



Base Bulletin

Vandenberg AFB, CA 93437-0759



27 August 2003

No. 35

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Utah Gate Hours of Operation: Effective 27 Aug 03, this gate will be open from 0630-2200, 7 days a week. POC: 30SFS/SFOS, SMSgt Gutierrez or MSgt McKinney, 5-2585.

b. Unaccompanied Housing Training Day: 28 Aug 03 will be an Unaccompanied Housing Manager's (UHM) training day. We will be closed. For assistance call 6-1856. POC: 30MSG/CCH, SSgt Molina, 6-3933.

c. 30CPTS Finance Closure: Finance Customer Service will be closing at 1200, 29 Aug 03. POC: 30CPTS/FMFS, TSgt Ewing, 6-4506 or 6-4508.

d. Retirement Ceremony: Lt Col Paul Irwin Jr., 532d Training Commander cordially invites you to attend the retirement ceremony of MSgt Richard C. Eckert; honoring his 23 years of distinguished service on 29 Aug 03, 1000 in Bldg. 7425, High Bay. POC: 532TRS/DOB, MSgt Elzy, 6-0076.

e. AETC 381st Food Pantry Drive: 30 Aug 03, 1000-1700 in front of the Base Commissary. 381st personnel will be handing out lists of the most needed items. Receptacles will be located in the front of the Commissary so you can drop off your donations as you leave. The Vandenberg Food Pantry assists over 30 Base families every month and countless others during emergencies. The families and volunteers of the Food Pantry deeply appreciate your support. Call Jodie Blevins, 734-2734 for more information. POC: 595SG/LGQ, CMSgt Blevins, 6-3562.

f. Vandenberg's Promotion Ceremony: 2 Sep 03, 1500 hrs at the PCC. All Inductees/Promotees must be in place at 1400 hrs. MSgt and SSgt inductees will wear Service Dress. All others will wear a blue service uniform with tie/tab and ribbons. Questions should be directed to your unit's First Sergeant. POC: 30CES/CCF, MSgt Wingett, 6-7358.

g. Going Away Luncheon: SMSgt Doug Fischer, 30 SCS/SCB, is leaving Vandenberg for Gunter Alabama. Please join 30SCS in wishing him well at the Pacific Coast Club on 3 Sep 03, 1130. Menu is the Tri Tip buffet; cost is \$8.95 for members and \$10.95 for non-members. Please RSVP NLT 28 Aug 03. POC: 30SCS/SCBN, Mr. Greg Walton, 5-7785.

h. Combined Federal Campaign Kickoff/Charity Expo: 4 Sep 03, 1000 at the Pacific Coast Club. POC: 30MDG/SGAH, Capt Coleman, 6-3216 or Capt Lofton, 6-9519.

i. PKI Awareness Briefing: This briefing is mandatory for all Vandenberg AFB personnel who have a requirement to access the military network, i.e., have a .mil e-mail account. It lasts about 45 minutes and takes place at the Vandenberg Center. It describes what PKI (Public Key Infrastructure) is all about, what the new ID card (Common Access Card - CAC) is to be used for, and a little bit on how to configure their computers to work under PKI. A question and answer sessions follows each briefing. Three sessions are scheduled per day, and are arranged by organization. It is permissible to attend a different day if an individual is unable to attend a session during their organizations scheduled day. Monday—8 Sep 03, 0900,

TEAM VANDENBERG

1030, 1300 for 30 SW Staff, 30 MDG, AETC. Tuesday—9 Sep 03, 0900, 1030, 1300 for 30 OG/30 MXG, Det 9. Wednesday—10 Sep 03, 0900, 1030, 1300 for 30 MSG. All other organizations and individuals on Thursday—11 Sep 03, 0900, 1030, 1300. POC: 30SCS/SCBN, Mr. Randall Bouza, 6-4019.

j. AFSA Chapter 1356 General Membership Meeting: 9 Sep 03, 1530 in the Services Center, Bldg 10122, corner of Washington Ave and California Blvd. AFSA membership is open to all active duty and retired enlisted military. AFSA lobbyists continue to inform members of Congress of the sacrifices those who wear and have worn the uniform, (and their families) make on a daily basis for the protection of the American way-of-life. From fighting for full pay raises for those still wearing the uniform, to full on-time cost of living allowances (COLA) for retirees, AFSA continues to lead the way to preserve and improve the quality-of-life for its members. AFSA Chapter 1356 needs Team Vandenberg's support. POC: 30MSG/CCIM, MSgt (Sel) Astrosky, 6-8700.

