



Base Bulletin

Vandenberg AFB, CA 93437-0759



3 December 2003

No. 49

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Team Vandenberg Holiday Party: The Holiday party will be held on 5 Dec 03 at the Pacific Coast Club. All ranks are welcome to attend. Social hour begins at 1730; dinner begins at 1830. See your Squadron First Sergeant for tickets and more information. Contact the First Sergeant Association and 30MSS. (30MSS/DPMAE, 6-1887)

b. Retirement: Detachment 9, Space and Missile Systems Center/CLV requests the pleasure of your company at the Retirement Luncheon in honor of Carolyn E. Pflapsen after 24 Years Of Service, Wednesday, the tenth of December at twelve o'clock in the afternoon at Federico's in Buellton, Cost is \$18, Mexican Buffet. RSVP NLT 3 Dec 03, Bonnie.Purvis@Vandenberg.AF.Mil, at 6-3863. Please indicate at the time of the RSVP if you plan on giving a presentation (DET9/CLV)

c. Interested In Deploying? The Military Personnel Flight's (MPFs) Personnel Readiness Function is looking for Active Duty Air Force, Reserve and Guard volunteers, in the rank of captain (O-3), to go TDY May 2004 for approx 179 days as a Operations Officer, Bilateral Affairs Officer (BAO) and Office of Defense Cooperation (ODC) in Ukraine. The following AF requirements apply: pinned on captain (O-3), secret security clearance, meet service height and weight standards, passed appropriate service PT test within the last 90 days. Specific requirements for the Operations Officer include: must possess a high level of interpersonal skills, exceptional maturity, flexibility, and self-discipline. An official volunteer package will need to be submitted NLT 20 Feb 04. For more information regarding this TDY and Volunteer package criteria, please contact TSgt Leduc at ext. 6-7574. (30MSS/DRMDX)

d. Dorm Manager Opening: Attention all Master Sergeants, the 30th Mission Support Group has an immediate opening for a Dorm Manager. The position is for Chief, Unaccompanied Housing and is a 2-year controlled Special Duty tour with the award of the 9D000 Special Duty Identifier. Come join a dynamic dorm management team that makes an everyday difference in the quality of life for dorm and unaccompanied housing residents! Only highly motivated Master Sergeants are encouraged to apply by sending a letter of recommendation from their commander, and copies of their last three EPRs to 30MSG/CD. Submission deadline is COB, 5 Dec 03. For further information, please contact SMSgt Brian Joseph at 6-2990. (30MSG/CCH, 6-3933)

e. Volunteer Income Tax Assistance (VITA) Program: Volunteers are needed for the upcoming Volunteer Income Tax Assistance (VITA) program on Vandenberg AFB. No Prior Experience is Required!!! Volunteers are trained in the computerized preparation of income tax returns. Once trained, they are called upon to provide income tax assistance to the Vandenberg Air Force Base military community. Military retired and civilian volunteers are encouraged to volunteer their free time to work. Training, starting in January, is provided for preparation of Federal and California returns. If you are interested in helping your active duty and retired military community, please call 5-6224 for further information. (30SW/JA, 5-6224)

TEAM VANDENBERG

f. Team Vandenberg 2003, 4th Quarter Awards Suspense: All Company Grade Officer, Enlisted, Civilian, and Volunteer packages are due NLT 1630, **Tuesday, 30 Dec 03**. Hand Carry packages (except Civilian Category) to Bldg 10577, Rm C-104, 30 SW/JAE, addressed to 30 SW/CGO Board Facilitator, 30 SW/Enlisted Board Facilitator, or 30 SW Volunteer Board Facilitator. Deliver Civilian nomination packages to 30 MSS/DPMP, Bldg 11777, Rm C-216. Rules of Engagement/Criteria can be found at the following link: http://www.vandenberg.af.mil/awards_promotions/guidance/index.htm. Do not forget to use the new **IMT FORM 1206**, as we can no longer accept the FormFlow version. (30LCG/CCF, 6-3230)

g. Parking Lot Safety: There have been complaints of people speeding in parking lots, especially at dusk and beyond. Reminder: The legal speed limit is 10 mph. Earlier onset of dusk during winter means more workers are going home in darkness. Couple that with minimal lighting in parking lots, the ability to see only as far as your headlights allow, and normal human reaction time of 1.5 seconds, and you arrive at a disastrous mix. If you're driving faster than the speed limit, and/or you've been crossing parking lanes haphazardly, the consequences can be deadly. We've already received reports of near misses, so Slow Down!! (30SW/SEGB, 5-7233)

h. Airman Against Drunk Driving (AADD): Call us and we will come get you. 605-AADD/606-AADD. We care, do you? (30CES/CCS, 6-3612)

