



# Base Bulletin

Vandenberg AFB, CA 93437-0759



15 October 2003

No. 42

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to [publishing.vafb@vandenberg.af.mil](mailto:publishing.vafb@vandenberg.af.mil) or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

## SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

## SECTION II — OFFICIAL

### 1. Team Vandenberg:

**a. Publishing Office E-Mail:** Please note that you are receiving the Base Bulletin via the new e-mail account at [publishing.vafb@vandenberg.af.mil](mailto:publishing.vafb@vandenberg.af.mil). Please submit all new notices and advertisements to this new account. The old e-mail account is obsolete. If you want to hand deliver an item for the Bulletin, the Publishing Office has moved to Bldg 6525, Rm B-27/B-29. (30SCS/SCSP, 6-7892)

**b. Air Force Occupational Safety and Health (AFOSH) Council:** Air Force Occupational Safety and Health (AFOSH) Council meeting has been rescheduled (due to slip in the launch) from tomorrow, 15 Oct 03, to Wed., 22 Oct 03, in the WROCC Theater from 1500-1630. All Team Vandenberg Commanders are required to attend; Unit Safety Representatives (USRs) and interested persons are highly encouraged to attend, as well. Purpose of the AFOSH Council is to address all safety, health and fire protection issues. Col Louis, 30SW/CV, will preside as Chairman of the Council. (30SW/SEGB, 6-8804)

**c. Romanian Translator Needed:** Public Affairs is seeking a person who speaks fluently and can translate Romanian for a tour group visiting on Monday, 20 Oct 03. Please contact Jack Hokanson in Public Affairs at 6-3595 if qualified. (30SW/PA, 6-3595)

**d. Interested In Deploying?** The MPF's Personnel Readiness Function is looking for two Active Duty Air Force volunteer, one in the rank of Major (O4), Signals Intelligence Officer, and one in the rank of Captain (O3) any AFSC to go TDY January 2004 for approx 179 days working as a United Nations (UN) Observer. The following AF requirements apply: pinned on Major (O-4, AFSC 14NX) and pinned on Capt (O-3 any AFSC), secret security clearance, meet service height and weight standards, passed appropriate service PT test within the last 90 days, official passport, and civilian driver's license valid through assignment. An official volunteer package will need to be submitted NLT **31 Oct 03**. For more information regarding this TDY and Volunteer package criteria, please contact TSgt Leduc at ext. 6-7574. (30MSS/DPMDX, 6-7574)

**e. Interested In Deploying?** The MPF's Personnel Readiness Function is looking for twelve Active Duty Air Force volunteers, in the rank of E-6 and below, to go TDY to the Washington DC area from 26 Jan 04 to 26 Apr 04 for approx 90 days as Spanish Linguist support augmentees. The following AF requirements apply: must possess a current Defense Language Proficiency Test (DLPT) score of 2+/Listening and 2+/Reading (PDS code F) or better, must have tested within the last year, secret security clearance, meet service height and weight standards, and must have a Government Credit Card before arriving at DIA. An official volunteer letter will need to be submitted NLT **31 Oct 03**. For more information regarding this TDY and Volunteer letter criteria, please contact TSgt Leduc at ext. 6-7574.

**f. 30<sup>th</sup> Maintenance Conference Room:** To reserve the 30<sup>th</sup> Maintenance Conference Room, Bldg 7015, contact your unit representative. Each organization residing in Bldg 7015 has a unit representative who can access and reserve the conference room through Microsoft Outlook. To access the conference room,

**TEAM VANDENBERG**

you much show up at least 15 minutes early to obtain the keys from RMS/CCS, Rm 101, first floor of Bldg 7015. You must also be prepared to operate the conference room equipment. If you are not familiar with the equipment, you may reserve the conference room for a few minutes the day prior to your meeting, review the instructions and become acquainted with the equipment; and/or bring your unit's work group manager. (30MXG/CCS, 6-8856)

## 2. 30<sup>th</sup> Space Communications Squadron:

**a. NCC Reminder:** We are improving the way we do business and we need all network computers to be powered on, even during all non-duty hours. The NCC has upgraded their ability to protect your computer from viruses, meaning you won't have to lose time due to an outage. We will now be loading a majority of the security patches and upgrading software from a central location. This should:—dramatically reduce the workload for your local workgroup manager(s),—increase protection for your data,—reduce your computers downtime for patch loads and virus cleaning. As we implement this new capability we ask you to please "log off" the network (not "shut down") and turn off your monitor at the end of your day. This central management will only work if there is power to your Central Processing Unit (CPU). Please turn off your "power save" functions with respect to the hard drives—meaning leave your hard drives powered and spinning. (30SCS/SCB, 6-3078)

**b. Virus Software For Home Computers.** The DoD antivirus software license agreement with Network Associates, Trend Micro and Symantec allows active DoD employees and Members of the Military to use the antivirus software for home use. Home use of the antivirus products will lessen the threat of employees bringing malicious logic into work and infecting DoD networks. Because downloading from the DoD-CERT web site is limited to .mil domains only, home use requires DOD employees to download the antivirus software at work prior to installing the software on their home PCs. It is suggested you copy the downloaded files to a CD. Use the Symantec, MacAfee or Norton, your choice. The downloads are available at: [http://www.cert.mil/antivirus/symantec\\_index.htm](http://www.cert.mil/antivirus/symantec_index.htm). (30SCS/CC, 6-5316)