k. 30 JA Legal Office Closure: Due to the Legal Office closure from 15 through 19 Sept 03, personnel with household goods delivery date on or between 13 through 21 Sep 01, need to contact the Claims Office to make an appointment to file your claim not later than 12 Sep 03. This will enable you to file a claim within the prescribed 2-year Statute of Limitation. POC: 30SW/JA, SSgt Schrage 5-6214.

l. In/out Processing Appointments: All in/out-processing appointments will be scheduled between 0830-1130, Mon- Thurs. Please contact your appropriate Unaccompanied Housing Manager to schedule an appointment. POC: 30MSG/CCH, SSgt Molina, 6-3933.

m. Combat Arms Range Complex Off Limits: IAW AFI 36-2226, the 30th Security Forces Squadron Combat Arms Range Complex located off San Antonio Road West, is OFF LIMITS to all unauthorized personnel. Danger signs are posted around the hazardous area of the Range Complex and entering into this area is not only illegal, but is also dangerous. For authorized entry, please, contact the Combat Arms Section at 5-5025. POC: 30SFS/SFTA, TSgt Skrudland, 5-5025.

n. Lompoc Gate Hours Operation: Gate hours are 24 hours a day, Mon-Sun until 14 Sep 03. POC: 30SFS/SFO, MSgt Asleson, 5-0549.

o. Titan Gate Hours Operation: As of 18 Aug 03, gate hours are 0600-1900, Mon-Sun. POC: 30SFS/SFO, MSgt Asleson, 5-0549.

p. Unaccompanied Housing New Hours of Operation: Unaccompanied Housing Office will be extending their duty hours to better serve our customers. Our new duty hours will be 0700-1700. POC: 30MSG/CCH, SSgt Molina, 6-3933.

q. Unaccompanied Housing Managers Staff: SMSgt Joseph, Chief, Unaccompanied Housing, TSgt Lynn & SSgt Higdon, Bldg's, 13320/13321/13322/13323/13140B/13120/13121/13122/13123, phone 5-2590. SSgt Freeman & SSgt Molina, Bldg's, 13400/13402/13403/13406/1340/13410/13411, phone 6-3933. SSgt Harrison, Bldg: Unaccompanied East Housing, phone 5-2048. POC: 30MSG/CCH, SSgt Molina, 6-3933.

r. Proper Wear of Grade Insignia on BDU Caps and Unit Baseball Caps: Here is a monthly reminder of proper uniform wear. Per AFSPC Personnel Policy Guidance Message 02-06, officers wear the bright/non-subdued grade insignia on the BDU cap or organizational baseball caps while in garrison and the subdued insignia while in a tactical environment. Airmen will not wear grade insignia on the BDU cap or organizational baseball caps. More importantly, the organizational baseball cap will not be worn while in a tactical environment. If you have any questions, please contact the Military Personnel Flight, Customer Service at 6-2776. POC: 30MSS/DPMP, 1Lt Tempia, 6-2776.

s. Last Weekend of 101 Critical Days of Summer: Labor Day weekend is historically a bad weekend for crashes. The National Safety Council (NSC) estimates that during the upcoming Labor Day weekend: 488 people will die and 25,400 people may suffer non-fatal injuries in motor vehicle crashes. A surety, based on the following statistics: There were 9.7% more deaths in crashes during Labor Day weekends than during the weekends immediately before and after Labor Day. "Our two principal concerns for the motoring public are seat belts and drunk driving," said Alan McMillan, President of the National Safety Council. "As a society, we are making noteworthy strides in wearing seat belts, with nearly 75% of all Americans now wearing seat belts. However, more than 19,000 people who were not wearing seat belts died last year in motor vehicle crashes. Half of those people would have survived their crash if they had worn their seat belt. The promising news: 380 people involved in crashes this Labor Day weekend will be saved because they will be wearing their seat belts. The BAD, BAD News: After several years of improvement in the 1990s in reducing drunk driving fatalities, we have now seen three straight years of increases in drunk driving fatalities. Nearly 18,000 people died in crashes involving drunk drivers last year--nearly 40% of all fatal vehicle crashes. POC: 30SW'SEGB, Florence Pangelinan, 6-8804.

