



Base Bulletin

Vandenberg AFB, CA 93437-0759



10 December 2003

No. 50

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Publishing VAFB on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Unit Security Manager Formal Training Course: The 30SFS Information Security staff will conduct a "Security Managers Formal Training Course" on 10-11 Dec 03, at the Airman Leadership School, Bldg 11025. All units are required to have their respective security managers formally trained within 90 days of appointment. Class hours will be 0800—1630 on both days. Contact your current unit security manager or 30SFS/SFAI at 6-4615 to register. (30 SFS/SFAI)

b. Fatal Vision Goggles Driving Obstacle Course: 30LRS and Ground Safety have teamed up to provide all interested Airmen and DAFC civilians the experience of knowing how driving while under the influence impacts on driving ability. The event will take place in the big lot between Bldgs 10711 and 10728, on Wednesday, 10 Dec 03 **and** Wednesday, 17 Dec 03, from 1000—1400. Contact TSgt Cantos at 6-2300 or TSgt Alguire at 6-8209. (30SW/SEGB, 6-8804)

c. In The Mood For A Little Holiday Music? The USAF Band of the Golden West Saxophone Quartet will be visiting work locations and performing Holiday music on Vandenberg on 16, 17 and 18 Dec 03, and would like to do a 10 to 15 minute performance at your duty location. The band will perform in duty locations between 0800 and 1500 each day and if you would like to schedule them to perform in your building contact Public Affairs at 6-3595 with a requested date and time of performance (unfortunately lunch time hours between 1100 and 1300 have already been set aside for base dining establishments). Also, if your organization is having their Holiday gathering during the evening hours of 16, 17 or 18 Dec 03, the Saxophone Quartet is available to perform at those functions as well. Again just call Public Affairs at 6-3595 to schedule. Requests are required by 11 Dec 03. (30SW/PA, 6-3595)

d. Attention all Master Sergeants: The 30th Mission Support Group has an immediate opening for a Dorm Manager. The position is for Chief, Unaccompanied Housing and is a 2-year controlled tour with the award of the 9D000 Special Duty Identifier. Come join a dynamic dorm management team that makes an everyday difference in the quality of life for dorm and unaccompanied housing residents! Only highly motivated Master Sergeants are encouraged to apply by sending a letter of recommendation from their commander, and copies of their last three EPRs to 30MSG/CD. Submission deadline is COB, 12 Dec 03. For further information, please contact SMSgt Brian Joseph at 6-2744. (30MSG/CCH)

e. Office Closure: The 30SW/MO (Manpower) office will be closed on Friday, 12 Dec 03 from 1300 to 1630 for an official function. If you have an emergency please call Junell Tillman at (805) 448-0745. (30SW/MO, 5-6470)

f. Pass and Registration: The 30th Security Forces Squadron, Pass and Registration office, will be extending hours to be open Saturday, 13 Dec 03 and Saturday, 20 Dec 03 for vehicle decal registration. The

TEAM VANDENBERG

hours of operation will be from 0800—1200. Normal duty hours are M, T, TH, F, 0800—1600 and Wednesday 1000—1600. For further questions contact Pass and Registration at 6-1853. (30SFS/SFOXI)

g. Parent Advisory Board Meeting: There will be a quarterly Parent Advisory Board meeting on Thursday, 18 Dec 03 at 1500 at the Base Library. Contact Ms. Verna Brown, 6-1555. (30 CES/CEOEA, 5-3544)

h. Retirement Ceremony: LtCol David D. Thompson, 2d Space Launch Squadron Commander, cordially invites you to the retirement ceremony of Major Ernest F. Albritton, honoring his 25 years of distinguished service. The ceremony will be held 19 Dec 03, 1000 at Bldg 7025 in the Western Range Operations Control Center (WROCC) Auditorium. A BBQ will be held at Cocheo Park following the reception. Contact: 2 SLS/MAF, Capt Mike Erdmann, 5-4259 or MSgt Kevin Williams, 5-4112. (2SLS/MAF)

i. Office Closure: The 30th Space Wing Command Section will be closed from 1300-1630 on 19 Dec 03. For emergencies, please contact 30 SW/CCE at 588-9282. (30SW/CCA, 6-1318)

j. Attention - Schedule Change: The Education Flight will be closing our doors every Friday starting 19 Dec 03 and will resume full schedule on 31 Jan 04. Please make adjustments to stop by our offices prior to Friday. Thanks for your understanding during this time. (30MSS/DPHE, 5-5903)

