



Base Bulletin

Vandenberg AFB, CA 93437-0759



23 Jul 2003

No. 30

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Vandenberg Enlisted Action Team (VEAT): 24 Jul 03, 1100 at GI Java. Please participate attend this meeting as we will be holding elections for this years officer's. We still need nominees for the following: President, Vice President, Secretary, Treasurer and Public Affairs. If you would like to nominate someone or yourself, please call the point of contacts. This is a very high profile and good organization to get involved in. POC: 30CES/CED, TSgt Murray, 5-6459 or SSgt Brown, 6-9782.

b. Retirement Ceremony: Captain Richard W. Branson requests the pleasure of your company at the retirement ceremony honoring MSgt Allen Saheim on 31 Jul 03, 1000 in Bldg 8415. Reception to follow at Cocheo Park. Please RSVP NLT 20 Jul 03. POC: 576FLTS/TMWMI, TSgt Danet or TSgt Camargo, 6-4199.

c. Unit Security Manager Formal Training Course: 31 Jul-1 Aug , 0800-1630 at Airman Leadership School, Bldg 11025. In accordance with AFI 31-401, newly assigned security managers are required to attend a formal information security training course within 90 days of appointment. Please contact your current unit security manager for enrollment. POC: 30SFS/SFAI, SSgt Jason J. Rowe, 6-4354.

d. Office Closure: The 30 CPTS will close at 1400 hours on 31 Jul 03 for an official function. They will re-open at 0800 hours on 1 Aug 03. If you have a financial emergency, please call Lt Swiderski at 588-0701. POC: 30CPTS/FMFC, MSgt V. Pfoser.

e. Retirement Ceremony: The Chief Nurse and the health care team of the 30th MDG cordially invites Team Vandenberg to the retirement ceremony to honor Mrs. Florence Padgett on 01 Aug 03. The luncheon will begin at 1130 at the Pacific Coast Club, cost is \$9 for members, \$11 for non-members. Seating is limited so please RSVP by 25 Jul 03. POC: 30MDG/SGAH, Sandy Castillo, 6-0468 or Sandra Conley, 5-2120.

f. Retirement Ceremony: Lt Col Lee-Volker Cox, 30 OSS/CC, cordially invites you to the Retirement Ceremony of MSgt Tedd Nettleton, honoring his 22 years of distinguished service, 1 Aug 03, 1100 at Building 7025 in the Western Range Operations Control Center (WROCC) Auditorium. POC: 30OSS/OSOC, MSgt Richard Chavez-Hatton, 6-2940.

g. Promotion Ceremony: Team Vandenberg's August Promotion Ceremony will be held 1 Aug 03, 1500 at the PCC. All Inductees/Promotees must be in place at 1400. SSgt inductees will wear Service dress, all others will wear a blue service uniform with tie/tab and ribbons. Questions should be directed to your First Sergeant. POC: 30CES, MSgt Dennis L. Wingett Jr, 6-7358.

h. Annual School Sports Physical: 1 Aug 03, 1600-1800 by appointment only. Please bring the school's physical examination requirements (if any) along with your children (s) immunization record to the appointment. It is recommended that children are brought to the Immunization Clinic prior to 1 Aug 03 to have their immunization record reviewed in order to receive required immunizations. No TB tests will be placed or immunizations administered on 1 Aug 03. The appropriate attire for the students are as follows: T-shirts, gym shorts or sweat pants. Students that are not dressed in the attire mentioned may have to be

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rescheduled. Children must be enrolled in TRICARE Prime at Vandenberg AFB in order to make an appointment. A parent or legal guardian must accompany any child under 18 years of age. Appointments may be scheduled by calling 6-7707 Monday - Friday from 0730 - 1600. POC: 30MDG/SGAH, Capt Rosales.

i. 30SFS 2003 National Night Out: 5 Aug 03, 1800-2000. Schedule of events are as follows: 1645: Convoy of Police, Ambulance, and Fire Department vehicles through Base Housing and finishing behind the Youth Center. 1800: Security force members will deploy from a helicopter and deliver the National Night Out proclamation to the Wing Commander. 1830: Puppet Show. 1900: K-9 Demonstration. 1930: Puppet Show. There will also be free games, free prizes, free hot dogs, chips and soda, face painting, child fingerprinting, a rock wall and softball speed throw and much more. Kids will have the opportunity to meet Crime Dog, McGruff, The Fire Prevention Dog, Sparky and Hawk Man. POC: 30SFS/SFMQ, SSgt Gorchess, 5-0785.

