



Base Bulletin

Vandenberg AFB, CA 93437-0759



11 Aug 2004

No. 32

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCBP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Office Closure: The Defense Reutilization and Marketing Office (DRMO) will be closed the week of 9-13 Aug 04, for turn-ins and Reutilization Transfer Donation (RTD) shipments. The office will be open for RTD screening. We apologize for any inconvenience this may cause. For information call 6-9851. (DRMO)

b. Attention Military Service Station Customers: Due to electricians working on the fuel pumps at the military service station the following hours of operation will be in effect for Thursday & Friday, 12 & 13 Aug 04. The E85 fuel pump will be closed at 1400 on Thursday and reopen on Friday at 0800. Customers with E85 VIL keys are requested to refuel prior to 1400 on Thursday. Fuels Management will not re-key E85 VIL keys for MOGAS issue. One of two MOGAS (MRR) pumps will be shut down at 1400 on Friday and reopen on Saturday morning. One MOGAS pump will remain open for refuels. Please plan accordingly. Contact is Mr. B.K. Ficklin, 30LRS/LGRMF at 6-8710. (30SW/PA, 6-9064)

c. Attention All Technical & Master Sergeants: The 30th Mission Support Group has an immediate opening for a Dorm Manager. The position is for Chief, Unaccompanied Housing and is a 2-year controlled tour with the award of the 9D000 Reporting Identifier. Come join a dynamic dorm management team that makes an everyday difference in the quality of life for dorm and unaccompanied housing residents! Only highly motivated Technical & Master Sergeants are encouraged to apply by sending a letter of recommendation from their commander, and copies of their last three EPRs to 30MSG/CD. Submission deadline is COB, 16 Aug 04. For more details, please contact SSgt Raul Molina at 6-3933. (30MSG/CCH)

d. AFPC Acquisition Assignment Team Visit: Supervisors, please encourage your acquisition officers to take advantage of the following opportunity. Members of the Acquisition Assignments team will visit Vandenberg AFB on Monday, 16 Aug 04. The team will consist of Maj Barker, 62E Developmental Engineer Officer Assignments, and Capt Ireland, 63A Program Manager Officer Assignments. From 0800 - 0900 in the Bldg 8500 Readiness Review Center (RRC) they will present the Acquisition Officer Outreach Briefing. The briefing is intended to help officers and their supervisors plan for upcoming assignments in the context of a successful career. Briefing topics include: Status of the Acquisition Career Fields, Force Development, Overview of the Assignment Process, Special Assignment Opportunities, and Promotions. The team will also be available for 1-on-1 appointments to address the specific concerns of individual officers. To schedule an individual appointment, contact Jody Bacon at 6-2712. Don't miss this rare opportunity! (30LCG/CCX)

e. Retirement Ceremony: The 30th Space Communications Squadron/Optical Instrumentation Section cordially invites you to attend a retirement dinner honoring Mr. James Royal on 20 Aug 04 at 1830, at Pea Soup Andersen's in Buellton. If you would like further information, please contact Ms. Roylan Damwyk at 6-8462 or Ms. Pamela Lane at 6-6153. (30SCS/SCOI)

TEAM VANDENBERG

f. Office Closure: The 30th Comptroller Squadron, Financial Services Office, Customer Service section will be closed on 20 Aug 04 from 1300 to COB for an official function. We apologize for any inconvenience this may cause. If emergency finance assistance is needed, you can reach us at 588-0701. (30CPTS/FMFC)

g. Office Closure: The 30th Comptroller Squadron, Financial Services Office, Customer Service section will be closed all day 24 Aug 04 due to the exercise. We apologize for any inconvenience this may cause. If emergency finance assistance is needed, you can reach us at 588-0701. (30CPTS/FMFC)

h. Military Equal Opportunity (MEO): Under the Equal Opportunity and Treatment (EOT) Program when necessary, military members, their families, and military retirees can file formal complaints. Complaints should be filed within 60 days, unless there is justification or extenuating circumstances. Formal complaints are processed in 20 duty days (sexual harassment complaints are processed in 14 duty days and have additional reporting requirements). The MEO Office conducts a complaint clarification in nine duty days, and the report is submitted to the legal office for a legal review in six duty days, and the commander has five duty days to outline intended action in confirmed cases. For additional information relating to the EOT complaint process please call the 30th Space Wing MEO Office at 6-0370. (30SW/ME)

i. Airmen Against Drunk Driving (AADD): Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

a. Revised Publications: AFI33-360V1_30SWSUP1, **Air Force Content Management Program – Publications** [30SWI31-105](#), and **Base Destruction Facility (BDF)** are available on the VEPDL. (30SCS/SCBP, 6-7892/4)