**c. Network Security Reminder:** Please remember that securing the network is **EVERYONE'S** responsibility. Incidents are still occurring on the network that could damage and even bring down the entire network. Please remember the following concerning network security: 1- Do not attach any system to the network that has not been updated with all current security updates (patches). 2 - Make sure the Norton Antivirus (NAV) Signature Files are up-to-date. The following is an example of what **not to do** and the correct action to take: Example: connecting a laptop to the network that has been sitting in a closet for the last 3 weeks. Correct action: take the laptop to your WGM/UCM to ensure all patches and current NAV signature updates are installed before use. (30 SCS/SCBI, 6-9500)

**d. New Publication:** The following product has recently been updated on the Air Force Publishing website. If you have any questions please contact the E-Publishing Service Desk at [e-publishing@pentagon.af.mil](mailto:e-publishing@pentagon.af.mil) or call DSN 754-2438. 14AFI10-403, dated 30 Sep 03, 14 AF DEPLOYMENT PLANNING AND EXECUTION (PA), <http://www.e-publishing.af.mil/pubfiles/14af/10/14afi10-403/14afi10-403.pdf>. (30SCS/SCSP, 6-7892)

**e. Records Management Training Anyone?** Effective October 2003, the Base Records Management Office (Bldg 9340) will conduct Base RM training on the second Tuesday and Thursday of the month. Due to limited seating, walk-ins are not allowed and start time for training is 0830. If you plan to attend, call 6-4212 or e-mail Base Records Management, [Joe Jiles](mailto:Joe Jiles) or [Rosalinda Torres](mailto:Rosalinda Torres), at least one week before scheduled training to reserve a spot. (30SCS/SCBR, 6-4212)

**f. New IMT's (PureEdge Forms) for Evaluations:** The following products have recently been updated on the Air Force Publishing website <http://afpubs.hq.af.mil>. If you have any questions please contact the E-Publishing Service Desk at [e-publishing@pentagon.af.mil](mailto:e-publishing@pentagon.af.mil) or call DSN 754-2438 or Comm 202-404-2438. (AFSPC CSS/SCTI)

★AF707A (1 Jun 00) Field Grade Officer Performance Evaluation Report

<http://www.e-publishing.af.mil/formfiles/af/AF707A/AF707A.xfd>

★AF707B (1 Jun 00) Company Grade Officer Performance Evaluation Report

<http://www.e-publishing.af.mil/formfiles/af/AF707B/AF707B.xfd>

★AF709 (1 Jun 00) Promotion Recommendation

<http://www.e-publishing.af.mil/formfiles/af/AF709/AF709.xfd>

★AF78 (1 Dec 99) Air Force General Officer Promotion Recommendation

<http://www.e-publishing.af.mil/formfiles/af/AF78/AF78.xfd>

**3. Traffic Management Office:**

**a. Separating, Retiring or PCSing?** PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)

**b. It's Your Move:** If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be e-mailed to your computer. (30LRS/LGRT, 6-6932/33)

**c. Shipping Your Pet:** If you are PCSing overseas with your pet, the following website contains useful information and web links: <https://amclg.scott.af.mil/cgi-bin/index.pl?dd=/don/lgtp&ti=HQ+AMC/LGTP+-+Passenger+Policy>. HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. (30LRS/LGRT, 6-6932/33)

**4. Civilian Personnel:** (30 MSS/DPCE, 6-5847)

**Voluntary Leave Transfer Program:** Carl A. Boettger—Vandenberg AFB, Michael Baca—HQ ARPC/MSC, Glenda Bennet—Peterson AFB, Ethel Carter, Richard Porterfield, and Sue Sommers— Scott AFB, Betty Dean—Dyess AFB, Carolyn DeLaGarza—Langley AFB, Contine Francis and Janice Shinkle—Macdill AFB, Delores Green and Yvonne Williams— Dobbins ARB, Wilson Holloway and Frank Valentik—Avon Park AFR, Jane Kelsey and Earle Tasse—Eglin AFB, Roberta Clark, Eileen Clemmons, and Theresa Currier— Patrick AFB, Stephanie Manning—Sheppard AFB, Earl Mikula—Buckley AFB, Dotsy Parnell—Shaw AFB, Jacquelyn Schmidt—AF Academy, Roland Younger—Malmstrom AFB, and Michael Zarbo— Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You may pick up and turn in your form in Bldg 11777, Rm B-103. You may access this form on the web at: [http://www.opm.gov/FORMS/PDF\\_FILL/opm630A.pdf](http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf). (30MSS/DPCE, 6-5847)

**5. 30th Civil Engineering:** (30CES)

**a. Welding and Hot Work Permits:** The Fire Prevention Office requires two business days notice before issuing a welding permit. This allows time to fit the requests in to our daily calendars. Individuals requiring a permit can stop at the Fire Prevention Office, Bldg 10660, Fire Station Two, or call 6-4680 to schedule an appointment. Contact the Fire Prevention Office for additional information. (30CES/CEF, 6-4680)

**b. Biodegradable Yard Waste Bags:** Free biodegradable bags for MFH residents available at the Self Help Store! Use for yard waste such as grass clippings, tree trimmings, and other foliage. The bags are made with organic materials that break down fast and can be mixed with other green waste to produce mulch and clean fill. Pick up your free bags today at the Self Help Store! (30 CES/CEV, 5-0544)

