnet/wiao/emsec.htm>. POC: 30SCS/SCBI, TSgt Jimenez, 5-2352.

b. Optional Form 21: DD Form 2861, Cross-Reference, Jun 03, replaces the obsolete Optional Form 21. The form can be found on the DD web page at <http://web1.whs.osd.mil/icdhome/DD2500-.htm>. The form has 5 pages; the first two are instructions and the remaining 3 pages is the actual form. It may not be placed on the AF E-Publishing site since it is a DoD form. The Air Force is attempting to remove DD forms from their site if it is available electronically on the DoD site. POC: 30SCS/SCSP-DCI, Mary Meyer, 6-7892.

c. New Publications: 30SWIND2, 30SWI48-102 and 30SWI90-102 are now available on the VEPDL. POC: 30SCS/SCSP-DCI, Mary Meyer, 6-7892.

d. Mailing Requirements For Boxes and Flats Weighing 16oz or more: The USPS requires face-to-face acceptance of any box or package weighing 16oz or more from any customer--AF, DOD Civilian or Contractor. Boxes and or packages over 16oz may not be left at the Mailroom ADO for pick-up by BITC. Information Management personnel may receive a box from Air Force personnel and civilians in there building if they are aware of the contents. They must transfer it face-to-face to BITC personnel when they arrive on their scheduled mail run. All other boxes and or packages over 16oz must be presented in person to BITC, Bldg 7425, for franking and delivery to the USPS. In addition, any box, flat, or package over 16oz being mailed to an APO address or overseas must have a Customs Slip stating its contents and bearing the signature of sender. This is a safety and security requirement of the USPS DMM Regulation. POC: 30 SCS/SCBAP/ DCI/BITC, Janet Leininger, 6-7028.

3. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: 30LRS/LGRT, SSgt Papa, 6-0904.

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. POC: 30LRS/LGRT, Maureen Burt, 6-6932/33.

4. Civilian Personnel:

a. Voluntary Leave Transfer Program: Carl A. Boettger - Vandenberg AFB, Anonymous (employee does not wish to be identified) - Tyndall AFB, Glenda Bennet - Peterson AFB, Jennifer Biller - NAS Keflavik, Janet Brown, Ethel Carter, Richard Porterfield, and Sue Sommers - Scott AFB, Denise Christopher - Luke AFB, Betty Dean - Dyess AFB, Kaye Ferguson - Los Angeles AFB, Debra Bucheck, Kevin Hanson, Anthony Karas, and Gail Knitter - General Mitchell IAP WI, Lora Hudson - Kirtland AFB, Jane Kelsey - Eglin AFB, Roberta Clark, Lester Mirabel, and Jeff Moody - Patrick AFB, Robert Doom and Jacquelyn Schmidt - AF Academy, Frederick Shamonsky - Pittsburgh IAP-ARS, Mary Shepherd - Robins AFB, Yvonne Williams - Dobbins ARB, and Michael Zarbo - Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Building 11777, Room B-103 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf.

b. Weingarten Right: Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met:

- a. The meeting between the employee and management official(s) must be an examination;
- b. The examination must be in connection with an investigation;
- c. The employee must reasonably believe that disciplinary action may result from the meeting; and
- d. The employee must request representation. POC: 30 MSS/DPCE, Mr. Paul Wiant, 6-5847.