b. New Checklist: [30SWCL 33-22](#), Functional Area Records Manager (FARM) Program checklist is now available on the Self Inspection Program web site. Effective immediately, Base Records Management will use this checklist when conducting records staff assistance visits. (30SCS/SCBR, 6-0261)

c. IMT News & Info: A link has been added to the VEPDL to make IMT news, fixes and other information available to the Vandenberg community. Look at the bottom of the Forms/IMTs column and click on [IMT News & Info](#). From there you will be able to review various informative news, fixes and workarounds received from Mr. Charles Whitson, the Command Forms Manager at Peterson AFB. The first IMT issue is available now and discusses: AF IMTs 707A, 707B, 910, 911, and 1206; PureEdge 6.0.1 zoom feature; and tabbing difficulties. (30SCS/SCBP, 6-7892)

3. Traffic Management Office: (30LRS)

a. Shipping Your Pet: If you are PCSing overseas with your pet, the following website contains useful information and web links: [Passenger Policy](#). HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. (30LRS/LGRT, 6-6932/33)

4. Military Personnel Flight: (30MSS/DPMP)

a. Military Personnel Flight (MPF) Customer Walk-in Hours: The MPF Customer Service (ID Cards & Records), located in Bldg 11777/C-114, walk-in hours are: Monday, Tuesday & Thursday from 0800—1500, Wednesday from 1000—1600, and Friday from 0800—1600. All other MPF Office hours are from 0900—1500. Appointments may be made outside the times listed, by contacting the appropriate office. The MPF has mandatory Warfit Monday, Tuesday & Thursday afternoons and will stop taking new customers at 1500. For further information call SMSgt Walker at 6-1085. (30MSS/DPM1)

b. Master Personnel Record (MPR) Changes: There will be a temporary suspension of providing documents from the Master Personnel Record (MPR). Effective 15 Sep 04, AFPC will start the conversion of their current database to a new and improved storage and retrieval system. The conversion will last for approximately 45 days in which AFPC will be unable to access documents from MPRs. If anyone is working projects requiring documents from their MPR prior to the conversion process, they should make the request as soon as the need is identified. Customer Service will assist all Airmen as best as possible during this AFPC conversion. Contact Customer Service at 6-2276. (30MSS/DPMP)

c. Interested In Going TDY? The MPF's Personnel Readiness Function is looking for volunteers, in the rank of E-5 and below, to go TDY for approx 90 days working as a Third Country National (TCN) Escort. We are currently looking to fill 30 tasking for the AEF 3, AEF 5 and AEF 7 cycles. The benefits include traveling to another country and receiving a tax-free reenlistment bonus if you are eligible for reenlistment during that time. All TDY tasking are on a first come, first serve basis. Eligibility criteria as follows: Must not be obligated to fulfill an AEF requirement for your current AFSC and must remain eligible to support this

tasking for the entire AEF cycle. Must have a Secret or Interim Secret Clearance. Must be an E-5 or below. Must have your commander's approval in writing to be eligible to volunteer for the TCN Escort deployments. For more information, please contact TSgt Leduc at 6-7574. (30MSS/DPMDX)

d. NCO Retraining Program: Air Force officials have announced the start of the FY05 NCO retraining program. The FY05 NCORP will target approximately 1,098 NCOs (SSgt, TSgt, MSgt) to retrain from AFSCs with NCO overages to AFSCs with NCO shortages. The voluntary phase of the program runs from 3 Aug 04 through 30 Sep 04. Some restrictions apply, depending on your grade and AFSC, if necessary, an involuntary phase will be implemented on any AFSC that did not meet voluntary retraining-out program objectives. Contact Personnel Employment at 6-8739 or 6-7681 for complete details. (30MSS/DPMAE)

e. Academic Year (AY) 2005 Olmsted Scholar Program: The Olmsted Scholar Program provides the opportunity to study abroad, obtain a masters degree in a foreign language, and gain an in-depth understanding of the history and social, political, cultural and economic characteristics of a foreign country. Eligibility criteria forthcoming for Junior Line Officers <http://www.afpc.randolph.af.mil/pme/0-Olmsted.htm>. Contact is MSgt Jesse J. Langhorne, Superintendent of Customer Support, 6-7387. (30MSS/DPMP)

f. MPFM 04-31 Korea Assignment Incentive Pay (KAIP) Program: KAIP's purpose is to encourage volunteerism for extended service in Korea. The Air Force's KAIP program aligns with the SecDef effort to generate increased stability and elevate unit performance in the force by promoting volunteerism. KAIP authorizes \$300.00 monthly payments to Airmen entering a written agreement to serve the prescribed tour in Korea plus an additional 12 months. KAIP tours will be established as 24-month unaccompanied or 36-months accompanied in Korea. Implementation is effective immediately. For information contact Outbound Assignments, 5-0290. (30MSS/DPMA, 5-0204)