j. JPASO Scheduling Conference Meeting: 7 Aug 03, 1000 in Bldg. 7025, Western Range Operations Control Center Auditorium (WROCC). There will be a special Falcon TACSAT-1 presentation by Gwen Gurevich of Space Exploration Technologies during this meeting. Several range scheduling briefings are planned with presentations by representatives from JPASO Pacific area ranges including PMRF Barking Sands, HI, Naval Air Pt. Mugu, CA, 22 Space Operations Squadron, Peterson AFB, CO, U.S. Army Kwajalein Atoll and others discussing range instrumentation, maintenance and operations schedules and issues: POC: 30RANS/DOUS, Russell Johnson, 6-8985.

k. 30 OG/MSG Quarterly Award Winners: Lt Col Richard E. Lamb, 30 OG/CD, announces both the 30th Operations and 30th Maintenance Group Quarterly Award winners for the second quarter of 2003.

30 OG:	Category	Squadron
Capt Joseph Augustine	CGO	76 HF
MSgt Stephen LeBrun	SNCO	30 WS
SSgt Tonya Jones	NCO	30 OSS
SrA Michael Smith	Amn	30 WS
Peter Hedges	Civilian (Cat II)	30 RANS
MSgt Robert McCarty	Volunteer	2 SLS
30 MXG:	Category	Squadron
2Lt Bryan Carlson	CGO	30 SCS
MSgt Robin Fuller	SNCO	30 SCS
SSgt Darren Yingling	NCO	30 SCS
SrA Alex Wilkerson	Amn	30 SCS
Melissa Dekker	Civilian (Cat I)	30 SCS
Steven Olsen	Civilian (Cat II)	30 SCS

l. Airmen Against Drunk Driving: Call for a safe, free, no questions asked ride home. 605-AADD, 1700-0500, Thursday through Sunday. POC: 30CES/CCS, SSgt Lima, 6-3612.

m. Safety Notice: Auto Deaths Hit 12-Year HIGH in 2002. The number of people who died in SUV rollover crashes rose 14%, as total highway deaths hit nearly 43,000. 61% of all the SUV fatalities were due to rollovers. Government statistics show that SUV rollovers resulting in deaths is almost 3X that for cars. The good news: Car crash injuries fell to an all-time LOW; child and pedestrian deaths also decreased, as did fatalities involving big trucks. Alcohol-related fatalities remain at 41%, and 60% of the people killed were not wearing seatbelts! (Credit: John Crawley) POC: 30SW/SEGB, Florence Pangelinan, 6-8804.

n. Office Move: Please note the 30 MDG PRP office has moved to the 1st floor, directly across from the elevators. The temporary phone number is 6-1409. This number will be in effect until phone lines can be changed. POC: 30 MDG/PRP, Calvin R. Long.

2. 30th Space Communications Squadron:

a. Emission Security: If you do electronic processing of classified information, please ensure you have a current EMSEC evaluation or inspection on file with the Wing Information Assurance Office (WIAO). Call TSgt Sergio Jimenez at extension 5-2352 for assistance. POC: 30SCS/SCBI, 5-2352.

b. Records Management Requirements: Commanders and staff agency chiefs must implement records management programs to comply with AFI 33-332, and protect the rights of the government and persons directly affected by Air Force actions. The provision also applies to commanders of combatant commands and contractors performing records management support, and to the records of any contractor operating under an Air Force contract. Performance work statements must include records keeping requirements. POC: 30SCS/SCBR, Joseph Jiles, 6-4212.

c. New Publications: Revised AFMAN23-110 V2 30SWSUP1, The Air Force Supply Manual Volume 2, is now available on the VEPDL. POC: 30SCS/SCSP, Mary Meyer, 6-7892.

d. Pure Edge IMT Forms: Most 30SW and all 14AF forms are now available on the E-Pubs website and on the AFSPC Forms site as well. They can be accessed and downloaded from: <http://www.e-publishing.af.mil/forms/Unit.asp?Unit=30SW>. POC: 30SCS/SCSP, Mary Meyer, 6-7892.

3. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: 30LRS/LGRT, SSgt Papa, 6-0904.

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. POC: 30LRS/LGRT, Ms. M. Burt, 6-6932/33.