OFFICIAL

**Frank Gallegos
Colonel, USAF
Commander**

**Mary E. Meyer
Chief, Publishing Management**

SECTION III — UNOFFICIAL

General Information:

a. African American Association Membership Meeting: 10 Jul 03, 1145 in the Services Center, Bldg. 10122. The meeting is open to all DoD employees, retirees and their dependents. Please come join us and make things happen. (30CES/CEOEA, 5-3544.)

b. Master Sergeant Selects BBQ: 16 Jul 03, 1200 at Cocheo Park. Congratulations to all Team Vandenberg MSgt Selects! During the picnic, two guest speakers will be on hand to welcome you to the SNCO Corps and you'll be able to attend a Top 3 meeting. We highly encourage all wing and associate unit MSgt Selects to attend this auspicious occasion. Meals are free for MSgt Selects and the cost for others are \$5.00 per plate. The 30th Space Wing Top 3 Committee sponsors this. (30SCS/SCXP, MSgt Samuel Footman, 6-1221 or e-mail samuel.footman@vandenberg.af.mil or MSgt Jessie Grice, 6-4321).

c. Vandenberg Bass Club: 16 Jul 03, 1700 at the Base Library. Interested in fishing? Are you new to the Base? Interested in competition with fellow anglers? Then our next tournament (a two-day event) will be 19 Jul 03 and 20 Jul 03, 0600 start at Pine Canyon Lakes. If you are interested in joining the Club call Mr. Cal Long at 6-3013 or E-mail: calvin.long@vandenberg.af.mil

d. Annual Airmen Appreciation Barbecue: 18 Jul 03 from 1100-1500 at Cocheo Park. The Lompoc Valley Chamber of Commerce Military Affairs Committee, VAFB Credit Union, Santa Ynez Band of the Chumash Indians and Vandenberg NCOA Chapter 62 sponsor this. The USAF Rock Band, "Galaxy", will provide music. (30SW/PA, 6-3595).

e. Operation Baby Launch: 21 Jul 03, 1700 at the Base Clinic Auditorium, 338 South Dakota Street. Pregnant??? Planning a family? You are invited to attend Operation Baby Launch sponsored by the 30th Medical Group. A great opportunity to learn valuable information on resources available from civilian representatives from our two local hospitals, TRICARE financial concerns, Vandenberg AFB Family Practice Clinic and much more. Receive a free formula kit, gifts and a free raffle from representatives. Spouses and partners are welcome. Registration is not required. (30MDG/SGAH, Capt Rosales, 5-8254 or Nancy Sias, 6-8217).

f. Base Housing Residents: If you use plastic trash bags for green waste, you now have a more environmentally friendly option! Beginning 31 Jul 03, the Self Help Store will provide biodegradable plastic or paper bags for your green waste free! Look for the display at the Self Help Store and use these bags instead of regular plastic. (30CES/CEV, Pat Maloy, 5-0544).

g. E-Books Available at VAFB Technical Library: Just go to: Netlibrary.com and enter the following User Name and Password: User Name: FL2827, Password: FL2827. You can browse through the Air Force Library Information System (AFLIS) E-Book collection by clicking on: [List all E-Books in the AFLIS – Air Force Library Information System E-Book Collection](#), or, you can search this E-Book collection by filling in one or more of the search fields. You can also include publicly accessible E-Books in your search by checking: [Include publicly accessible E-Books](#). You can read the books online or download them at work or at home.

There is an online dictionary available and search tips feature plus other helpful information. (VAFB Technical Library, Michelle Knight, 6-9745).

h. NAF Used & Excess Items For Sale: Bldg 10250 at the equipment check out. Items are for sale are as follows: Queen and twin mattresses and box springs; faux crystal goblets and glasses; ice buckets; limited edition artwork; lamp bases and other items all at rock bottom prices. (30SVS/SVML, Sheila Carrol, 6-5908).

Health and Wellness Center: (30MDG/SGGZ to Pre-Register for classes call 6-2221)

- a. Tobacco Cessation Classes,** 6-week program that includes medication.
- b. Sensible Weigh,** 4-week weight/fitness class. Call for schedule and to sign up.
- c. Risk Reduction Classes:** Weekly classes meeting at the MDG that address Cholesterol, Diabetes, Hypertension and Weight. Topic varies; call for schedule and to sign up.
- d. Prenatal Exercise Class,** quarterly class. Next class in August, date to be determined.
- e. Breastfeeding and Infant Care Education Class,** a quarterly class. Next class in August.
- f. Show Me the Weigh,** a 16-week weight loss program.