**6. Air National Guard Opportunities:**

**Alabama Air National Guard Part-Time Vacancies:** Are you planning Palace Chase, Palace Front, or Separating? Would you like to continue receiving most of your active duty benefits and have a great part-time job? The Alabama Air National Guard units in Montgomery have the following part-time vacancies: 2A0X1B-Av Test Station, 2A3X2A-Av System Spec, 2A333B-F-16 Crew Chief, 2A6X1A-Jet Engine Mech, 2A6X2-Age Mech, 2A6X3-Aircrew Egress, 2A6X4-Aircraft Fuels, 2A6X5-Aircraft Hydraulics, 2A6X6-Acft Elec/Envirn, 2A7X1-Acft Metal Tech, 2A7X3-Struc Spec, 2E1X1-Sat/Com Wideband, 2E1X3-Ground Radio Comm, 2E1X4-Visual Imagery & Intrusion Detection, 2E2X1-Elec Comp & Switching System, 2E6X3-Telephone Systems, 2FOX1-Fuels Spec (POL), 2ROX1-Maint Data Sys Spec, 2T3X5 - Vehicle Body Maint, 2WOX1-Munitions, 3E0X1-Elec Systems Spec, 3E0X2-Power Production, 3E1X1-HVAC, 3E2X1-Heavy Equip Opr, 3E3X1-Structural Spec, 3E4X1-Util Sys Spec, 3POX1-Sec Forces Spec, 3V0X3-Visual Info, 4A0X1-Medical Admin Spec, 4A1X1-Medical Supply, 6C0X1-Contracting. Please contact MSgt Vonsetta Roberts DSN 358-9191, commercial 334-394-7191, or 1-800-368-4481 or email at [vonsetta.roberts@almont.ang.af.mil](mailto:vonsetta.roberts@almont.ang.af.mil) for more information. (187th FW/DPMR)

**OFFICIAL****FRANK GALLEGOS  
Colonel, USAF  
Commander**

**Mary E. Meyer**  
**Chief, Publishing Management**

### **SECTION III — UNOFFICIAL**

#### **General Information:**

- a. Vandenberg Enlisted Action Team (VEAT) Meeting:** 16 Oct 03, 1100, GI Java. (30MDG/SGGD, 6-1846)
- b. First Time Home Buying Seminar:** The Housing Office is holding a First Time Home Buying Seminar on 16 October 2003, 1700 - 2000 at the Vandenberg Center. Please register by 10 Oct 03 by calling Maria C. Rasay at 6-1840, or 734-1660 or you may e-mail [Maria.Rasay@vandenberg.af.mil](mailto:Maria.Rasay@vandenberg.af.mil). Children are discouraged from attending because seats are limited. (30CES/CEH, 6-1840)
- c. Jamboree On The Air:** The Satellite Amateur Radio Club will host the annual Scout Jamboree on the Air, Friday through Sunday, 17-19 Oct 03. The Scouts will receive instruction in Amateur Radio and earn credits for a Merit Badge. Each Scout will also be able to use the facilities of the SARC's radio station W6AB to contact other Scouts throughout the United States and around the world. Many Scouts and their adult leaders will choose to camp out within the SARC compound surrounding Bldg 23100. This event, known as JOTA, is a joint effort by the Amateur Radio Relay League and Scouting International to introduce young people to the exciting hobby of Ham Radio. For more information about SARC activities, contact Eric Lemmon, 733-4416. (SARC)
- d. LRS 8th Annual Haunted Trail:** 17, 18, 24, 25 Oct 03 and Halloween Night from 1800 to 2300. Family hour from 1800 to 1900. Hot Dogs, Sodas, & Baked Goods too! \$4.00 Adults & \$2.00 for kids. (30LRS)
- e. Calling all USAFA Grads:** The next general membership meeting of our new Central Coast AOG Chapter is on Thursday, 16 Oct at 1800 at the Pacific Coast Club Officer's Lounge. The USAFA vs. CSU game on ESPN2 will air immediately following the meeting. Please RSVP by Wed, 1 Oct 03. at [michael.todd@vandenberg.af.mil](mailto:michael.todd@vandenberg.af.mil). Please indicate how many people will be attending (families are also invited) and whether or not you will need to be vouched onto base. If you are unable to attend this meeting or are not on the mailing list already, please reply as well. "GO FALCONS, SLAM THE RAMS!" (14AF/CCP, 5-0761)
- f. Room Needed:** Visiting Optometry extern in need of a place to stay while completing externship at base optometry clinic. Male, mid 20's, visiting 19 Oct 03 through 18 Dec 03, willing to rent room for specified time. Any inquiries, please call Optometry clinic at 6-0468 or e-mail [alex.amavisca@vandenberg.af.mil](mailto:alex.amavisca@vandenberg.af.mil). (30MDG/SGGE)
- g. 2003 Project Good Neighbor Annual PGN Golf Tournament:** Let's Raise Money for the Troops. Sponsored by the VAFB First Sergeants Council, 17 Oct 03 (Friday) - 1230 Shotgun Start 4-person Scramble Thousands of \$\$\$DOLLARSS\$\$ worth of Door Prizes!!! Registration 1100-1200, 1230 Shotgun. To sign up contact your Unit First Sergeant or SMSgt Robertson at 6-9815 or via e-mail at [brian.robertson@vandenberg.af.mil](mailto:brian.robertson@vandenberg.af.mil). Deadline for entry is 8 Oct 03, 1630, or to the first 128 golfers!!! Cost—\$20.00 Entry Fee + Green Fees, etc. (30CES/CCF, 6-7358)
- h. Lompoc Food Pantry:** Our Food Pantry was notified by the City of Lompoc that they will be doing road work on Chestnut Avenue from 20 Oct 03 through 3 Nov 03. It may be quite difficult or next to impossible to drive and/or park near the Food Pantry building on a few of those days. (Catholic Charities, 736-6226)
- i. Golf Tournament:** The Guardian Programs Boosters would like to invite you to our golf tournament benefiting the Guardian Challenge Volunteer Support Program. The Golf tournament will be held 23 Oct 03, at Marshallia Ranch, Vandenberg AFB. The tournament will be a 4-man best-ball competition with a shotgun start of 1300. The cost is only \$10 per person, plus green fees, and there will be many prizes available. Registration requests and questions can directed to 2LT Phillip Patrick via e-mail or at DSN 275-8292 or commercial (805) 605-8292. (392 TRS/DOA, 5-8292)
- Santa Barbara County Search and Rescue Recruitment at VAFB:** Santa Barbara County Search and Rescue (SBCSAR) is an all-volunteer professional rescue team serving the entire Santa Barbara County. As a member of the Mountain Rescue Association we strive to maintain the highest levels of training possible. We are on call 24/7, 365 days a year and provide all services without cost. This is a special SBCSAR Recruitment at VAFB. It is for personnel and contractors at VAFB. If you are in the USAF SBCSAR requests that your time at VAFB or the Santa Barbara County area be for a minimum of two years. Attendance of the SBCSAR Academy begins in January 2004 and is for 6 months (one weekend day per month). Minimum training, experience and callout response may take up to one year. We ask that you will be able to "give back to the Team" that one year. Hence "1+1=2" years. The last Recruitment meeting of the year for potential members is on Thursday 23 Oct 03, 1400, Bldg 6525, Conference Room C-13, 13th Street at New Mexico (NE