2. 30th Space Communications Squadron:

a. Records Management (RM) Office Move: Base Records Management (30SCS/SCBR, InDyne/Northrop Grumman) is now located in Bldg 6525 (old ITT Complex), in cubicles B-31 and B-33. Effective immediately, RM training will be held in the same building in Rm B-44 (Conference Room) and signs will be posted for location. (30SCS/SCBR, 6-4212)

b. Base Paging System: Effective now, callers dialing the base paging system from an off base extension will no longer hear a prompt to enter the pager number. Enter the desired pager number after the initial greeting and follow the voice prompts for numeric or voice paging. For questions please call the Base LMR office at 6-9927. (30SCS/SCMMD-L)

c. Revised Publications: The following products have recently been updated on the VEPDL: 30SWI 40-302 Family Advocacy Program: Child Sexual Maltreatment Response Team, and 30SWI 40-303 Family Advocacy Program: High Risk for Violence Response Team. If you have any questions please contact Publishing Management. (30SCS/SCSP, 6-7892/4)

d. Reviewing Publications: If your office is revising publications in preparation for the ORI in Feb 04, the Publishing Management Office can provide some assistance. First, review the [OPR Help Pages](#) on the VEPDL. Then e-mail [Publishing.VAFB](#) to request the Word version of the document so the prior edition can be edited. Be sure to use the AFSPC Overprint versions of AF Form 673 or DD Form 67 for coordination. Finally, document that your publication is in the review process by submitting AF Form 1382 to Publishing Management. (30SCS/SCSP, 6-7892/4)

e. Public Address: Has your unit requested Public Address Support? The holidays are fast approaching and most of you are going to attend at least one unit party. 30 SWI 33-113 requires two weeks notice prior to your event. December is an extremely busy month for us so please plan ahead. Call Mr. Jody Morgan, at 6-8137. (WROCI/InDyne C&I Systems)

3. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be e-mailed to your computer. (30LRS/LGRT, 6-6932/33)

c. Shipping Your Pet: If you are PCSing overseas with your pet, the following website contains useful information and web links: <https://amclg.scott.af.mil/cgi-bin/index.pl?dd=/don/lgtp&ti=HQ+AMC/LGTP+-+Passenger+Policy>. HQ AMC Pet Brochures are available at TMO Passenger Travel, Bldg 11777, Rm C-113. (30LRS/LGRT, 6-6932/33)

4. Civilian Personnel: (30 MSS/DPCE, 6-5847)

a. Voluntary Leave Transfer Program: Johnna DeSimone - Schriever AFB, Sandra Jernigan, Betty O'Herlihy, Howard Brown, and Tim Jones - Luke AFB, Michael Baca - HQ ARPC/MSC, Glenda Bennet -

Peterson AFB, Ethel Carter, Richard Porterfield, and Sue Sommers - Scott AFB, Betty Dean - Dyess AFB, Carolyn DeLaGarza - Langley AFB, Contine Francis and Janice Shinkle - Macdill AFB, Delores Green and Yvonne Williams - Dobbins ARB, Wilson Holloway and Frank Valentik - Avon Park AFR, Jane Kelsey and Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, and Jennifer Mac Davitt - Patrick AFB, Stephanie Manning - Sheppard AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, Jacquelyn Schmidt - AF Academy, and Michael Zarbo - Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf (30MSS/DPC, 6-5847)

b. Weingarten Right: Federal civilian employees who are members of a bargaining unit have the qualified right to union representation during investigatory interviews/meetings. This Weingarten right is mandatory when the following four (4) conditions are met: a. The meeting between the employee and management official(s) must be an examination; b. The examination must be in connection with an investigation; c. The employee must reasonably believe that disciplinary action may result from the meeting; and d. The employee must request representation. (30MSS/DPC, 6-5847)