4. Civilian Personnel:

Voluntary Leave Transfer Program: Carl A. Boettger—Vandenberg AFB, Anonymous (employee does not wish to be identified)—Tyndall AFB, Glenda Bennet—Peterson AFB, Jennifer Biller—NAS Keflavik, Janet Brown, Ethel Carter, Richard Porterfield, and Sue Sommers—Scott AFB, Denise Christopher—Luke AFB, Betty Dean—Dyess AFB, Kaye Ferguson and Gloria Watkins—Los Angeles AFB, Debra Bucheck, Kevin Hanson, Anthony Karas, and Gail Knitter—General Mitchell IAP WI, Lora Hudson—Kirtland AFB, Jane Kelsey and Earle Tasse—Eglin AFB, Roberta Clark, Lester Mirabel, and Jeff Moody—Patrick AFB, Earl Mikula—Buckley AFB Robert Doom and Jacquelyn Schmidt—AF Academy, Frederick Shamonsky—Pittsburgh IAP-ARS, Mary Shepherd—Robins AFB, Yvonne Williams—Dobbins ARB, and Michael Zarbo—Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Building 11777, Room B-103 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf. POC: 30MSS/DPCE, Mr. C. Rose, 6-5847.

5. Military Personnel:

Military Personnel Flight offers Training classes for Virtual MPF and AFPC Web Page: Have you ever needed to handle a personnel matter, but you didn't have time to go to the Military Personnel Flight? The Air Force Personnel Center (AFPC) has created a Virtual Military Personnel Flight (vMPF) so that members can find information and review their personal information on-line from the convenience of their work or home computer. Some examples of applications available include the virtual record of emergency data, capability of member's to review their data verification record, duty history inquiries, templates for applications for humanitarian reassignment, etc. Another great resource is the AFPC web page which provides links with promotions info, assignments info, reenlistments info, etc. If you haven't had a chance to visit the vMPF and AFPC page, but would like to learn more about them, please email catherine.braxton@vandenberg.af.mil to sign up for one of our three separate intro classes. The classes are available on: 30 Jul 03 at 1100, 7 Aug 03 at 0800, 8 Aug 03 at 1500. The classes are being held at the computer labs of Bldg 9360. POC: 30MSS/DPMA, 1Lt Catherine M. Braxton, 5-8481.

6. Air Force Reserves & Air National Guard: (30 MSS/ISR)

a. Briefing: 12 Aug 03, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend the **Palace Chase** briefing. POC: 30MSS/ISR, MSgt Kartheiser, 6-2704.

b. 381TRG USAF Reserve Part-Time Openings: Transitioning to the "Real World"? Want to keep and continue using your Air Force skills? There is a way thanks to a new presence in the Total Force at the 381st Training Group. AETC recently authorized the first ever USAF Reserve positions in Space training. If working with the Next Generation of Space Leaders, if being a part of a premier group of professionals and if producing the AF's only Space Specialty Code graduates intrigues you, please call MSgt Brenda Kartheiser, 6-2704, or SMSgt Dave Fuentes, 6-4820, for information. POC: 381TRG/IMA, Lt Col Johnston, 5-8937.

c. Wyoming Air National Guard Part-Time Openings: Looking to leave active duty? Don't let your military time go to waste! Join the 243rd Air Traffic Squadron and the Wyoming Air National Guard. We have part-time opportunities for Radar, Radio, and Met Nav Maintainers, Power Pro, HVAC, Supply, Air Traffic Controllers, and Administration. Call now to find out how to apply for Palace Chase/Front. Cross trainee's welcome. For information call MSgt Jeri Keck at DSN 943-6071 or 1-800-832-1959 ext 6071, or call a recruiter at DSN 943-6188 or 1-800-742-9993. POC: 243ATC/SE, SSgt Randall Jeffries.