k. Volunteer Income Tax Assistance (VITA) Program: Volunteers are needed for the upcoming Volunteer Income Tax Assistance (VITA) program on Vandenberg AFB. No Prior Experience is Required!!! Volunteers are trained in the computerized preparation of income tax returns. Once trained, they are called upon to provide income tax assistance to the Vandenberg Air Force Base military community. Military retired and civilian volunteers are encouraged to volunteer their free time to work. Training, starting in January, is provided for preparation of Federal and California returns. If you are interested in helping your active duty and retired military community, please call 5-6224 for further information. (30SW/JA, 5-6224)

l. Team Vandenberg 2003, 4th Quarter Awards Suspense: All Company Grade Officer, Enlisted, Civilian, and Volunteer packages are due NLT 1630, **Tuesday, 30 Dec 03**. Hand Carry packages (except Civilian Category) to Bldg 10577, Rm C-104, 30 SW/JAE, addressed to 30 SW/CGO Board Facilitator, 30 SW/Enlisted Board Facilitator, or 30 SW Volunteer Board Facilitator. Deliver Civilian nomination packages to 30 MSS/DPMP, Bldg 11777, Rm C-216. Rules of Engagement/Criteria can be found at the following link: http://www.vandenberg.af.mil/awards_promotions/guidance/index.htm. Do not forget to use the new **IMT FORM 1206**, as we can no longer accept the FormFlow version. (30LCG/CCF, 6-3230)

m. Parking Lot Safety: There have been complaints of people speeding in parking lots, especially at dusk and beyond. Reminder: The legal speed limit is 10 mph. Earlier onset of dusk during winter means more workers are going home in darkness. Couple that with minimal lighting in parking lots, the ability to see only as far as your headlights allow, and normal human reaction time of 1.5 seconds, and you arrive at a disastrous mix. If you're driving faster than the speed limit, and/or you've been crossing parking lanes haphazardly, the consequences can be deadly. We've already received reports of near misses, so **Slow Down!!** (30SW/SEGB, 5-7233)

n. Runner Safety Notice: Every Tuesday and Thursday from 0710 to 0740, 120 members of 30CES practice a 1.5-mile run that involves crossing Washington Ave between South Dakota Ave and Alaska Way. This course also involves running along the sides of these streets. For safety precautions, road guards and traffic cones are used to direct traffic away from runners. Please look out for the runners, road guards, and use caution. (30CES/CEX, 6-8342)

o. All Building 7000 Users: Renovation of the hallways in Bldg 7000 and 7000A has started and is scheduled for completion in October 2004. Work started on the 3rd floor and will progress to the 1st floor. All areas of the building will be open during the renovation. We apologize for any inconvenience this may cause. For additional information contact Richard "Dick" Farrell or Jerry Crouthers at 5-2293. (InDyne/WROCI)

p. Interested In Deploying? The Military Personnel Flight's (MPF's) Personnel Readiness Function is looking for Active Duty Air Force, Reserve and Guard volunteers, in the rank of captain (O-3), to go TDY May 2004 for approx 179 days as a Operations Officer, Bilateral Affairs Officer (BAO) and Office of Defense Cooperation (ODC) in Ukraine. The following AF requirements apply: pinned on captain (O-3), secret security clearance, meet service height and weight standards, passed appropriate service PT test within the last 90 days. Specific requirements for the Operations Officer include: must possess a high level of interpersonal skills, exceptional maturity, flexibility, and self-discipline. An official volunteer package will need to be submitted NLT 20 Feb 04. For more information regarding this TDY and Volunteer package criteria, please contact TSgt Leduc at ext. 6-7574. (30MSS/DRMDX)

q. Airman Against Drunk Driving (AADD): Call us and we will come get you. 605-AADD/606-AADD. We care, do you? (30CES/CCS, 6-3612)

2. 30th Space Communications Squadron: (30SCS)

a. Revised Publications: The following products have recently been updated on the VEPDL: 30SWI 40-302 Family Advocacy Program: Child Sexual Maltreatment Response Team, and 30SWI 40-303 Family Advocacy Program: High Risk for Violence Response Team. If you have any questions please contact Publishing Management. (30SCS/SCSP, 6-7892/4)

b. Reviewing Publications: If your office is revising publications in preparation for the ORI in Feb 04, the Publishing Management Office can provide some assistance. First, review the [OPR Help Pages](#) on the VEPDL. Then e-mail [Publishing.VAFB](#) to request the Word version of the document so the prior edition can be edited. Be sure to use the AFSPC Overprint versions of AF Form 673 or DD Form 67 for coordination. Finally, document that your publication is in the review process by submitting AF Form 1382 to Publishing Management. (30SCS/SCSP, 6-7892/4)

c. Public Address: Has your unit requested Public Address Support? The holidays are fast approaching and most of you are going to attend at least one unit party. 30 SWI 33-113 requires two weeks notice prior to your event. December is an extremely busy month for us so please plan ahead. Please call Mr. Jody Morgan, at 6-8137. (WROCI/InDyne C&I Systems)