5. Civilian Personnel Flight: (30MSS/DPCE)

Voluntary Leave Transfer Program: Jon Martinson, 30CES/CEOIA and Timothy L. Lovelace, 30CES/CEOF2 have exhausted all of their own leave and are in need of leave donations to avoid a period of non-pay. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: [OPM 630-A](#). (30MSS/DPCE)

6. 30th Medical Group: (30MDG)

TRICARE Outreach: Free flowing opportunity to learn about your TRICARE options and address any concerns in an open-forum environment every Wednesday through Sept 04 from 1400-1600 in the Staff Auditorium at the 30th Medical Group. Children are welcome and no RSVP is required. The following is a list of topics on specific dates: 11 Aug 04: Access Standards and Accessing Care. 18 Aug 04: New Claims Processors (Health Care Claims/TRICARE for Life/Pharmacy). 25 Aug 04: Preventative Care (Well visits/Immunizations). Subject will repeat every 15 minutes. Direct questions to Ms Bonnie Robles, Beneficiary Counseling and Assistance Coordinator at 6-7483. (30MDG/SGO, 6-3308)

7. 30th Security Forces Squadron: (30SFS)

a. Installation Entry Gate Hours: The Santa Maria, Solvang and Timber Lane Gates are open 24 hours a day. The Utah Gate is open from 0600—2200, Monday thru Sunday. The Lompoc Gate is open from 0600—1900, Monday thru Friday. The Titan gate is closed. (30SFS/SFOC, 6-3911)

b. Base Obstacle Course Access: The Base Obstacle Course is **off limits** to all personnel who have not received the required obstacle course training from the 30th Security Forces. All personnel wishing to use the obstacle course must contact SSgt Chris Correia at 5-2087. (30SFS/SFTT)

8. 30th Civil Engineering Squadron: (30CES)

a. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call A1C Rodriguez at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3 attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOFF, 6-0010).

b. Proper Ventilation: Due to our location mold and mildew can become a problem, but proper ventilation can prevent it. Turn on the bathroom exhaust fan and/or open a window in the bathroom during and after a shower or bath. If no window exists in the bathroom, leave the bathroom door ajar following the shower or bath and open windows in other rooms to create a cross draft for about 10 minutes. If mold and

mildew manage to develop anyway, open windows in the affected area to facilitate drying, and scrub the area with a solution of one-cup bleach and one gallon of water, rinse and wipe dry. In the case of mold on painted surfaces, allow this solution to soak in before scrubbing lightly, rinsing and drying. If your carpet gets wet, dry it quickly to prevent the growth of mold under the carpet. You can use a fan directed at the wet area of the carpet to dry it and prevent the growth of mold. (30CES/CEH, 6-3477)

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750, 13—15 Aug 04. Call 6-5565 for movie information or e-mail Vanessa Probert at ProbertV@aafes.com. (AAFES)

| Day | Date | Movie | Rating | Opens | Starts |
|----------|-----------|---------------|--------|-------|--------|
| Friday | 13 Aug 04 | "Spiderman 2" | PG-13 | 1830 | 1900 |
| Saturday | 14 Aug 04 | "Spiderman 2" | PG-13 | 1830 | 1900 |
| Sunday | 15 Aug 04 | "Sleepover" | PG | 1330 | 1400 |

b. Food Service Events: For more details contact SSgt Bethany Lopez at 6-5496. (30SVS/SVMX)

| Day | Date | Event | Start Time | Location(s) |
|---------|-----------|---------------------------------|------------|--------------------|
| Monday | 16 Aug 04 | National Lemon Meringue Pie Day | 1100/1630 | Beachcomber & SLCs |
| Tuesday | 24 Aug 04 | National Peach Pie Day | 1100/1630 | Beachcomber & SLCs |

c. Peacekeeper Association (PKA) Golf Tournament: The PKA Golf Tournament will be held on Friday, 13 Aug 04, at Marshallia Golf Course VAFB. Check-in is from 1030—1200 and the shotgun start is at 1230. The cost is \$15.00 per person entry fee. Fee does not include greens fee, cart rental or golf club rental. The format is a 4-person scramble. Mulligans and string will be sold at registration. For more details contact A1C Veronica Atis at 588-5491 or by e-mail: veronica.atis@vandenbergh.af.mil. (30SFS/CCA)

d. Scuba Diving Class: Sign-up at the Base Pool for the next Scuba Diving class from now. Cost is \$100.00, plus the cost of the certification package. Class start date is 10 Aug 04. Completion date is 29 Aug 04. There will be 2 classes per week, Wednesday and Friday from 1700—2000. Final ocean check-out dives will be 28-29 Aug 04. This is a fully certified scuba course. All books and materials will be provided. Equipment and certification package available from local dive shop. For more information call Bob Johnson at 452-6218.

