



Base Bulletin

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13 October 2004

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The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to **Vandenberg Publishing** on the **Global** or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCBP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.
Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. New Flight: Effective 1 Oct 04, the 30th Space Wing Manpower Office became the Manpower and Organization Flight in the 30th Mission Support Squadron. Our new office symbol is 30MSS/MOF and Ms. Junell Tillman is the Manpower and Organization Flight Chief, extension 5-6455. All other phone numbers and our office location remain the same. (30MSS/MOF, 5-6460)

b. Attention Base Supply Customers: The offices of Base Supply's Project Manager, secretary, and Procedures/Quality Control Section are being relocated from the second to the first floor of Bldg 8339 on Tuesday, 12 Oct 04. Until the 6-9064/65/66 extensions and 5-2509 fax line can be transferred downstairs, the following numbers should be used: Project Manager ext 6-8628, Secretary ext 6-1073, Procedures/Quality Control ext 6-1371, and fax ext 6-9783. Thank you for your patience. Contact Don Hornick at ext 6-1371. (30LRS/LGRMP)

c. Retirement Ceremony: Lt Col Anthony L. Blaylock, Commander, 576th Flight Test Squadron, cordially invites you to attend a retirement ceremony honoring SMSgt Daniel F. Cook, First Sergeant, 576th Flight Test Squadron, after 21 1/2 years of dedicated service, on Friday, 15 Oct 04 at 1100 in Bldg 8314, 576 FLTS High-Bay. Bar-B-Que to follow. Military Attire: Uniform of the Day. Civilians: Business Attire. For more information, please contact Maj Stephen Kravitsky at 6-2509. (576FLTS/CCA)

d. Quarterly AFOSH Council: The Commander's Quarterly AFOSH Council will be held on Wednesday, 20 Oct 04 from 1400—1500 at the WROCC Theater. All Team Vandenberg Commanders are required to attend; USRs and interested persons are highly encouraged to attend, as well. Purpose of the AFOSH Council is to address all safety, health and fire protection issues. Col Wolf, 30SW/CV, will preside as Chairman of the Council. (30SW/SEGB, 6-8804)

e. Office Closure: The 30th Comptroller Squadron, Financial Services Flight (Customer Service, Customer Support, and Accounting Liaison) will be closed on Friday, 22 Oct 04, from 1200 to COB for an official function. We apologize for any inconvenience this may cause. If emergency financial assistance is needed, you can reach us at 588-9282. (30CPTS/FMFC)

f. Future Programs Briefing: The annual **Future Programs Briefing** has been scheduled for 1500, on 26 Oct 04, Bldg 7025 (WROCC) Theater. This briefing is UNCLASSIFIED, designated "FOR OFFICIAL USE ONLY". Briefing is open to all interested government and support contractor personnel. For more information contact Rose Leventis at 5-2870. (30SW/XPR)

g. Printers Available: The 2d Space Launch Squadron has (24) HP Color LaserJet 4500DN printers available for transfer on government ADPE accounts. Printers have duplexer, 3rd paper tray, Jet direct card and are 5-years-old. Printers are currently in service and in pretty good shape. We also have (2) HP LaserJet 5SiMx B&W printers available for transfer. These are workhorse printers with 22ppm speed, duplexing, 2

TEAM VANDENBERG

500 sheet trays and the roll around storage cabinet. Both are in good shape and one has a new Paper Input Unit. Contact SSgt Krings or A1C Krill at 6-9724. (2SLS/DOUP)

h. Office Hours Change: New hours for Pass & Registration are now in effect: Monday, 0830—1600; Tuesday, 0800—1600; Wednesday, 1000—1500; Thursday, 0800—1600; Friday, 0830—1500. Automated Entry Control Cards (ECCs) will not be processed between 1100—1300 and after 1500 daily. After hour appointments are handled on a case by case basis. Contact SrA Katz at 6-1853. (30SFS/SFOXI)

i. Military Equal Opportunity (MEO): The primary objective of the Equal Opportunity and Treatment (EOT) program is to improve mission effectiveness by promoting an environment free from personal, social, or institutional barriers that prevent Air Force members from rising to the highest level of responsibility possible based on their individual merit, fitness, and capability. The EOT program encourages members to use the chain of command to identify and correct unlawful discriminatory practices. This includes processing and resolving complaints of unlawful discrimination and sexual harassment. For more detailed information contact the 30th Space Wing MEO office at 6-0370. (30SW/ME)

j. Alabama Air National Guard Part-time Vacancies: Are you planning Palace Chase, Palace Front, or Separating from active duty? Would you like to continue receiving most of your active duty benefits and have a great part-time job? The Alabama Air National Guard units in Montgomery have the following part-time vacancies: 1N0X1-Intel, 2A0X1B-Av Test Station, 2A3X2A-Av System, 2A333B-F-16 Crew Chief, 2A6X1A-Jet Engine, 2A6X2-Age, 2A6X3-Aircrew Egress, 2A6X4-Aircraft Fuels, 2A6X5-Aircraft Hydraulics, 2A6X6-Acft Elec/Envirn, 2A7X1-Acft Metal, 2A7X3-Struc, 2F0X1-Fuels (POL), 2R0X1-Maint Data, 2T31X1-Vehicle Opns, 2T3X1-Spec Purpose, 2S0X2-Supply, 2S0X2-Supply Sys Analysis, 2W0X1-Munitions, 2W1X1-Acft Arm, 3E0X1-Elec Sys, 3E0X2-Power Production, 3E1X1-HVAC, 3E2X1-Heavy Equip, 3E4X1-Util, 3E4X2-Liquid Fuels, 3E4X3-Environmental Cont, 3E5X1 - Engineering, 3P0X1-Sec Forces, 4B0X1-Bioenv Eng, 4D0X1-Diet Therapy, 4N0X1-Med Tech, and 6C0X1-Contracting. Please contact MSgt Vonsetta Roberts DSN 358-9191, commercial 334-394-7191, or 1-800-368-4481 or e-mail at vonsetta.roberts@almont.ang.af.mil or SSgt David Coram at DSN 358-9190, commercial 334-394-7190 or e-mail at david.coram@almont.ang.af.mil for more information. (AANG)

k. Airmen Against Drunk Driving (AADD): Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

a. New Global Address: Please send your Base Bulletin articles and ads to our **NEW Global Address: Vandenberg Publishing** or to publishing.vafb@vandenberg.af.mil. Thank you for your continued support. (30SCS/SCBP, 6-7894)

b. Base Post Office: The Base Post Office, in the BX area, Bldg 10373, will open 12 Oct 04, from 0900—1200 and from 1300—1600, Monday thru Friday. (Julio Newman, 30SCS/SCBAP/BITC, 6-6545)

c. Don't Blame The Messenger: Ensure all Privacy Act and Freedom of Information Act appointment memorandums are sent to 30SCS/SCX, Bldg 12000, ATTN: BASE PA/FOIA Monitor. (30SCS/SCBR, 6-4212)