3. Traffic Management Office: (30LRS)

a. Shipping/Receiving Packages Via Federal Express: Attention all base organizations that ship and/or receive packages via Federal Express: Under the DOD approved GSA contract, FedEx is authorized to transport unmarked classified packages to up a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through TMO Cargo Movement unless other arrangements have been made. TMO must be advised on the classification level. Any questions may be directed to TSgt Scott, ext 6-3381. (30LRS/LGRDC)

b. Attention TMO Customers: If you have recently arrived PCS and have household goods in storage awaiting quarters, schedule delivery of your personal property as soon as you have a firm address and move in date. Local agents may not be able to provide prompt delivery services if they are not provided sufficient lead-time. Contact SSgt Agcaoli, 6-0906. (30LRS/LGRT)

4. Civilian Personnel: (30MSS/DPCE, 6-5847)

a. Voluntary Leave Transfer Program: Johnna DeSimone - Schriever AFB, Sandra Jernigan, Betty O'Herlihy, Howard Brown, and Tim Jones - Luke AFB, Michael Baca - HQ ARPC/MS, Glenda Bennet - Peterson AFB, Ethel Carter, Richard Porterfield, and Sue Sommers - Scott AFB, Betty Dean - Dyess AFB, Carolyn DeLaGarza - Langley AFB, Contine Francis and Janice Shinkle - Macdill AFB, Delores Green and Yvonne Williams - Dobbins ARB, Wilson Holloway and Frank Valentik - Avon Park AFR, Jane Kelsey and Earle Tasse - Eglin AFB, Roberta Clark, Eileen Clemmons, Theresa Currier, and Jennifer Mac Davitt - Patrick AFB, Stephanie Manning - Sheppard AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, Jacquelyn Schmidt - AF Academy, and Michael Zarbo - Ramstein AB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. You can go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You can access this form on the web at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf (30MSS/DPC, 6-5847)

5. 30th Medical Group: (30MDG)

Clinic Closure: The Vandenberg Clinic will be closed 18 Dec 03 for the Mandatory Readiness Training. Urgent needs call 606-CARE or 1-888-252-3299. Please plan ahead for appointments and pharmacy refills. (30MDOS/SGO, 6-3308)

6. 30th Security Forces Squadron: (30SFS)

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If interested in starting this program in your area call 5-0792. (30SFS/SFOS)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792. (30SFS/SFOS)

c. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1., states all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Rm C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30SFS/SFOSP)

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

a. Attention Military Personnel Assigned To Vandenberg: Lodging has been granted a waiver to allow Space A to book now for the Holidays and to confirm stays up to ten days in lodging quarters (\$29.00 per night) now through 5 Jan 04. (Waiver ends 5 Jan 04) for friends and relatives of military personnel assigned to this base. This is a great opportunity to invite friends and relatives to visit and stay in our quarters. Book now through Mike Green at 5-7831 or 6-1844, for 0-6 and above, call 6-3711. (30SVS/SVML)

b. Going To A Holiday Party? Spend the night at Lodging for only \$29.00 per night. Under a special waiver, you may book a VQ now for your party night. To be eligible you must be active duty military or retired military or civilian (DOD) on active duty. (Waiver expires 5 Jan 04.) Call Mike Green at 5-7831 or 6-1844 to book. (30SVS/SVML, 6-1844)

c. Winter 2003 Information Technology Expo: The expo will take place at the Pacific Coast Club on Wednesday, 10 Dec 03. All personnel are invited and there is no cost to attend. Exhibits will be open from 1000-1400. View and demo some of the latest IT products and services. Topics include Information Assurance, Desktops, Notebooks, Presentation Solutions, Advanced Communications, Wireless Products, Storage, Training, Software, and Hardware! Attend a special seminar presented by Dell from 0930—1000 (limited seating, register below). To pre-register for the expo or the seminar visit <http://www.fedpage.com> (not required to attend). All pre-registered attendees will be entered in a drawing for a chance to win a special door prize. Complimentary refreshments will be served. Questions? Call (800) 247-6353 or e-mail: dennis@fbcdb.com (30SCS/SCBN, 6-4019)

d. Aqualliers Dive Club Holiday Party: 13 Dec 03 at 1800, Bldg 6436, 13th & Nevada. For more information contact Roy Wurzbach at 733-5026 or browse our club web site: <http://members.tripod.com/aqualliers/aqualliers.html>. (OL DET 3, WR-ALC/AFTLE, 6-2149)