e. Spouses With Small Children: A new base group sponsored by the all-ranks VAFB Spouse Club, is geared towards parents with children ages 0-5. The playgroup meets at Cocheo Park, every Tuesday, from 0900—1100 (for now). The Fitness Center Annex is our alternative indoor space in inclement weather. A small snack is provided so bring your sippy cups. This group is meant to be informal and meet your needs. Also included are field trips, speakers and holiday parties. Free to all until the VSC membership drive in late September. Try us out! For more details call Linda Benz, 734-2448, or e-mail: benz3.0@netzero.com.

f. Community Arts Festival: Excellent volunteer opportunity and a way to get involved in the community! Need volunteers to help set up and take down equipment on 14 & 15 Aug 04, in support of the Annual Brushes & Blues Community Arts Festival. Location: La Purisima Mission State Historic Park. Times: Set-up: 14 Aug 04, at 1200. Take down: 15 Aug 04 at 1700. Personnel wishing to assist please contact TSgt Bruce French at 6-1702, for more information. (30SFS/SFOR)

g. Volunteers Needed: The Lompoc Valley Chamber of Commerce's Annual Brushes & Blues Community Arts Festival will be held on 15 Aug 04 at La Purisima Mission State Historic Park. Volunteers are needed to assist with monitoring the parking for the all day event. Shift times are as follows: 0900—1130, 1130—1400, 1400—1600 and 1600—1800. Approximately 10 people per shift are needed, all of whom must be 18 years of age or over. For more information, or to volunteer, please call 736-4567. (30SW/PA, 6-3595)

h. Learn Adult CPR: Super CPR Saturday will be held 14 Aug 04 at the Able Maldonado Community Youth Center, 600 S. McClelland Street, Santa Maria. Choose from sessions beginning at 0900 or 1330. Each session lasts 4 hours. Cost is \$10 pre-registered, \$12 after 12 Aug 04. Call 928-0778 or 925-0951 ext 260 to register. (30SCS/SCBP, 6-7892)

i. Softball Challenge: Eagles vs. Chiefs will play on Tuesday, 20 Aug 04, from 1300—1430, in game 1 and Sq CCs vs. 1st Sgts, from 1430—1600 in game 2. All Eagles/Chiefs/Sq CCs/1st Sgts are welcome to participate. Eagles/Chiefs will play first, with Sq CCs/1st Sgts playing after conclusion of first game. All are encouraged to come and support your team. Softball Field I is located on the west side of the gym (behind the racquetball courts). The 30th Contracting Squadron will have hot dogs/chips/sodas available for sale. To sign up contact miguel.medrano@vandenbergh.af.mil. (30CONS, 6-9760)

j. NCOA Meeting: There will be a Non Commissioned Officers Association (NCOA) meeting in the Quiet Room of the Enlisted Club at 1500 on 20 Aug 04. All members and prospective members are invited. For more information contact SSgt David J. Najera at 6-2104. (30OSS/OSOC)

k. Catholic Single Young Adults: Are you single, between 21 and 40, and looking for a place to meet other Catholics with similar interests? Join the new Central Coast Catholic Young Adult Singles, the 2nd and 4th Thursdays (at local parishes) of every month. Our next bi-monthly events are Thursday, 12 Aug 04, 1830—2030 at St Louis de Montfort in Orcutt (bring a dish to share) and Thursday, 26 Aug 04, at St Mary's in SM, 1830—2030 (cost \$5 at door for drinks & snacks). Along with our regular events we will be going to a Concert in the Plaza in SLO, Friday, 20 Aug 04. For information about our bi-monthly events, upcoming Concert in the Plaza, October Wine Tasting/Tour and the CSN Cruise to Ensenada from 29 Oct 04 to 1 Nov 04 contact: Kellee Bartha at 264-4659 or e-mail CentralCoastCatholicYoungAdults@yahoo.com. (CCCYA)

Health And Wellness Center: (30MDG/HAWC, 6-2221)

a. Quarterly Classes: The following classes are offered on a quarterly basis at the Health And Wellness Center, Breastfeeding and Infant Care Class - Learn how to properly breastfeed and take care of your newborn. Exercise During Pregnancy - Learn what exercises are appropriate during your pregnancy. For information regarding any of these classes, please call the HAWC at 6-2221.