2. 30th Space Communications Squadron:

a. EMSEC, COMPUSEC, IAAP, COMSEC, Network Security? Find out more on the AFSPC Information Assurance web page at <https://midway.spacecom.af.mil/infoprotect/index.htm>. POC: 30SCS/SCBI, TSgt Jiminez, 5-2352.

b. Records Management (RM) Personnel: If you currently have a file plan in the Web Enabled Records Information Management System (RIMS) program, ensure you follow through and have it approved by the Functional Area Records Manager, signed by the Chief of Record, and fax the file plan cover sheet to 6-0261 (Base Records Management) for Base RM approval. Simply having a file plan hanging on the web does not constitute having an approved file plan IAW AFMAN 37-123, paragraph 2.2.1. Moreover, AFSPC is monitoring the file plan approving progress at Vandenberg AFB. POC: 30SCS/SCBR, Joe Jiles, 6-4212.

c. Publishing Office E-mail: Please note that you are now receiving the Base Bulletin via the new e-mail account at publishing.vafb@vandenberg.af.mil. The old e-mail account will become obsolete as of 1 Oct 03. POC: 30SCS/SCSP, Mary Meyer, 6-7892.

d. Revised Publications: Effective immediately, the following publications are now available on the VEPDL, <http://vepdl.vandenberg.af.mil>. 30SWI90-101, Commercial Solicitation, On Base Private Businesses, and the Use of Base Facilities and Transportation. (30CS/SCSP-DCI, 6-7892/4)

3. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: 30LRS/LGRT, SSgt Papa, 6-0904.

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. POC: 30LRS/LGRT, Ms. M. Burt, 6-6932/33.

4. Civilian Personnel: (30 MSS/DPCE, 6-5847)

a. Catch-up contributions - Good news! Beginning Monday, 25 Aug 03, the Benefits and Entitlements Service Team (BEST) will accept elections from eligible Thrift Savings Plan (TSP) participants who are age 50 and over and already contributing the maximum amount to the TSP without exceeding the \$12,000 IRS limit. Elections may be made via the BEST automated phone system by dialing 1-800-997-2378. The maximum allowable amount for catch-up contributions for 2003 is \$2,000. TSP catch-up contribution elections made between 25 Aug 03 through 6 Sep 03 will be effective 7 Sep 03; with the first deduction occurring on pay date 26 Sep 03. Enrollments submitted on or after 7 Sep 03 will be effective at the beginning of the following pay period. Catch-up contributions will automatically stop with the last pay date in the calendar year (19 Dec 03) or upon reaching the maximum catch-up dollar limit for the year, whichever occurs first. Participants must make a new election each year. Elections for the year 2004 may be made beginning 30 Nov 03. For those employees who turn age 50 between 1 Jan and 31 Dec 04, you may submit your election on or after 1 Jan 04. You may access the following website for more detailed information on the TSP catch-up contributions: <http://www.afpc.randolph.af.mil/dpc/BEST/Catch-Up.htm>. POC: 30MSS/DPC, Kelly Loneta, 6-5847.

b. Voluntary Leave Transfer Program: Carl A. Boettger - Vandenberg AFB, Glenda Bennet - Peterson AFB, Ethel Carter, Richard Porterfield, and Sue Sommers - Scott AFB, Betty Dean - Dyess AFB, Carolyn DeLaGarza - Langley AFB, Jane Kelsey and Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, and Theresa Currier - Patrick AFB, Stephanie Manning - Sheppard AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, Jacquelyn Schmidt - AF Academy, Delores Green and Yvonne Williams - Dobbins ARB, and Michael Zarbo - Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. Go by Building 11777, Room B-103 to pick-up and/or turn in your form, or access the form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf.

c. Weingarten Right: Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met:

- a. The meeting between the employee and management official(s) must be an examination;
- b. The examination must be in connection with an investigation;
- c. The employee must reasonably believe that disciplinary action may result from the meeting; and
- d. The employee must request representation.

5. 30th Medical Group: (30MDG/SGAH)

a. 30MDG Clinic Closure: 28-29 Aug 03 and 1 Sept 03. The Clinic will be back to normal operations on 2 Sep 03. POC: 30MDG/SGAH, Capt Starks, 6-6281.

b. 30 MDG Operation Baby Launch: 8 Sep 03, 1700, at the Main Clinic Auditorium. Pregnant??? Planning a family? A great opportunity to learn valuable information on resources available from civilian representatives from our two local hospitals, TRICARE financial concerns, Vandenberg AFB Family Practice Clinic and much more. Receive a free formula kit, gifts and a free raffle from representatives. Spouses and partners are welcome. Registration is not necessary. POC: 30MDG/SGAH, Capt Rosales, 5-8254 or Nancy Sias, 6-8217.

6. Air Force Reserves: (30 MSS/ISR)

Briefing: 9 Sep 03, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend the **Palace Chase** briefing. For more information, call MSgt Kartheiser (AF Reserve Recruiter, 6-2704).