5. 30th Medical Group: (30MDG)

a. Office Closure: The Vandenberg Clinic will be closed 18 Dec 03 for the Mandatory Readiness Training. Urgent needs call 606-CARE or 1-888-252-3299. Please plan ahead for appointments and pharmacy refills. (30MDOS/SGO, 6-3308)

b. 30th Medical Group Survey: Your opinion matters. Make your opinion heard! Located in the clinic lobby, the "OpinionMeter" is a new survey tool that will make your voice count. We want to hear "your opinions" regarding your medical care and our services. Please provide us this valuable feedback each time you visit the clinic! (30MDG/SGSB, 6-3012)

c. Annual Mussel Quarantine Released: The quarantine that was extended this year due to elevated levels of marine biotoxins along the coast has been released. California Department of Health Services (CDHS) issued the **release of the extended-quarantine period** until the next Annual Mussel Quarantine. The quarantine is issued for the entire California coastline, usually from May 1 through October 31 yearly, to protect consumers of sport-harvested shellfish from paralytic shellfish poisoning (PSP) and domoic acid poisoning. Consumers can receive updated information about PSP and domoic acid by calling CDHS "Shellfish Information Line" at 1-800-553-4133. (30MDOS/SGOAM)

6. Air Force Reserves: (30MSS/ISR)

Briefing: 9 Dec 03, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend the **Palace Chase** briefing. For more information, call MSgt Kartheiser (AF Reserve Recruiter, 6-2704).

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. African-American Association Meeting: The African-American Association is having a general membership meeting on Thursday, 4 Dec 03 at the Services Center at 1130. All are welcome to join us as we prepare for our upcoming Martin Luther King and the Black History Month programs. (30CES/CEOEA, 5-3544)

b. Attention Military Personnel Assigned To Vandenberg: Lodging has been granted a waiver to allow Space A to book now for the Thanksgiving and Christmas holidays and to confirm stays up to ten days in

lodging quarters (\$29.00 per night) during the period 5 Nov 03 through 5 Jan 04. (Waiver ends 5 Jan 04) for friends and relatives of military personnel assigned to this base. This is a great opportunity to invite friends and relatives to visit and stay in our quarters. Book now through Mike Green at 5-7831 or 6-1844, for 0-6 and above, call 6-3711. (30SVS/SVML)

c. Going To A Holiday Party? Spend the night at Lodging for only \$29.00 per night. Under a special waiver, you may book a VQ now for your party night. To be eligible you must be active duty military or retired military or civilian (DOD) on active duty. (Waiver expires 5 Jan 04.) Call Mike Green at 5-7831 or 6-1844 to book. (30SVS/SVML, 6-1844)

d. Winter 2003 Information Technology Expo: The expo will take place at the Pacific Coast Club on Wednesday, 10 Dec 03. All personnel are invited and there is no cost to attend. Exhibits will be open from 1000-1400. View and demo some of the latest IT products and services. Topics include Information Assurance, Desktops, Notebooks, Presentation Solutions, Advanced Communications, Wireless Products, Storage, Training, Software, and Hardware! Attend a special seminar presented by Dell from 0930 - 1000 (limited seating, register below). To pre-register for the expo or the seminar visit <http://www.fedpage.com> (not required to attend). All pre-registered attendees will be entered in a drawing for a chance to win a special door prize. Complimentary refreshments will be served. Questions? Call (800) 247-6353 or e-mail: dennis@fcbdb.com (30SCS/SCBN, 6-4019)

e. Aqualliers Dive Club Holiday Party: 13 Dec 03 at 1800, Bldg 6436, 13th & Nevada. For more information contact Roy Wurzbach at 733-5026 or browse our club web site: <http://members.tripod.com/aqualliers/aqualliers.html>. (OL DET 3, WR-ALC/AFTLE, 6-2149)

f. Central City Swing Band Holiday Concert: Enjoy a 17-piece, "Big Band, Jazz At It's Best" concert on 14 Dec 03 at 1930 at Unity Chapel of Light, 1165 Stubblefield Road, Orcutt. From the Base, go north to Santa Maria, take Clark Ave. exit, right to Clark and Bradley, right on Bradley Road (south) to Rice Ranch Road, straight through the stop sign to the top of the hill (end of Bradley road). Unity Chapel of Light is at that corner. Donations will be accepted. Contact Daniel Applebay at 934-3045 for details. (SMC/RNVS)