b. HAWC On-line Class Sign-ups: Please go to www.php-ids.com to register as a new student and sign up: Fitness Improvement Program (FIP), Healthy Living Workshop (HLW), and Body Composition Improvement Program (BCIP). For information regarding any of these classes, please call the HAWC at 6-2221.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule:

| Catholic Mass: | | | Chapel 2 | Protestant Services: | | | |
|-----------------------|----------|-----------|----------|-----------------------------|--------|------|----------|
| Confessions | Saturday | 1700 | Chapel 2 | Praise & Worship | Sunday | 0830 | Chapel 2 |
| Mass | Saturday | 1615—1645 | Chapel 2 | Gospel | Sunday | 1130 | Chapel 2 |
| Daily Mass | Sunday | 1000 | Chapel 1 | Traditional | Sunday | 1130 | Chapel 1 |
| | Mon-Fri | 1130 | Chapel 2 | | | | |

b. The Vandenberg Jewish Community: Hebrew and Bar Mitzvah classes are ongoing here on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

c. Monthly Prayer Breakfast: Come and join us for our monthly prayer breakfast Thursday, 12 Aug 04 at 0630 at the Chapel 1 Annex. Our speaker will be Lt Col Walt Lauderdale, Commander of the NRO.

Family Support Center: (30MSS/DPF, 6-0039) To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit www.php-ids.com.

a. Office Hours: Family Support Center's customer service hours are from 0800—1600 except on Monday when the center will be closed for staff training from 0730—0930. Personnel requiring *emergency* Air Force Aid will be assisted. Call 6-0039.

b. Computer Resource Room: The Family Support Center's Computer Resource Room is now open to customers needing to access the Internet for job searches, relocation assistance, or to stay in touch with the family if separated because of military obligations. Walk-ins are accepted from 0800—1530.

c. BabyMeet: If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. This group meets every Wednesday, 0900—1000 at the Base Library. For more details call Katie at 734-6758 or Anna at 734-6606.

d. Playtime for Tots: They meet Friday mornings at 1000—1100 at the Religious Education Center. This playgroup is for parents and the children ages 2 to 5. For more information call Jill at 757-9044.

e. Palace Chase (Force Shaping) Separatees: Are you separating under the newest Palace Chase (Force Shaping) program? If so, you need to get to the Family Support Center (FSC) now! You must accomplish your mandatory Pre-Separation Briefing at least 90 days prior to separation. You can schedule yourself for

this briefing by accessing www.php-ids.com. Do not wait until you have your out-processing checklist to get this briefing. If you need assistance please call the FSC at 6-0039.

f. Basic Investing: Thursday, 12 Aug 04, 1100—1200 at the Family Support Center. Are you ready to invest? Should you use extra cash to reduce your debts? This class will help you get started in the right direction. Learn budgeting, investing and developing a sound financial plan. You can schedule yourself for this briefing by accessing www.php-ids.com.

g. Bundles for Babies: Friday, 13 Aug 04, 1400—1600 at the Family Support Center. This Air Force Aid Society Program covers proactive informational topics such as financing for expectant parents, lifestyle changes, infant CPR, Nursing Moms Program, and Give Parents a Break Program. Learn parenting skills, meet other expectant parents and receive a free gift for your precious bundle. Class is open to all ranks and is not limited to a first pregnancy. Bundles For Babies is for active duty Air Force members and/or their spouses (Marines, Army, Navy, and Coast Guard Personnel may attend, but are not eligible to receive a bundle). Please be advised not to bring children to the program. Call Sue Voshell at 6-0039 for registration.

h. Pre-Separation Briefing (DD Form 2648): Tuesday, 17 Aug 04, 0800 at the Family Support Center. This mandatory briefing is for military members scheduled to retire or separate and must be completed at least 90-120 days prior to departure. Subjects covered include benefits in employment, relocation, education/training, medical, financial, disability, and more. The DD Form 2648 acts as a checklist to identify Pre-Separation subjects of interest as a basis for development of an Individual Transition Plan (ITP). The completed form is required for final out-processing. No registration is required! You can schedule yourself for this briefing by accessing www.php-ids.com.

i. Manage Your Move: Wednesday, 18 Aug 04, 0845—1100 at the Family Support Center. For adults on the move, includes briefings from Housing, TMO, Finance, Legal Office, and tips form TRICARE. An overseas cultural adaptation segment follows at 1100—1130. Have your questions ready and plan to attend within 90-120 days prior to departure. Spouses are encouraged to attend. Call 6-0039 to sign up.

j. Winning Interviews & Setting a Professional Image: Wednesday, 18 Aug 04, 1300—1500 at the Family Support Center. Learn the fundamentals of interviews, preparing for the interview, types of interviews, and what to expect. In addition, learn tips on what to wear and how to set a professional image during your interview. You can schedule yourself for this briefing by accessing www.php-ids.com.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Used Car Lot:** Try selling your used vehicle through the Auto Hobby Shop. Place your vehicle on the used car lot for \$6 per two weeks. You also have the option of listing your vehicle on the Services Squadron web site.

b. Surf Lanes Bowling Center: (30SVS/SVBB, 6-3209/734-1310)

- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Friday, 2100—2400, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!

