



# Base Bulletin

Vandenberg AFB, CA 93437-0759



**3 September 2003**

**No. 36**

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to [publishing.vafb@vandenberg.af.mil](mailto:publishing.vafb@vandenberg.af.mil) or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

## **SECTION I — ADMINISTRATIVE DUTIES**

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

## **SECTION II — OFFICIAL**

### **1. Team Vandenberg:**

**a. Combined Federal Campaign Kickoff/Charity Expo:** 4 Sep 03, 1000 at the Pacific Coast Club. POC: 30MDG/SGAH, Capt Coleman, 6-3216 or Capt Lofton, 6-9519.

**b. Unaccompanied Housing New Hours of Operation:** Unaccompanied Housing Office will be extending their duty hours to better serve our customers. Our new duty hours will be 0700-1700. POC: 30MSG/CCH, SSgt Molina, 6-3933.

**c. Unaccompanied Housing Managers Staff:** SMSgt Joseph, Chief, Unaccompanied Housing, TSgt Lynn & SSgt Higdon, Bldg's, 13320/13321/13322/13323/13140B/13120/13121/13122/13123, phone 5-2590. SSgt Freeman & SSgt Molina, Bldg's, 13400/13402/13403/13406/1340/13410/13411, phone 6-3933. SSgt Harrison, Bldg: Unaccompanied East Housing, phone 5-2048. POC: 30MSG/CCH, SSgt Molina, 6-3933.

**d. AFSA Chapter 1356 General Membership Meeting:** 9 Sep 03, 1530 in the Services Center, Bldg 10122, corner of Washington Ave and California Blvd. AFSA membership is open to all active duty and retired enlisted military. AFSA lobbyists continue to inform members of Congress of the sacrifices those who wear and have worn the uniform, (and their families) make on a daily basis for the protection of the American way-of-life. From fighting for full pay raises for those still wearing the uniform, to full on-time cost of living allowances (COLA) for retirees, AFSA continues to lead the way to preserve and improve the quality-of-life for its members. AFSA Chapter 1356 needs Team Vandenberg's support. POC: 30MSG/CCIM, MSgt (Sel) Astrosky, 6-8700.

**e. 30JA Legal Office Closure:** Due to the Legal Office closure from 15 through 19 Sept 03, personnel with household goods delivery date on or between 13 through 21 Sep 01, need to contact the Claims Office to make an appointment to file your claim not later than 12 Sep 03. This will enable you to file a claim within the prescribed 2-year Statute of Limitation. POC: 30SW/JA, SSgt Schrage 5-6214.

**f. Air Force Marathon:** 20 Sep 03. Team Vandenberg members who are running in the seventh annual Air Force Marathon are asked to call the sports writer TSgt Mark McKinney, 6-3595. POC: 30SW/PA, SSgt Danet, 6-3595.

**g. Future Programs Briefing:** 22 Sep 03, 0900, Bldg 7000, Theatre. This annual briefing is designated "For Official Use Only" and is open to all interested government and support contractor personnel. POC: 30SW/XPR, Rose Leventis, 5-2870.

**h. Proper Wear of Grade Insignia on BDU Caps and Unit Baseball Caps:** Here is a monthly reminder of proper uniform wear. Per AFSPC Personnel Policy Guidance Message 02-06, officers wear the bright/non-subdued grade insignia on the BDU cap or organizational baseball caps while in garrison and the subdued insignia while in a tactical environment. Airmen will not wear grade insignia on the BDU cap or organizational baseball caps. More importantly, the organizational baseball cap will not be worn while in a

**TEAM VANDENBERG**

tactical environment. If you have any questions, please contact the Military Personnel Flight, Customer Service at 6-2776. POC: 30MSS/DPMP, 1Lt Tempia, 6-2776.