g. Base-wide Blood Drive: A base-wide blood drive will be held on Tuesday, 16 Dec 03 from 0900—1400 at the Community Center. This event is open to everyone. Tri-Counties Blood Bank will be on hand to conduct the drive. All donors will receive donuts, cookies and coffee or juice as long as supplies last. Please take the time out of your busy schedules during this holiday season and give a special gift. Donate and Give The Gift Of Life! (576FLTS/TMGE, 6-0278)

h. Vandenberg Enlisted Action Team Meeting: The next VEAT meeting is 18 Dec 03 at 1000 and will be held at GI Java. We will be serving free coffee and cookies. (30MDOS/SGDD, 6-1846)

Health and Wellness Center: (30MDG/HAWC, 6-2221)

a. Tobacco Cessation Class: This is a six-week class held on Tuesday, from 1200—1300 geared toward helping individuals quit tobacco for good. For class dates and more information contact the HAWC at 6-2221.

b. Sensible Weigh Program: This is a four-week class held at the HAWC on Wednesday from 1400—1530 and on Thursday from 0800—0930, (class #3 is held at the Commissary). This class helps individuals lose weight and learn healthy eating habits. For more information and to sign up, call the HAWC at 6-2221.

c. Breastfeeding and Infant Care: This class is offered to help new Moms with the proper tips and techniques of breastfeeding as well as Infant Care (Dad's are highly encouraged to attend). Class is offered quarterly for more information please call the HAWC at 6-2221.

d. Exercising During Pregnancy: This class gives expectant Moms the guidelines for staying fit while pregnant and is offered quarterly. For more information please call the HAWC at 6-2221.

e. Risk Reduction Series: A series of 3 classes offered on Thursday at the HAWC from 1400—1600. The first Thursday covers Diabetes, the second Thursday covers Cholesterol/Heart Disease and the third Thursday covers High Blood Pressure. For more information or to sign-up please call the HAWC at 6-2221.

f. Body Fat Taping: The HAWC conducts Body Fat Taping every day during the following hours: Monday, Wednesday & Friday from 1000—1100 and Tuesday and Thursday from 1300—1400.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule: Catholic Mass: Saturday, 1615—1645 confessions; 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II. **Protestant:** Praise & Worship 0830 Sunday, Chapel II; Gospel 1130 Sunday, Chapel II; Traditional 1130 Sunday, Chapel I.

b. The Vandenberg Jewish Community: Hebrew and Bar Mitzvah classes are ongoing on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

c. Vandenberg Officer Christian Fellowship: Vandenberg Officer Christian Fellowship (OCF) is a non-denominational bible study meeting Thursday nights, 1900, at the home of Maj Keith and Christy Keana, 612

Cherry St. Come join us for a time of study, fellowship and prayer. Please contact Maj Keana or Christy at 734-0696 (home) or 6-6461 for more information. Keith.keana@vandenberg.af.mil

Family Support Center: (To pre-register for all classes, workshops, and seminars, call the designated point of contact, 30MSS/DPF, 6-0039).

a. Office Closure: The Family Support Center is closed for staff training every Monday from 0730—0930. Personnel requiring emergency Air Force Aid will be assisted. Call 6-0039.

b. 2004/2005 General Henry H Arnold Education Grant Program: Last year the Air Force Aid Society awarded \$5.25 million in college education grants to Air Force dependents. Your son, daughter, or spouse could be an eligible candidate. Visit your Family Support Center or the Society's web site www.afas.org for information and application for this grant. Don't automatically think you won't qualify. What have you got to lose? A \$1500 college grant!

c. Bundles for Babies: Friday, 12 Dec 03, 1400—1600 at the Family Support Center. This Air Force Aid Society Program covers proactive informational topics such as financing for expectant parents, lifestyle changes, infant CPR, Nursing Moms program, and Give Parents a Break Program. Bundles for Babies is for active duty Air Force members and their spouse. Please be advised not to bring children to this program. Call 6-0039 to register.