Chapel: (30SW/HC, 6-5773)

a. Picnic, Ice Cream Social Welcome: 6 Jul 03, 1400-1600 in the new patio facility behind the Annex. We will welcome our new Wing Chaplain, Lt Col David Morrow, his wife Vickie and their children, David and Joanna. (ATWIND Event)

b. Chapel Job Vacancies: The following positions are vacant and need to be filled immediately: Catholic Religious Educator Coordinator and Parish Coordinator. If interested please contact Fr. Mitch at 6-5773.

c. Daily Prayer: Every morning from 0715-0725 at Chapel I. All Vandenberg is invited to pray for our Nation, Troops & Families.

d. Worship Schedule: Catholic Mass Sat, 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II. **Protestant Praise & Worship** 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.

e. G.I Java: Time for a Break! All dorm and Billeting residents are invited to come and enjoy FREE lattes, frappicinos, sodas, chips, and fellowship at a world-class CYBERNET CAFÉ!! Open 7 days a week, 1700-2100. Located in the Delta Dayroom across the street from Breakers Dining Facility. For further information, contact SSgt Jennifer Wilkins or Chaplain Mike Martin at 6-5773.

f. 381 Training Group Chapel Events: Come and join us for the following weekly events: Bible Study & Prayer on Wednesday from 1130-1230 Group Conference Room (Bldg 8290). Praise & Worship Service, Friday from 1730-1830 at the Group Auditorium (Bldg 8290). Pizza and Game Social in the Group Foyer from 1830-2000. (Bldg 8290). For more information call Chaplain Beeman at 6-8963.

Family Support Center: 30MSS/DPF (Call the listed contact to pre-register for all classes, workshops, etc.)

a. Investment Series: 11 Jul 03, 1100-1200 at the Family Support Center. Are you ready to invest? Should you use extra cash to reduce your debts? This class will help you get started in the right direction. Learn about enrollment, investment vehicles, and more. Contact Jimmy Camacho at 6-4491 to sign up. This is an ATWIND Event!

b. Office Closure: The Family Support Center will be closed for an official function 11 Jul 03, 1130 to 1330.

c. Kids On the Move: 11 July, 1500-1615. A video, Let's Get a Move On forms the core for discussion and activities for children ages 6 through 11 just arriving or departing VAFB. Youth share ideas on how to make new friends, staying in touch with old friends, and adjusting to a new school and home. Each child receives an individual relocation package. Contact Sally Galligan at 6-0801 to sign up. This is an ATWIND event!

d. Pre-Separation Briefing (DD Form 2648): 15 Jul 03, 0800-0900 every 3rd Tuesday of the month at the Family Support Center. This mandatory briefing is for military members scheduled to retire or separate and must be completed at least 90-120 days prior to departure. Subjects covered include benefits in employment, relocation, and education/training, medical, financial, disability, and more. The DD Form 2648 acts as a checklist to identify Pre-Separation subjects of interest as a basis for development of an Individual Transition Plan (ITP). The completed form is required for final out-processing. Spouses are welcome and encouraged to attend. No registration is required! Contact Larry Davis at 5-0134. This is an ATWIND Event!

e. Manage Your Move: 16 Jul 03, 0845-1100 at the Family Support Center. For adults on the move, includes briefings from Housing, TMO, Finance, Legal Office, and tips form TRICARE. An overseas cultural adaptation segment follows at 1100-1130. Have your questions ready and plan to attend within 90-120 days prior to departure. Spouses are encouraged to attend. Call 6-0801 for more information. This is an ATWIND Event!

f. Global Hearts Group Movie Night: 18 Jul 03, 1800-2000 at the Chapel Annex. For children that have a

family member who is scheduled to deploy within 45 days, who is already deployed, or within 45 days of having returned from deployment, or on a remote assignment or extended TDY. The night will feature a children's movie and a simple dinner. Children must be potty trained and between the ages of 4 and 12. Let Mom and Dad" have some quiet time. Call the Chapel at 6-5773 to register your child.