**i. PKI Awareness Briefing:** This briefing is mandatory for all Vandenberg AFB personnel who have a requirement to access the military network, i.e., have a .mil e-mail account. It lasts about 45 minutes and takes place at the Vandenberg Center. It describes what PKI (Public Key Infrastructure) is all about, what the new ID card (Common Access Card - CAC) is to be used for, and a little bit on how to configure their computers to work under PKI. A question and answer sessions follows each briefing. Three sessions are scheduled per day, and are arranged by organization. It is permissible to attend a different day if an individual is unable to attend a session during their organizations scheduled day. Monday - 8 Sep 03 - 0900, 1030, 1300 for 30 SW Staff, 30 MDG, AETC. Tuesday - 9 Sep 03 - 0900, 1030, 1300 for 30 OG/30 MXG, Det 9. Wednesday - 10 Sep 03 - 0900, 1030, 1300 for 30 MSG. All other organizations and individuals on Thursday - 11 Sep 03 - 0900, 1030, 1300. POC: 30SCS/SCBN, Mr. Randall Bouza, 6-4019.

## 2. 30<sup>th</sup> Space Communications Squadron:

**a. Emission Security:** EMSEC is a base-level program requiring compliance with equipment and system installation standards as outlined in AFMAN 33-214V2, Emission Security Countermeasures Reviews. This applies only to classified computers, systems, or facilities. For information on what the VAFB EMSEC program has to offer, check out our website at the following address: <https://milnet/wiao/emsec.htm>.

**b. Records Management (RM) Personnel:** If you currently have a file plan in the Web Enabled Records Information Management System (RIMS) program, ensure you follow through and have it approved by the Functional Area Records Manager, signed by the Chief of Record, and fax the file plan cover sheet to 6-0261 (Base Records Management) for Base RM approval. Simply having a file plan hanging on the web does not constitute having an approved file plan IAW AFMAN 37-123, paragraph 2.2.1. Moreover, AFSPC is monitoring the file plan approving progress at Vandenberg AFB. POC: 30SCS/SCBR, Joe Jiles, 6-4212.

**c. Publishing Office E-mail:** Please note that you are now receiving the Base Bulletin via the new e-mail account at [publishing.vafb@vandenberg.af.mil](mailto:publishing.vafb@vandenberg.af.mil). The old e-mail account will become obsolete as of 1 Oct 03. POC: 30SCS/SCSP, Mary Meyer, 6-7892.

**d. Revised Publication:** Effective immediately, the following publication is now available on the VEPDL, <http://vepdl.vandenberg.af.mil>. 30SWI90-101, Commercial Solicitation, On Base Private Businesses, and the Use of Base Facilities and Transportation. POC: 30SCS/SCSP, Mary Meyer, 6-7892.

**e. Certificate of Training Availability:** The AF Form 1256, Certificate of Training, is on backorder and has been for some time. If you need some you can print the IMT version and take to DAPS to print enough copies on light-weight parchment paper until their backorder comes through, as it appears backorders will eventually be filled. You will have to check on cost and availability of getting the navy blue color. Cost of printing is at the your expense using the GPC card. POC: 30SCS/SCSP, Mary Meyer, 6-7892.

**f. Telephone Control Officers/Workgroup Managers:** Have you attended a Project Workflow Requirement Resource (PWRR) training class yet? If not, call 6-3773 to reserve a seat for an upcoming class. POC: 30SCS/SCXPR, Tim Barbour, 6-8888.

**g. Telephone Control Officer (TCO) Appointment Letters:** All units are asked to review their TCO appointment letters and send any updates to 30SCS/SCXPR. POC: Tim Barbour, 6-8888.

## 3. Traffic Management Office:

**a. Separating, Retiring or PCSing?** PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: 30LRS/LGRT, SSgt Papa, 6-0904.

**b. It's Your Move:** If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on you upcoming move can be emailed to your computer. POC: 30LRS/LGRT, Ms. M. Burt, 6-6932/33.

**c. Shipping Your Pet:** If you are PCSing overseas with your pet, the following website contains useful information and web links: <https://amclg.scott.af.mil/cgi-bin/index.pl?dd=/don/lgtp&ti=HQ+AMC/LGTP+-+Passenger+Policy>. HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. POC: Maureen Burt, 30LRS/LGRT, 6-6933.

## 4. Civilian Personnel: (30 MSS/DPCE, 6-5847)

**a. Voluntary Leave Transfer Program:** Carl A. Boettger - Vandenberg AFB, Glenda Bennet - Peterson AFB, Ethel Carter, Richard Porterfield, and Sue Sommers - Scott AFB, Betty Dean - Dyess AFB, Carolyn

DeLaGarza - Langley AFB, Jane Kelsey and Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, and Theresa Currier - Patrick AFB, Stephanie Manning - Sheppard AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, Jacquelyn Schmidt - AF Academy, Delores Green and Yvonne Williams - Dobbins ARB, and Michael Zarbo - Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. Go by Building 11777, Room B-103 to pick-up and/or turn in your form, or access the form on the web at: [http://www.opm.gov/FORMS/PDF\\_FILL/opm630A.pdf](http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf).