3. Traffic Management Office: (30LRS)

Attention TMO Customers: If you have recently arrived PCS and have household goods in storage awaiting quarters, schedule delivery of your personal property as soon as you have a firm address and move in date. Local agents may not be able to provide prompt delivery services if they are not provided sufficient lead-time. Please contact SSgt Soria, 6-0906. (30LRS/LGRT)

4. Military Personnel Flight: (30MSS/DPMP)

a. Military Personnel Flight (MPF) Customer Walk-in Hours: The MPF Customer Service (ID Cards & Records), located in Bldg 11777/C-114, walk-in hours are: Monday, Tuesday & Thursday from 0800—1500, Wednesday from 1000—1600, and Friday from 0800—1600. All other MPF Office walk-in hours are from 0900-1500. Appointments may be made outside the times listed, by contacting the appropriate office. The MPF has mandatory Warfit Monday, Tuesday & Thursday afternoons and will stop taking new customers at 1500. For further information call SMSgt Walker at 6-7719. (30MSS/DPM1)

b. MPF Weekly: For the most current Military Personnel Flight information, please check out the *MPF Weekly*. The 8 Oct 04 edition is now posted on the Vandenberg Intranet, link: https://intranet.vandenberg.af.mil/organization/30msg/30MSS/mpf/mpf_weekly/2004_archive/oct-04-08.doc. (30MSS/DPM)

5. Civilian Personnel Flight: (30MSS/DPCE)

a. Voluntary Leave Transfer Program: Bruce Dufresne - 2 ROPS/DOUS, Christine Holly-Vickers - 30SW/JA, Timothy L. Lovelace - 30CES/CEOF2 and Fidel G. Terrones - 30CES/CEOIE Vandenberg AFB, Don Cook - Robins AFB, Tony Wright - Mildenhall AB, Starlene Holley - Clear AFS, Ronald Mosley - Selfridge ANGB, Michael Baca - HQ ARPC/MSC, Sandra Jernigan, Betty O'Herlihy, Howard Brown, & Tim Jones - Luke AFB, Glenda Bennet & Lori J. Anderson - Peterson AFB, Herlene Thurman & Cheryl Scott - Los Angeles AFB, Carolyn DeLaGarza - Langley AFB, Johnna DeSimone & Karla Weaver - Schriever AFB, Lonnie Dunbar - AF Pentagon, Dionisio Estebar - Onizuka AFS, Contine Francis & Janice Shinkle - MacDill AFB, Delores Green & Emily Knecht - Dobbins ARB, Wilson Holloway & Frank Valentik - Avon Park AFR, Charles Howard - Vance AFB, Julie Norman & Angel Sablan - Andersen AFB, Jane Kelsey & Earle Tasse - Eglin AFB, Melanie Brown, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, Mary Maurer, Lisa Wiggs & Richard Hinshaw - Patrick AFB, Earl Mikula - Buckley AFB, Dotsy Parnell - Shaw AFB, D'Sitra Scott - Willow Grove ARS, PA, Sue Sommers - Scott AFB, Fred Haas, Jeneke Lacy, Jacquelyn Schmidt, Carol Vilcek, Linda Solomon, Rebecca Barner, Kenneth Pearce & Daniel Romero - USAF Academy, Jill Rector - Misawa AB, Traci Teachout & Carolyn Wallace - McConnell AFB, Mike Weatherly - Homestead ARB, Barbara Holley - Pittsburg IAP ARS, William Held - AF Audit Agency, Julie Martin - Dyess AFB, and Bernadette Stein - Randolph AFB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. Go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form or access this form at: www.opm.gov/FORMS/PDF_FILL/opm630A.pdf. (30MSS/DPC, 6-5847)

b. Thrift Savings Plan (TSP) Open Season: It is that time again! TSP open season begins 15 Oct 04 and ends 31 Dec 04. If you did not previously change your percentage, FERS employees may elect to contribute up to 14 percent of their basic pay and CSRS employees may contribute up to 9 percent of their basic pay. The new contribution amounts will be effective dependent upon the date the employee makes their contribution election. **FERS** employees affected by the annual limit on elective deferrals should be cautious regarding the effective date of an increase in their contribution amount. Timing is extremely important to ensure these employees do not reach their annual limit prior to the end of the year. The Internal Revenue Service annual limit on elective deferrals increased to \$13,000 in 2004. Federal civilian employees can use the Benefits and Entitlements Service Team (BEST) automated system, **1-800-616-3775**, or the **TDD number, 1-800-382-0893**. They may also access it through the EBIS website, which is a secure web program. As a result, before you can access EBIS you must log into the AFPC Secure Web via CAC card or regular User ID and password. Go to http://www.afpc.randolph.af.mil/dpc/BEST_GRB/EBIS.htm. Once within EBIS, you'll enter your social security number (SSN) and BEST personal identification number (PIN) -- another method of ensuring the security of your personal records and benefits transactions. Your **BEST** PIN is the same for both EBIS and the BEST phone system. To allocate the funds you are contributing to, access the TSP website at www.tsp.gov/. (30MSS/DPCE 6-5847)

c. Catch-Up Contributions: If you are age 50 or older and you are already contributing the maximum amount of regular TSP contributions for which you are eligible, you may elect to make up to \$3,000 in catch-up contributions for 2004. Since this limit changes each year, you must make a new election each calendar year. (30MSS/DPCE 6-5847)