OFFICIAL

Frank Gallegos
Colonel, USAF
Commander

Mary E. Meyer

Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

a. Santa Barbara Search and Rescue Recruiting Meeting: 27 Aug 03, 1900 at Allan Hancock South Campus, 800 South Drive (on College just south of Stowell St, Bldg. P. Learn new skills such as Hiking, Repelling, Navigation, Man Tracking, First Aid, CPR, 4x4 Driving, Communications, Helicopter Ops and much more! You must be 18 years or older and have a desire to help others. POC: Eva Korientz at (805) 934-1810 evenings or 6-1499.

b. Charity Golf Tournament – “Christmas in August”: WHERE: Marshallia Ranch Golf Course. WHEN: 29 Aug 03. TIME: Registration w/ long ball competition at 1100. Shotgun start at 1230 sharp. WHO: All Base Personnel and Guests. COST: \$80 per team plus green and cart (if desired) fees. FORMAT: 4 person shotgun start; to sign up call or email Capt Jeff Fugate 6-4517 (392 TRS/DOW) or Kevin Miller 6-1938. Tons of door prizes, free drinks (BEER), and a chance to win a truck or car. Come out. Win some prizes and support Operation Kids Christmas.

c. Commissary Farmer’s Market: 31 Aug 03, 1000-1800. (DECA, 5-8814)

d. Volunteer Advocate Training: 3 Sep 03, 1800-2030, the North County Rape Crisis and Child Protection Center in Lompoc. Training will last for ten weeks and will be held on Monday and Wednesday evenings from 1800-2030 hours. POC: Alison at 736-8535. (NCRC and CPC)

e. Blood Pressure Checks: 3 Sep 03. The Vandenberg Fire Department will conduct monthly community blood pressure checks for the base populous. Blood pressure checks are scheduled for every first Wed. of the month between the hours of 0800-0900 at Station 2 (main station) and Station 5 (south side). (30CES/CEF, 6-3217)

f. The African-American Association will meet on Thursday, 4 Sep at 1130 on the 2nd floor conference room at the Services' Center. All DoD personnel and their dependents are welcome to come. POCs: Lt Isaac Wright, 5-4910 or SSgt K. Williams, 5-3544. (30CES/CEOEA)

g. Girl Scout Free Ice Cream Social: 13 Sep 03, 1300-1500 at the grassy area in front of the Base Bowling Alley. We will register girls and adults at the social for the school year. Cheryl Willard, 6-1119.

h. Base Supply Customers Located on South Base: The planned closure of the 13th Street Bridge for repairs necessitates Phoenix Management, Inc., Base Supply modifying our scheduled delivery and pickup runs to South Base. Effective the day the bridge is closed; Base Supply will only deliver parts issued/due out released, pick-up and turn-ins (due-in from maintenance (DIFM) assets) on Tuesday and Thursday between

1330 and 1600. Emergency requirements will be handled on a case-by-case basis. Customers also have the option to pickup or turn-in items whenever they are on the Main Base at Bldg 5500, Bay A (2010 New Mexico Avenue) during normal duty hours. We apologize for any inconvenience this delivery schedule may cause our customers. donald.hornick@vanderberg.af.mil. (30LRS/LGRDMP-PMI, 6-9064)

i. Attention South Base GOV Operators: After the 13th Street bridge closes for repairs, driving time to the military fueling station on North Base increases significantly. We need to hear from potential South Base GOV customers to determine if there is enough interest to warrant posting a gasoline refueler at SLC 3 fall back on Wednesday afternoons from 1300 to 1500 weekly. Please call 30LRS/LGRDM, Mr. Vudragovich, ext 6-9750, or Mr. Thompson at 6-9064 to register your request.

j. Veteran's In Need: Veterans at the Los Angeles Veterans hospital are in need of socks and undergarments. When you are at the main exchange please pick up a package of underwear (medium - extra large) and/or a package of socks (10-13) and deposit them in the container located at the BX entrance. The Santa Maria Elks club will be taking them down the middle of September. Thanks for your contributions. For any questions please contact Chief or Jodie Blevins at 6-3562 or 734-2734.

k. Housing Residents: Odd numbered houses water only on odd numbered days and even numbered houses water only on even numbered days. Lawn watering should only take place between 0600 -1000 and 1600-2000 hours to prevent rapid water evaporation in the hot afternoon sun. Sprinklers should only water lawns not buildings, sidewalks or streets. The lawn should be watered sufficiently to keep the top three inches of soil moist, the root zone. We recommend 5 to 10 minutes of watering three times per week depending upon the weather conditions and the type of sprinkler system you use. The use of mulch around your young trees and plants for moisture retention will also reduce the amount of water required. POC: 30CES/CEH, 6-3477.

l. New Safety Videos: The Fire Prevention Office has new videos on Office Fire Safety, and Fire Extinguishers at Work. Call the Fire Prevention Office at 6-4680 and reserve a video. There is a 2-day check out limit on all videos. These are excellent videos for annual training purposes. Other safety videos are available for check out. Call us or stop by fire station 2, building 10660 to see what is available.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule: Catholic Mass Sat, 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II. **Protestant** – Praise & Worship 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.