**b. Weingarten Right:** Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met:

- a. The meeting between the employee and management official(s) must be an examination;
- b. The examination must be in connection with an investigation;
- c. The employee must reasonably believe that disciplinary action may result from the meeting; and
- d. The employee must request representation.

**5. 30th Medical Group:** (30MDG/SGAH)

**30 MDG Operation Baby Launch:** 8 Sep 03, 1700, at the Main Clinic Auditorium. Pregnant??? Planning a family? A great opportunity to learn valuable information on resources available from civilian representatives from our two local hospitals, TRICARE financial concerns, Vandenberg AFB Family Practice Clinic and much more. Receive a free formula kit, gifts and a free raffle from representatives. Spouses and partners are welcome. Registration is not necessary. POC: 30MDG/SGAH, Capt Rosales, 5-8254 or Nancy Sias, 6-8217.

**6. Air Force Reserves:** (30 MSS/ISR)

**Briefing:** 9 Sep 03, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend the **Palace Chase** briefing. For more information, call MSgt Kartheiser (AF Reserve Recruiter, 6-2704).

**OFFICIAL**

**Frank Gallegos  
Colonel, USAF  
Commander**

**Mary E. Meyer  
Chief, Publishing Management**

**SECTION III — UNOFFICIAL**

**General Information:**

**a. Volunteer Advocate Training:** 3 Sep 03, 1800-2030, the North County Rape Crisis and Child Protection Center in Lompoc. Training will last for ten weeks and will be held on Monday and Wednesday evenings from 1800-2030 hours. POC: Alison at 736-8535. (NCRC and CPC)

**b. Blood Pressure Checks:** 3 Sep 03. The Vandenberg Fire Department will conduct monthly community blood pressure checks for the base populous. Blood pressure checks are scheduled for every first Wed. of the month between the hours of 0800-0900 at Station 2 (main station) and Station 5 (south side). (30CES/CEF, 6-3217)

**c. Big Brother/Big Sisters Volunteer Organization:** 6 Sep 03, 1500-1630 at the Family Support Center located at 723 Nebraska Ave, Bldg. 10525. Matches kids with adult volunteers who share friendship, fun and a positive role model. Come learn how to become a Bog Brother or Big Sister, broaden a child's horizon, and bring some magic into both of your lives. POC: Charlie Guzman, 735-4376.

**d. Veteran's In Need:** Veteran's at Los Angeles Hospital are in need of socks and undergarments. When you at the Main Base Exchange (BX) please purchase a package of underwear (large or extra large) and/or a package of socks (10-13) and put them in the container provided at the BX. The Santa Maria Elks will transport these items in Sept 03. POC: Chief or Jodie Blevins, 6-3562 or 734-2734.