c. Breakers/Beachcomber Dining: (30SVS/SVMF, 6-7540/734-1901)

- **Breakers Renovations:** The Breakers dining facility is currently closed for renovations to the heating, ventilation and air conditioning system. Consolidated dining will be available at the Beachcomber (Bldg 9190) on Nevada St in the 381st Training Group area.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Provider Training:** The need for Child-care Providers has never been greater! Help make a difference and become a licensed child-care provider. Call Gwendolyn Jones at 6-4639 or 6-3255.

f. Fitness Center: (30SVS/SVMP, 6-3832)

- **1.5 Mile Family Walk/Fun Run:** 20 Aug 04, 1200, at the Fitness Center.
- **Pick-up Basketball:** Monday-Friday from 1100—1300, and Tuesday-Thursday from 1600—1700 at the Fitness Center.

g. Library: (30SVS/SVMG, 6-6414)

- **Storytime:** Thursday at 1000. It is appreciated if you can sign up if you are attending to help plan

for supplies, but walk-ins are welcome.

- **Dial-a-Story:** The phone number is 606-4300 for this free story-telling service. Available 24/7, story changes Friday afternoons.

h. Marshallia Ranch Golf Course: (30SVS/SVBG, 6-6262)

- **Base/Club Championship:** 14 & 15 Aug 04.
- **Organizational Tournament:** 18 Aug 04, 1230. Open play shotgun at 0730.
- **BBQ Lunch Special:** 19 Aug 04, 1100—1330.
- **Organizational Tournament:** 20 Aug 04, 1230. Open play shotgun at 0730.
- **Men's Club Tournament:** 21 Aug 04, 0808—0930.

i. Outdoor Recreation/Equipment Checkout: (30SVS/SVRO, 6-5908)

- **Kayaking Tour:** 21 Aug 04, 1000—1800. Explore the beautiful Santa Barbara coastline during this leisurely tour. Cost is \$35.
- **Horseback Ride:** 28 Aug 04, 1030—1145. Enjoy a ride at Pacific Dunes Ranch. Cost is \$35. Sign up by 20 Aug 04 at Outdoor Recreation.

j. Pacific Coast Club: (30SVS/SVBO, 734-4375 or 734-4376)

Entertainment/Events:

- **Around The World:** Join us as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport today!
- **Over the Hump Night:** Wednesdays in the E-Lounge. Free wings and things starting at 1700.
- **Mongolian BBQ:** 11 Aug 04, 1800—2000.
- **Latino Night:** 13 Aug 04, 2100—0200, in the E-Lounge.
- **Karaoke Night:** 13 Aug 04, 1900—2300, in the Officers' Lounge.
- **18 & Over Night:** 14 Aug 04, 2100—0300. The party is back with DJ Guy, Saturday nights in the E-Lounge.
- **Boss & Buddy:** 18 Aug 04, 1700—2000.
- **Chicken & Steak Fajita Dinner:** 18 Aug 04, 1800—2000. Members - \$6.95.

Menu:

- **Weekly Lunch Buffets:** Monday - Home-Style Luncheon Buffet; Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly); Wednesday - Santa Maria BBQ Buffet; Thursday - Chicken and Ribs Buffet; Friday - Seafood Buffet.
- **Monday Madness:** Monday evenings. All-you-can-eat pizza and spaghetti buffet with drink and soon to be famous pizza dessert. Regular - \$7.95, Members - \$5.95, children under 12-years of age - \$3.00. (No coupons)
- **Fried Chicken Buffet:** Tuesday evenings, Pacific Fried Chicken Buffet with dessert. Regular - \$8.95, Members - \$6.95, children under 12-years - half-price, children 4-years and under - free.
- **Kid's Night:** Wednesday evenings. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)
- **Pasta Mania Buffet:** Thursday evenings. Regular - \$8.95, members - \$6.95, children under 12-years of age - half-price, children 4-years and under - free.
- **Saturday Pizza Special:** Every Saturday, buy one large pizza and get a second pizza at half-price at Foggio's (ATWIND event).

k. Rod & Gun: (30SVS/SVBR, 6-4560)

- **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
- **Membership Meeting:** 28 Aug 04, 1400. Current members and authorized persons interested in joining the Rod & Gun Club are invited to attend our semi-annual membership meeting. We will be discussing the O.I. and establishing an advisory council.

l. Services Center: (30SVS/SVYR, 6-7976)

- **Natural Knead Massage Relocation:** Natural Knead massage is now open in its new temporary location at the Health & Wellness Center (HAWC), Bldg 8505.
- **Information, Tickets & Travel (ITT) Relocation:** The ITT office and Leisure Travel are now located at Outdoor Rec (Bldg 10250).

m. Skills Development: (30SVS/SVRS, 6-6438)

- **New Woodworking Class:** 14 & 21 Aug 04. Catch this introductory woodworking class with our new instructor Ted Denesha. This two-part class meets on Saturdays. Cost is \$35 and includes materials. Choose from three separate projects.
- **Basic Framing & Matting:** 17 Aug 04, 1800—2000. Work on an 8" by 10" project. Cost is \$20 plus materials.
- **Advanced Stained Glass:** Four-part class runs the first four Saturdays in August from 1100—1400.