d. Civilian TSP Participant Members of the Ready Reserve: If you are a civilian TSP participant with an outstanding TSP loan and are placed in a non-pay status to perform military service, make sure your agency provides the TSP with documentation to certify your status and suspend loan payments. The Internal Revenue Code allows the TSP to suspend loan payments for all participants placed in non-pay status for up to one year of non-pay. However, participants placed in non-pay status to perform military service for more than one year are authorized suspension of loan payments for the entire period of military service. For more information, see the Fact Sheet, [Effect of Non-pay Status on TSP Participation](#). (30MSS/DPCE 6-5847)

e. Federal Employees Health Benefits Open Season: The 2004 Federal Employees Health Benefits (FEHB) Open Season health fair will be held on 3 Nov 04, from 0900 until 1600, at the Education Office Student Lounge, Bldg 14002, 144 Wyoming Ave. During open season, 8 Nov 04 through 13 Dec 04, eligible employees may enroll in a health insurance plan for the first time, or make desired changes in current enrollments by contacting the Benefits and Entitlements Service Team at 1-800-616-3775, or at this web site http://www.afpc.randolph.af.mil/dpc/BEST_GRB/EBIS.htm. To give Federal employees more options that empower personal decision making and maximize their ability to put more of their hard-earned dollars to work for their needs and those of their families, 18 High-Deductible Health Plans (HDHP), both local and national, will be offered by the Federal Employees Health Benefits (FEHB) Program in 2005. These health plans, together with a Health Saving Account (HSA) or a Health Reimbursement Arrangement (HRA) provide a tax advantaged savings vehicle for paying for your medical expenses. More information will be provided in conjunction with the beginning of the open season. (30MSS/DPCE, 6-5847)

6. 30th Medical Group: (30MDG)

a. Clinic Closure: The Vandenberg Clinic will be closed 28 Oct 04 for Mandatory Medical Readiness Training. For urgent needs please call 606-CARE or 888-252-3299. Please plan ahead for appointments and pharmacy refills. For more information contact Capt Clemens at 6-7440. (30MDSS/SGSAP)

b. Important Health Advisory: Please Read! Vioxx (Rofecoxib) is an anti-inflammatory medication that has been pulled off the market by the manufacturing company. Research has shown that long-term use of the medication may cause an increased risk in developing cardiovascular problems such as heart attack or strokes. If you are taking Vioxx, please stop and contact your physician for another alternative. For further questions, please feel free to contact the pharmacy at 606-7440 and you may ask for Capt Sohn or Capt Clemens. (30MDG/SGSAP)

c. Breast Cancer Awareness: In honor of Breast Cancer Awareness Month there will be an information table set up in the commissary on 15 Oct 04 with free gifts and educational items. Our goal is to educate the community about breast care detection. Every 3 minutes a woman in the US is diagnosed with breast cancer. Breast cancer incidence has increased from 1 in 20 in 1960 to 1 in 8 today. Prevention is key, some risk factors are out of our control. Things we can do are: exercise, low fat diet, stop smoking, conduct self breast exams, schedule clinical breast exams and mammograms (recommended at age 40 earlier for those with risk factors). If you need a mammogram please call for an appointment with your PCM. (30MDG/MDOS, 5-8042)

7. 30th Security Forces Squadron: (30SFS)

Installation Entry Gate Hours: The Santa Maria, Solvang, South and Timber Lane Gates are open 24 hours a day. The Utah Gate is open from 0600—2200, Monday thru Sunday. The Lompoc Gate is open from 0600—1900, Monday thru Sunday. The Titan gate is open from 0600—0900 and 1500—1800, Monday thru Friday. (30SFS/SFOC, 6-3911)

8. 30th Civil Engineering Squadron: (30CES)

a. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call A1C Rodriguez at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3 attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOFP, 6-0010)

b. Termination of Family Housing for Downtown Home or Apartment: Housing occupants are required to submit a request of termination of Housing Office at least 30 days prior to termination and receive counseling and assistance before entering into any lease or sale contracts per AFI 32-6001 chapter 9 of paragraph 9.4. Members are required to have a pre-final and final inspection in order to terminate housing. Contact Ms Rasay, 6-3434. (30CES/CEH)

c. Moving or Relocating Offices? Not sure what to do with all those blue recycling containers? Contact 30CES/CEV at 606-5726 and notify them of your departure plans. 30CES/CEV will recommend one of the following options: 1) Transport the containers to your new office; 2) Call 30CES/CEV at 606-5726 and arrange for your containers to be picked up; or 3) Leave the containers in place for usage by the next occupant. Thank you for your cooperation and participation in the Vandenberg AFB Recycling Program! (30CES/CEV)

OFFICIAL**FRANK GALLEGOS
Colonel, USAF
Commander****Karen L. Dean
Chief, Publishing Management**

SECTION III — UNOFFICIAL**General Information:**

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750, 15—17 Oct 04. Call 6-5565 for movie information or e-mail Vanessa Probert at ProbertV@aafes.com. (AAFES)

Day	Date	Movie	Rating	Opens	Starts
Friday	15 Oct 04	Hero	PG-13	1830	1900
Saturday	16 Oct 04	Anacondas: The Hunt For The Blood Orchid	PG-13	1830	1900
Sunday	17 Oct 04	The Cookout	PG-13	1330	1400

b. Food Service Events: For more details contact SSgt Bethany Lopez at 6-5496. (30SVS/SVMX)

Day	Date	Event	Start Time	Location
Monday	18 Oct 04	Sweetest Day Meal	1100	Beachcomber
Thursday	28 Oct 04	National Chocolate Day	All Day	Beachcomber
Sunday	31 Oct 04	Halloween Meal	1100	Beachcomber

c. Tuskegee Airmen General Membership Meeting: The Vandenberg AFB/Central Coast Chapter of Tuskegee Airmen Inc. general membership meeting will be on Thursday, 14 Oct 04 at 1200 at the PCC in the Enlisted Heritage Quiet Room. All active duty members, spouses, civilians, and retirees are welcome. For more information, contact Lt Ike Wright at 5-4910 or Capt John Lofton at 6-6621. (2SLS/MAFD)