b. The Vandenberg Jewish community is starting Hebrew and Bar Mitzvah classes on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

c. G.I. JAVA Needs Goodies: This coffeehouse is an outreach ministry for our single airmen living in the dorms. You can be part of this ministry by donating baked goods and volunteering your time. Please drop off your donations at Chapel 1. For more information or to volunteer please contact SSgt Wilkins at 6-5773.

d. G.I Java: Time for a Break! All dorm and Billeting residents are invited to come and enjoy **FREE** lattes, frappicinos, sodas, chips, and fellowship at a world-class **CYBERNET CAFÉ!!** Open 7 days a week, 1700-2100. Located in the Delta Dayroom across the street from Breakers Dining Facility. For further information, contact Chaplain Zeb Beck or SSgt Jennifer Wilkins at 6-5773.

e. 381 Training Group Chapel Events: Come and join us for the following weekly events: Bible Study & Prayer on Wednesday's from 1130-1230 Group Conference room (Bldg 8290). Friday's from 1730-1830 Praise & Worship Service at the Group Auditorium (Bldg 8290). Friday's from 1830-2000, Pizza/Game Social in the Group Foyer (Bldg 8290). These events are open to all. Anyone who wants to volunteer in Group Chapel Ministries, please coordinate with Ch Beeman, 6-8963

f. Rally Day: A Chapel-wide parade and celebration for our base is on 13 September. We need people who want to have fun and be part of a parade. We will need volunteers to register new people for Sunday school, CCD, all of our Chapel Groups, GI Java, etc. Questions? Please talk with Sharon Egan at 6-2523 or Chaplain Terrinoni at 6-5773.

Family Support Center: 30MSS/DPF (Call the listed contact to pre-register for all classes, workshops, etc.)

a. Women, Infants, & Children (WIC): Thurs, 28 Aug 03. A satellite office is at the Family Support Center from 0800-1630 for Vandenberg personnel who meet program requirements. WIC is a nutrition education program which provides supplemental food which promotes good health for pregnant, breastfeeding, and postpartum women, infants and children up to age five. For more information call 6-0039 or the Lompoc WIC office at 737-6470 for an appointment.

b. Financial Planning: Fri, 29 Aug 03, 1100-1200 at the Family Support Center. Designed to help clients create a financial plan that meets daily and future needs. Teaches budgeting, investing and developing a

spending plan. Get started in the right direction! Contact Jimmy Camacho at 6-0039 to sign up.

c. Big Brothers Big Sisters: Our New Volunteer Orientation will be on Wed, 3 Sep 03, 1500-1630 at the Family Support Center. Come learn how to broaden a child's horizon and bring some magic into both of your lives. Big Brothers Big Sisters matches kids with adult volunteers who share friendship, fun and a positive role model. Call Charlie Guzman at 735-4376 ext. 26 to learn more about becoming a Big Brother or Big Sister.

d. Deployed Spouses Support Group: Tues, 9 Sep 03, 1130-1230 in the Family Services area. Come have lunch with other spouses. Topics will be understanding power of attorneys, chat with a first sergeant, stress management for yourself and kids, tips for successful reunions, etc. On-site child-care will be provided. Reservations are required! Contact Linda Bastine at 6-0039.

e. 3-Day TAP Seminar: 9 - 11 Sep 03, 0800-1600 at the Family Support Center. This is a *highly recommended* seminar for those who are scheduled to be separated or retired from the military service within the one-year window. Speakers brief you on job search, networking, resume writing, interview technique, federal employment opportunity, relocation, education and vocational opportunities, and other topics. NOTICE - The Oct TAP seminar date has been changed to 21-23 Oct 03. Call 6-0039 to sign up.

f. Home-Schooling Parents: The Lompoc Unified School District is offering a new program for 2003-2004 to serve grades K-5. For information, call 736-2371 and leave your name with Mrs. Morgan at the district office. One of the Independent Study teachers will contact you.

g. Marriage Enrichment Counseling: Offered on a one-on-one basis for couples, married or planning to marry, who would like to enrich their relationship. Education and coaching on communication, personality/temperament styles, and stress management at home will be provided. Call Linda Bastine at 6-0039 to sign up.

h. Office Closure: The Family Support Center will be closed for staff training every Monday from 0730-0930. Personnel requiring emergency Air Force Aid will be assisted. POC: Sally Galligan, 30 MSS/DPF, 6-0039.