Cost is \$25 for all 4 sessions. Sign up at the Skills Development Center by 31 Jul 04.

- **Frame Sale:** 1—28 Aug 04. The Skills Development Center will offer 10% off on selected frames and mats.
 - **Children's Ceramics:** Saturdays from 1100—1330. This class is designed to introduce children to the art of ceramic casting. Cost is \$15.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
- **Adult Swim Lessons:** Now until 18 Aug 04. Lessons run Monday and Wednesday from 1745—1830. Class is designed for adults who want to learn to swim or just improve their current abilities.
 - **Water Aerobics:** Now until 30 Aug 04. Water aerobics runs Monday, Wednesday and Friday from 1130—1215. Cost is \$3 per session or \$20 for the month of August.
 - **Dive-In Movie Night:** 13 Aug 04, 1930—2130. Enjoy a movie on the big screen while lounging in the pool. An adult must accompany children under the age of 10. Movies are rated PG-13 or under. Cost is \$2 (includes popcorn and soda.)
- o. Veterinary Clinic:** (30SVS/SVBV, 6-3019)
- **Evening Clinic:** 20 Aug 04, 1200—2000. Call for an appointment. (ATWIND event)
 - **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
 - **Pet Protection:** Protect your pets against fleas, ticks and heartworms with Frontline Plus and Heartgard, both available at the Vet clinic.
- p. Youth Center:** (30SVS/SVYY, 6-2152)
- **Art Smart Workshop:** Sign up for the September workshop "Line Drawing." Cost is \$25 for nonmembers. A syllabus and materials list can be picked up at the Youth Center.
 - **School Age Registration:** Open registration now to 13 Aug 04. Orientation night is 20 Aug 04.
 - **Kung-Fu Lessons:** Sign up for these self-defense classes on Tuesdays and Thursdays at the Youth Center. For youth ages 8—18. Interview required for enrollment. Cost is \$15 per month (\$10 for members).

Education Center: (30MSS/DPHE, 5-5904)

Community College of the Air Force (CCAF) Deadline for Fall Graduation: Students who have completed requirements for CCAF must have all documentation at CCAF at Maxwell AFB by 25 Aug 04 to be in the Fall graduation ceremony. Additionally the student must contact Base Education and request to be submitted for degree candidacy by 26 Aug 04. If you need more information feel free to contact Kathy Moran at 5-5905. (30MSS/DPHE)

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000; Palm PDA Beginning; Project 2000; Publisher 2000; Outlook 2000; and LAN Access Training (a class specifically for those in process of getting an e-mail account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, InDyne, Inc. also reserves 3 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available in the morning and afternoon time frames. Call 6-3771 for more details, or e-mail: james.wooding@vandenberg.af.mil. **Note:** Walk-ins are always welcomed!

b. First Tip: When using Internet Explorer- instead of reaching for your mouse to click in your address bar and type a new URL, click **ALT + D** instead. This selects the current address in I.E. so that you can instantly begin typing a new address or paste a URL you've previously copied by pressing **CTRL + V**. In addition, you can quickly move your cursor to different sections of a URL by pressing **CTRL + Left Arrow** to go backward or **CTRL + Right Arrow** to go forward (Note: Hitting the **Home** key puts the cursor at the *beginning* of the text; hitting the **End** key puts the cursor at the *end* of the text). **Second Tip: Searching for text stored in Excel cell comments** - Excel's Find feature lets you easily locate cells containing a specific text string, but sometimes the information you're looking for is stored in cell comments, which aren't examined by default. However, you can configure the feature to look within cell comments for your search string. To do so, choose Find from the Edit menu. Then, if necessary, click the 'Options' button to expand the dialog box. Finally, select 'Comments' from the 'Look In' dropdown list and finish performing your search as you normally would.

c. Available Classes: Following are classes scheduled for the next two weeks, which have open slots:

| Class | Date(s) | Time |
|------------------------------------|--------------|-----------|
| Acrobat Reader | 11 Aug 04 | 1130—1230 |
| Intro to Computers | 12 Aug 04 | 1300—1600 |
| Outlook - Rules & Organizing Email | 13 Aug 04 | 1130—1230 |
| LAN Access Training | 13 Aug 04 | 1300—1600 |
| PowerPoint 2000 | 16-20 Aug 04 | 1300—1600 |
| Workgroup Managers Course | 16-20 Aug 04 | 0800—1600 |
| Word - Styles & Table of Contents | 16 Aug 04 | 1130—1230 |
| LAN Access Training | 16 Aug 04 | 0800—1100 |
| Project 2000 | 17-20 Aug 04 | 0800—1100 |
| EMSEC Training | 18 Aug 04 | 0800—1130 |
| Office - Customizing Toolbars | 18 Aug 04 | 1130—1230 |
| Information Technology EC Training | 18 Aug 04 | 0900—1100 |
| Photo - Special Effects I | 20 Aug 04 | 1130—1230 |