corner of the Bldg). All you need to do to begin the process is to attend the Recruitment meeting. You must be 18 years or older and have a desire to help others. For further information contact Eva Korientz at 6-1499 or 805 934-1810. See you there! In the event you are not able to attend this meeting, a meeting will be held Wednesday 22 Oct 03, 1900, at 3 locations: Santa Maria - Allan Hancock College South Campus 800 South College Drive Bldg P or Q, Lompoc - County Building 401 East Cypress (Ocean & E Street), or Buellton - City Council Chambers 140 West Highway 246 (in the Library Bldg by the Post Office). We have a need for responding members from the North County area. (SLRSC - ITT, 6-1499)

**j. Pizza Eating Contest:** The 30<sup>th</sup> Medical Group Spouses are hosting a Pizza Eating Contest for all Active Duty E-4 and Below on Thursday, 23 Oct 03 at 1730 at GI Java. Sign up at GI Java or call 734-1651 for information. (30MDG/SGAH, 6-3308)

**k. 5<sup>th</sup> Annual Texas Blowout:** 2003 Fundraiser for Operation Kids Christmas. It will take place on Friday, 24 Oct 03 at Cocheo Park. Beginning at 1100 and running until 1600. There will be hot dogs, burgers, adult beverages, live music, dancing, games, prizes, and much more! This years events will include a jail, fear factor, horse ropin', and horseshoe throwin'! To sign up, call your Units' Texas Blowout contact. Cost is \$7 and covers food and drinks. Get ready to have a grand ol' time. Any questions contact Capt Eddy at 6-2184 or Capt Patrick at 6-1542 x3210. (392TRS/DOA)

**Health and Wellness Center:** (30MDG/HAWC, 6-2221)

**a. Breast Cancer Awareness Workshop:** The HAWC is offering this workshop on 15 and 23 Oct 03 from 1130-1230. Stop by and speak to experts in the field, learn what the signs and symptoms are and learn how to properly perform self-exams. Early detection is the key.

**b. Tobacco Cessation Class:** A six-week class held on Tuesday from 1200-1300 geared toward helping individuals quit tobacco for good. For class dates and more information please contact the HAWC at 6-2221.

**c. Sensible Weigh Program:** A four-week class held at the HAWC on Wednesday from 1400-1530 and on Thursday from 0800-0930, (class #3 is held at the Commissary). This class helps individuals lose weight and learn healthy eating habits. For more information and to sign up, please call the HAWC at 6-2221.

**d. Breastfeeding and Infant Care:** This class is offered to help new Mom's with the proper tips and techniques of breastfeeding as well as Infant Care (Dad's are highly encouraged to attend). Class is offered quarterly, for more information please call the HAWC at 6-2221.

**e. Exercising During Pregnancy:** This class gives expectant Mom's the guidelines for staying fit while pregnant and is offered quarterly. For more information please call the HAWC at 6-2221.

**f. Risk Reduction Series:** A series of 3 classes offered on Thursday at the HAWC from 1400-1600. The first Thursday covers Diabetes, the second Thursday covers Cholesterol/Heart Disease, and the third Thursday covers High Blood Pressure. For more information or to sign-up please call the HAWC at 6-2221.