e. Central City Swing Band Holiday Concert: Enjoy a 17-piece, "Big Band, Jazz At It's Best" concert on 14 Dec 03 at 1930 at Unity Chapel of Light, 1165 Stubblefield Road, Orcutt. From the Base, go north to Santa Maria, take Clark Ave. exit, right to Clark and Bradley, right on Bradley Road (south) to Rice Ranch Road, straight through the stop sign to the top of the hill (end of Bradley road). Unity Chapel of Light is at that corner. Donations will be accepted. Contact Daniel Applebay at 934-3045 for details. (SMC/RNVS)

f. Base-wide Blood Drive: A base-wide blood drive will be held on Tuesday, 16 Dec 03 from 0900—1400 at the Community Center. This event is open to everyone. Tri-Counties Blood Bank will be on hand to conduct the drive. All donors will receive donuts, cookies and coffee or juice as long as supplies last. Please take the time out of your busy schedules during this holiday season and give a special gift. Donate and Give The Gift Of Life! (576FLTS/TMGE, 6-0278)

g. Vandenberg Enlisted Action Team Meeting: The next VEAT meeting is 18 Dec 03 at 1000 and will be held at GI Java. We will be serving free coffee and cookies. (30MDOS/SGDD, 6-1846)

Health and Wellness Center: (30MDG/HAWC, 6-2221)

a. Tobacco Cessation Class: This is a six-week class held on Tuesday, from 1200—1300 geared toward helping individuals quit tobacco for good. For class dates and more information contact the HAWC at 6-2221.

b. Sensible Weigh Program: This is a four-week class held at the HAWC on Wednesday from 1400—1530 and on Thursday from 0800—0930, (class #3 is held at the Commissary). This class helps individuals lose weight and learn healthy eating habits. For more information and to sign up, call the HAWC at 6-2221.

c. Breastfeeding and Infant Care: This class is offered to help new Moms with the proper tips and techniques of breastfeeding as well as Infant Care (Dad's are highly encouraged to attend). Class is offered quarterly for more information please call the HAWC at 6-2221.

d. Exercising During Pregnancy: This class gives expectant Moms the guidelines for staying fit while pregnant and is offered quarterly. For more information please call the HAWC at 6-2221.

e. Risk Reduction Series: A series of 3 classes offered on Thursday at the HAWC from 1400—1600. The first Thursday covers Diabetes, the second Thursday covers Cholesterol/Heart Disease and the third Thursday covers High Blood Pressure. For more information or to sign-up please call the HAWC at 6-2221.

f. Body Fat Taping: The HAWC conducts Body Fat Taping every day during the following hours: Monday, Wednesday & Friday from 1000—1100 and Tuesday and Thursday from 1300—1400.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule: Catholic Mass: Saturday, 1615—1645 confessions; 1700 Chapel II; Sun 1000, Chapel I, Daily Mass 1130 M-F, Chapel II. **Protestant:** Praise & Worship 0830 Sunday, Chapel II; Gospel 1130 Sunday, Chapel II; Traditional 1130 Sunday, Chapel I.

b. The Vandenberg Jewish Community: Hebrew and Bar Mitzvah classes are ongoing on base. These classes are open to all children with base access. Please call Randee Van Ness at 734-3311.

c. Vandenberg Officer Christian Fellowship: Vandenberg Officer Christian Fellowship (OCF) is a non-denominational bible study meeting Thursday nights, 1900, at the home of Maj Keith and Christy Keana, 612 Cherry St. Come join us for a time of study, fellowship and prayer. Please contact Maj Keana or Christy at 734-0696 (home) or 6-6461 for more information. Keith.keana@vandenberg.af.mil

d. Monthly Prayer Breakfast: Come and join us for our monthly prayer breakfast Thursday, 11 Dec 03 at 0630 at the Chapel I annex. LtCol Steven DeAnda, 30MDSS/CC will be our guest speaker.

e. Gospel Christmas Concert: The Gospel Choir will present a Christmas Concert with a variety of holiday songs. The concert will be held on Sunday, 14 Dec 03 at 1900 at Chapel II. For more information, please contact Chaplain Griffin at 6-5773, or SSgt Williams at 6-9061.

f. Community Advent Service and Dinner: The Chapel will be hosting an Ecumenical Advent service on Sunday, 14 Dec 03 at Chapel I. Our worship service begins at 1700 in the Chapel followed by our fellowship Holiday dinner at 1800 in the Chapel I annex. Everyone is invited to join us for this event. For more information, please contact Chaplain Griffin at 6-5773.