- e. Girl Scout Free Ice Cream Social:** 13 Sep 03, 1300-1500 at the grassy area in front of the Base Bowling Alley. We will register girls and adults at the social for the school year. Cheryl Willard, 6-1119.
- f. New Adoptive Parent Support Groups:** Will be starting both in the South and North County in Santa Barbara. The South County will meet in Santa Barbara on the 4<sup>th</sup> Wednesday of each month from 1900-2230. The next meeting will be at Santa Barbara Cottage Hospital, Conference Room E&F on 24 Sep 03. Trish Dugan is the Adoptive Leader for this group. The North County Group will have rotating meetings in Lompoc, Santa Maria and Solvang on the 4<sup>th</sup> Wednesday of each month. The next meeting is 17 Sep 03, 1900-2230 at Baker's Square, located at 1841 South Broadway, Santa Maria. For more information call the Adoption Unit of Department of Social Services at 346-7114.
- g. Air Force Marathon Participants:** Are you running in the 7th annual Air Force Marathon Sept. 20? Please call Space & Missile Times sports writer Coach McKinney at 6-3595. (30SW/PA)
- h. Lompoc Concert Association:** 27 Sep 03, Orange Kellin's New Orleans Serenaders. Traditional Orlean's Jazz featuring song and dance man Vernel Bagneris. Adult season subscriptions is \$40, students \$19 and the popular Family subscriptions is \$90 per family. Installment payment is available. POC: Molly Blaschke, 733-2125, Jean Jacoby, 736-8713 or Anabelle Dalberg, 688-4687.
- i. Worldwide Case Lot Sale:** 27-28 Sept 03, 1000-1800 at the Base Commissary. Shoppers should check our store Web page at the locations link at [www.commissaries.com](http://www.commissaries.com) for an up-to-date information. Case lot sales feature a variety of sought after items ranging from canned and paper goods, to meats, and chilled items in some locations. POC: Paige Zuniga/DECA, 5-8814
- j. Hunters Against Hunger:** If you want to make a difference, donate your wild game to the needy. POC: SSgt Damion McElroy, 6-6804.
- k. Base Supply Customers Located on South Base:** The planned closure of the 13th Street Bridge for repairs necessitates Phoenix Management, Inc., Base Supply modifying our scheduled delivery and pickup runs to South Base. Base Supply will only deliver parts issued/due out released, pick-up and turn-ins (due-in from maintenance (DIFM) assets) on Tuesday and Thursday between 1330 and 1600. Emergency requirements will be handled on a case-by-case basis. Customers also have the option to pickup or turn-in items whenever they are on the Main Base at Bldg 5500, Bay A (2010 New Mexico Avenue) during normal duty hours. We apologize for any inconvenience this delivery schedule may cause our customers. [donald.hornick@vandenbergh.af.mil](mailto:donald.hornick@vandenbergh.af.mil). (30LRS/LGRDMP-PMI, 6-9064)
- l. Attention South Base GOV Operators:** With the 13<sup>th</sup> Street bridge closed for repairs, driving time to the military fueling station on North Base increased significantly. We need to hear from potential South Base GOV customers to determine if there is enough interest to warrant posting a gasoline refueler at SLC 3 fall back on Wednesday afternoons from 1300 to 1500 weekly. Please call 30LRS/LGRDM, Mr. Vudragovich, at 6-9750, or Mr. Thompson at 6-9064 to register your request.
- m. New Safety Videos:** The Fire Prevention Office has new videos on Office Fire Safety, and Fire Extinguishers at Work. Call the Fire Prevention Office at 6-4680 and reserve a video. There is a 2-day check out limit on all videos. These are excellent videos for annual training purposes. Other safety videos are available for check out. Call us or stop by fire station 2, building 10660 to see what is available. (30CES/CEF)

**Chapel:** (30SW/HC, 6-5773)

- a. Monthly Prayer Breakfast** will be held at 0630, 11 September in the annex of Chapel 1 . Please join us for food and fellowship
- b. Worship Schedule:** **Catholic Mass** Sat, 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II -- **Protestant** - Praise & Worship 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.
- c. The Vandenberg Jewish** community is starting Hebrew and Bar Mitzvah classes on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.
- d. G.I. JAVA Needs Goodies** This coffeehouse is an outreach ministry for our single airmen living in the dorms. You can be part of this ministry by donating baked goods and volunteering your time. Please drop off your donations at Chapel 1. For more information or to volunteer please contact SSgt Wilkins at 606-5773.
- e. G.I Java: Time for a Break!** All dorm and Billeting residents are invited to come and enjoy **FREE** lattes, frappicinos, sodas, chips, and fellowship at a world-class **CYBERNET CAFÉ!!** Open 7 days a week, 1700-2100. Located in the Delta Dayroom across the street from Breakers Dining Facility. For further information, contact Chaplain Zeb Beck or SSgt Jennifer Wilkins at 6-5773.
- f. 381 Training Group Chapel Events: POC Ch Beeman 606-8963** Come and join us for the following weekly events: Bible Study & Prayer on Wednesday's from 1130-1230 Group Conference room (Bldg 8290). Friday's from 1730-1830 Praise & Worship Service at the Group Auditorium (Bldg 8290). Friday's from 1830-

2000 Pizza/Game Social in the Group Foyer (Bldg 8290). These events are open to all. Anyone who wants to volunteer in Group Chapel Ministries please coordinate with Ch Beeman.