**g. The HAWC conducts Body Fat Taping** every day during the following hours: Monday, Wednesday & Friday from 1000-1100 and Tuesday, Thursday from 1300-1400.

**Chapel:** (30SW/HC, 6-5773)

**a. Worship Schedule: Catholic Mass:** Sat, 1615 - 1645 confessions; 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II -- **Protestant** - Praise & Worship 0830 Sun, Chapel II; Gospel 1130 Sun, Chapel II; Traditional 1130 Sun, Chapel I.

**b. The Vandenberg Jewish** community is starting Hebrew and Bar Mitzvah classes on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

**c. G.I. JAVA Needs Goodies** This coffeehouse is an outreach ministry for our single airmen living in the dorms. Be part of this ministry by donating baked goods and volunteering your time. Please drop off your donations at Chapel 1. For more information and to volunteer please contact Ch Beck at 606-5773.

**d. G.I Java: Coffee Break!** All dorm and billeting residents are invited to come and enjoy **FREE** lattes, frappuccinos, sodas, chips, and fellowship at a world-class **CYBERNET CAFÉ!!** Open 7 days a week, 1700-2100. Located in the Delta Dayroom across the street from Breakers Dining Facility. For further information, contact Chaplain Zeb Beck or SSgt Jennifer Wilkins at 6-5773.

**e. 381 Training Group Chapel Events:** Come and join us for the following weekly events: Bible Study & Prayer on Wednesday from 1130-1230 Group Conference room (Bldg 8290). Friday from 1730-1830 Praise & Worship Service at the Group Auditorium (Bldg 8290). Friday from 1830-2000 Pizza/Game Social in the Group Foyer (Bldg 8290). These events are open to all. Anyone who wants to volunteer in Group Chapel Ministries please coordinate with Ch Beeman.

**f. Monthly Prayer Breakfast:** 9 Oct 03, 0630, Chapel 1 Annex. The speaker will be SMSgt McDonald.

**g. Fall Festival** will be on 26 Oct 03. There will be carnival games, a dunk tank, bounce houses, hot dogs, cotton candy, snow cones, popcorn and a whole lot of fun!! Hours are 1400-1600 at Chapel 1. For more information call the Base Chapel at 6-5773.

**Family Support Center:** (To pre-register for all classes, workshops, and seminars, call the designated point of contact, 30 MSS/DPF, 6-0039).

**a. Winning Interviews & Setting a Professional Image:** Thurs, 16 Oct, 1300-1530, Family Support Center. Learn the fundamentals of interviews, preparing for the interview, types of interviews, and what to expect. Contact Teresa Orozco at 6-0039 to sign up for this informative class.

**b. CAL-VET Home Loan:** Fri, 17 Oct, 1330 – 1530, Family Support Center. One of the major Veterans' benefits is the Veteran's Home Loan Guaranty. It is made to Active duty members, retirees, and Veterans for the purchase of homes, townhouses and condominiums. Learn the application procedures & understand the basic CAL-VET Home Loan process and be aware of potential pitfalls. Call Larry Davis, 6-0039 to sign up.

**c. Global Hearts Group Sloppy Joe Dinner:** Sat, 18 Oct, 1730-2000 at the Chapel Annex. For spouses of active duty members who are TDY, remote, or deployed for more than 30 days. Contact MSgt Todd LeFebvre at 6-0039 for more information.

**d. Pre-Separation Briefing (DD Form 2648):** Tues, 21 Oct 03, 1600 at the Family Support Center. This mandatory briefing is for military members scheduled to retire or separate and must be completed at least 90-120 days prior to departure. Subjects covered include benefits in employment, relocation, education/training, medical, financial, disability, and more. The DD Form 2648 acts as a checklist to identify Pre-Separation subjects of interest as a basis for development of an Individual Transition Plan (ITP). The completed form is required for final out-processing. No registration is required! Contact Larry Davis, 6-0039 to sign up.

**e. Financial Basics:** Tues, 21 Oct 03, 1100-1200, Family Support Center. Need financial advice? Learn the financial basics such as checkbook maintaining, credit spending, choosing a financial institution, credit pitfalls, decoding financial terminology and making your paydays count! Call Jimmy Camacho at 6-0039 for more information.

**f. 3-Day TAP Seminar:** 21 - 23 Oct 03, 0800-1600, Family Support Center. This is a *highly recommended* seminar for those who are scheduled separate or retire from the military service within the one-year window. Speakers brief you on job search, networking, resume writing, interview technique, federal employment opportunity, relocation, education and vocational opportunities, and other topics. Call 6-0039 to sign up.

**g. Bundles for Babies:** Date has been changed from Fri, 10 Oct 03 to Fri, 24 Oct 03 1400-1600 at the Family Support Center. This Air Force Aid Society Program covers proactive informational topics such as financing for expectant parents, lifestyle changes, infant CPR, Nursing Moms Program, and Give Parents a Break Program. Learn parenting skills, meet other expectant parents and receive a free gift for your precious bundle. Class is open to all ranks and is not limited to a first pregnancy. Bundles For Babies is for active duty Air Force members and/or their spouses (Marines, Army, Navy, and Coast Guard Personnel may attend, but are not eligible to receive a bundle). Please be advised not to bring children to the program. Call Lyn Smith at 6-0039 for registration.