Holiday Worship Service Schedule: Please call the Chapel at 6-5773 for further Holiday Information or activities.

24 Dec 03	1700	Christmas Children's Mass	Chapel I
24 Dec 03	1900	Protestant Christmas Eve Candlelight Svc	Chapel I
25 Dec 03	1000	Christmas Day Mass	Chapel I
25 Dec 03	1130	Protestant Christmas Day Service	Chapel I
26 Dec 03	1900	Hanukkah Service & Dinner	Chapel I
28 Dec 03	1130	Combined Protestant Worship Service	Chapel I
31 Dec 03	1700	New Year's Vigil Mass	Chapel II
31 Dec 03	2200	Watchnight Service	Chapel II

Family Support Center: (To pre-register for all classes, workshops, and seminars, call the designated point of contact, 30MSS/DPF, 6-0039).

a. Office Closure: The Family Support Center is closed for staff training every Monday from 0730—0930. Personnel requiring emergency Air Force Aid will be assisted. Call 6-0039.

b. 2004/2005 General Henry H Arnold Education Grant Program: Last year the Air Force Aid Society awarded \$5.25 million in college education grants to Air Force dependents. Your son, daughter, or spouse could be an eligible candidate. Visit your Family Support Center or the Society's web site www.afas.org for information and application for this grant. Don't automatically think you won't qualify. What have you got to lose? A \$1500 college grant!

c. Bundles for Babies: Friday, 12 Dec 03, 1400—1600 at the Family Support Center. This Air Force Aid Society Program covers proactive informational topics such as financing for expectant parents, lifestyle changes, infant CPR, Nursing Moms program, and Give Parents a Break Program. Bundles for Babies is for active duty Air Force members and their spouse. Please be advised not to bring children to this program. Call 6-0039 to register.

d. Global Hearts Group Movie Night: Friday, 12 Dec 03, 1800—2000 at the Base Chapel. Call 6-5773 for more information.

e. Sponsorship Training: Tuesday, 16 Dec 03, 1500—1600 at the Family Support Center. Learn sponsor responsibilities, relocation resources, and tips to assist your newcomer. Also offered as a tutorial on the "Intranet" or website <http://intranet/sponsor/index.htm>. Call 6-0039 to register.

f. Women, Infants & Children (WIC): Thursday, 18 Dec 03. The satellite office is at the Family Support Center from 0800—1630 for Vandenberg personnel who met program requirements. WIC is a nutrition education program, which provides supplemental food, which promotes good health for pregnant, breastfeeding and postpartum women, infants and children up to age 5. For more information call the Lompoc WIC office at 737-6470.

g. BabyMeet: Meets Tuesday and Thursday at 0900 at the Religious Education Center, Bldg 16140. If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. Contact Lora at 734-1461.

h. Playtime for Tots: Meets Wednesday mornings at 1000. This playgroup is for parents and children ages 2 to 5. Contact Sully at 734-2089.

i. VAFB Mothers of Twins Group: If you would like to get together with other parents of multiples to discuss everything from bed rest and triple strollers to potty training and separate classrooms, please join us. We are forming a new support group for families. For further information contact Karen Duncan at 734-1654 or KSdsm@aol.com

30th Services Squadron: (30SVS/SVK, 6-276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Auto Safety Class:** 15 Dec 03. "Under Hood/Around Your Car." Sign up at the Auto Hobby Shop.
- **Early Bird Shop:** Tuesday - Thursday, shop opens at 1000.

b. Surf Lanes Bowling Center: (30SVS/SVRB, 6-3209/734-1310)

- **New Year's Party:** 31 Dec 03, 2100—0100. Welcome in the New Year at Surf Lanes! Enjoy an exciting night of Thunder Alley and Colorama with breakfast after midnight and a bottle of non-alcoholic champagne. Cost is \$25, for adults 18 years and over. Pre-register by 22 Dec 03.
- **Airmen's Night:** Thursday, 1700—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Dollar Days:** Thursday, 1800—2100. \$1 per person per game.
- **Thunder Alley:** Thursday, 1800—2100, Friday, 2200—0100, Saturday, 2100—2400. Catch the ultimate glow bowl experience 3 nights a week!

c. Breakers Dining: (30SVS/SVMF, 6-7540)

- **Dial-a-Menu:** Call our telephone menu service and find out what's being served in your dining facility. The number is 6-8234.
- **Deployed Spouses:** Thursday, 1800. Open to all spouses and dependents of deployed members. This offers spouses a chance every week to socialize with other spouses and gives them a break from cooking. E-4 and below pay cost of food only, E5 and above include surcharge.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of child-care per month for parents who need a break. Give us a call and find out how you can qualify.
- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Provider Training:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.