g. Global Hearts Group Event: 19 Jul 03, 1100-1230, Mz. Fix-itz Workshop at the Services Center (try and arrive by 1045). This fun, informative, hands-on workshop introduces women of all ages to a variety of hand power tools to take on their home improvement projects while their man is away. This program is for women whose spouse is deployed, on a remote assignment or extended TD, or if your spouse is within 45 days from a deployment. Contact MSgt Todd LeFebvre at 6-1607 or 6-0039 to sign up.

h. Office Closure: The Family Support Center will be closed for staff training every Monday from 0730-0930. Personnel requiring emergency Air Force Aid will be assisted. POC: Sally Galligan, 30 MSS/DPF, 6-0801.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Auto Skills Classes:** By appointment. Tune-up and maintenance class for non-mechanics and equipment safety classes.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **Deployed Spouses Day:** Tuesdays, 0900-1200. Deployed spouses can bowl for just \$1 per game. All pre-school age children bowl for free with a paying parent.
- **Airmen's Night:** Thursdays, 1700-2100. Every Thursday night at the Bowling Center, E-4's and below can bowl for \$1 per game.
- **Thunder Alley:** Thursdays, 1800-2100, Fridays, 2200-0100 and Saturdays, 2100-2400.
- **Peak Performer:** Come into Surf Lanes with your report card or peak performer certificate and receive a free game (with shoes) with one paid game.

c. Breakers Dining: (30SVS/SVMF, 6-7540)

- **Dial-a-Menu:** Call our telephone menu service at 6-8234 and find out what's being served in your dining facility.
- **Deployed Spouses:** Thursdays, starting at 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out if you qualify.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Providers:** The need for Child Care Providers has never been greater! Help make a difference, find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.

f. Library: (30SVS/SVMG, 6-4202)

- **Pre-School Story Time:** Every Thursday at 1000.
- **Dial-a-Story:** The phone number is 6-4300 (Available 24/7, changes each Sunday).
- **Summer Reading Program:** The summer reading program is underway! Pick up your starter packets for this year's Reading Program. For children 3 through 13 years old.
- **Kids Reading Group:** 10 Jul 03, 1400. Reading discussion is Esperanza Rising by Pam Munoz Ryan.

g. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)

- **Youth Golf Lessons:** Saturdays at 1330. For youths ages 8 years and up. Cost is \$5 each session, includes use of rental club set and range balls.
- **BBQ Lunch:** 17 Jul 03, 1100-1330. Menu is BBQ Sandwich with beans, chips and beverage for \$5.00.
- **Summer Open:** 26-27 Jul 03. Entry fee is \$20. Sign up at the Pro Shop by 24 Jul 03 at 1500.

h. Outdoor Recreation/Equipment Checkout: (30SVS/SVRO, 6-5908)

- **Whitewater Rafting Trips:** 12 Jul 03. Cost is \$65 per person. Departs at 0600 and returns at 2100 same day. Includes transportation and lunch. Future trip dates are 19 and 26 Jul 03.

ij. Pacific Coast Club: (30SVS/SVRMC, 734-4375 or 734-4376)

Entertainment/Events:

- **Country Western Night:** 11 Jul 03, 2100-0200, in the Enlisted Lounge. Come on out for a great night of music and dancing with Sunny Country 102.5.
- **Karaoke & DJ:** 11 Jul 03, 1900-2300, in the Officers' Lounge.