OFFICIAL

Frank Gallegos
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

a. Search & Rescue Recruitment: Do you love the outdoors, helping others, hiking, learning and organization? Then Santa Barbara County Search and Rescue (SAR) is looking for you. Learn new skills: Navigation, Man Tracking, First Aid, CPR, 4x4 driving, communications and so much more! Challenge yourself and grow, learn new things while helping others. Recruiting for new members is on Wednesday July 23 at 1900 at the Lompoc County Building 401 East Cypress (Ocean and E Street), Lompoc. All you need to do to begin the process is to attend the Recruitment meeting. You must be 18 years or older and have a desire to help others. For further information contact Eva Korientz at 934-1810. See you there! (ITT)

b. AFOSH Meeting: Air Force Occupational Safety and Health (AFOSH) Council meeting will be held on Thurs., 24 Jul 03, in the WROCC Theater from 1300-1430. All Team Vandenberg Commanders are required to attend; USRs and interested persons are highly encouraged to attend, as well. Purpose of the AFOSH Council is to address all safety, health and fire protection issues. Col Louis, 30 SW/CV, is the presiding Chairman of the Council. (30SW/SEGB, 6-8804)

c. Big Brothers Big Sisters: Big Brother Big Sisters matches kids with adult volunteers who share friendship, fun and a positive role model. Come learn how to become a Big Brother or Big Sister, broaden a child's horizon, and bring some magic into both of your lives. Our New Volunteer Orientation and Training will be on 6 Aug 03 from 1500 to 1630 at the Family Support Center office located at 723 Nebraska Ave, Bldg. 10525 Vandenberg AFB CA. Or, you can call Charlie Guzman at 735-4376 ext. 26 to learn more about becoming a Big Brother or Big Sister. (BBBS Lompoc)

d. Vandenberg AFB Girl Scouts: We are looking for girls entering grades K-12 and adult volunteers to register for SY03-04. We will have a Girl Scout table at the National Night Out Event on 5 Aug 03. (30CPTS/FMA, 6-1119)

e. CGOC: The CGOC meets the third Friday of every month in the PCC alcove at 1600. For more information contact 2d Lt JoAnne Finan at ext. 6-4031. (30CPTS/FMA)

f. USAF Marathon: 20 Sep 03, Dayton Ohio. Anyone interested in going to Ohio for the USAF Marathon? Want to be part the many activities surrounding the Wright Brothers Centennial of Flight? This is not just for marathoners, as they are having several different races for every level or runner. If you are interested in training and getting involved with the team, contact Paul Onderwater at 6-1541 x 3723. For more information check the Marathon Web site at: <http://afmarathon.wpafb.af.mil/>. (533TRS/DOC)

g. Base Housing Residents: If you use plastic trash bags for green waste, you now have a more environmentally friendly option! Beginning 31 Jul 03, the Self Help Store will provide biodegradable plastic or paper bags for your green waste free! Look for the display at the Self Help Store and use these bags instead of regular plastic. (30CES/CEV, 5-0544)

h. Attention Dorm Residents: The parking lot behind dormitory building 13411 (Centaur Dorm) is closed until further notice due to construction. Please utilize an alternate parking location until projected construction is completed. (30 MSG/CCH, 6-3933)

Chapel: (30SW/HC, 6-5773)

a. G.I. Java: Is in need of your help. We are in need of Cookies/Snacks, and Soda donations. Sign up sheets are available after the service. Please help us support our troops at home. For information or to sign up, please call SSgt Wilkins at 6-5773. Thank you for your support in this vital ministry to our troops.

b. Food Pantry: Next collection will be 26/27 July at Ch 1 & 2. Donations of non-perishable goods are needed for VAFB families especially canned vegetables (string beans, peas and corn) and peanut butter.

c. Worship Schedule: Catholic Mass—Sat, 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II. **Protestant**—Praise & Worship 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.

d. G.I Java: Time for a Break! All dorm and Billeting residents are invited to come and enjoy **FREE** lattes, frappicinos, sodas, chips, and fellowship at a world-class **CYBERNET CAFÉ!!** Open 7 days a week, 1700-2100. Located in the Delta Dayroom across the street from Breakers Dining Facility. For further information, contact SSgt Jennifer Wilkins or Chaplain Mike Martin at 6-5773.

e. 381 Training Group Chapel Events: Come and join us for the following weekly events: Bible Study & Prayer on Wednesday's from 1130-1230 Group Conference room (Bldg 8290). Friday's from 1730-1830 Praise & Worship Service at the Group Auditorium (Bldg 8290). Friday's from 1830-2000 Pizza/Game Social in the Group Foyer (Bldg 8290). These events are open to all. Anyone who wants to volunteer in Group Chapel Ministries please coordinate with Ch Beeman, 6-8963.