Items For Sale:

For Sale: 2001 Toyota Tacoma 4-Door 38,800 miles, silver, TRD package, hard Tonneau cover, air, CD, cruise. Asking \$17,500, call Steve at 734-4215. Truck can be seen at Base Used Car Lot.

For Sale: 2000 Chevrolet Astro Van, 6-Cyl automatic, 2-wheel drive, 8 pass., AC/rear air, PS, PW, PDL, CC, AM/FM/Cass/CD, tilt wheel, dual front air bags, ABS 4-wheel, roof rack, 2-tone paint, tow package w/electric break controller. Blue/grey w/tan interior, only 38K mi. Xlnt cond. Call Dave at 734-1148, leave message.

For Sale: 2000 Toyota Tundra, V8 Automatic w/overdrive, PW, PL, CC, single disc player w/cassette, bench seat, Snug top, Linex bed liner & custom wheels. Only 50K mi. Extended warranty to 85K mi or May 07. Well maintained. Just had a baby—need to sell. Asking \$17,000/obo. Call Dan/Jen at 735-1935/294-9292.

For Sale: 1994 Ford Escort LX, 4-Cyl 1.9 Liter, automatic, white, 2-door, hatchback, AM/FM/cassette. Runs great for \$1,950. Please call 736-4925.

For Sale: 1990 Mazda Miata, white, 4 cyl 1.6L DOHC, 5-spd, 163K mi, AC, PW, CC, new performance brake pads/rotors, new 15" Konig rims w/Gdyr tires, new soft top w/glass window, custom black/white interior, new JVC CD/mp3 player w/Infinity door/headrest speakers. O5 tags asking \$4,200. Call Phillip, 264-3439.

For Sale: 1989 Cadillac Eldorado, white, V8 automatic, PW, PL, PS, AM/FM stereo cassette, suede interior, digital dash board. Great condition. Runs great. Asking \$1,500. Call 588-6822.

For Sale: 1966 Chevy Chevelle Malibu, white, in excellent condition. All original except 700R4 trans. 283 engine and rally wheels. Original owner/original power glide trans & parts. \$12,500/obo. Call 245-0073.

For Sale: Crate furniture style china hutch. Top detaches from base. Good condition, \$100. Call 734-6670.

For Sale: JBL Model L80T floor standing speakers. Three speaker system in heavy wood enclosures. \$100 for the pair. Call Jim at 922-7144.

For Sale: Whirlpool heavy-duty extra large capacity electric dryer, \$100. Oak entertainment center that holds a 27-inch TV, \$75. Please call 736-4925.

For Sale: Step 2 picnic table, \$15, Little Tike pink toy box, \$20, LT pink toy bassinet, \$10, LT pink toy vanity table, \$5, fertilizer spreader, \$7 all like new. Radio Flyer wagon, \$5, swing set, \$15 (5-yrs-old) Call 734-1159.

For Sale: Off-white mini and vertical blinds for a 3 BR home in East Housing, asking \$175. Carpeting for living room and 1 BR, less than 3-months-old, asking \$125 per room. Call Katie at 734-0498 FMI.

For Sale: (4) Yokohama Avid H4 215/45R17 tires mounted on 10 spoke universal 4 lug wheels. Almost new, will fit most Honda, Nissan Sentra, Ford Escort, and older Maxima vehicles. If you're not sure if they'll fit your car, call me. \$1,179 new, sacrifice for \$675/obo. Let's make a deal!. Call Jeff at 736-0001.

For Sale: Over range microwave, \$200; gas stove, \$300; kids bunk bed w/workstation, \$75; kids dresser, \$25; (2) TV stands (1) \$25, (1) \$5; formal dining room table & (6) chairs, \$300. Call Matt 734-0993/588-4625.

For Free: Outdoor plants at 416 Hermosa Court in Family Housing. Bring your own containers; you dig them up. Please come by after 1600, or call Steve at 734-4215.

Yard Sale: Saturday, 14 Aug 04 & Sunday, 15 Aug 04 at 1832 N. Western Ave, in Santa Maria from 0900—1500. Lots of scrapbooking, rubber stamps & crafts supplies. Microwave, electronics, software, furniture, & women's clothing. Moving sale, questions, call Lexi at 598-2103.