**h. Office Closure:** The Family Support Center will be closed for staff training every Monday from 0730-0930. Personnel requiring emergency Air Force Aid will be assisted. Contact Sally Galligan, 6-0039.

**30<sup>th</sup> Services Squadron:** (30SVS/SVK, 6-276)

**a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)**

- **Auto Skills Classes:** By appointment. Tune-up and maintenance class for non-mechanics and equipment safety classes.
- **Auto Safety Class:** 20 Oct 03. Testing and servicing your battery. Call for class details.
- **Early Bird Shop:** Tuesday through Thursday, shop opens at 1000.

**b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)**

- **Airmen's Night:** Thursday, 1700-2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Thursday, 1800-2100. Friday, 2200-0100. Saturday, 2100-2400.

**c. Breakers Dining: (30SVS/SVMF, 6-7540)**

- **AETC Dining Closure:** Effective 15 Aug 03, the 'Launch Pad' dining facility will undergo renovations lasting about 4 months. This closure will impact the meal periods scheduled at the Breakers.
- **Dial-a-Menu:** Call our menu service at 6-8234 and find out what's being served in your dining facility.
- **Deployed Spouses:** Thursday, starting at 1800. Open to all spouses and dependents of deployed

members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

**d. Child Development Center: (30SVS/SVYC, 6-1555)**

- **Give Parents a Break:** This program offers parents one evening of child-care per month for those who need a break. Give us a call and find out if you qualify.
- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.

**e. Family Child Care: (30SVS/SVYD, 6-3255)**

- **Provider Training:** 18, 21, 23 Oct 03, call to register. The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.
- **Mildly Ill Program:** Take advantage of this great Air Force initiative. Parents can leave their mildly ill children with a certified caregiver so they will not have to take time off from work. To be eligible your child must be enrolled with the Child Development Center, Youth Center or Family Child Care home.

**f. Fitness Center: (30SVS/SVMP, 6-3832)**

- **Change of Hours:** Reminder that the Fitness Center is now open at 0430 on weekdays.
- **Total Body Conditioning:** 15 Oct 03, 1730-1830 at the Services Center. This is a Fitness Improvement Program (FIP) Class.
- **Indoor Cycle:** 18 Oct 03, 0800-0845 at the Services Center. This is a Fitness Improvement Program (FIP) Class.
- **Step/Strength Interval:** 20 Oct 03, 1730-1830 at the Services Center. This is a Fitness Improvement Program (FIP) Class.
- **Over 30 Softball All-Star Game:** 21 Oct 03, 1800.
- **5 On 5 Soccer Tournament:** 24 Oct 03, 1800.

**g. Library: (30SVS/SVMG, 6-6414)**

- **Spanish Literature Collection:** The Base Library presents a Spanish literature collection, featuring books in the Spanish language, and Bilingual (Spanish/English) for adults and children. Our collection is small but we have fiction and nonfiction books for adults and children.
- **Pre-School Story Time:** Every Thursday at 1000.
- **Dial-a-Story:** The phone number is 6-4300 (Available 24/7, changes each Sunday).

**h. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)**

- **Youth Golf Lessons:** Saturday at 1330. For youths ages 8 years and up. Cost is \$5 each session, includes use of rental club set and range balls.
- **BBQ Lunch:** 16 Oct 03, 1100-1330. Get a BBQ sandwich with beans, chips and a beverage.
- **Project Good Neighbor Tournament:** 17 Oct 03, 1230.
- **Fall Open:** 18-19 Oct 03. Registration is underway at the Pro Shop.

**i. Outdoor Recreation/Equipment Checkout: (30SVS/SVRO, 6-5908)**

- **Boathouse Fishing Tournament:** 18 Oct 03, 1100-1600. Cost is \$18. Limited space is available.

**j. Pacific Coast Club: (30SVS/SVRMC, 734-4375 or 734-4376)**

**Entertainment/Events:**

- **70s and 80s Night:** 17 Oct 03, 2100-0200, in the Enlisted Lounge.
- **Karaoke & DJ:** 17 Oct 03, 1900-2300, in the Officers' Lounge.
- **Mug Night:** 18 Oct 03, 2100-0200, in the Enlisted Lounge.
- **Football Frenzy:** 20 Oct 03, 1700. Kansas City Chiefs vs Oakland Raiders.
- **Halloween Party:** 31 Oct 03. Both Lounges starting at 1900. Best costume contest!
- **Bonanza Bingo:** Play at the Club 7 days a week for \$1 per ticket! You can win up to \$1000.

**Menu:**

- **Fried Chicken Night:** 14 Oct 03, 1600-2100.
- **Mongolian BBQ:** 15 Oct 03, 1800-2000.
- **Pasta Mania Buffet:** 16 Oct 03, 1700-2000.
- **Sunday Brunch:** 19 Oct 03, 1000-1400. Reservations recommended.
- **Weekly Lunch Schedule:** Monday-Lunch Special, Tuesday-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesday-Santa Maria BBQ Buffet, Thursday-Chicken and Ribs Buffet, and Friday-Seafood Buffet.

**k. Rod & Gun: (30SVS/SVRR, 6-4560)**

- **Open Shoot:** Open Trap & Skeet shoot every Wed, Fri and Sat morning at 0830.