Family Support Center: 30MSS/DPF (Call the listed contact to pre-register for all classes, workshops, etc.)

a. Winning Interviews & Setting a Professional Image: Wed, 23 July, 1300-1530 at the Family Support Center. Learn the fundamentals of interviews, preparing for the interview, types of interviews, and what to expect. In addition, learn tips on what to wear and how to set a professional image during your interview. Contact Teresa Orozco at 5-8557 to sign up for this informative class. This is an ATWIND Event!

b. Women, Infants, & Children (WIC): Thurs, 24 July 03. A satellite office is at the Family Support Center from 0800-1630 for Vandenberg personnel who meet program requirements. WIC is a nutrition education program which provides supplemental food which promotes good health for pregnant, breastfeeding, and postpartum women, infants and children up to age five. For more information call 6-0039 or the Lompoc WIC office at 737-6470 for an appointment.

c. CAL-VET Home Loan: Fri, 25 July, 1330 - 1530 at the Family Support Center. One of the major Veterans' benefits is the Veteran's Home Loan Guaranty. It is made to Active duty members, retirees, and Veterans for the purchase of homes, townhouses and condominiums. Learn the application procedures & understand the basic CAL-VET Home Loan process and be cognitive of potential pitfalls. Contact Larry Davis at 5-0134 to sign up. This is an ATWIND Event!

d. The Mechanics of Resume Writing: Wed, 30 July, 1300-1530 at the Family Support Center. Prepare or update your resume for your job search, separation, or retirement! Participants will learn about different types of resumes, resume do's and don'ts, and tips on building a powerful resume that will get you an interview. Participants will compile a rough draft of their selected format. Workshop is open to all active duty personnel, family members, retirees, and DoD civilians. Contact Teresa Orozco at 5-8557 to register for this informative workshop. This is an ATWIND Event!

e. Heart Link: Thurs, 31 July, 0830-1400 at the Family Support Center. Designed for the spouse new to the military, 5 years or less, to learn about the military lifestyle--mission, customs, traditions, protocols, services and resources. This is an opportunity to have fun and meet other spouses with breakfast and lunch included. Reservations are required. Ask about free childcare. Contact Teresa Orozco at 5-8557 for information or to register. DEADLINE to register is 25 July. This is an ATWIND event!

f. Office Closure: The Family Support Center will be closed for staff training every Monday from 0730-0930. Personnel requiring emergency Air Force Aid will be assisted. POC: Sally Galligan, 30 MSS/DPF, 6-0801.

g. Volunteer Opportunity! Volunteers are needed at the Visitor Control Center to coordinate base tours and issue base passes. Volunteers must be prior military and will be interviewed by 30 SFS. If selected, a background check will be required. Contact SSgt Watson at 6-7662.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Auto Skills Classes:** By appointment. Tune-up and maintenance class for non-mechanics and equipment safety classes.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **Deployed Spouses Day:** Tuesdays, 0900-1200. Deployed spouses can play for just \$1 per game. All pre-school age children bowl for free with a paying parent.
- **Airmen's Night:** Thursdays, 1700-2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Thursdays, 1800-2100, Fridays, 2200-0100 and Saturdays, 2100-2400.
- **Peak Performer:** Come into Surf Lanes with your report card or peak performer certificate and receive a free game (with shoes) with one paid game.