**g. Rally Day:** a Chapel-wide parade and celebration for our base is on 13 September. We need people who want to have fun and be part of a parade. We will need volunteers to register new people for Sunday school, CCD, all of our Chapel Groups, GI Java, etc. Questions? Please talk with Sharon Egan at 606-2523 or Chaplain Terrinoni at 606-5773.

**h. Sunday School** begins 14 September in building 16140 on Sundays at 10 am. All are invited and welcome. We have classes for every age group to include two adult classes. The Five Love languages by Gary Chapman, which is a six-week course and an in depth look at the books of James thru Jude. For any question please call Sharon Egan at 606-2523.

**Family Support Center:** 30MSS/DPF (Call the listed contact to pre-register for all classes, workshops, etc.)

**a. Deployed Spouses Support Group:** Tues, 9 Sep 03, 1130-1230 in the Family Services area. Come have lunch with other spouses. Topics will be understanding power of attorneys, chat with a first sergeant, stress management for yourself and kids, tips for successful reunions, etc. On-site child-care will be provided. Reservations are required! Contact Linda Bastine at 6-0039.

**b. 3-Day TAP Seminar:** 9-11 Sep 03, 0800-1600 at the Family Support Center. This is a *highly recommended* seminar for those who are scheduled to separate or retire from the military service within the one-year window. Speakers brief you on job search, networking, resume writing, interview technique, federal employment opportunity, relocation, education and vocational opportunities, and other topics. NOTICE - The Oct TAP seminar date has been changed to 21-23 Oct 03. Call 6-0039 to sign up.

**c. Investment Series:** Fri, 12 Sep 03, 1100-1200 at the Family Support Center. Are you ready to invest? Should you use extra cash to reduce your debts? This class will help you get started in the right direction. Learn budgeting, investing and developing a sound financial plan. Call Jimmy Camacho at 6-0039 to sign up.

**d. Home-Schooling Parents:** The Lompoc Unified School District is offering a new program for 2003-2004 to serve grades K-5. For information, call 736-2371 and leave your name with Mrs. Morgan at the district office. One of the Independent Study teachers will contact you.

**e. Marriage Enrichment Counseling:** Offered on a one-on-one basis for couples, married or planning to marry, who would like to enrich their relationship. Education and coaching on communication, personality/temperament styles, and stress management at home will be provided. Call Linda Bastine 6-0039, to sign up.

**f. Family Readiness Reunion Briefings:** The purpose of reunion briefings is to provide information to service members and families, which will ease the family's transition and readjustment. It will address planning the homecoming, reuniting and relationship building with all members of the family. This briefing is for both service and family members who may have questions or concerns about reunion. Please call MSgt LeFebvre at 6-0039 to schedule an appointment.

**g. Office Closure:** The Family Support Center will be closed for staff training every Monday from 0730-0930. Personnel requiring emergency Air Force Aid will be assisted. (30MSS/DPF, 6-0039)

**30<sup>th</sup> Services Squadron:** (30SVS/SVK, 6-276)

**Auto Hobby Shop:** (30SVS/SVRA, 6-6014)

**a. Auto Hobby Shop:** (30SVS/SVRA, 6-6014)

- **Auto Skills Classes:** By appointment. Tune-up, maintenance class for non-mechanics and equipment safety classes.

**b. Surf Lanes Bowling Center:** (30SVS/SVRB, 6-3209/734-1310)

- **Airmen's Night:** Thursdays, 1700-2100 at the Bowling Center, E-4's and under bowls for just \$1 per game.
- **Thunder Alley:** Thursdays, 1800-2100, Fridays, 2200-0100, and Saturdays, 2100-2400.
- **Fall League:** Surf Lanes is currently forming teams for its fall league. Stop in soon to sign up.
- **Retiree League:** Surf Lanes is forming teams for a military retiree league. Sign up now and enjoy a winter of bowling with other retirees and their families.

**c. Breakers Dining:** (30SVS/SVMF, 6-7540)

- **AETC Dining Closure:** Effective 15 Aug 03, the 'Launch Pad' Dining Facility will undergo renovations lasting about 4 months. This closure will impact the meal periods scheduled at the Breakers.
- **Dial-a-Menu:** Call our telephone menu service at 6-8234 and find out what's being served in your Dining Facility.
- **Deployed Spouses:** Thursdays, starting at 1800. Open to all spouses and dependents of deployed

members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

**d. Child Development Center:** (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out if you qualify.

**e. Family Child Care:** (30SVS/SVYD, 6-3255)

- **Providers:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.