**l. Services Center: (30SVS/SVYR, 6-7976)**

- **Dining Books:** The new 2004 Discovery Dining Books are available at the Services Center for \$19.95.
  - **Knott's Halloween Haunt:** 17, 18, 24, 31 Oct 03. Tickets are available at the Services Center. Prices are \$31 for tickets on 17 Oct 03 and \$35 for tickets on 18, 24, 31 Oct 03.
  - **Natural Knead Massage:** New extended hours! Monday-Friday open until 1900. Custom gift baskets, gift certificates, and couples massage packages are available.
- m. Skills Development: (30SVS/SVRS, 6-6438)**
- **Arts & Crafts Faire:** The deadline for vendors to reserve a space in this year's faire is 24 Oct 03.
  - **Basic Framing & Matting:** 14 Oct 03, 1800-2030. Working on an 8" x 10" project. Cost is \$20.
  - **Stained-Glass Workshop:** 15 Oct 03, 1700. \$2 per hour + cost of materials.
  - **Scrapbooking Workshop:** 16 Oct 03, 1800-2100. \$2 per hour + cost of materials.
  - **Advanced Framing & Matting:** 16 Oct 03, by appointment.
  - **Ceramics Class:** Sign up now for our upcoming ceramics class in November. Class is 3 Wednesday sessions on 5, 12, 19 Nov 03 from 1730-2030. Cost is \$25.
- n. Swimming Pool: (30SVS/SVRO, 6-3581)**
- **Lap Swimming:** Mon-Fri, 1000-1300.
  - **Water Aerobics:** Mon, Wed, Fri, 1300-1345.
- o. Veterinary Clinic: (30SVS/SVRV, 6-3019)**
- **Clinic Days:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
- p. Youth Center: (30SVS/SVYY, 6-2152)**
- **Pre-Teen Dance:** 17 Oct 03, 2000-2200. Cost is \$1.
  - **Harvest Celebration:** 25 Oct 03, 1600-1800 for ages 10-13, 2000-2200 for ages 13-18.
  - **Dragon's Lair:** 27-30 Oct 03, 1800-2100 at the Fitness Center Annex. Don't miss this youth production for young children of all ages. Admission is \$4. Discover the secret of the Dragon's Lair!
  - **Youth Basketball:** Registration is underway at the Youth Center until 31 Oct 03, or until teams are full. Stop by Mon-Fri from 0730-1700 and sign up. Open to boys and girls grades K-8.
  - **Dance Classes:** Rhythm, Ballet, Jazz dance classes are available at the Youth Center.
  - **Before & After School Programs:** Spots are still available in these Youth Center programs. Enroll your child at the Youth Center... the school year is here!

**Education Center: (30MSS/DPHE, 5-5904)**

- a. Education Center Closure:** The Education Center, to include the main office, Formal Training, Base Training, and Civilian Training offices, will be closed for a training day on Tuesday, 21 Oct 03. Career Development Course (CDC) and End of Course (EOC) testing will still take place at 1300 in Rm B-1. If you have any questions please direct them to the main office at 5-5904.
- b. For Active Duty Military Only:** 1 free **SAT** per lifetime. Next testing date is 24 Oct 03, 0800, Testing Room B-1 at the Base Education office, 144 Wyoming Ave. Bldg 14001. Call 5-5904 for an appointment.
- c. Test Prep & Study Skills Seminar:** The Education Services Office will be conducting a Test Preparation & Study Skills Seminar. The seminar will focus on: The Myths of Test Taking, Learning and Study Skills, Test Taking Skills, and Testing Strategies. Please call Ms. Jacquie Estrada at 5-5903 if you have questions or to sign up for a slot by 31 Oct 03. The seminar is scheduled for 03 Nov 03 from 1200-1300. This seminar is open to all students, military, civilian, and contractors.

**Computer Training: (InDyne, 6-3771)**

- a. Personal Computer Systems Training:** Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771 for more information, or e-mail: [lexi.schwartz@vanderberg.af.mil](mailto:lexi.schwartz@vanderberg.af.mil).
- b. Computer Tips: First Tip:** Excel Drawing Tip - Want to align an object, a shape, chart, picture, or anything else, to the gridlines on your worksheet? You could turn on the Snap to Grid feature, (click the Draw button on the Drawing toolbar and then choose Snap + To Grid), but why go through all that when you

can just do the following: Hold down the **Alt** key while you draw or size any object. Excel snaps the object to the worksheet grid! **Second Tip:** Customize Arrows in PowerPoint - A commonly used tool in presentation development is PowerPoint's arrow tool, which is located on the Drawing toolbar. To add an arrow to your slide, simply click on the tool and use your mouse to draw an arrow on your slide. Did you know that you can also customize the look of the arrow? Just right-click on the arrow and select Format AutoShape from the shortcut menu. In the Format AutoShape dialog box, click on the Colors And Lines tab. In the Line panel, you can select a new color for your arrow, several types of solid or dashed lines, a style and a weight (adjusts the thickness of the arrow). In the Arrows panel, you can choose a new starting point design, a new endpoint design or arrowhead, and alter the size for both ends of the arrow.