- **Fall League:** Surf Lanes is currently forming teams for its fall league. Stop in soon to sign up.
 - **Retiree League:** Surf Lanes is forming teams for a military retiree league. Sign up now and enjoy a winter of bowling with other retirees and their families.
- c. Breakers Dining:** (30SVS/SVMF, 6-7540)
- **Dial-a-Menu:** Call our telephone menu service at 6-8234 and find out what's being served in your dining facility.
 - **Deployed Spouses:** Thursdays, starting at 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.
- d. Child Development Center:** (30SVS/SVYC, 6-1555)
- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out if you qualify.
- e. Family Child Care:** (30SVS/SVYD, 6-3255)
- **Providers:** The need for Child Care Providers has never been greater! Help make a difference, find out how you can become a licensed childcare provider. Call Gwendolyn Jones at 6-4639 or 6-3255.
- f. Fitness Center:** (30SVS/SVMP, 6-3832)
- **Home Run Derby:** 25 Jul 03, 1800. Catch home run fever as the Fitness Center hosts its home run Derby at Field 1.
 - **Body Composition Testing:** 28 Jul 03, 1100 – 1300 at the Fitness Center.
- g. Library:** (30SVS/SVMG, 6-4202)
- **Pre-School Story Time:** Every Thursday at 1000.
 - **Dial-a-Story:** The phone number is 6-4300 (Available 24/7, changes each Sunday).
 - **Summer Reading Program Finale Party:** 26 Jul 03, 1830 with face painting and a clown. Kids must turn in their reading logs by COB 25 Jul 03. Everyone who was in the program may come to the party, even if they didn't turn in a reading log. Certificate and prizes for everyone.
- h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
- **Youth Golf Lessons:** Saturdays at 1330. For youths ages 8 years and up. Cost is \$5 each session, includes use of rental club set and range balls.
 - **Summer Open:** 26-27 Jul 03. Entry fee is \$20. Sign up at the Pro Shop by 24 Jul 03 at 1500.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
- **Whitewater Rafting Trips:** 26 Jul 03 and 9 Aug 03. Cost is \$65 per person. Departs at 0600 and returns at 2100 same day. Includes transportation and lunch.
- j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)
- Entertainment/Events:**
- **Soul/R&B Night:** 25 Jul 03, 2100-0200, in the Enlisted Lounge. Music and dancing with DJ Layton from 106.7 FM.
 - **Karaoke & DJ:** 25 Jul 03, 1900-2300, in the Officers' Lounge.
 - **Mug Night:** 26 Jul 03, 2100-0300, in the Enlisted Lounge.
- Menu:**
- **Fried Chicken Night:** Every Tuesday, 1800-2000.
 - **Mongolian Barbecue:** 23 Jul 03, 1800 to 2000
 - **Foggio's Pizza Night:** 30 Jul 03, 1800-2000. All-you-can-eat pizza buffet. Children 4 years and younger are free, children age 5-11 are half price.
 - **Pasta Mania Buffet:** 31 Jul 03, 1700-2000. Children 4 years and younger free, age 5-11 half price.
 - **Weekly Lunch Schedule:** Mondays-Lunch Special, Tuesdays-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesdays-Santa Maria BBQ Buffet, Thursdays-Chicken and Ribs Buffet, and Fridays-Seafood Buffet.
- k. Rod & Gun:** (30SVS/SVRR, 6-4560)
- **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.
 - **Intramurals:** Season is underway. See your sports unit rep for details.
 - **Sporting Clays:** 2nd and 4th Sundays each month.
 - **Bowling Pin Shoot:** 03 Aug 03, 800 sign up, shooting starts at 900. \$5 per class. Classes for revolver, semi-auto and .22 rimfire.
- l. Services Center:** (30SVS/SVYR, 6-7976)
- **Free Dance Lessons:** Wednesdays, 1830-2100. Free country-western line dancing lessons.
 - **Natural Knead Massage:** Custom gift baskets and gift certificates are available.
- m. Skills Development:** (30SVS/SVRS, 6-6438)

- **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
- **Advanced Framing & Matting:** Thursdays, by appointment.
- n. **Swimming Pool:** (30SVS/SVRO, 6-3581)
 - **Lap Swimming:** Mon-Fri 0630-0800, 1045-1245, 1745-1900; Sat-Sun, 0800-0945.
 - **Open Swim:** Mon-Fri, 1300-1600; Sat-Sun, 1300-1700.
 - **Dive-in-Movie Night:** 25 Jul 03, 1930 to 2130. \$2 per person, includes popcorn and soda. Children under 10-years must be accompanied by an adult. Moviegoers are encouraged to use their own flotation devices (rafts, tubes, etc).
- o. **Veterinary Clinic: (30SVS/SVRV, 6-3019)**
 - **Evening Clinic:** 06 Aug 03, 1400 to 1900. This clinic is for vaccinations and sick call and is by appointment only. Call 6-3019 to make an appointment.
- p. **Youth Center: (30SVS/SVYY, 6-2152)**
 - **Vandenberg Flyers:** Cheerleading/Dance Team for ages 4 and up. Sign up at the Youth Center.
 - **Youth Soccer:** Registration is open for the upcoming youth soccer season. Stop by the Youth Center Mon-Fri, 0700-1700 to sign up. \$55 registration fee (Youth Center members \$50).
 - **National Kids' Day:** 2 Aug 03, 1100 to 1400. Games and prizes. Hamburger and hotdog lunch plates available for \$2.50. Sponsored by the Vandenberg Boys & Girls Club.