f. Fitness Center: (30SVS/SVMP, 6-3832)

- **Spin on a Schwinn:** 3 Nov 03 to 19 Dec 03. Take a 10-minute ride on our new stationary bike from Schwinn, then tell what you think with a quick survey and you'll have a chance to take the bike home with you!
- **Squash Tournament:** 12 Dec 03, 1200, Squash Court (Annex).
- **Holiday Family Walk:** 17 Dec 03, 1200. Stop by the Fitness Center for course map.
- **Family Skate Competition:** 20 Dec 03, 1000, at the Skate Park (Bldg. 16190).
- **Air Force Wrestling Camp:** 20 Dec 03. Deadline for entries into the next training camp held at Mountain Home AFB, CO. This camp runs from 12 Feb 04 through 11 Apr 04. Contact the Fitness Center for more information.

g. Library: (30SVS/SVMG, 6-6414)

- **Calligraphy Class:** 11 Dec 03, 1830. Free class at the library. Learn the history and techniques of calligraphy. Great for custom holiday gifts!
- **Pre-School Story Time:** 11 Dec 03, 1000.
- **Dial-a-Story:** The phone number is 6-4300. Available 24/7, story changes each Sunday.
- h. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
 - **Holiday Sale:** Now through 14 Dec 03. Stop by the Pro Shop and receive 10% off any item over \$10 not already on sale.
 - **Christmas Turkey Shoot:** 20 Dec 03, 0730. Sign up at the Pro Shop.
 - **Youth Golf Lessons:** Saturday, 1330. Lessons are available for youth ages 8-years and up. Cost is \$5 each session including use of rental club set and range balls.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
 - **Horseback Riding:** 13 Dec 03. Adventure tour for experienced riders at the Pacific Dunes Ranch. Cost is \$38, with a riding time from 1330-1445.
- j. Pacific Coast Club:** (30SVS/SVRMC, 734-4375 or 734-4376)
 - Entertainment/Events:**
 - **Around The World:** Join us for our new "Around The World" promotion as we explore 20 beers from 20 different countries. A new beer will be available every Friday for a two-week period. Pick up your passport card today!
 - **Latino Night:** 12 Dec 03, 2100—0200, in the E-Lounge.
 - **Karaoke Night:** 12 Dec 03, 1900—2300, in the O-Lounge.
 - **Mug Night:** 13 Dec 03, 2100—0200, in the E-Lounge.
 - **Football Frenzy:** 15 Dec 03, 1700. Miami Dolphins vs. Philadelphia Eagles.
 - **New Year's Celebration:** 31 Dec 03, 2100—0200. Welcome in 2004 with the traditional New Year's bash! Cost is \$5 for members and \$10 for non-members. Includes party favors and breakfast at 0030.
 - **Bonanza Bingo:** Play Bonanza Bingo at the Club 7 days a week for just \$1 per ticket! You may win up to \$1000.
 - Menu:**
 - **New Foggio's Evening Hours:** Sunday, 1700—2000; Monday - Thursday, 1700—2100; Friday, 1600—2200; Saturday, 1700—2100.
 - **2 For 1 Steak Night:** 10 Dec 03, 1800—2000, in the E-Lounge.
 - **Pasta Mania:** 11 Dec 03, 1700—2000.
 - **Monday Pizza Special:** 15 Dec 03. Members get \$5 off any large pizza from Foggio's during Monday evening hours. (Non-members get \$3 off).
 - **Fried Chicken Night:** 16 Dec 03, 1600—2100.
 - **Mongolian BBQ:** 17 Dec 03, 1800—2000.
 - **Weekly Lunch Schedule:** Monday - Lunch Special, Tuesday - Mexican, Italian, or Oriental Buffet (rotates weekly), Wednesday - Santa Maria BBQ Buffet, Thursday - Chicken and Ribs Buffet, Friday - Seafood Buffet.
- k. Rod & Gun:** (30SVS/SVRR, 6-4560)
 - **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
- l. Services Center:** (30SVS/SVYR, 6-7976)
 - **Santa Visits Base Housing:** Volunteers needed to help make home deliveries. Dates are Monday through Thursday, 15-18, 22-23 Dec 03. If you are interested, contact the Services Center at 6-7976.
 - **UPS Shipping:** Looking to send off those holiday packages? Stop by the Services Center where UPS shipping is available Monday through Friday from 0800—1700.
 - **Natural Knead Massage:** New extended hours! Monday-Friday open until 1900. Special holiday gift baskets and gift certificates are now available.
- m. Skills Development:** (30SVS/SVRS, 6-6438)
 - **Stained-Glass Workshop:** 10 Dec 03, 1700. \$2.50 per hour + cost of materials.
 - **Scrapbooking Workshop:** 11 Dec 03, 1800—2100. \$2.50 per hour + cost of materials.
 - **Holiday Card-Making:** 13 Dec 03, 1300—1500. Get in the holiday spirit with this parent and child card-making class. Cost is \$20, sign up by 8 Dec 03 at the Skills Development Center.
- n. Swimming Pool:** (30SVS/SVRO, 6-3581)
 - **Pool Closed:** Due to delays in the maintenance the pool will be closed until further notice.
- o. Veterinary Clinic:** (30SVS/SVRV, 6-3019)
 - **Clinic Day:** Thursday is the normal clinic day. Pets can be seen by appointment only by calling us at 6-3019. The appointment schedule is released every Friday for the following Thursday.