d. AADD Council Nominations: The 2004 Airmen Against Drunk Driving (AADD) Council is winding down their year of leadership, and in preparation for the transition, nominations for the 2005 council are being taken until 14 Oct 04. Please view this opportunity as more than just an EPR bullet when making nominations. The survival of the AADD council depends on the officers nominated and elected for 2005, please help us get the 2005 AADD council off to a winning start. For position descriptions, further information and to submit nominations please contact our President, TSgt Jayme Lima at 6-4370, Publicist, SSgt Rebecca Jones at 5-5319, Coordinator, SSgt Dennis Leon at 6-1846 or Secretary, SrA Leann Katz at 6-1853. (14IWF/DO)

e. BIG V Golf Tourney: The 40th Annual BIG V Community Relations Golf Tournament is scheduled for 15 Oct 04, sign-ups and BBQ Tri-Tip lunch at 1030 and shotgun start at 1130. This year it's Team Vandenberg's turn to host Lompoc Community leaders and business owners at the base Marshallia Ranch Golf Course. Cost is \$65 per Team Vandenberg player which will pay to host a Lompoc player (selected by the Lompoc Chamber) for lunch, beverages, heavy hors d'oeuvres following play, green fees and a cart, and door prizes. This is a full handicap, medal play tournament. If a handicap has not been established, an average of the last three scores will be used. Two TEAM V and two Lompoc players will be matched up according to handicap, and assigned to each hole. Please provide your current handicap at the time of sign-up. For more details call Jack Hokanson at 6-3595. (30SW/PA)

f. Santa Maria Memory Walk: Come take steps to end Alzheimer's! This year's Santa Maria Memory Walk benefiting the Alzheimer's Association will be Saturday, 16 Oct 04, from 1500—1900 at beautiful Waller Park. Adults, children, and dogs are all encouraged to register online at www.centralcoastalz.org/ or contact the event coordinator, Kari Kwinn, at 922-4132 for more information.

g. Air Show Private Organization Participation: If you are a part of a Private Organization, are in compliance, and want to earn money at the Western Space & Missile Air Show on 30-31 Oct 04 contact louise.brown@vandenberg.af.mil NLT 22 Oct 04. (30SVS/SVF, 6-0416)

h. Halloween Haunted Trail 2004: If you want to be really scared and have fun doing it, come out to the now infamous Eighth Annual Halloween Haunted Trail hosted by the 30LRS Booster Club. Prepare to be scared starting Friday and Saturday, 22-23 Oct 04, from 1800—2330 and again Friday, Saturday and Sunday, 29-31 Oct 04, from 1800—2330. It's an experience you will never forget! The Halloween Haunted Trail starts at Washington Ave and Airfield Road. Beverages and baked goods will be sold at the trail entrance. Appropriate footwear must be worn. Entrance fee to the Halloween Haunted Trail is \$4.00 per person, per trip, if you dare. For more details call SrA Acosta at 6-6223. (30LRS/LGRVOS)

i. Annual Pumpkin Patch: The Annual Pumpkin Patch hosted by the 30th Security Forces Squadron PeaceKeeper Association, will run from 15-29 Oct 04 located in the field next to 30SFS Parking Lot, Bldg 13675, from 1000—1900 on weekends and from 1600-2000 on weeknights. (30SFS/SSFOC, 5-2585)

j. Catholic Single Young Adults: Are you Single? Between the ages of 21- and 40-years-old? And looking for a place to meet other Catholics with similar interested? Join the new Central Coast Catholic Young Adult Singles every second Thursday of the month from 1830—2030 at St Louis de Montfort in Orcutt (bring a dish to share) and fourth Thursday of the month at St Mary's in Santa Maria at 1830-2030 (cost \$5 at door for drinks & snacks). Along with our regular bi-monthly events we have one social event every month. Call or e-

mail for information about any of our events including the CCCYA Cruise to Ensenada from 29 Oct 04 to 1 Nov 04. Contact Kellee Bartha at 264-4659 or CentralCoastCatholicYoungAdults@yahoo.com.

k. Operation Kids' Christmas Needs Volunteers Now: Operation Kids' Christmas needs volunteers for the following jobs: Escorting the children during the party, setting up the ballroom in the PCC, serving lunch to the kids, cleaning up after the party, and food basket delivery. To volunteer contact: Capt Lever at 6-5840 or e-mail charles.lever@vandenberg.af.mil (best if you volunteer by e-mail). Please include in the subject of your e-mail whether you'd like to help as a volunteer or an escort. The party will be Saturday, 4 Dec 04 at the Pacific Coast Club. Set-up will start at 0700, escorts should arrive at 0900 in Service Dress; the party will go from 1000—1300, and clean-up will start at 1300. (392TRS/DOC)

l. Attention Military Personnel Assigned to Vandenberg: You can book 30 days ahead for the Thanksgiving and Christmas holidays and may confirm stays up to 10 days in VQ quarters for only \$28.50 per night, during the period 5 Nov 04 through 5 Jan 05. This offer is for the friends and relatives of military personnel assigned to this base. Book through Mike Green at 5-7831 or 6-1844, of 0-6 and above, call 6-3711. (30SVS/SVML)

m. Going To A Holiday Party? Spend the night a Lodging for only \$28.50 per night. You may book a VQ, 30 days in advance for your party night. To be eligible you must be active duty military/retired military or civilian (DOD) on active duty. Offers expires 5 Jan 05. Call Mike Green at 5-7831 or 6-1844 to book. (30 SVS/SVML)

Health And Wellness Center: (30MDG/HAWC, 6-2221)

a. Breastfeeding/Child Care and Prenatal/Postpartum Exercise Education: The HAWC offers several in-depth books and videos which cover everything from your baby's health to your health, including exercising during your pregnancy. Come in during our duty hours to view the videos or pick-up informative books.

b. Risk Reduction Series for Cholesterol, Diabetes and Blood Pressure Education: Weekly classes, Thursdays 1300—1500, instructed by a Registered Dietitian and Diet Technician. Topics covered include: Diabetes Life Style and Meal Planning, Cholesterol Risk and Heart Healthy Eating, High Blood Pressure Education and the DASH Diet. 1st Thursday of the month is Diabetes, 2nd Thursday, Cholesterol, and the 3rd Thursday is the High Blood Pressure Ed. The follow up classes are also on Thursdays from 1200—1300.

c. New To The HAWC: The Gastric Bypass Support Group is a peer support group for individuals who have had or are interested in learning more about bariatric weight loss surgery. Meets in the HAWC conference room the last Monday of each month at 1900—2000. Contact Mrs. Randee VanNess at 734-3311.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule: For all **Holiday** weekends, the Vandenberg Chapel will have one Protestant Service on Sunday at 1130 at Chapel 1.