Education Center: (30MSS/DPHE, 5-5904)

a. **Air Force Institute of Technology (AFIT):** The AFIT Education Newsletter informs Air Force Officers of the advanced education programs offered by the Air Force for FY 04. This newsletter informs students of academic eligibility for AFIT programs, the application process, and the selection process. AFIT offers Master's Degree along with Doctoral programs. For more information, please contact the Education Services Office at 5-5904, or visit http://rr.afit.edu/registr/reg_home.html. Contact Ms. Jacquelyn A. Estrada, 5-5903.

b. **Community College of Air Force (CCAF) Transcripts:** AF Forms 2099 will no longer be accepted from Active Duty, Guard or Reserve Members. Education counselors and students can order transcripts at <https://afvec.langley.af.mil/afvec>. Separated or retired individuals who are using VA Education Offices may still submit AF Forms 2099, along with a written request. CCAF will only accept civilian transcripts directly from civilian institutions. This should help eliminate lost transcripts and give students more control over the process. Students can then check the Web site to ensure transcripts were received and follow up with their education counselors. <https://afvec.langley.af.mil/afvec>. Students can order CCAF transcripts; view their progress report, CCAF transcript ordering history and CCAF receipt of civilian transcripts at <https://afvec.langley.af.mil/afvec>. Contact Ms. Kathy Moran 5-5904.

c. **Air War College (AWC) Seminar** will **not be** held this year on Vandenberg, due to the lack of enrollment. Those eligible individuals seeking enrollment may still sign up for correspondence. Please direct any questions to Ms. Jacquelyn Estrada at 5-5903.

d. **Scholarship:** Aerospace Education Foundation (AEF) will award a \$1,000 scholarship this year to an active duty full time guard or reserve (officer or enlisted) who is pursuing a Master's degree in a non-technical field. The deadline for application is 31 Jul 03 (postmarked) and the scholarship will be awarded sometime in September. Please feel free and stop by the Education Services Office for an application, or call 5-5904.

Computer Training: (MCA, 6-3771)

a. **Personal Computer Systems Training:** Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771 for more information, or e-mail: lexi.schwartz@vandenberg.af.mil.

b. **Computer Tip:** Apply Superscript Or Subscript Formatting From The Keyboard - As you may know, you can apply superscript and subscript formatting to your document using the Font dialog box. Just select the text you want to format, then choose **Font** from the **Format** menu. Select the Superscript or Subscript check

box from the Font sheet, as appropriate, and then click **OK**. However, there's a much quicker technique you can use to apply superscript and subscript formatting on the fly. To apply superscript formatting, select the text you want to format and then press **CTRL + SHIFT + =**. To apply subscript formatting, press **CTRL + =**. You can also use these shortcut keys to toggle superscript and subscript formatting on and off as you type.

c. Class Availability: Following are classes scheduled for the next two weeks which have open slots:

Class	Date(s)	Time
Photo - Working With Layers	7/23	11:30-12:30
Excel 2000 Advanced	7/24	13:00-16:00
Outlook Email Only	7/25	13:00-16:00
Internet Explorer - Tips and Tricks	7/25	11:30-12:30
Front Page 2000	7/28-30	08:00-11:00
Acrobat Reader	7/28	11:30-12:30
PowerPoint - Custom Animation	7/30	11:30-12:30
Certification & Accreditation	7/30	08:00-11:30
Defense Message System 3.0	7/31	13:00-16:00
Acrobat Writer Basics	7/31-1	08:00-11:00
Photo - Image Correction	8/1	11:30-12:30
Outlook Email Only	8/1	13:00-16:00

Note: Walk-ins are always welcomed!

Items For Sale

For Sale: 2001 Ford Focus SE, 24k miles, 3 yr/36k bumper-bumper warranty, one owner, 4 cylinder, auto, AC, AM/FM w/CD, power locks, windows, disc drum brakes, roadside assist. Excellent condition! Asking only \$9,500. Don't miss this deal! Call Joy at 588-3290.

For Sale: 2000 Dodge Neon. Asking \$5,900. Call Josh at 734-0601 if interested.

For Sale: 2000 Red Nissan Frontier XE King Cab, great condition! Low miles, auto, ABS, Dual Airbags, CD premium sound, AC, Bed liner and Rear Slider. \$11,500 or OBO. Contact Suwannee or Shawn at 735-1007.

For Sale: 1998 Suzuki Swift, AC, AT, AM-FM-CD, 48,000 miles (low mileage). \$4,000 OBO. Call 734-1897.