Services Information:

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Auto Skills Classes:** By appointment. Tune-up, maintenance class for non-mechanics and equipment safety classes.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **Deployed Spouses Day:** Tuesdays, 0900-1200. Deployed spouses can play for just \$1 per game. All pre-school age children bowl for free with a paying parent.
- **Airmen's Night:** Thursdays, 1700-2100 at the Bowling Center. E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Thursdays, 1800-2100, Fridays, 2200-0100 and Saturdays, 2100-2400.
- **Fall League:** Surf Lanes is currently forming teams for its fall league. Stop in soon to sign up.
- **Retiree League:** Surf Lanes is forming teams for a military retiree league. Sign up now and enjoy a winter of bowling with other retirees and their families.

c. Breakers Dining: (30SVS/SVMF, 6-7540)

- **AETC Dining Closure:** Effective 15 Aug 03, the 'Launch Pad' Dining Facility will undergo renovations lasting about 4 months. This closure will impact the meal periods scheduled at Breakers.
- **Dial-a-Menu:** Call our telephone menu service at 6-8234 and find out what's being served in your dining facility.
- **Deployed Spouses:** Thursdays, starting at 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out if you qualify.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Providers:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Call Gwendolyn Jones at 6-4639 or 6-3255.

f. Fitness Center: (30SVS/SVMP, 6-3832)

- **Pre-Season 5K/10K Fun Run:** 29 Aug 03, 1200.
- **Triathlon:** 6 Sep 03, 0900.

g. Library: (30SVS/SVMG, 6-6414)

- **New Database:** The Base Library now has EBSCO's Auto Repair Reference Center database available. A great resource with step-by-step procedures for do-it-yourself projects.
- **Pre-School Story Time:** Every Thursday at 1000.
- **Dial-a-Story:** The phone number is 6-4300 (Available 24/7, changes each Sunday).
- h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
 - **Youth Golf Lessons:** Saturdays at 1330. For youths ages 8 years and up. Cost is \$5 each session, includes use of rental club set and range balls.
 - **Operation Kids Christmas Tournament:** 29 Aug 03, 1230.
 - **Men's Club Tournament:** 30 Aug 03, 0930.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
 - **Santa Barbara Sailing:** 30 Aug 03. Departs VAFB at 1100 and returns around 1730. Sailing time is 1200-1600 and cost is \$45.
 - **Volkssport:** 20-21 Sep 03. Events include a walk, bike and swim. Contact Curtis at 6-5908 for more details or to register.
- j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)
 - Entertainment/Events:**
 - **Soul/R&B Night:** 29 Aug 03, 2100-0200, in the Enlisted Lounge with DJ Layton.
 - **Karaoke & DJ:** 29 Aug 03, 1900-2300, in the Officers' Lounge.
 - **Mug Night:** 30 Aug 03, 2100-0300, in the Enlisted Lounge.
 - **Closed for Holidays:** 31 Aug - 1 Sep 03. The Club and Foggio's will be closed Sunday and Monday for Labor Day weekend.
 - **Football Frenzy:** The season is almost here. Get ready for Monday Night action at the Club!
 - **Holiday Parties:** The Pacific Coast Club still has dates available for your Holiday Party.
 - Menu:**
 - **Fried Chicken Night:** 26 Aug 03, 1600-2100.
 - **Kids Night:** 27 Aug 03, 1800-2000.
 - **Pasta Mania Buffet:** 28 Aug 03, 1700-2000.
 - **Mongolian BBQ:** 3 Sep 03, 1800-2000.
 - **August Specials:** Foggio's Meal Deal - Get one 10-inch pizza with two toppings, two garlic bread sticks and unlimited soda for \$5.95 (MFP). Get two 10-inch pizzas with two toppings, four garlic bread sticks and unlimited soda for \$9.95 (MFP). (In-house only, no coupons please.)
 - **Weekly Lunch Schedule:** Mondays-Lunch Special, Tuesdays-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesdays-Santa Maria BBQ Buffet, Thursdays-Chicken and Ribs Buffet, and Fridays-Seafood Buffet.
- k. Rod & Gun:** (30SVS/SVRR, 6-4560)
 - **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.
 - **Intramurals:** Season is underway. See your sports unit rep for details.
 - **Bowling Pin Shoot:** First Sunday of the month, 800 sign up, shooting starts at 900. \$5 per class. Classes for revolver, semi-auto and .22 rim fire.
- l. Services Center:** (30SVS/SVYR, 6-7976)
 - **Ice Cream Social:** 29 Aug 03, 1100-1500. Stop by for free ice cream! First 20 people who are new sign-ups will get one free 30-minute Sprint calling card. First 5 people who bring a new ATWIND player get a T-shirt.
 - **Free Dance Lessons:** Wednesdays, 1830-2100. Free country-western line dancing lessons.
 - **Natural Knead Massage:** Custom gift baskets and gift certificates are available.
- m. Skills Development:** (30SVS/SVRS, 6-6438)
 - **Closure Notice:** 29-30 Aug 03. The Skills Development Center will be closed for inventory.
 - **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
 - **Scrapbooking Workshop:** Thursdays, 1800-2100. Cost: \$2 per hour plus the cost of materials.
 - **Advanced Framing & Matting:** Thursdays, by appointment.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
 - **Lap Swimming:** Mon-Fri 0630-0800, 1045-1245, 1745-1900; Sat-Sun 0800-0945.
 - **Open Swim:** Mon-Fri, 1300-1600; Sat-Sun, 1300-1700.
 - **Labor Day Open Swim:** 1 Sep 03, 1200-1600.
- o. Veterinary Clinic:** (30SVS/SVRV, 6-3019)
 - **Clinic Days:** Thursdays are the normal clinic days. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.