d. Global Hearts Group Movie Night: Friday, 12 Dec 03, 1800—2000 at the Base Chapel. Call 6-5773 for more information.

e. Sponsorship Training: Tuesday, 16 Dec 03, 1500—1600 at the Family Support Center. Learn sponsor responsibilities, relocation resources, and tips to assist your newcomer. Also offered as a tutorial on the "Intranet" or website <http://intranet/sponsor/index.htm>. Call 6-0039 to register.

f. Women, Infants & Children (WIC): Thursday, 18 Dec 03. The satellite office is at the Family Support Center from 0800—1630 for Vandenberg personnel who met program requirements. WIC is a nutrition education program, which provides supplemental food, which promotes good health for pregnant, breastfeeding and postpartum women, infants and children up to age 5. For more information call the Lompoc WIC office at 737-6470.

g. BabyMeet: Meets Tuesday and Thursday at 0900 at the Religious Education Center, Bldg 16140. If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. Contact Lora at 734-1461.

h. Playtime for Tots: Meets Wednesday mornings at 1000. This playgroup is for parents and children ages 2 to 5. Contact Sully at 734-2089.

i. VAFB Mothers of Twins Group: If you would like to get together with other parents of multiples to discuss everything from bed rest and triple strollers to potty training and separate classrooms, please join us. We are forming a new support group for families. For further information contact Karen Duncan at 734-1654 or KSdsm@aol.com

30th Services Squadron: (30SVS/SVK, 6-276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Shop Closure:** Now through 8 Dec 03. The Auto Hobby Shop is closed for re-flooring.
- **Early Bird Shop:** Tuesday - Thursday, shop opens at 1000.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **New Year's Party:** 31 Dec 03, 2100—0100. Welcome in the New Year at Surf Lanes! Enjoy an exciting night of Thunder Alley and Colorama with breakfast after midnight and a bottle of non-alcoholic champagne. Cost is \$25, for adults 18 years and over. Pre-register by 22 Dec 03.
- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Dollar Days:** Thursday, 1800—2100. \$1 per person per game.
- **Thunder Alley:** Thursday, 1800—2100; Friday, 2200—0100; Saturday, 2100—2400. Catch the ultimate glow bowl experience 3 nights a week!

c. Breakers Dining: (30SVS/SVMF, 6-7540)

- **Dial-a-Menu:** Call our telephone menu service and find out what's being served in your dining facility. The number is 6-8234.
- **Deployed Spouses:** Thursday, 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of child-care per month for parents

who need a break. Give us a call and find out how you can qualify.

- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.
- e. **Family Child Care:** (30SVS/SVYD, 6-3255)
 - **Provider Training:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.
- f. **Fitness Center:** (30SVS/SVMP, 6-3832)
 - **Beach Fun Run:** 3 Dec 03, 1200. Catch this 5K run at Wall Beach sponsored by the Fitness Center.
 - **Men's Varsity Basketball Tryouts:** 1-3 Dec 03, 1800. Starting at 1800 each day at the Fitness Center Gym. For more information call 606-3833.
 - **Fitness Contest:** Now through 19 Dec 03. "Walk Your Way through the Holidays" with this 8-week-long walking contest. Sign up at the Fitness Center or the HAWC.
 - **Spin on a Schwinn:** 3 Nov 03 to 19 Dec 03. Take a 10-minute ride on our new stationary bike from Schwinn, then tell what you think with a quick survey and you'll have a chance to take the bike home with you!
- g. **Library:** (30SVS/SVMG, 6-6414)
 - **Pre-School Story Time:** 04 Dec 03, 1000.
 - **Dial-a-Story:** The phone number is 6-4300. Available 24/7, story changes each Sunday.
- h. **Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
 - **Holiday Sale:** 7-14 Dec 03. Stop by the Pro Shop and receive 10% off any item over \$10 not already on sale.
 - **Youth Golf Lessons:** Saturday, 1330. Lessons are available for youth ages 8 years and up. Cost is \$5 each session including use of rental club set and range balls.
- i. **Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
 - **Horseback Riding:** 13 Dec 03. Adventure tour for experienced riders at the Pacific Dunes Ranch. Cost is \$38, with a riding time from 1330-1445. Sign up by 8 Dec 03.
- j. **Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)
 - **Entertainment/Events:**
 - **Around The World:** Join us for our new "Around The World" promotion as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport card today!
 - **Country Night:** 5 Dec 03, 2100—0200, in the E-Lounge.
 - **Karaoke Night:** 5 Dec 03, 1900—2300, in the O-Lounge.
 - **Mug Night:** 6 Dec 03, 2100—0200, in the E-Lounge.
 - **Football Frenzy:** 8 Dec 03, 1700. St. Louis Rams vs Cleveland Browns.
 - **Pizza With Santa:** 8 Dec 03. Family pizza night with a holiday movie on the big screen TV. Cost is \$3 for kids and \$5 for adults. Surprise visit by Santa at 1800.
 - **New Year's Celebration:** 31 Dec 03, 2100—0200. Welcome in 2004 with the traditional New Year's bash! Cost is \$5 for members and \$10 for non-members. Includes party favors and breakfast at 0030.
 - **Bonanza Bingo:** Play Bonanza Bingo at the Club 7 days a week for just \$1 per ticket! You may win up to \$1000.
- **Menu:**
 - **New Foggio's Evening Hours:** Sunday, 1700—2000; Monday - Thursday, 1700—2100; Friday, 1600—2200; Saturday, 1700—2100.
 - **Mongolian BBQ:** 3 Dec 03, 1800—2000.
 - **Pasta Mania:** 4 Dec 03, 1700—2000.
 - **Sunday Brunch:** 7 Dec 03, 1000—1300.
 - **Weekly Lunch Schedule:** Monday - Lunch Special; Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly); Wednesday - Santa Maria BBQ Buffet; Thursday - Chicken and Ribs Buffet; Friday - Seafood Buffet.
- k. **Rod & Gun:** (30SVS/SVRR, 6-4560)
 - **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
 - **Bowling Pin Shoot:** 7 Dec 03, 0900. Signups start at 0800.
- L. **Services Center:** (30SVS/SVYR, 6-7976)
 - **Family and Teen Talent Show:** 6 Dec 03, 1900. Don't miss this performance of some of Vandenberg's most talented acts. Show starts at 1900 at the Vandenberg Center.

- **Santa Visits Base Housing:** Volunteers needed to help make home deliveries. Dates are Monday through Thursday, 8-11, 15-18, 22-23 Dec 03. If you are interested, contact the Services Center at 6-7976.
- **Natural Knead Massage:** New extended hours! Monday—Friday open until 1900. Special holiday gift baskets and gift certificates are now available.
- m. Skills Development:** (30SVS/SVRS, 6-6438)
 - **Stained-Glass Workshop:** 3 Dec 03, 1700. \$2 per hour + cost of materials.
 - **Scrapbooking Workshop:** 4 Dec 03, 1800—2100. \$2 per hour + cost of materials.
 - **Holiday Card-Making:** 13 Dec 03, 1300—1500. Get in the holiday spirit with this parent and child card-making class. Cost is \$20, sign up by 8 Dec 03 at the Skills Development Center.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
 - **Pool Closed:** Due to delays in the maintenance the pool will be closed until further notice.
- o. Veterinary Clinic:** (30SVS/SVRV, 6-3019)
 - **Clinic Days:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.
- p. Youth Center:** (30SVS/SVYY, 6-2152)
 - **Teen Holiday Dance:** 6 Dec 03, 2000—2200. Holiday dance at the Youth Center gym. Cost is \$1 per person.
 - **Breakfast With Santa:** 13 Dec 03, 0900—1100. Don't miss an exciting morning of holiday fun! Stop by the Youth Center for a free breakfast, photo with Santa, holiday arts & crafts, games and prizes!
 - **Membership Drive:** 15—19 Dec 03 at the Youth Center. Find out what great things the Youth Center has to offer for the upcoming year. Sign up during our December drive and save \$5 on your 2004 membership.
 - **Teen Job Search 101:** 18 Dec 03, 1300—1600. Make sure to stop by the Youth Center computer room for this informational seminar on job-related topics for teens.