p. Youth Center: (30SVS/SVYY, 6-2152)

- **Breakfast With Santa:** 13 Dec 03, 0900—1100. Don't miss an exciting morning of holiday fun! Stop by the Youth Center for a free breakfast, photo with Santa, holiday arts & crafts, games and prizes!
- **Membership Drive:** 15-19 Dec 03 at the Youth Center. Find out what great things the Youth Center has to offer for the upcoming year. Sign up during our December drive and save \$5 on your 2004 membership.
- **Teen Job Search 101:** 18 Dec 03, 1300—1600. Make sure to stop by the Youth Center computer room for this informational seminar on job-related topics for teens.
- **Holiday Shopping Trip:** 20 Dec 03, 1300—1800. Cost is \$5 for this shopping trip to the Santa Maria Mall. Sign up at the Youth Center.

Education Center: (30MSS/DPHE, 5-5904)

a. Office Closure: The Base Education Office, including Formal Training, Base Training and Civilian Training, will close at 1200 on Friday, 19 Dec 03, for an official function and reopen on 22 Dec 03. Please refer any questions to 5-5904.

b. Spouse Scholarship Available: Please stop by the Education Services Center to pick up information on the Spouse Scholarship Program funded by the Aerospace Education Foundation. Applications can be found at Bldg. 14001, 144 Wyoming Avenue, Education Office (across the street from the Commissary). Applications are accepted from 1 Nov 03—30 Jan 04. The 30, \$1,000 scholarships will be awarded in March. Applicants will receive a notification of their application status by the Aerospace Education Foundation. For more information, please call Ms. Jacquie Estrada at 5-5903.

c. Embry Riddle Aeronautical University: Embry Riddle Aeronautical University offers two undergraduate degree programs in Professional Aeronautics and Technical Management. We also offer two graduate programs: Master of Aeronautical Science and Master of Science in Management with seven specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. Registration for the Spring 2004 term begins 08 Dec 03 and continues through 19 December 03. Visit our website at www.erau.edu/vandenberg or call the office for current information regarding admissions and our programs. Embry-Riddle is in the Education Complex, 144 Wyoming Ave. Rm A-1. Office hours are Monday—Thursday 0830 to 1730 and Friday 0900 to 1200. Our phone numbers are 6-6557/734-4076. Our email is Vandenberg.Center@erau.edu.

d. Gift Donations: Embry-Riddle Aeronautical University, Vandenberg Center is collecting donations of gifts for local teenagers who are in foster care in Lompoc and Santa Maria. The holiday season is a difficult time for those who reside in foster care and are away from their families. Every contribution will make this difficult time easier for these teenagers. The assigned Social Workers have provided “wish lists” from the teenagers that are in their care. These “wish lists” are in the form of Christmas Angels. Anyone wishing to participate in this gift drive is welcome to come to the Center office and “pick” an angel off the Christmas tree. Contributions will be collected during regular office hours, Monday—Thursday, 0900 to 1730 and on Friday from 09:00 to 12 00. Donations are tax deductible.