Catholic Mass:	Saturday	1700	Chapel 2	Regular Protestant Services:			
Confessions	Saturday	1615—1645	Chapel 2	Praise & Worship	Sunday	0830	Chapel 2
Mass	Sunday	1000	Chapel 1	Gospel	Sunday	1130	Chapel 2
Daily Mass	Mon-Fri	1130	Chapel 2	Traditional	Sunday	1130	Chapel 1

b. Vandenberg Jewish Community Classes: The Vandenberg Jewish Community is offering the following classes: Children's Hebrew and Bar Mitzvah classes, adult Hebrew and religion classes. Classes have started at the Vandenberg Religious Education Center and are held every Tuesday night at 1800. Please call Randee Van Ness at 734-3311, for more information or to enroll.

c. Monthly Prayer Breakfast: Come and join us for our Monthly Prayer Breakfast on Thursday, 14 Oct 04, 0630 at the Chapel 1 Annex. Lt Col Bob Gibson, 30th Space Wing, Chief of Safety, will be our guest speaker.

Family Support Center: (30MSS/DPF, 6-0039) To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit www.php-ids.com.

a. Office Hours: Family Support Center's customer service hours are from 0800—1600 except on Monday when the center will be closed for staff training from 0730—0930. Personnel requiring *emergency* Air Force Aid will be assisted. Call 6-0039.

b. BabyMeet: If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. This group meets every Wednesday, 0900—1000 at the Base Library. For more details call Katie at 734-6758 or Anna at 734-6606.

c. Playtime for Tots: They meet Friday mornings at 1000—1100 at the Religious Education Center. This playgroup is for parents and the children ages 2 to 5. For more information call Jill at 757-9044.

d. PALACE CHASE (Force Shaping) Separatees: Are you separating under the newest PALACE CHASE (Force Shaping) program? If so, you need to get to the Family Support Center (FSC) now! You must

accomplish your mandatory Pre-Separation Briefing at least 90 days prior to separation. You can schedule yourself for this briefing by accessing www.php-ids.com. Do not wait until you have your out-processing checklist to get this briefing. If you need assistance please call the FSC at 6-0039.

e. Pre-Separation Briefing (DD Form 2648): Tuesday, 19 Oct 04, 1530—1700 at the Family Support Center. This **mandatory** briefing is for military members scheduled to retire or separate and **must be completed at least 90-120 days prior to departure**. Subjects covered include benefits in employment, relocation, education/training, medical, financial, disability, and more. The DD Form 2648 acts as a checklist to identify Pre-Separation subjects of interest as a basis for development of an Individual Transition Plan (ITP). The completed form is required for final out-processing.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Used Car Lot:** Try selling your used vehicle through the Auto Hobby Shop. Place your vehicle on the used car lot for \$6 per two weeks. You also have the option of listing your vehicle on the Services Squadron web site.

b. Surf Lanes Bowling Center: (30SVS/SVBB, 6-3209/734-1310)

- **Airmen's Night:** Thursday, 1800—2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.
- **Thunder Alley:** Friday, 2100—2400, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!

c. Breakers/Beachcomber Dining: (30SVS/SVMF, 6-7540/734-1901)

- **Breakers Renovations:** The Breakers dining facility is currently closed for renovations to the heating, ventilation and air conditioning system. Consolidated dining will be available at the Beachcomber (Bldg 9190) on Nevada St in the 381st Training Group area.

d. Child Development Center: (30SVS/SVYC, 6-1555)

- **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
- **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.

e. Family Child Care: (30SVS/SVYD, 6-3255)

- **Provider Training:** The need for child-care providers has never been greater! Help make a difference and become a licensed child-care provider. Call Gwendolyn Jones at 6-4639 or 6-3255.

f. Fitness Center: (30SVS/SVMP, 6-3832)

- **Columbus Day Fun Run:** 13 Oct 04, 1200.
- **'Operation Stay Fit' Triathlon:** 16 Oct 04, 0900. Registration deadline is 13 Oct 04.

g. Information, Tickets & Travel: (30SVS/SVRO, 6-7976 or 6-1675)

- **Lakers Tickets:** Reserved seating for 8 season games. Tickets (transportation on your own) are very limited and need to be reserved NOW! Enjoy Lakers Basketball at the Staples Center. A non-refundable deposit of \$25.00 will reserve your seats. Regular season games \$45.00, Marquee Match-ups \$65.00. Dates: 26 Nov 04 (Fri) vs. Sacramento, 17 Dec 04 (Fri) vs. Washington, 25 Dec 04 (Sat) vs. Miami, 7 Jan 05 (Fri) vs. Houston, 28 Jan 05 (Fri) vs. New Jersey, 27 Mar 05 (Sun) vs. Philadelphia, 29 Mar 05 (Tue) vs. New York, 11 Apr 05 (Mon) vs. Phoenix.
- **Las Vegas Getaway:** 17—20 Oct 04. Three night stay at the Gold Coast Hotel with free shuttle to the strip. Cost is \$165 per person sharing, \$265 single.
- **Laughlin:** 1—4 Nov 04. Enjoy three nights at the River Palms Hotel/Casino. Cost is \$98 per person sharing, \$128 single.
- **Fall Escapes - Hawaii:** Prices from \$449, includes hotel and round-trip air. Rates are for Los Angeles departures. 50% off second person fare. Limited availability, so book now until early December.

h. Library: (30SVS/SVMG, 6-6414)

- **Story Time:** 14 Oct 04, 1000. It is appreciated if you can sign up if you are attending to help plan for supplies, but walk-ins are welcome.
- **Get Caught Reading:** Come by the library for details and instructions for the 'Get Caught Reading'. Photo and essay contest. Submissions for each contest must be turned in to the library by 22 Oct 04 for judging. Prizes will be awarded during the pizza party on 24 Oct 04, 1600—1900 at the library.
- **Scavenger Hunt/Pizza Party: 24 Oct 04, 1600—1900.** Sign up for the scavenger hunt at the library and vote for your favorite type of pizza. The scavenger hunt will begin at 1600, with the pizza

party following at 1730. You do not have to participate in the 'Get Caught Reading' contests to attend the pizza party.