Education Center: (30MSS/DPHE, 5-5904)

- a. Spouse Scholarship Available:** Please stop by the Education Services Center to pick up information on the Spouse Scholarship Program funded by the Aerospace Education Foundation. Applications can be found at Bldg. 14001, 144 Wyoming Avenue, Education Office (across the street from the Commissary). Applications are accepted from 1 Nov 03—30 Jan 04. The 30, \$1,000 scholarships will be awarded in March. Applicants will receive a notification of their application status by the Aerospace Education Foundation. For more information, please call Ms. Jacquie Estrada at 5-5903.
- b. Embry Riddle Aeronautical University:** Embry Riddle Aeronautical University offers two undergraduate degree programs in Professional Aeronautics and Technical Management. We also offer two graduate programs: Master of Aeronautical Science and Master of Science in Management with seven specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. Registration for the Spring 2004 term begins 08 Dec 03 and continues through 19 December 03. Visit our website at www.erau.edu/vandenberg or call the office for current information regarding admissions and our programs. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday—Thursday 0830 to 1730 and Friday 0900 to 1200. Our phone numbers are 6-6557/734-4076. Our email is Vandenberg.Center@erau.edu.
- c. Gift Donations:** Embry-Riddle Aeronautical University, Vandenberg Center is collecting donations of gifts for local teenagers who are in foster care in Lompoc and Santa Maria. The holiday season is a difficult time for those who reside in foster care and are away from their families. Every contribution will make this difficult time easier for these teenagers. The assigned Social Workers have provided “wish lists” from the teenagers that are in their care. These “wish lists” are in the form of Christmas Angels. Anyone wishing to participate in this gift drive is welcome to come to the Center office and “pick” an angel off the Christmas tree. Contributions will be collected during regular office hours, Monday—Thursday, 0900 to 1730 and on Friday from 09:00 to 12 00. Donations are tax deductible.

Computer Training: (InDyne, 6-3771)

- a. Personal Computer Systems Training:** Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses

offered at the Computer Training Facility located within Bldg. 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: <mailto:lexi.schwartz@vanderberg.af.mil>

b. Computer Tips: First Tip: Two ways to quickly determine table cell dimensions in Word - As you probably know, you can change the size of a table's rows and columns by dragging its row and column borders in either direction. However, adjusting row and column dimensions to exact measurements can be tricky when you use this procedure. There are two ways you can easily determine a table's row and column dimensions as you adjust them. One way is to press ALT as you drag the row or column border. Another technique is to press the left and right mouse buttons simultaneously as you drag a table's row or column border. Using either technique, Word displays the exact row or column dimensions in the ruler. **Second Tip:** In PowerPoint, sometimes during a presentation, situations arise where it would be useful to draw directly on the computer screen. Perhaps you want to further emphasize a point the slide is making, respond to a query from the audience, or follow a new thought to its logical conclusion. To emphasize key points on a slide during a presentation, you can access an online pen by pressing CTRL + P. When you want to return the mouse pointer to an arrow, press CTRL + A. (Be aware, however, that trying to write text with the online pen is a skill that few have mastered successfully!) You can also write notes or draw on a blank screen during a presentation. Press the B key to access a black screen or the W key to access a white screen. Press Ctrl + P to access the online pen and the color is adjusted automatically to be visible on whatever color screen you've pulled up. To return to your presentation, press CTRL + A to access the arrow and then click on the screen.

c. Available Classes: Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
Outlook	2-4 Dec 03	0800—1100
Photo - Panorama	3 Dec 03	1130—1230
Outlook Email Only	5 Dec 03	0800—1100
Windows - Tips and Tricks	5 Dec 03	1130—1230
Word Advanced	5 Dec 03	1300—1600
Publisher 2000	8-11 Dec 03	0800—1100
Photoshop Elements	8-12 Dec 03	1300—1600
Word - Mail Merge	8 Dec 03	1130—1230
IAAP Managers	10 Dec 03	0800—1130
Excel - Headers and Footers	10 Dec 03	1130—1230
Outlook Email Only	12 Dec 03	0800—1100
Word - Styles & Table of Contents	12 Dec 03	1130—1230
Internet Explorer - Tips and Tricks	15 Dec 03	1130—1230
Outlook Email Only	15 Dec 03	1300—1600
Workgroup Managers Course	15-19 Dec 03	0800—1600
Access 2000 Basic	15-19 Dec 03	0800—1100
Excel 2000	16-18 Dec 03	1300—1600
Photo - Cropping and Cloning	17 Dec 03	1130—1230
ADPE EC Training	17 Dec 03	0900—1100
Excel - Macros	19 Dec 03	1130—1230
PWRR	19 Dec 03	1300—1600

Note: Walk-ins are always welcomed!