- **Mug Night:** 12 Jul 03, 2100-0300, in the Enlisted Lounge.
Menu:
 - **Pacific Fried Chicken Night:** 8 Jul 03, 1700-2000.
 - **Mongolian BBQ:** 9 Jul 03, 1800-2000.
 - **Pasta Mania Buffet:** 10 Jul 03, 1700-2000. Children 4 years and younger are free, children age 5 through 11 are half price.
 - **Weekly Lunch Schedule:** Monday-Lunch Special, Tuesday-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesday-Santa Maria BBQ Buffet, Thursday-Chicken and Ribs Buffet, and Friday-Seafood Buffet.
- j. Rod & Gun:** (30SVS/SVRR, 6-4560)
- **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.
 - **Intramurals:** Season is underway. See your sports unit rep for details.
 - **Sporting Clays:** 2nd and 4th Sundays each month.
- k. Services Center:** (30SVS/SVYR, 6-7976)
- **Free Dance Lessons:** Wednesdays, 1830-2100. Free country-western line dancing lessons.
 - **Natural Knead Massage:** Custom gift baskets and gift certificates are available.
- l. Skills Development:** (30SVS/SVRS, 6-6438)
- **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
 - **Advanced Framing & Matting:** Thursdays, by appointment.
- m. Swimming Pool:** (30SVS/SVRO, 6-3581)
- **Family Swim Night & BBQ:** 12 Jul 03, 1830-2030. Open to regular daily admission or family pool pass.
 - **Lap Swimming:** Mon-Fri 0630-0800, 1045-1245, 1745-1900; Sat-Sun 0800-0945.
 - **Open Swim:** Mon-Fri, 1300-1600; Sat-Sun, 1300-1700.
- n. Youth Center:** (30SVS/SVYY, 6-2152)
- **Vandenberg Flyers:** Cheerleading/Dance Team program for ages 4 and up. Sign up at the Youth Center.
 - **Missoula Children's Theatre:** 14 through 19 July 03. Production will be Tales of Hans Christian Andersen. Auditions to be held at the Youth Center on 14 Jul 03.

Education Center: (30MSS/DPHE, 5-5904)

a. Top 3 Scholarships: Each year Vandenberg's Top-3 offers three \$200 educational scholarships to enlisted member regardless of rank. The requirements for the applicant are as follows: 3-page essay and must currently enrolled in college. Scholarship packages will be accepted through 8 Aug 03. Winners will be announced at the Top-3's August General Membership meeting. POC: 30LRS/LGR, SMSgt Paul McGinnis, 6-6571.

b. Air Force Institute of Technology (AFIT): The AFIT Education Newsletter informs Air Force Officers of the advanced education programs offered by the Air Force for FY 04. This newsletter informs students of academic eligibility for AFIT programs, the application process, and the selection process. AFIT offers Master's Degree along with Doctoral programs. For more information, please contact the Education Services Office at 5-5904, or visit http://rr.afit.edu/registr/reg_home.html. POC: 30MSS/DPHE, Jacquelyn A. Estrada.

Computer Training: (MCA, 6-3771)

a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771 for more information, or e-mail: lexi.schwartz@vandenberg.af.mil.

b. Computer Tip: To insert line breaks in FrontPage, while in the Normal view in FrontPage and when you press ENTER, FrontPage automatically inserts a Paragraph "<P>" tag, creating double line spacing between

lines. To insert a line break-or "
" tag-so you have single line spacing, hold down SHIFT and then press ENTER.

c. **Available Classes:** Following are classes scheduled for the next two weeks which have open slots:

Class	Date(s)	Time
UCM Training	7/9	08:00-11:30
Photo - Special Effects I	7/9	11:30-12:30
Outlook - Calendaring & Meeting Planner	7/11	11:30-12:30
Defense Message System 3.0	7/11	13:00-16:00
Word - Forms & Tables	7/14	11:30-12:30
PowerPoint 2000	7/14-18	08:00-11:00
Excel - Conditional Formatting	7/16	11:30-12:30
ADPE EC Training	7/16	09:00-11:00
Photo - Special Effects II	7/18	11:30-12:30

Note: Walk-ins are always welcomed!