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Call for information and dates for our new classes, Adobe Acrobat Writer, Photoshop Elements, and Advanced Access. Learn Introduction to Computers -- A basic class for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access 2000 Advanced; Access Lab; Palm PDA Beginning; Project 2000; Publisher 2000; Front Page 2000; Outlook 2000; and Outlook Email Only (a class specifically for those in process of getting an email account). In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, InDyne, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frames. Call 6-3771, or e-mail: <mailto:lexi.schwartz@vandenberg.af.mil>

b. Computer Tips: First Tip: To quickly and easily organize the messages in your Outlook Inbox according to who sent them, on the View menu, point to Current View, and then click By Sender. Now, your messages display in a list grouped by sender. **Second Tip:** Here's an easy yet very useful tip for those who give presentations using PowerPoint slide shows: When you want to stop for a break in your presentation without losing your place in the slide show, just press the lowercase B key or press the PERIOD (.) key. This will make the screen go black, and if it is a self-running presentation, it will pause. When you are ready to resume the show, press either key again, and you will start right where you left off.

c. **Available Classes:** Following are classes scheduled for the next two weeks, which have open slots:

Class	Date(s)	Time
IAAP Managers	10 Dec 03	0800—1130
Excel - Headers and Footers	10 Dec 03	1130—1230
Outlook Email Only	12 Dec 03	0800—1100
Word - Styles & Table of Contents	12 Dec 03	1130—1230
Internet Explorer - Tips and Tricks	15 Dec 03	1130—1230
Outlook Email Only	15 Dec 03	1300—1600
Workgroup Managers Course	15-19 Dec 03	0800—1600
Access 2000 Basic	15-19 Dec 03	0800—1100
Excel 2000	16-18 Dec 03	1300—1600
Photo - Cropping and Cloning	17 Dec 03	1130—1230
ADPE EC Training	17 Dec 03	0900—1100
Excel - Macros	19 Dec 03	1130—1230
PWRR	19 Dec 03	1300—1600

Note: Walk-ins are always welcomed!

Items For Sale:

For Sale: 2001 Ford Explorer Sport Utility 2D A/C, rear air, power steering, windows, door locks, seat. tilt wheel, cruise control, CD, privacy glass running boards, V6 4.0Liter automatic 50K + highway miles, excellent condition. Must sell. Make an acceptable offer. Leave message, 734-1292.

For Sale: 2001 Ford Mustang (Red); Only has 37,000 miles-comes with 7/70,000 ext warranty; V6/manual; very clean car. Asking \$10,500 OBO. Please call 734-0215 for more information.

For Sale: 1983 Saab. White, PW, sunroof, 2 door, automatic, hatchback. Great car. \$1000 OBO. 734-0379

For Sale: 1959 VW Beetle. Asking \$3,000 OBO. Can be seen at Used Car Lot. Please call 734-0215 for more information.

For Sale: 2001 Honda CR250 Dirt Bike, Low hours, FMF Fatty pipe, FMF Turbine Core II, Rental Bars, DID Gold Chain, PBI sprockets, brand new spare piston and rings and EZ lift stand. \$3500 Call 736-1568.

For Sale: 2002 Honda CR80 Dirt Bike, Pro Taper Bars, PBI sprockets and chain, FMF Turbine Core II, New fork seals, stand and many spare parts. \$2500 Call 736-1568.

For Sale: 1976 Honda CB 750, only has 55,500 miles, \$500 OBO. This includes a neon sash to go over uniform when riding on base and a free helmet. Please call Arthur at 734-0454.

For Sale: 2000 Ranger R-61 bass boat, Yamaha C-90, Minn-kota 50lb. thrust, two fishing chairs, plus hydraulic pedestal seat, 2 Garmin 160s, on-board charger, custom cover. Paid \$15,925; asking \$11,500 OBO, call 734-6795.

For Sale: Electric heavy duty Maytag Dryer, excellent condition, \$150 OBO. Call Greg at 260-0309.

For Sale: Dining table and 6 chairs, Mission style, 8-months-old, excellent condition; cost \$1100. Sell for \$500. Call 736-8857.

For Sale: Queen mattress (thick, but not a pillow top), box spring, and metal frame. Good condition. \$200 OBO. 739-5447.

For Sale: Portable basketball hoop. High quality, 48-inch backboard, 35-gallon base that accepts sand or water, adjustable height, good condition, made by Lifetime. Bought new for over \$300; asking \$165 OBO. Call 733-5562.

For Sale: Palm IIIc and Smart Pad, like new with years of extras; small leather case, stylus', clear plastic protectors, charger and software for both. \$400 OBO. Amiga Computer in mint condition with hundreds of games. \$500 OBO. Young boy's solid wood desk and matching six-drawer dresser, very cool and tough looking, 3 yrs old. \$300 OBO. Interesting electronic or comic related barter considered! Call 734-1664.

For Sale: Wooden dog house, (looks like a house, shingles and all) \$30. Outside circular table with umbrella \$40. Call Larry at 734-0778.

For Sale: Pit/Lab mix. Great with people and other dogs. Likes attention. \$20 OBO. Call 734-0290.

Free: Free Maytag washer and dryer. You pick up. 733-4481.

Wanted: Toddler car seat, high chair and stroller. Call 736-8857.