- **Dial-a-Story:** The phone number is 606-4300 for this free story-telling service. Available 24/7, story changes Friday afternoons.
- i. Marshallia Ranch Golf Course:** (30SVS/SVBG, 6-6262)
 - **Big 'V' Tournament:** 15 Oct 04. Sign-in and BBQ Tri-Tip lunch at 1030 and shotgun start at 1130. Cost is \$65 per Team Vandenberg player which will pay to host a Lompoc player (selected by the Lompoc Chamber) for lunch, beverages, heavy hors d'oeuvres following play, green fees and a cart, and door prizes. Please call Public Affairs office at 606-3595 to sign up or for more information. Payment may be made at time of sign up. Team Vandenberg currently has 35 players, but needs 40 players.
 - **Golf 4 Kids Parent & Child Outing:** 17 Oct 04, tee times starting at 1430. Special 9 hole prices including green fees, cart, and range balls for each golfer.
 - **BBQ Lunch Special:** 21 Oct 04, 1100—1330.
 - **Fall Open:** 23—24 Oct 04. Sign-ups are underway at the Pro Shop.
- j. Natural Knead Massage:** (30SVS/SVMP, 5-4748)
 - Natural Knead massage is now open in its new location at the Health & Wellness Center (HAWC), Bldg 8505. Watch for our Squadron of the Month Special. Just make an appointment and then stop by with an item (hat, coin, etc.) showing your squadron emblem, and you can get a discount price on any massage (except 30-minute). The squadron for Oct 04 is 30 SFS.
- k. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
 - **Kayaking Tour in Santa Barbara:** 16 Oct 04, 0830—1430. Cost is \$35.
 - **Rock Wall Training:** 20 Oct 04, 1000—1200, at Outdoor Rec (Bldg 10250). Outdoor Rec and the Fitness Center will be offering introductory training for all squadrons. This training is mandatory in order to use the wall for squadron functions.
 - **Surfing Trip to Pismo Beach:** 23 Oct 04, 0800—1700. Cost is \$20.
- 1. Pacific Coast Club:** (30SVS/SVBO, 734-4375 or 734-4376)

Entertainment/Events:

 - **Fajita Dinner:** 13 Oct 04, 1700—2000.
 - **Boss & Buddy Night:** 13 Oct 04, 1700—2000.
 - **DJ Night w/ Variety Music:** 15 Oct 04, 2100—0200, in the E-Lounge.
 - **Karaoke Night:** 15 Oct 04, 1900—2300, in the Officers' Lounge.
 - **DJ Guy:** 16 Oct 04, 2100—0300. Hip-Hop, R&B, Old Skool and New Skool with DJ Guy.
 - **Football Frenzy:** 18 Oct 04, Tailgate party starts at 1700.
 - **Mongolian BBQ:** 20 Oct 04, 1700—2000.

Menu:

 - **Monday Madness:** Mondays from 1700—2000. Enjoy our all-you-can-eat pizza and spaghetti buffet with drink and soon to be famous pizza dessert. Regular - \$7.95, Members - \$5.95, children under 12 years of age - \$3.00. (No coupons)
 - **Fried Chicken Buffet:** Tuesdays from 1700—2000. Pacific Fried Chicken Buffet with dessert. Regular - \$8.95, Members - \$6.95.
 - **Kid's Night:** Wednesdays from 1700—2000. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)
 - **Pasta Mania Buffet:** Thursdays from 1700—2000. Regular - \$8.95, members - \$6.95, children under 12-years of age - half-price, children 4-years and under - free.
- m. Rod & Gun:** (30SVS/SVBR, 6-4560)
 - **Open Shoot:** Open Trap & Skeet shoot every Wednesday, Friday and Saturday morning at 0830.
 - **NSSA:** 16—17 Oct, 0830.
 - **Holiday Party:** Looking for a place for your holiday party? The Rod & Gun has two rooms available to rent.
- n. Skills Development:** (30SVS/SVRS, 6-6438)
 - **Beginning Woodworking:** 16 & 23 Oct 04, 1100—1300. Two-part class covering operation and safety of various wood shop machinery. Cost is \$35, materials included.
 - **Winter Art Fair:** Sign-ups are underway for crafters. Reserve your space by 26 Oct 04 at Skills Development (Bldg 11193). Cost is \$25 for a single space and \$35 for a double. Hand-Crafted items only please. The Winter Art Fair will be held 6 Nov 04 on the bowling center lawn area.
 - **Children's Ceramics:** Saturdays from 1100—1330. This class is designed to introduce children to the art of ceramic casting. Cost is \$15.

o. Swimming Pool: (30SVS/SVRO, 6-3581)

- **New Lap Swim Hours:** Monday-Friday, 1000—1300; Mon/Wed/Fri, 1530—1700. Pool is closed Saturdays, Sundays and holidays.

p. Veterinary Clinic: (30SVS/SVBV, 6-3019)

- **Pet Registration:** All cats and dogs residing on Vandenberg AFB must be registered with the Veterinary Treatment Facility (VTF). All vaccinations including rabies and distemper combinations, must be up to date and kept on file. Please bring your animal's medical records to the VTF on an off-clinic day to register you pet.
- **Pet Protection:** Protect your pets against fleas, ticks and heartworms with Frontline Plus and Heartgard, both available at the Vet clinic.

q. Youth Center: (30SVS/SVYY, 6-2152)

- **Light On After School:** 14 Oct 04, 1600—1800. Don't miss this rally for after school programs at the Vandenberg Youth Center. This venue is a great opportunity to learn about the fun and exciting after school activities for children.
- **Harvest Festival:** 30 Oct 04, 1900—2100, at the Youth Center.
- **4H Projects:** Registration is underway at the Youth Center for our various 4H projects. Cost is \$15 each plus supplies. Projects include photography, sewing, quilting and animal care (Dairy cows, rabbits chickens, goats). Contact Kristi at 606-2152 for more details.
- **Donation Drop Box:** The Torch Club Members at the Youth Center are asking for donated items to send to the troops serving in Iraq. Stop by the Youth Center with any donated items.
- **Talent Show Auditions:** We're looking for children, teens, husband & wife teams who are talented and enthusiastic to take part in the Family & Teen Talent Show. Open to vocalists, dancers, instrumentalists, comedians and dramatists. Contact Lynn Warner at 606-0276 to set up a private audition. Deadline to apply is 24 Oct 04.