p. Youth Center: (30SVS/SVYY, 6-2152)

- **Vandenberg Flyers:** Cheerleading/Dance Team program, age 4 and up. Sign up at the Youth Center.
- **Youth Soccer:** The open registration period (through 15 Aug 03) has ended for the upcoming Youth Soccer season. A few slots are still available. Check with the Youth Center Mon-Fri, 0700-1700. For more information contact Kristi at 6-9374.
- **Before & After School Programs:** Spots are still available in these Youth Center programs. Enroll your child at the Youth Center. The school year is almost here!

Education Center: (30MSS/DPHE, 5-5904)

Allan Hancock College Registration: Registration for semester length classes will be as follows: 25-28 Aug 03, 1100-1800 and 29 Aug 03, 100-1600. Registration is at Bldg 14002 (Vandenberg Center). Call Allan Hancock College, 5-5915 or 734-3500 for more information.

Computer Training: (MCA, 6-3771)

a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771 for more information, or e-mail: lexi.schwartz@vandenberg.af.mil <<mailto:lexi.schwartz@vandenberg.af.mil>>

b. Computer Tips: First: CREATING AN OUTLOOK RULE BASED ON A MESSAGE - You can also create a rule based on an existing e-mail message. Any of that message's defining characteristics, such as the sender, the list it was sent to, the subject, or the importance, can be used to help define the rule. Open the message on which you want to base a rule. Click Actions, Create Rule. Then, just follow the instructions in the Rules Wizard to create the new rule. Second: A BETTER FORMAT PAINTER TOOL IN POWERPOINT- The normal Format Painter tool is handy for picking up the formatting from one object or text and applying it to another, or even to a series of objects, but it's not very bright. As soon as you finish using it, it forgets everything you ever taught it. Luckily, PowerPoint will give you a smarter version of the Format Painter if you ask it to. Choose Tools, Customize, then click the Commands tab. Click Format in the Categories list, then scroll down the options in the Commands list to locate the Pick Up Object Style and Apply Object Style tools (the icons look like an eyedropper with an arrow). Drag each of these to any convenient toolbar, then click close to dismiss the Customize dialog box. Use the Pick Up Object Style tool to memorize any object's formatting, and then you can use the Apply Object Style tool to apply the memorized formatting to any other object in the presentation, or in any other open presentation. PowerPoint remembers the formatting style until you pick up a different object's formatting with Pick Up Object Style or quit PowerPoint.

c. Following are classes scheduled for the next two weeks which have open slots:

Class	Date(s)	Time
Windows Explorer - Tips and Tricks	8/27	11:30-12:30
Front Page 2000	8/27-29	13:00-16:00
Photo - Selecting What You Want	8/29	11:30-12:30
Excel 2000 Advanced	8/29	08:00-11:00
PWRR	9/2	13:00-16:00
Publisher 2000	9/2-5	08:00-11:00
Project 2000	9/2-5	13:00-16:00
PWRR	9/3	08:00-11:00
Excel - Headers and Footers	9/3	11:30-12:30
PWRR	9/4	13:00-16:00
PWRR	9/5	08:00-11:00
Photo - Working With Layers	9/5	11:30-12:30

Note: Walk-ins are always welcomed!

Items For Sale/Moving Sale/Free to Good Home

For Sale: 2001 Ford Explorer Sport, excellent condition, running boards, Am/FM, Single Compact Disc, tilt wheel, cruise control and much more. Asking \$14,500 OBO. Call 734-1292.

For Sale: 2000 Mitsubishi Montero Sport XLS, V-6, and 3.0 liter with 44,300 miles. Is fully loaded, and has all routine maintenance records. Asking \$14,200. Call Doug at 588-5932.