**f. Fitness Center:** (30SVS/SVMP, 6-3832)

- **Triathlon:** 6 Sep 03, 0900.
- **Varsity Basketball Tryouts:** 8-10 Sep 03, 1800-2000. The season is drawing near for the men's varsity basketball team. Stop by the Fitness Center Gym for open tryouts.

**g. Library:** (30SVS/SVMG, 6-6414)

- **New Database:** The Base Library now has the EBSCO's Auto repair Reference Center database available. A great resource with step-by-step procedures for do-it-yourself projects.
- **Pre-School Story Time:** Every Thursday at 1000.
- **Dial-a-Story:** The phone number is 6-4300 (Available 24/7, changes each Sunday).

**h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)

- **Youth Golf Lessons:** Saturdays at 1330. For youths ages 8 years and up. Cost is \$5 each session, includes use of rental club set and range balls.
- **Project Good Neighbor Tournament:** 12 Sep 03, 1230. Open play shotgun 0730.
- **Men's Club Tournament:** 13 Sep 03, 0808.

**i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)

- **Volkssport:** 20-21 Sep 03. Events include a walk, bike and swim. Contact Curtis at 6-5908 for more details or to register.

**j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)

**Entertainment/Events:**

- **Country Night:** 5 Sep 03, 2100-0200, in the Enlisted Lounge.
- **Karaoke & DJ:** 5 Sep 03, 1900-2300, in the Officers' Lounge.
- **Mug Night:** 6 Sep 03, 2100-0300, in the Enlisted Lounge.
- **Football Frenzy:** The season is almost here. Get ready for Monday Night action at the Club!
- **Bonanza Bingo:** Play Bonanza Bingo at the Club 7 days a week for just \$1 per ticket! You can win up to \$1000.

**Menu:**

- **Fried Chicken Night:** 2 Sep 03, 1600-2100.
- **Mongolian BBQ:** 3 Sep 03, 1800-2000.
- **Pasta Mania Buffet:** 4 Sep 03, 1700-2000.
- **Weekly Lunch Schedule:** Mondays-Lunch Special, Tuesdays-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesdays-Santa Maria BBQ Buffet, Thursdays-Chicken and Ribs Buffet, and Fridays-Seafood Buffet.

**k. Rod & Gun:** (30SVS/SVRR, 6-4560)

- **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.
- **Intramurals:** Season is underway. See your sports unit rep for details.
- **Bowling Pin Shoot:** First Sunday of the month, 800 sign up, shooting starts at 900. \$5 per class. Classes for revolver, semi-auto and .22 rim fire.

**l. Services Center:** (30SVS/SVYR, 6-7976)

- **Free Dance Lessons:** Wednesdays, 1830-2100. Free country-western line dancing lessons.
- **Natural Knead Massage:** Custom gift baskets and gift certificates are available.

**m. Skills Development:** (30SVS/SVRS, 6-6438)

- **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
- **Scrap booking Workshop:** Thursdays, 1800-2100. \$2 per hour plus cost of materials.
- **Advanced Framing & Matting:** Thursdays, by appointment.

**n. Swimming Pool:** (30SVS/SVRO, 6-3581)

- **Lap Swimming:** Mon-Fri 0630-0800, 1045-1245, 1745-1900; Sat-Sun 0800-0945.
- **Open Swim:** Mon-Fri, 1300-1600; Sat-Sun, 1300-1700.

**o. Veterinary Clinic:** (30SVS/SVRV, 6-3019)

- **Clinic Days:** Thursdays are the normal clinic days. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
- p. **Youth Center:** (30SVS/SVYY, 6-2152)
  - **Back to School Dance:** 6 Sep 03, 1800-2200. Join us at the Youth Center as we kick off another school year. Pre-teens from 1800-2000 and teens from 2000-2200.
  - **Summer Survey Pizza Party:** 12 Sep 03, 1700. Bring in the family and fill out a summer survey together during this free pizza party at the Youth Center.
  - **Youth Soccer:** The open registration period (through 15 Aug 03) has ended for the upcoming Youth Soccer season. A few slots are still available. Check with the Youth Center Mon-Fri, 0700-1700. For more information contact Kristi at 6-9374.
  - **Before & After School Programs:** Spots are still available in these Youth Center programs. Enroll your child at the Youth Center. The school year is almost here!