Education Center: (30MSS/DPHE, 5-5904)

a. Embry Riddle Aeronautical University: ERAU offers associate and bachelor degree programs in Professional Aeronautics (ASPA/BSPA) and Technical Management (ASTM/BSTM). We also offer three graduate programs: Master of Science in Management (MSM), Masters of Business Administration in Aviation (MBA/A) and Master of Aeronautical Science (MAS). The MAS has eight specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. For current information regarding registration, admissions and our programs call the office at 734-4076 or 6-6557. Registration continues through late registration which ends 15 Oct 04. We have an extensive online catalog and over 150 locations worldwide. Our application is now available online at <https://app.applyyourself.com/?id=erau-ec> making applying to our Embry-Riddle a snap! Stop by and see us in the Education Complex, 144 Wyoming Ave. Room A-1. Office hours are Monday-Thursday, 0830—1730 and Fridays, 0800—1200. Our e-mail is Vandenberg.Center@erau.edu. (ERAU)

b. Civilian Competitive Development Program (CCDP): The Civilian Competitive Development Program (CCDP) is an Air Force program designed to identify high potential civilian employees to participate in key leadership development programs. CCDP offers a wide variety of opportunities for permanent employees in grades GS-12 through GS-15 to help meet the long-term leadership needs of the Air Force. There are five areas for which a candidate may be nominated for. They are: Intermediate Service School (ISS) (Air Command and Staff College and Air Force Legislative Fellows Program, Senior Service Schools (Air War College, National War College, Rand Fellowship, and Industrial College of the Armed Forces), Long-term Academic Programs (Harvard JFK School of Government, Princeton Public Policy Program, MIT Sloan Program, Stanford Sloan Program, Sandia Nuclear Weapons Fellowship Program, and Air Force Institute of Technology Programs), Long-term Experimental Programs (DoD Executive Leadership Development Program, Excellence in Government Fellows Programs, and E-Government Fellows). CCDP is a competitive program that requires the first General Officer or Senior Executive Service (SES) member in the chain of command who is not the immediate supervisor endorse the nomination. Packages must include the nomination form (AF Form 4059), a resume, civilian brief, and first page of the last appraisal. The nomination call for CCDP typically runs from May through June, that is why it is imperative that anyone interested start working on their package early to ensure there is enough time to correct any errors on their brief and turn their package in to the Civilian Training Office for staffing up to 14 AF/CC for endorsement. More information on the nomination procedures and detail on the CCDP programs can be found at <http://www.afpc.randolph.af.mil/cp/dpkd/ccdp/>. Questions may also be directed to Ms. Barbara LeFebvre, Civilian Training Manager, at 5-5913.

c. NCO Academy for Civilians: There exists an opportunity for civilians in the grades of GS-06-09, WG 9-12, WL 1-6 and WS 1-8 that do not have any prior military experience to attend the NCO Academy at Peterson AFB, CO. One slot per class has been reserved for a civilian. Completion of NCOA will expose civilian counterparts to the customs and professionalism of the enlisted corps as well as preparation for leadership and supervisory positions. Nomination packages must be submitted to the Civilian Training Office. Packages must be endorsed by the individual's supervisor and organizational commander or two-letter director, and will include the AF Form 4059, resume of job experience and a statement explaining why the individual wished to attend NCOA. Each package will be reviewed locally and then forwarded to AFSPC for selection and must reach AFSPC 60 days prior to class start date. Funds for the TDY are authorized from civilian training funds when approved by the Management Training Committee (MTC). Contact is Ms. Barbara LeFebvre at 5-5913.

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Due to the pending migration to Windows XP and Office 2003, effective 04Oct, all PC Training classes held in Bldg 9360 are cancelled until further notice. We will be positioning our classroom computers to teach Office 2003. You will be advised as soon as the new schedule is developed. NOTE: ISSO, EC, C&A, EMSEC, etc. classes which are held at Bldgs 6525 and 9325 will continue as scheduled. LAN Access Training classes will continue to be held at Bldg 9360 during this time. Call 6-3771 for details, or e-mail: james.wooding@vanderberg.af.mil.

b. First Tip: Quickly delete a table in Word - You can quickly delete a table in Word by first selecting the table, then hit the Backspace key! That's all there is to it! **Second Tip: A secret shortcut to quickly and easily close an Internet Explorer or Netscape Navigator window** - If you're using Internet Explorer or Netscape Navigator, you can quickly close the active browser window using the secret keystroke CTRL + W. Not only can this help you exit your browser, but you can also use it to quickly dispose of pop-up ads (just make sure the ads are the active browser window). You can also use this secret keystroke to close Windows Explorer, My Computer, open folders, and open documents within most desktop applications.

c. Available Classes: Following are classes scheduled, which have open slots:

Class	Date(s)	Time
LAN Access Training	12 Oct 04	1300—1600
Information Technology EC Training	20 Oct 04	0900—1100
Certification & Accreditation	20 Oct 04	0800—1130
LAN Access Training	25 Oct 04	1300—1600
LAN Access Training	29 Oct 04	0800—1100

Items For Sale:

For Sale: 2004 Pontiac Grand Am GT fully loaded, ram air, leather, tint automatic, PS, PB, monsoon system. 9,000 miles. Asking \$22,900. Looking for someone to take over payments. Call Dan or Sabrina a 734-1766.

For Sale: 2004 Ford Expedition, Eddie Bauer, Wedgwood blue, 5.4 2x4, fully loaded (no nav), DVD system, tow pkg, 10,600 mi. New \$44,570 asking \$32,500. Have title for quick sale. Leave message at 934-8499.

For Sale: 2003 Chevrolet Trail Blazer LS 4X4, 41,000 miles, white, loaded w/everything, CD, PW, PS, anti lock brakes, front & side airbags, factory roof rack, third row seat. Asking \$17,900, call 734-0101/588-1624.

For Sale: 1998 Dodge 1500 Quad Cab Sport. Loaded with all options of SLT and Super Bee strips and scoop, flame red. 77,000 miles, very nice truck \$12,000/obo. One of a kind. Call 733-1153.