For Sale: 1997 Mediterranean Blue Mazda Miata MX-5, soft convertible top, 51,000, 4 cylinder, 1.8 liter, 5-speed manual transmission, CC, AC, PB, PS, PW, alloy wheels, cloth interior, dual front air bags, rear wheel drive, 1 year old tires. Brand new Pioneer AM/FM/CD/MP3 player, XM radio ready with detachable faceplate. Removable windscreen to control the wind sheer within the car. Excellent condition! Asking \$9,000 OBO. Call 734-0144 or email Anna.Keck@vandenbergh.af.mil.

For Sale: 1996 Ford Explorer, XLT, 4Dr, White, roof rack, CD player, P/S, P/D/PW, 5-speed trans, 107.5K miles. Runs good. Asking \$6200, OBO. 735-4701 and leave msg.

For Sale: 1996 Camaro Z28 convertible, full power, leather, custom exhaust, chrome wheels, new tires and brakes, loaded. Asking \$12,000 OBO. Call 734-2112.

For Sale: 1994, Toyota, Corolla, AM/FM Cassette, great mileage 85,000. Second owners, good interior/exterior condition. Asking \$4000,00 OBO. Call Calvin Tucker 735-7887 or 588-6345.

For Sale: 1991 Mazda RX-7. Good condition, new muffler and new stereo. Asking \$3,500. Call 734-0290 and ask for Antuan or email antuanmcneal@yahoo.com.

For Sale: 1988 4 door Saab 900. \$398 OBO. Will not go into second gear. Will start, sounds great! Automatic, no battery, has roof bike rack. You tow. Located on Santa Rosa Drive, VAFB. Call Joe at home, 734-7710.

For Sale: Oversized love seat, chair and ottoman. 3 piece matching set-South West Fare. Off-white with terra cotta, turquoise colored diamond shapes and lots of matching pillows. Great for apartment or starter. Call 734-2269 after 1630.

For Sale: Great Condition-Twin bed in cherry wood with mattresses only a year old, hardly used, \$50 OBO, matching large bookshelf only a year old, \$25 OBO, matching small bookshelf only a year old, \$15 OBO. Glass computer desk, \$15 OBO, Gas grill with tank \$10 OBO, Computer chair, good condition, \$10 OBO. Call 588-8644.

For Sale: 1yr old bearded dragon lizard, 49 gallon reptile aquarium, 10 gallon cricket aquarium, UVA/UVB lamp with holder, and other accessories. Asking \$250.00. Call Dan or Teresa at 734-1364.

For Sale: Full set King Cobra golf clubs including: 1 Cobra Ti Driver, 5 wood Cobra Ti, King Cobra II oversize irons, Bobby Grace King Cobra putter, King Cobra staff bag, pull cart, miscellaneous balls, tees. Asking \$600 OBO. Call 734-7335.

For Sale: Schwinn Rocket 88 DISC bike, 27 Speeds, XT/LX components, front and rear suspension (Fox Floar R rear, Manitou Mars Elite front), Hayes hydraulic disc brakes front and rear. Small dent in lower rear frame does not affect performance. Price: \$600 obo 805-734-7335

For Sale: Portable Basketball Hoop: Lifetime World Class portable basketball hoop with 48" break-resistant acrylic backboard. Good condition. Asking \$175 OBO. Call 733-5562.

For Sale: 15-inch x 8 1/2-inch silver alloy wheel set for front wheel drive car. Asking \$400. Call Mike at 734-0597.

For Sale: Four new original equipment tires from a Nissan Xterra. General Grabber AW, 265/70-16. Asking \$50 per tire. Call 717-1942.

For Sale: Black motorcycle helmet (small), \$45, Grill with tank, \$30, Verizon Mobile Phone with extra accessories and book, \$50. Call 734-0017 after 1730.

Moving Sale: 30 Aug 03, 0800-1200 at 742 Pecan Ct (East Housing). Bunk bed, dressers, couch piece w/hideaway bed (cheap!), VCRs, DVD player, stereo components, classic low-miles 87' Pontiac Fiero GT w/cold A/C, 30 gal complete aquarium w/fish, clothes, lawn mower (cheap!), extra Pontiac Fiero parts, books, bikes, dishes, bread maker, baby items, infant car seat/stroller combo, 233 computer w/monitor, toys, Sears Kenmore Upright freezer. Call 734-7198 for more information..

Free to a Good Home. Max is a male, 4-year-old, golden/white, Sheba Inu Mix dog brought from Japan. He has been fixed and all of his shots are up to date. Max is an extremely well behaved dog and is fully house trained. Max is the most loving dog you will ever meet and is an inside pet. Will not give him away if he is to be tied up outside. Please call Doug at 588-5932.