**Education Center:** (30MSS/DPHE, 5-5904)

**Last CLEP Test Date:** The last test date for the CLEP English Composition with Essay to be offered at VAFB is, Friday Oct. 10th at 0800, in testing room B-1 at the Base Education office, 144 Wyoming Ave. BLDG 14001. Call 5-5904 for an appointment.

**Computer Training:** (MCA, 6-3771)

**a. Personal Computer Systems Training:** Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771 for more information, or e-mail: [lexi.schwartz@vandenberg.af.mil](mailto:lexi.schwartz@vandenberg.af.mil)

**b. Computer Tips: First Tip:** Customize Arrows in PowerPoint. A commonly used tool in presentation development is PowerPoint's arrow line tool, which is located on the Drawing toolbar. To add an arrow line to your slide, simply click on the tool and use your mouse to draw an arrow on your slide. This may suffice in some situations, but you can also customize the look of the arrow. Right-click on the arrow, select Format AutoShape to launch the Format AutoShape dialog box. Then click on the Colors And Lines tab. In the Line panel, you can select a new color for your arrow, several types of solid or dashed lines, a style and a weight (which increases the thickness of the arrow). In the Arrows panel, you can choose a new starting point design, a new endpoint design or arrowhead, and alter the size for both ends of the arrow. **Second Tip:** Shortcut for running macros in PowerPoint. If you find yourself repeatedly running a macro, or using several different macros, you'll quickly tire of choosing Tools \ Macro \ Macros to access the available macros in the Macro dialog box. You can save a considerable amount of time in the long run by assigning a macro to a toolbar button or creating a customized toolbar or add-in containing several macros. However, in the interim, you can also save some time by pressing ALT + F8 to launch the Macro dialog box.

**c. Available Classes:** Following are classes scheduled for the next two weeks which have open slots:

Class	Date(s)	Time
PWRR	9/2	13:00-16:00
Publisher 2000	9/2-5	08:00-11:00
Project 2000	9/2-5	13:00-16:00
PWRR	9/3	08:00-11:00
Excel - Headers and Footers	9/3	11:30-12:30
PWRR	9/4	13:00-16:00
PWRR	9/5	08:00-11:00
Photo - Working With Layers	9/5	11:30-12:30
PowerPoint 2000	9/8-12	08:00-11:00
Excel - Conditional Formatting	9/8	11:30-12:30
Word - Mail Merge	9/10	11:30-12:30
IAAP Managers	9/10	08:00-11:30

Excel - Filtering, Sorting, and Subtotals

9/12

11:30-12:30

**Note:** Walk-ins are always welcomed!**American Red Cross:** (ARC, 736-5110)

**a. Disaster Training Classes:** The Santa Barbara County Chapter is offering a number of courses to train volunteers to assist in a disaster. Courses will rotate between Santa Barbara, Lompoc, Santa Maria and Buellton locations. To register for any of these classes call the local office, or e-mail to [disaster@sbaco-redcross.org](mailto:disaster@sbaco-redcross.org).

**Training Course****Date****Time****Santa Barbara Office**, 2707 State Street, 687-1331

Introduction to Disaster Services #3066	Mon., Sept. 8	1800-2200
Mass Care Overview #3068-1	Wed., Sept 10	1800-2200
Damage Assessment # 3067	Mon., Sept 15	1800-2200
Shelter Operations # 3068-11	Wed., Sept 17	1800-2200
Providing Emergency Assistance to Families #3072	Sat., Sept 20	0900-1700
Shelter Simulation #3068-12	Mon., Sept 22	1800-2200
Disaster Action Team (DAT) Workshop #4001	Wed., Sept 24	1800-2000
Communications For Disaster Workers #3058-A	Wed., Sept 24	2000-2200

**Lompoc Office**, 312 North H Street, Lompoc 736-5110

Introduction to Disaster Services #3066	Tues., Sept 23	1800-2200
Mass Care Overview #3068-1	Thurs., Sept 25	1800-2200
Damage Assessment # 3067	Tues., Sept 30	1800-2200

All of the above courses are free of charge. They are designed to prepare individuals and groups to participate as volunteers in Red Cross activities. Be part of the solution! Call to register today or email us at [disaster@sbaco-redcross.org](mailto:disaster@sbaco-redcross.org).