Items For Sale:

For Sale: 2003 Nissan Black 350Z. This is a sweet looking and handling car! Custom wheels, custom stereo, and less than 6000 miles! I've got orders and am considering selling. Financed \$32,000 in March, asking \$28,000. Call Donovan at 734-0132.

For Sale: 2000 Nissan Xterra SE, Red, V6, 58k, A/C, CD, Cruise, Power Windows, Power Locks, \$15,500, Contact Josh at 734-0601.

For Sale or Trade: Must sell, 1995 Chevrolet Astro Van 75K Miles (Low for year). Strong 4.3L V-6, California Package, Aluminum Mags, Teal Blue, Custom Trailer Hitch, AC, Electric front windows, cassette stereo and CD Adapter, luggage rack, well maintained. Will trade for a late model Chevy Pick-up 6 or 8 cylinder or Toyota 6 cylinder. Must see to appreciate, \$7800. OBO. Call 934-1051 after 1500.

For Sale: 1983 Saab. White, PW, sunroof, 2 door, automatic, hatchback. Great car. \$1000 OBO. 734-0379

For Sale: 2003 Honda Shadow Spirit, 750cc. Excellent Condition. 3061 miles. Comes with Rifle Windshield, Leather Saddle Bags, New Mustang Seat (have original seat), Helmet and Leather Jacket. \$5000 Firm. Call TSgt Fry at 734-0621. Leave a Message.

For Sale: 2000 Suzuki Hayabusa GSX-1300R. Garage kept, never been down, only 4700 miles, 40 pounds lighter than stock, bought for \$10,700 in August 2000, a must see! This is a steal for someone! \$8,000 firm, call Donovan at 734-0132.

For Sale: 1976 Honda CB 750, only has 55,500 miles, \$500 OBO. This includes a neon sash to go over uniform when riding on base and a free helmet. Please call Arthur at 734-0454.

For Sale: 2000 Ranger R-61 bass boat, Yamaha C-90, Minn-kota 50lb. thrust, two fishing chairs, plus hydraulic pedestal seat, 2 Garmin 160s, on-board charger, custom cover. Paid \$15,925; asking \$11,500 OBO, call 734-6795.

For Sale: Electric heavy duty Maytag Dryer, excellent condition, \$150 OBO. Call Greg at 260-0309.

For Sale: 1-year-old, German, burgundy leather sleeper sofa with wood back and carved trim, \$1,200. 1-year-old, children's, pine bedroom set; has built in desk, \$500. If interested call 805-717-3057 or 734-1767.

For Sale: Dining table and 6 chairs, Mission style, 8-months-old, excellent condition; cost \$1100. Sell for \$500. Call 734-8857.

For Sale: Queen mattress (thick, but not a pillow top), box spring, and metal frame. Good condition. \$200 OBO. 739-5447.

For Sale: NFL Game Coin - 75th Anniversary - San Francisco 49ers. Sterling silver and gold engraved. Limited edition minting. Nice display case and certificate(s). \$100.00, call 929-6712 (leave message).

For Sale: Portable basketball hoop. High quality, 48-inch backboard, 35-gallon base that accepts sand or water, adjustable height, good condition, made by Lifetime. Bought new for over \$300; asking \$165 OBO. Call 733-5562.

For Sale: Wooden dog house, (looks like a house, shingles and all) \$30. Outside circular table with umbrella \$40 Call Larry at 734-0778.

For Sale: Pit Bull/Lab mix 17-months, neutered and shots up to date. Great with people and other animals. Can't give it the attention it needs. \$75 OBO. Call 734-0290 ask for Antuan or Angie.

Moving Special: 1-month-old Maytag Electric Dryer at BX for \$339, selling price \$290. Save \$50 and Free Roper washer included. 2-month-old Panasonic Inverter microwave at BX for \$125, selling price \$100 OBO. Call 348-1927 or 588-3424.