For Sale: 1997 VW Golf GTI VR6 - 5-speed, PW, PS, PL, AC, sun/moon roof, new clutch, sound system, exhaust, intake, larger rotors, and 17" rims included. Asking \$5,700. Call 734-1364

For Sale: 1994 ACURA Integra, gray, 4-cyl, 5 speed, PS, PB, AC, PW, AM/FM cassette, alarm, new timing belt, very clean and well maintained. Must see to appreciate, 106K miles, asking \$4,800. Call 878-2533.

For Sale: 1992 Mazda MX-3, 2-dr hatchback, aqua-green w/black, 4-cyl FWD automatic, AC, alarm w/remote & engine kill, AM/FM cassette, fold-down rear seat, lots of cargo room, Diehard tires, new ignition harness, automatic passive-restraint seatbelts, free-new snow chains. 200K mi but runs great, smogged, good commuter/teenager car, just detailed. \$1,775 KBB, sell \$1,500/obo. Call 934-7035.

For Sale: 2004 Yamaha YZ 450F, dirt bike. Ridden only five times. Very clean. Must sacrifice \$5,500/obo. Call Shawn at (805) 331-6022.

For Sale: 2003 Yamaha R6, 2,500 miles, near new tires, not abused, runs perfectly, matching helmet, \$8,000/obo. Contact Shawn at 757-1356.

For Sale: 1992 Honda Shadow 1100cc, has new voltage regulator, needs a new back tire. Runs very well. Asking \$1,800. Ask Steve at 934-7882.

For Sale: Diablo DS5 Spinning Rim Kit, 20-inch. The Battle Axe style that came from the Spot Lowrider. These are the top of the line spinners that will fit most cars and trucks \$1,000/obo. Call 735-7239.

For Sale: (4) Aluminum Jeep Canyon rims w/31" brand new tires for \$590. Call 733-2339.

For Sale: 2001 Sea-Doo Challenger 2000 boat. 20 ft, seats 8, 240hp inboard motor. Great water sports boat! Very low hours. Asking \$16,500. Call Jeff or Kate at 922-3455.

For Sale: (2) Boats: (1) 1973 Larson, 18', sturdy construction, needs inboard engine \$990. (1) 1974 Thunderbird, 18', 75HP off board. Asking \$1400. See at base used car lot. Flip Down TV w/DVD player 10" brand new, excellent viewing for the family in the car/van/SUV. Asking \$470. Call 734-2299.

For Sale: English bedroom suite includes white dresser, mirrored wardrobe, queen size bed w/drawers. Padded headboard w/shelf, mirror & light, w/wardrobe & drawers on each end. \$1,500/obo. Call 734-1767.

For Sale: Hewlett Packard model MX704 17" CRT flat screen with speakers. New, in box never used, paid \$120, asking \$65. Call SSgt Mendoza at 734-2601.

For Sale: Complete bedroom set, white, includes 2 nightstands, headboard, bed rails, 2 white lamps, 9 drawer dresser w/mirror (one drawer broken) \$200/obo! Call Dan/Sabrina at 734-1766 & leave message.

For Sale: Maytag Ensignia electric dryer. Oversize capacity, various settings. Includes drying rack. Bought Jan 03, paid \$600, selling for \$300/obo. Please contact 735-5054.

For Sale: Whirlpool, extra large capacity, heavy duty electric dryer, works great, \$100. Please call 736-4925.

For Sale: Entertainment center, \$20. Call 734-0203 to see and make an offer.

For Sale: Oak entertainment ctr holds up to a 27" TV & stereo. Excellent condition, \$350. Call 733-1594.

For Sale: Lg rosewood entertainment ctr w/mother of pearl inlay. New \$4,500, sell \$1,800. 5-piece king size bedroom set w/Beautyrest tube waterbed, \$800. Kenwood stereo sys w/cabinet, \$400. Call 734-1630.

For Sale: 50 Pack DVD+R's for \$20. Call 717-1255/734-6765 anytime.

For Sale: Ceramic face doll w/stand. Hand painted, 20" tall, white dress w/bloomers, \$75. Call 937-3787.

For Sale: Littermaid automatic cat box, barely used! Comes with all the equipment and refill trays...plus privacy tent that helps with odor, \$75. Chevy 305/350 parts also available, please contact Daniel or Sabrina at 734-1766/530-863-0487.

For Sale: AF Mess Dress, men's 40R jacket, 32/34Wx30L pants, size 16 white ruffled front shirt, bow tie, suspenders, cummerbund, Hap Arnold Special Edition silver cufflinks & matching buttons. New \$300, sell, \$175. Call 588-9103.

For Sale: PCSing, items must sell. Boy & girl baby clothes, maternity clothes, Fisher Price swing, \$25, Graco car seat, \$25, dining table, \$10, entertainment ctr, \$25, recliner, \$10. Make an offer! Call 734-0601.

For Sale: (2) composting bins. (1) round w/screen mesh lid approx. 3' x 28" wide, & (1) round, no/lid, \$5. ea. Call 736-1161 after 1600.

For Sale: (4) R.E.M. concert tickets, for Thursday, 14 Oct 04, at the beautiful Santa Barbara Bowl. Concert starts 1830 w/special guest, ends 2200. Face value \$72 ea. Willing to negotiate. Call Cindy at 733-5317.

For Sale: Female AKC yellow Lab, 8-months-old, with papers. Good champion blood line, good with kids and other dogs. Asking \$350. Selling due to PCS move. Please contact Dan or Maria at 734-2371.

Wanted: Gently used "Step 2" brand kid's desk; will pay fair price. Call Nicole at 734-1700 or e-mail jng2gw@earthlink.net.

Wanted: (1) cord of oak wood delivered to Lompoc. Call 736-1161 after 1600.

Yard Sale: Saturday, 16 Oct 04, 0800—1200 at 602 Cherry St., Main Base. Lots of maternity clothes, baby & toddler clothes, shoes, and accessories, in sizes newborn to 2T.

Yard Sale: Saturday, 16 Oct 04, 0800—1400 at 516 Aspen St., Main Base. You think you have a lot of junk? Come buy ours! Multiple family sale to include furniture, electronics, clothes, videos, books & home decor.