**b. Defensive Driving Courses offered by AARP:** This class is a requirement for the new Emergency Response Vehicle (ERV). Call the phone number listed with the course to register, the cost is approximately \$10. Another benefit of this course is you maybe eligible for an auto discount on your insurance. This is sponsored by and located at Marian Medical Center 1400 E Church St, Santa Maria. The phone number is (805) 714-1361. Classes will be at the following times at Marian Medical Center: 9 Sep 03, 0830 and 10 Sep 03, 0830. Instructor Name: Mr. Charles Moon. Sponsored by YMCA 36 Hitchcock Way, Santa Barbara, 17 Sep 03, 0900 and 19 Sep 03, 0900. Instructor Name: Mr. Burton H Townsend and is sponsored by Trinity United Methodist Church 490 Los Osos Valley Rd., (805) 528-2652. 22 Sep 03, 1330 and 25 Sep 03, 1330. Instructor Name: Roger E Awbrey. 9 Oct 03, 0900 and 11 Oct 03, 0900. Instructor Name: Mr. Erik Herner. And is sponsored by St Stephens Episcopal Church 1344 Nipomo St, San Luis Obispo (805) 544-4945. 11 Oct 03, 0900 and 18 Oct 03, 0900. Instructor Name: Earl D Cornwell and is sponsored by Morro Bay Seniors 1001 Kennedy Way Morro Bay, (805) 995-0944. 14 Oct03, 1200 and 16 Oct 03, 1200. Instructor Name: Mr. Peter J Gendron. Sponsored by Central Coast Senior Center, 1580 Railroad St Oceano, (805) 481-5388. (ARC, 736-5110)

**Items For Sale**

**For Sale:** 2001 Ford Explorer Sport, excellent condition, running boards, Am/FM, Single Compact Disc, tilt wheel, cruise control and much more. Asking \$14,500 OBO. Call 734-1292.

**For Sale:** 2000 Mitsubishi Montero Sport XLS, V-6, and 3.0 liter with 44,300 miles. Is fully loaded, and has all routine maintenance records. Asking \$14,230. Call Doug at 588-5932.

**For Sale:** 2000 Kia Sportage, excellent condition, Am/FM cassette, cold A/C, tilt steering wheel, ABS security alarm, power windows, power locks, and much more. Asking \$7,500 OBO. Call 743-2205.

**For Sale:** 1996 Ford Explorer, XLT, 4Dr, White, roof rack, CD player, P/S, P/D/PW, 5-speed trans, 107.5K miles. Runs good. Asking \$6200, OBO. Call 735-4701 and leave message.

**For Sale:** 1996 Ford Contour GL, Tan and in good condition. Clean interior, PWR windows and locks, ABS, 10disc CD Changer, 79,500 miles. Asking \$3500 OBO. Call 734-2562 or 588-3426.

**For Sale:** 1994, Toyota, Corolla, AM/FM Cassette, great mileage 85,000. Second owners, good interior/exterior condition. Asking \$4000,00 OBO. Call Calvin Tucker 735-7887 or 588-6345.

**For Sale:** 1988 4 door Saab 900. \$398 OBO. Will not go into second gear. Will start, sounds great! Automatic, no battery, has roof bike rack. You tow. Located on Santa Rosa Drive, VAFB. Call Joe at 734-7710.

**For Sale:** 15-inch x 8 1/2-inch silver alloy wheel set for front wheel drive car. Asking \$400. Call Mike at 734-0597.

**For Sale:** Four new original equipment tires from a Nissan Xterra. General Grabber AW, 265/70-16. Asking \$50 per tire. Call 717-1942.

**For Sale:** Black motorcycle helmet (small), \$45, Grill with tank, \$30, Verizon Mobile Phone with extra accessories and book, \$50. Call 734-0017 after 1730.

**For Sale:** Double reclining couch. Asking \$85 OBO. Call 734-2419.

**For Sale:** Hotpoint washer and dryer. Asking \$200 for both. Call 737-1995.