For Sale: 1997 Mediterranean Blue Mazda Miata MX-5, soft convertible top, 51,000 miles, 4 cyl. 1.8 liter, 5 speed manual, CC, AC, PB, PS, PW, alloy wheels, cloth interior, dual front air bags, rear wheel drive, 1 year old tires. Brand new Pioneer AM/FM/CD/MP3 player, XM radio ready with detachable faceplate. Removable windscreen. \$9,500 OBO. Call 734-0144.

For Sale: 1997 Toyota Camry LE, antique sage (gray), 4 cyl, auto trans, power steering, windows, and door locks, cruise control, AC, AM/FM/CD, alloy wheels, 94K miles. Great commute car. \$7,100 OBO. Call 349-7274 if interested.

For Sale: 1995 Dodge Avenger, power steering, windows, and door locks, tilt wheel, cruise control, AM/FM stereo, dual front airbags, ABS, split/fold down rear seats, 4-spd auto with O/D. Asking \$3,200. Call 934-0832.

For Sale: 2001 Harley Davidson Hugger (883cc's), less than 3300 miles, includes all extras valued at \$14,000. Asking \$7,000, OBO. Call 734-9663.

For Sale: 1999 Yamaha V-Star 1100 motorcycle, 12,000 miles, exclnt cond.\$5,600 OBO. Call 734-1897.

For Sale: 1991 Harley Davidson XL1200 Sportster. Windshield, Sport bob tank, newer seat, saddlebags, S&S carb, Crane Hi-Fire ignition. Includes manuals, extra seat, and a few extra parts. Needs back tire. Bike has been weathered by our wonderful climate but doesn't affect the way it runs. Hard to find a running sporty this inexpensive. Asking \$4,500 firm. Call 734-1607 if interested.

For Sale: Great Condition—Black Motorcycle helmet (Small) \$45. Grill with tank \$30. Color TV \$40. Motorola Cell Phone with all accessories \$50. Call 734-0017 after 1730.

Peacekeeper De-Activation Coins are in: Cost is \$7.00 each. Buy as many as you want. Morale Fund fundraiser. (576FLTS/TMGPS, MSgt Brian Church, 6-0285)

NAF Used & Excess Items For Sale: Bldg 10250 at the equipment check out. Items are for sale are as follows: Queen and twin mattresses and box springs; faux crystal goblets and glasses; ice buckets; limited edition artwork; lamp bases and other items all at rock bottom prices. (30SVS/SVML, Sheila Carrol, 6-5908)

For Sale: Couch (blue) and loveseat, outstanding condition, hardly used. \$450 OBO. Four chair dining set, still in box. Asking \$100. Kettle BBQ grill in good condition. Asking \$50 OBO. Call 734-0660.

For Sale: Window blinds and carpeting that fit the older (on base) 4-bedroom homes (Arbor Drive). Carpeting is beige in color and will fit the living room and all four bedrooms. The blinds are white, custom, 2 inch, slat style blinds. Round oak dining table with removable 24" leaf; expands to 72' oval; comes with four chairs. Call 734-2634 if interested.

For Sale: Moving Sale, Everything Goes! Sofas plus end tables, Oak dining room set, china cabinet, crystal, two bedroom sets, 55" & 13" TVs, N64 plus games, PS1 plus games, kids videos, bicycles, total gym plus exercise equipment, Roland electronic piano and lots more! Call for details at 734-1897.

For Sale: Moving To Small Apartment, Must Sell! 22 cu ft Amana refrigerator, excellent condition \$200; Kenmore Washer, older model, excellent condition \$100; Kenmore large capacity dryer, used 6 months, \$175; brand new Craftsman mulching mower w/grass bag; paid \$250 asking \$180. Call 928-2366.

For Sale: A 1 yr old bearded dragon lizard including a 49 gallon reptile aquarium, UVA/UVB light bulb w/holder, 10 gallon cricket aquarium and extra accessories. Asking \$250. Call 734-1364.

For Sale: Quarter carat diamond, 10 karat gold wedding ring. Center stone with six smaller diamonds on each side and is size seven. Paid \$750, asking \$250. Call 734-4985 if interested.

For Sale: New Olympic weight set, includes 2 each-45, 35, 2 1/2 lbs plates, a 45lb straight bar, one each large & small used bench, a steal at \$150. Pick up—delivery available. Serious inquiries only. 740-1882.