**c. Available Classes:** Following are classes scheduled for the next two weeks which have open slots:

Class	Date(s)	Time
Front Page 2000	10/15-17	08:00 - 11:00
PWRR	10/15	13:00 - 16:00
Photo - Panorama	10/15	11:30 - 12:30
PWRR	10/17	13:00 - 16:00
Outlook - Delegating and Out of Office Assistant	10/17	11:30 - 12:30
Workgroup Managers Course	10/20-24	08:00 - 16:00
Photo - Image Correction	10/20	11:30 - 12:30
Word 2000	10/20-22	13:00 - 16:00
Project 2000	10/20-23	08:00 - 11:00
PowerPoint - Custom Animation	10/22	11:30 - 12:30
Certification & Accreditation	10/22	08:00 - 11:30
Outlook Email Only	10/23	13:00 - 16:00
Word - Forms & Tables	10/24	11:30 - 12:30
PWRR	10/24	13:00 - 16:00
Access Lab	10/24	08:00 - 11:00

**Note:** Walk-ins are always welcomed!

**American Red Cross:** (ARC, 736-5110)

**a. Disaster Training Classes:** The Santa Barbara County Chapter is offering a number of courses to train volunteers to assist in a disaster. Courses will rotate between Santa Barbara, Lompoc, Santa Maria and Buellton locations. To register for any of these classes call, or e-mail to [disaster@sbaco-redcross.org](mailto:disaster@sbaco-redcross.org).

Training Course	Date	Time
<b>Santa Maria Office</b> , 222 W. Carmen Lane, 928-0778		
Mass Care Overview #3068-1	Thurs., Oct 16	1800-2200
Damage Assessment # 3067	Tues., Oct 21	1800-2200
Shelter Operations # 3068-11	Thurs., Oct 23	1800-2200
Providing Emergency Assistance to Families #3072	Sat., Oct 25	0900-1700
Shelter Simulation #3068-12	Tues., Oct 28	1800-2200
Disaster Action Team (DAT) Workshop #4001	Thurs., Oct 30	1800-2100
<b>Specialized Course</b> , Weapons of Mass Destructions/ Terrorism (WMD/T) #3079-2F	Mon., Nov 10	1800-2200

**Buellton Senior Center.** Please contact any office for information. Santa Barbara 687-1331, Lompoc 736-5110, or Santa Maria 928-0778

**Specialized Course**, Public Affairs I #3080-1F Sat., Oct 18 0800-1700

All of the above courses are free of charge. They are designed to prepare individuals and groups to participate as volunteers in Red Cross activities. Be part of the solution! Call to register today or email us at [disaster@sbaco-redcross.org](mailto:disaster@sbaco-redcross.org).

### Items For Sale

**For Sale:** 2001 Chevy Cavalier, 40,000 miles, extended warranty, great condition, AC, CD player, two door, silver black interior, asking \$9,500. Call 734-6646, please leave message.

**For Sale:** 1997 Mediterranean Blue Mazda Miata MX-5, soft convertible top, 51K miles, 4 cyl, 1.8 ltr, 5 speed manual trans, CC, AC, PB, PS, PW, alloy wheels, cloth interior, dual front air bags, rear wheel drive, 1 year old tires. Brand new Pioneer AM/FM/CD/MP3 player, XM radio ready with detachable face plate. Also, a removable windscreen to control the wind sheer within the car. Excellent condition! PSCing to Korea, MUST SELL! NADA Price: \$9,425. Asking \$8,000 OBO. Call: (H) 734-0144 (leave message) for more details.

**For Sale:** 1995 Green Geo Tracker 2WD: White soft top replaced 2002, Upholstery condition excellent, A/C, Kenwood CD System w/detachable-hidden faceplate, new speakers 2002, solid tires, 120K, great for college student. Asking \$2100 OBO. Call Alicia Miller, 736-3040.

**For Sale:** 1986 Honda Prelude Si 2.0. Original owner. All the features. 126,000 miles; good for another hundred thousand. 25mpg while commuting, more on highway. \$3,000. 733-4245 after 1700.

**For Sale:** 1986 Winnebago Chieftain, 22', self contained, new transmission, toilet, batteries, alternator, water pump, floor & carpeting. Runs and drives great. Asking \$11,000. Robert Park, 934-4386.

**For Sale:** 2002 Kawasaki Jet Ski 900STS, three-person personal watercraft with trailer and cover, red and white in color, low hours. Asking \$6000.00 OBO. Call 922-7170.

**For Sale:** Sleeper sofa, 4 years old. Contemporary style, red/tan/green plaid fabric. \$150. 734-0241.

**For Sale:** Single bed with storage space, great for a child. Wooden rails on either end, four large drawers beneath. \$75 OBO. A dorm sized refrigerator, perfect for college students. \$50 OBO. Call 736-6031.

**For Sale:** 5-Piece Pearl Drum Set plus accessories \$450 OBO. Wooden Rocking Chair, \$50 OBO. Female Size 10 Officer Mess Dress \$50. Female Size 10 Officer Service Dress \$25. Call Doug or Kelly at 734-1993.

**For Sale:** Four original equipment 8 spoke alloy rims for a Saab 900, 9000, 9-3, or 9-5. May fit other vehicles. 15" Diameter with 5 bolt lug pattern. Has Michelin Pilots mounted, but they don't have too much life left on them. Asking \$150.00 for all four. If interested call 734-1767.

**For Sale:** Entertainment Center \$55.00 OBO. Washer/Dryer-Gas (dryer works but has mechanical problems) \$80.00 OBO for both. Blinds- assorted sizes take ALL for \$30.00. If interested call 734-4199.