Items For Sale

For Sale: 2000 Mitsubishi Montero Sport XLS, 3.0 liter, V-6, automatic with 41000 miles, AC, power steering, power windows, power door locks, tilt wheel, cruise control, AM/FM stereo, single compact disc, dual front airbags, ABS (4-wheel), leather interior, sliding sun roof, roof rack, privacy glass (tinted windows), running boards, two-tone paint, alloy wheels, compass and temperature gauges in rear view mirror. One owner, have all routine maintenance records, garaged and in excellent condition. Comes with bug deflector, two piece bra, and top mounted luggage container. This is a great SUV! VIN JA4LS31H2YP014363. Asking \$16,900. Call Doug at 734-3060 if interested.

For Sale: 1996 Chevy Blazer V6 86K miles. Many features: AC/PS/PQ/PL/Privacy Glass/Roof Rack/Single CD Player/Automatic. Asking \$6,600 OBO and can be seen on the lemon lot. Please call Brandon or Kelly at 734-6688.

For Sale: 1995 Ford Probe. Purple, 2door, 5-speed, PW, PL, AC. Asking \$4000. If interested call 734-0379.

For Sale: Epson Stylus Photo Printer, \$65. Brand new, never out of box. Call 733-0505, if interested.

For Sale: Solid Oak Dining Room Table (48" round converts to 72" oval w/24" removable leaf) \$200. Matching Solid Oak Lighted China Hutch, \$200, Solid Oak Entertainment Center \$200, Computer Stand/Writing Station \$50. If interested call 734-2634.

For Sale: 16 beveled glass shelves (14"x14") and 8 beveled glass shelves (12"x12"). Beautiful knick-knack shelves can be assembled. Bargain at \$200. Call Ann at 805-735-9035.

For Sale: Onkyo TX-DS595 Digital Surround Home Theater Receiver. 75w/Ch (8ohms); 100w/Ch (6ohms). Excellent condition; original packing \$200. Kenmore Series 80, electric dryer. Large capacity \$250. Contact Mark at 347-9110 if interested.

For Sale: Baby items: Bed, highchair, automatic swing, and playpen. Also selling a corner desk. All at reasonable prices. Call 733-4411 if interested.

For Sale: Recumbent stationary bike, 2 yrs old. Good condition. Asking \$50 OBO. Noah's Ark Nursery bedding includes comforter, bumper, 3 sheets, bed skirt, valance, changing pad, mobile and lamp. Asking \$50 OBO. Call 735-4102 if interested.

For Sale: Double reclining couch. Asking \$100 OBO, will help move. Call Jake at 734-2419 if interested.

For Sale: Couch and loveseat, color is blue, outstanding condition, hardly been used. Asking \$450 OBO. Four chair dining set, needs assembly, still in box, never been used. Asking \$100. Kettle-shaped BBQ grill, good condition. Asking \$50 OBO. Call 734-2417 if interested.

For Sale: Exercise Equipment Pro Form, Rebel Recumbent/Elliptical Cross trainer, \$100 OBO. Pro Form 965R indoor bicycle \$100. Sharp Carousel Convection Oven/Microwave. Asking \$200, really good condition. If interested call Yvette at 805-268-3965.

Horse For Sale: Big, Beautiful, Dark Bay Thoroughbred. Has no vices and is very mellow. 16hds high, will ride western or English. Asking \$2200. Call 736-4098 after 1700.

Free Horse Lease/Sale: Shire (draft) horse for sale (\$3,600) or free lease. You pay for her upkeep and she is yours for a year (or so). She is located in the on-base stables; you can keep her there or move her. You can even borrow all of her tack and a saddle. Rides well with attention, but can get spoiled if left alone too long. No bad vices; very loving. Could be good for a (moderately experienced) determined teenager or adult. She has gone through some Reining training and may drive. I have too many horses and not enough time/money. Call 440-7624, if interested.